

# BASP

Promoting the Advancement  
of Stroke Medicine in the UK

The National Hospital for Neurology Stroke Weekend 5<sup>th</sup> – 7<sup>th</sup> February 2010

Venue: 33 Queen Square Lecture Theatre, NHNN, Queen Square, London WC1N 3BG

## Programme

### Friday 5<sup>th</sup> February 2010

13:30 Introduction and Welcome Dr Charlie Davie, UCL Partners Stroke Service Lead, London

#### Session 1: Acute Stroke

13:40 -14:20 Hyperacute Stroke “treating the strokes and recognising the mimics in 30 minutes flat”  
Professor Hugh Markus, St. George’s Hospital, London

14:20-14:50 Stroke in the very elderly - “is there any excuse for ageism in hyperacute care...”  
Dr Dulka Manawadu on behalf of Professor Lalit Kalra, King’s College Hospital, London

14:50-15:30 Stroke in the very young - “how to investigate...and when to stop looking for a cause”  
Professor Keith Muir, Glasgow

#### Tea to 16:00

16:00 – 16:30 Imaging in acute stroke - “what to ask for and how to make decisions based on what you actually get”  
Dr Stefan Brew, Interventional neuroradiologist UCLH, NHNN

16:30-17:10 Coming hyperacute treatments “what next and when”  
Dr Iris Grunwald on behalf of Professor Alistair Buchan, Oxford

**17:20 -17:50     Stroke sub-speciality training update Professor Martin Brown, SAC Chair**

**19:00             Conference Dinner**

### Saturday 6<sup>th</sup> February



## Session 2: The science of Brain Recovery and Stroke Rehabilitation

09:00-09:25 Brain plasticity and reorganisation following stroke - “what happens to brain activity after a stroke and how to direct reorganisation”

Dr Nick Ward, IoN UCL

0925-0950 Language and its recovery – “How current theories of language recovery post stroke can inform rehabilitation strategies for dysphasic patients ”

Dr Alex Leff, IoN, UCL

09:50-10:15 Neglect syndromes after stroke. “Mechanisms underlying inattention and for re-gaining attention”. Professor Masud Husain, IoN, UCL

10:15 – 10:45 Assessing rehabilitation potential post stroke - “who will do well, how well will they do, and how should this be measured?”

Dr Richard Greenwood, Lead clinician NHNN ABIU and Homerton Regional Neurological Rehabilitation Unit

### Tea to 11:15

11:15-11:40 Focal spasticity after stroke - “the use and abuse of BoTox”

Dr David Werring, NHNN

11:40-12:10 New rehabilitation tools for stroke patients - “the potential role of FES/constraint induced therapy and robotic devices”

Dr Ian Swain

12:10-12:50 Vascular dementia - “assessing and treating stroke related cognitive impairment”

Dr Mike O’Sullivan, University of Wales Hospital Cardiff

12:50 – 13:00 A patient’s perspective of acute stroke, decompressive hemi-craniectomy and rehabilitation

Speaker to be confirmed

### 13:00-14:30 MDT lunch

(NHNN National Rehab Unit and Stroke therapists, Stroke Unit Specialist nurse will present in repeating parallel sessions short practical presentations on dysphagia screening / using the FIM/FAM assessment tool / using the Mental Capacity Act / indications for and timing of PEG insertion / the practical assessment of focal spasticity / Continence issues)

Each session will last 15 minutes and delegates will be encouraged to attend as many or as few as they wish.

**Saturday 6<sup>th</sup> February**

## Session 3: Stroke Prevention



14:30-15:10 The investigation and treatment of ICH.

Dr Rustram Al-Shahi Salman, Edinburgh

15:10-15:40 Best treatment for Symptomatic Carotid stenosis - “when to treat, how to treat and what the recent trials say”

Professor Martin Brown, lead investigator ICSS, NHNN

15:40-16:10 Current evidence for best treatment after stroke (1)

Blood pressure, glucose and anti-platelet agents “when to treat, how much to treat and with what and when”

Prof Tom Robinson, Leicester

**Tea to 16:30**

16:30 – 17:00 Current evidence for best medical treatment after stroke (2)

Lipids, LMWH, TEDs, warfarin “when to treat, how much to treat and with what and when”

Prof Tom Robinson, Leicester

17:00 – 17:30 Investigation and treatment of presumed cardiogenic stroke – “how to investigate for cardioembolic stroke – the cardiologist’s perspective”

Dr Clare Dollery, Lead Clinician Heart Hospital, UCLH



## **Sunday 7<sup>th</sup> February**

### **Session 4: Stroke Practice**

09:00-09:30 Setting up a hyperacute service “what you need to do and how to make it happen”

Dr Nick Losseff, NHNN and North Central London Stroke Network Lead

09:30-10:00 Telemedicine for stroke - “thrombolysis from my armchair”

Dr Tony Rudd, NHS London Stroke Lead

### **Tea to 10:30**

10:30 – 11:15 The imaging of stroke - “Vascular imaging for stroke Registrars – a practical guide to how it works, what it shows and what it can’t show”

Dr Matt Adams, NHNN

### **Session 5: Five Difficult Cases**

11:30 – 13:00 Chair: Dr Chris Price, BASP Training Lead, Northampton

Panel discussion: Dr Tony Rudd / Dr Nick Losseff / Dr Charlie Davie / Dr Chris Price

Cases brought by BASP trainees

Possible cases might include - recurrent stroke whilst waiting to anti-coagulate in AF / stroke in patients with prosthetic heart valves / patients with acute MI and ischaemic stroke / acute bleed post thrombolysis / post partum stroke

### **13:00 Close**

Rob Simister on behalf of the Organising Committee

