

## Behind Closed Doors

### A decision aid for using the toilet in private

Level of mobility	Level of safety to use the toilet alone	Recommendation
1 Mobile	Safe to be left alone in toilet	Use toilet in private
2 Needs assistance with mobility	Safe to be left alone in toilet	Provide assistance to reach the toilet Use toilet in private Use a wheeled chair to transport to toilet
3 Immobile Needs help with transfers and transit equipment to get to / from toilet	Safe to be left alone in toilet	Use toilet in private Use a wheeled chair to transport to toilet
4 Immobile Needs hoist for transfers Assessment indicates unsafe to sit unattended	Unsafe to be left alone but can sit on a toilet with surrounding frame and/or attendant supervision Patient chooses to go to the toilet with or without supervision	Use toilet with or without attendant supervision
5 Immobile Needs hoist for transfers Unsafe to sit unattended	Unsafe to be left alone but can sit with surrounding frame and attendant support Patient chooses not to go to the toilet	Use bedside commode with attendant support and adequate screening with "do not disturb" sign
6 Bed bound and needing planned bladder or bowel management	Unsafe to sit even with support	Use bed pan or planned rectal evacuations as part of a bladder or bowel management programme. Ensure adequate screening with "do not disturb" sign

**Commodes:** Use of commodes may be appropriate in a single occupied room at home or a care setting if used in private.

**Hoists:** If these are to be used as a means of transport then all measures to maintain modesty must be taken