

Geriatrics 4 Juniors 2023



Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

You will receive a CPD certificate if you have joined 'live' online only. Viewing the content post-event won't be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Take a breather

It's been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at @GeriSoc and use the hashtag #BGSconf.

5. Get social in our online forum

Chat with attendees, join a room on a particular topic or interact in a 1 to 1 discussion

11 November

Online

We encourage anyone with an interest in older people and ageing well to attend. Foundation Doctors, IMT and GP trainees and allied healthcare professionals are particularly encouraged.

Hybrid meeting

START	Opening address
09.50	Welcome & Introduction Dr Emma Fisken, Registrar, Gateshead NHS Foundation Trust
Session One Moderator: Emma Fisken	
10.00 - 11.00	10.00 Top tips for managing Parkinson's disease Dr Claire Morris, Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust 10.30 Problem solving at the front door Dr Nick Saxton, Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust
11.00	2-minute silence for Armistice day
11.02	Free time - Tea, Coffee and Posters
Session Two Moderator: Jonny Bunn	
11.30 - 13.00	11.30 Endocrine issues in the older adults Dr Su Ann Tee, Consultant Endocrinologist, Gateshead NHS Foundation Trust 12.00 Oncogeriatrics Dr Carly Welch, Consultant Geriatrician, Guys and St Thomas' NHS Foundation Trust 12.30 Stroke in Older Adults Dr Louise Southern, Consultant Geriatrician and Stroke Physician, Gateshead NHS Foundation Trust
13.00 - 14.30	Lunch and Optional Panel Moderator: Kate Bennett Ask the registrars: Ask our panel about their day-to-day work as a Geriatrics registrar, their on-calls as the Medical Registrar and about research as a geriatrics trainee SpR Panel

Hybrid meeting

Session Three Moderators: Lucy Ellard		
14.30 - 15.30	14.30 Perioperative medicine in older adults Dr Mark Johnston, Consultant Geriatrician, Liverpool NHS Foundation Trust	
	15.00 The older person and ITU Dr Alaa Dakak, Consultant Acute Medicine and Critical care Physician, South Tees NHS FoundationTrust	
15.30	Free time - Tea, Coffe and posters	
Poster Prize Award Presentations Moderators: Christina Page		
15.45- 16.00	Join us for a review of the submitted posters and to hear the winner announced.	
Session Four Moderators		
16.00 - 17.00	16.00 Dementia and the Geriatrician Dr Alison Yarnall, Honorary Consultant Geriatrician and NIHR BRC Clinical Senior Lecturer, Newcastle NHS Foundation Trust 16.30 Polypharmacy and deprescribing Dr Henry Woodford, Consultant Geriatrician, Northumbria NHS Foundation Trust	
1700	Close of conference	

British Gerlatrics Society Improving healthcare for older people

10 CPD Distance Learning Credits

2023 Frailty- Identification Four modules covering Understanding and Communicating Frailty Identifying Frailty

Managing those living with Frailty

Building Systems Fit for Frailty

Visit www.bgs.org.uk/ 2023F-IF

and Interventions

eLearning Module Free to all Healthcare Professionals British Geriatrics Society
Improving healthcare for older people

JOIN US in improving healthcare for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit **www.bgs.org.uk/join** to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of accredited CPD events delivering 25 external hours for less than £500

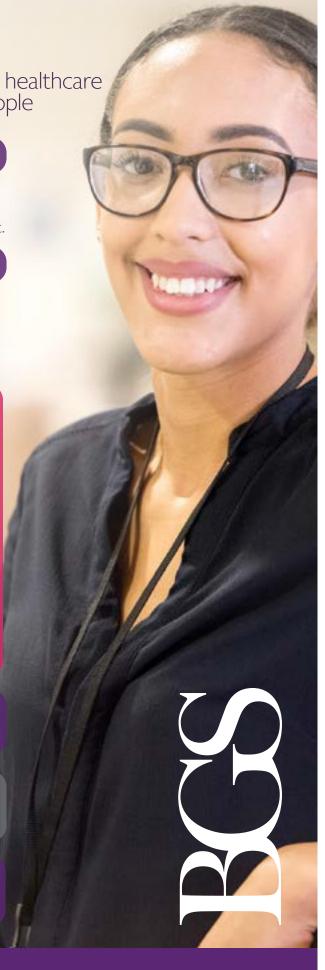
Access to **best practice guidance**on topics such as
frailty and care
homes

...and much more!

Discounts on fees for BGS events (saving up to £150 per event)

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, Age & Ageing



Become a member today! Join online at www.bgs.org.uk/join



SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants



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