



# British Geriatrics Society

## Reading List – Diplomas in Geriatric Medicine (DGM)

The BGS is not involved with question setting or examining the Diploma's in Geriatric Medicine (DGM). However prospective candidates studying for the DGM and other similar qualifications frequently approach the BGS Office requesting information on suitable reading materials.

Most of the educational curriculum is well covered in the smaller books in Geriatric Medicine e.g. Lecture Notes in Geriatrics (Coni), or the Oxford Handbook of Geriatric Medicine (Bowker LK et al) augmented by relevant clinical experience. However, further reading is recommended and this list of reference books, journals and educational materials provides some additional sources of information for those preparing for such examinations.

Guidelines on a variety of important clinical areas e.g. falls, intermediate care and continuing care can be found on the BGS website

[http://www.bgs.org.uk/Publications/Clinical%20Guidelines/clinical\\_guidelines\\_index.htm](http://www.bgs.org.uk/Publications/Clinical%20Guidelines/clinical_guidelines_index.htm)

Topical political debate can also be sampled via the website ([www.bgs.org.uk](http://www.bgs.org.uk)) and the BGS Newsletter, which is also found at this site.

To explore topics even further, the main BGS Reading List is an additional resource.

### 1. Textbooks

Lecture Notes in Geriatrics. Coni, Webster 6<sup>th</sup> Edition ISBN 1405101628

Oxford Handbook of Geriatric Medicine, Bowker LK, Price JD, Smith SC, 2006. ISBN 1-4051-2033-9

Older People at Home Practical Issues. Mulley, Penn, Burns 1998 ISBN 0727912585

Rapid Review of Medicine in Old Age. Vassallo M and Allen SC. 2007 ISBN 1840760907

Elderly Medicine: A Training Guide 2007. Rai and Mulley. 2007 ISBN 9058232344

Principles and Practice of Geriatric Medicine M.S.J. Pathy, Alan J. Sinclair, John E. Morley 2006 ISBN 13: 9780470090572

Geriatric Medicine for Old-age Psychiatrists Alistair Burns, Michael A. Horan, John Clague, Gillian McLean 2005 **ISBN 10:** 1841843938

Practical Handbook for Geriatric Prescribing Stephen Jackson, Paul Jansen, Mangoni 2008 ISBN 10: 047001797X

Duplicate entry

The Oxford Textbook of Old Age Psychiatry (2008) Editors: Jacoby R, Oppenheimer C, Denning T, and Thomas A. Oxford ISBN: 978-0199298105

Essential Geriatrics. Henry Woodford 2007 ISBN 13: 978-1846191701

## 2. Books / Reports / Guidelines in Specialist Areas

Medical Ethics and the Elderly Rai 2<sup>nd</sup> ed 2004 ISBN 185775851X

Essential Facts in Geriatric Medicine Catherine Bracewell, Rosaire Gray, Gurcharan Rai 2004 ISBN 13: 9781857758672

Duplicate entry

Medical Ethics and the Elderly Rai 2<sup>nd</sup> ed 2004 ISBN 185775851X

Assessment of Mental Capacity Guidance for Doctors and Lawyers. BMA 2<sup>nd</sup> ed 2004 ISBN 072796718

BMA Guidance : The Mental Capacity Act 2005 – Guidance for Health Professionals [bma.org.uk](http://bma.org.uk)

Withholding and Withdrawing Life-prolonging Medical Treatment. Guidance for decision making. BMA books 3rd ed 2007 ISBN-13 978-1405159579

Parkinson's Disease in the Older Patient. Playfer, Hindle 2001 ISBN 0340759143

Parkinson's Disease In Practice. Clarke 2nd edition 2007. ISBN-13: **9781853157455**

Stroke Care. A Practical Manual. Harwood, Huwez, Good 2005 ISBN 0198529732

National Clinical Guidelines for Stroke. 2<sup>nd</sup> Edition London:RCP, 2004. ISBN 1860162088

NICE Clinical Guideline 68 The diagnosis and acute management of stroke and transient ischaemic attacks July 2008

NICE Clinical Guideline 5 Management of Chronic Heart Failure in primary and secondary care 2003

NICE Clinical Guideline 36 Atrial Fibrillation 2006

NICE Clinical Guideline 21 Falls 2004

NICE Clinical Guideline 35 Parkinson`s Disease:diagnosis and management in primary and secondary care 2006

NICE Technology Appraisal 161. replaced with  
[Osteoporosis - secondary prevention including strontium ranelate October 2008](#)

SIGN Clinical Guideline 95 Management of Chronic Heart Failure 2007

SIGN Clinical Guideline 86 Management of Patients with Dementia 2006

SIGN Clinical Guideline 78 Management of patients with stroke: Identification and management of dysphagia 2004

SIGN Clinical Guideline 71 Management of Osteoporosis 2004

SIGN Clinical Guideline 64 [Management of patients with stroke: rehabilitation, prevention and management of complications, and discharge planning](#) 2006

SIGN Clinical Guideline 56 [Prevention and management of hip fracture in older people](#) 2002

SIGN Clinical Guideline 49 [Hypertension in older people](#) 2001

SIGN Clinical Guideline 48 [Management of early rheumatoid arthritis](#) 2004

Consensus Guidelines on Urinary Incontinence. European Assoc Urology 2006 [www.uroweb.org](http://www.uroweb.org)

Urinary Catheters: Use and Complications Review. Weerasuriya et al CME Journal Geriatric Medicine 2007 Vol9 No3 RILA

The Foot: Problems in Podiatry and Dermatology (Medical Pocket Books). Dawber, Bristow, Mooney. 1996 ISBN 1853173428

Symptom Management in Advanced Cancer. Twycross, Wilcock 3rd Ed 2001 ISBN 1857755103

Syncope and falls in the Older Patient. Kenny RA, 1996 ISBN 0412568101

Practical Management of Dementia. Curran C, Wattis JP. 2004. ISBN 13: 978-1857759310

Practical Psychiatry of Old Age. Curran C, Wattis JP. 2001. ISBN 13: 9781857757965

Dementia Care: A Practical Manual. Waite J et al. 2008 ISBN 13: 978-0199228829

### **3. Websites and documents on the web and other electronic teaching media**

Department of Health. National Service Framework for Older People. London. DOH,2001  
<http://www.dh.gov.uk/en/SocialCare/Deliveringadultsocialcare/Olderpeople/OlderpeoplesNSFstandards/index.htm>

Medicines and Older People: Implementing medicines-related aspects of the NSF for Older People

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_4008020](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4008020)

A new ambition for old age: Next steps in implementing the National Service Framework for Older People

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_4133941](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4133941)

Joint Working Party. The health care of older people in care homes. Royal College of Physicians, Royal College of Nursing and British Geriatrics Society. 2000 ISBN 1860161375

Federation of the Royal Colleges of Physicians. Medical Aspects of Intermediate Care: Report of a Working Party. 2002 ISBN 1860161766

The National Institute for Health and Clinical Excellence (NICE) [www.nice.org.uk](http://www.nice.org.uk) produces technology appraisals which evaluate medications e.g. Osteoporosis, drugs for dementia; and clinical guidelines e.g. management of chronic heart failure, atrial fibrillation, falls and Parkinson's disease, osteoarthritis, acute medicine, incontinence in females, pressure sore prevention and pressure ulcer management and management of leg ulcers which are valuable

The Scottish Intercollegiate Guidelines Network (SIGN) [www.sign.ac.uk](http://www.sign.ac.uk) is a valuable source of guidelines and information in a number of clinical areas.

National Osteoporosis Guideline Group <http://www.shef.ac.uk/NOGG/> Provides a clinical guideline for the management of men and women at high fracture risk, particularly to address the need to integrate the expression of a patient's fracture risk as a 10-year probability (the output from FRAX<sup>®</sup>) with current clinical management of osteoporosis. This included the need to define thresholds for BMD measurement and treatment.

General Practitioner Vocational Training in Geriatric Medicine

Royal College of General Practitioners, British Geriatrics Society 1998 ISBN 13: 9780850841763

Kiss of Life Multimedia Ltd produce a number of CD Rom Interactive Training Programmes on common problems in old age

#### **4. Journals**

Age and Ageing

CME Journal – Geriatric Medicine

#### **5. Independent Charities providing practical information and support for older people and their carers**

Action on Elder Abuse. Useful information and links [www.elderabuse.org.uk](http://www.elderabuse.org.uk)

Counsel and Care. Useful section on Attendance Allowance and Disability Living Allowance [www.counselandcare.org.uk](http://www.counselandcare.org.uk)

Age Concern [www.ageconcern.org.uk](http://www.ageconcern.org.uk)

Help the Aged <http://www.helptheaged.org.uk/default.htm>

Alzheimer's Society <http://www.alzheimers.org.uk>

Parkinson's Disease Society [www.parkinsons.org.uk](http://www.parkinsons.org.uk)

Stroke Association [www.stroke.org.uk/](http://www.stroke.org.uk/)