Final Programme

BGS Spring Meeting
11 -13 May 2016
ACC, Liverpool

An international multi-disciplinary conference covering a wide range of topics of interest to geriatricians and health care professionals concerned with care of older people

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BGS Office Bearers

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Mr Colin Nee

CPD Accreditation

Wednesday 11 May
Code 104213 - 6 hours

Thursday 12 May
Code 104232 - 6 hours

Friday 13 May
Code 104235 - 6 hours

BGS Meetings Secretariat

General Meeting Management and Delegate Registration:
Mr Joe Fitzgerald (registrations@bgs.org.uk) and Miss Susannah Pendrey (events@bgs.org.uk)

Membership and Events Administration:
Ms Alma Johnson (membership@bgs.org.uk)

Sponsorship and Programme Management:
Mr Geraint Collingridge (conferences@bgs.org.uk)

British Geriatrics Society, Marjory Warren House
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Website: www.bgs.org.uk [Select BGS Events]

Supported by

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:
A warm welcome to Liverpool

Dear colleague,

We have great pleasure in welcoming you all to the 2016 Spring British Geriatrics Society scientific meeting. We are returning to Liverpool after an absence of several years. Hopefully the programme will provide enough variety and interest to stimulate our intellects and provoke thought and debate.

The conference is kicked off on Wednesday by the Dementia Special Interest Group looking at optimal management of those with cognitive impairments. There will also be a parallel session on end of life care. This year we are pleased to be working with Gold Standard Frameworks on the End of Life Care sessions and will also see awards from GSF going to Acute Hospitals that have met their rigorous standards.

Thursday’s programme has multiple parallel sessions. The day includes a look at both urgent care of older patients in an acute setting, and a look at the developments in telecare/telehealth in the morning. Those interested in research will be keen to attend the clinic session in the afternoon. We will include workshop style sessions in the afternoon covering rehabilitation and platforms in clinical effectiveness.

The plethora of topics will give everyone something to choose, culminating with the guest lecture presented by the well-known journalist, Michael White.

Friday morning talks include two important areas of interest at the moment – Onco-geriatrics and public health in older people. Before lunch we will have the Trevor Howell lecture delivered by, Professor Rowan Harwood on “What is medicine for? .”

The final session of the conference will be exploring disease and patient management of those with Epilepsy, organised by our epilepsy SIG (BGS members can join this SIG for free on the website – ask at the BGS stand in the exhibition hall).

In addition to these sessions there will be the regular Trainee’s lunchtime meeting, and the opportunity to connect with colleagues and friends at the drink’s reception on Wednesday or the conference dinner on Thursday at the Liverpool Hilton.

As usual there are sponsored symposia and stands to visit as well as the high standard of poster and platform presentations, and of course all the other exciting activities Liverpool has to offer!

Above all I hope we all enjoy the conference both scientifically and socially, and return to our places of work enthused and energised, with the aim of putting some of what we’ve learned into practice.

Finally a very big thank you to all the speakers, and BGS members who have contributed to the development of the programme and, especially to the BGS staff for their organisation, hard work and commitment in the preparation and running of the conference.

Dr Khai Lee Cheah
Honorary Meetings Secretary

Dr Mark Taylor
Deputy Honorary Meetings Secretary
Venue
The meeting is taking place at ACC Liverpool, Kings Dock Street, Liverpool, L3 4FP. The registration desk can be contacted on 0207 608 8573 during the hours of the conference.

Cloakroom
A free cloakroom is available and will be open during the following times:

- **Wednesday**: 08.30 – 19.30
- **Thursday**: 07.30 – 19.30
- **Friday**: 07.30 – 17.00

Security/ Badges
Name badges must be worn at all times as these serve as the admission pass to all scientific sessions and the exhibition.

Exhibition
The exhibition is located in Rooms 11 and 12 on Wednesday and Rooms 3 and 11 on Thursday and Friday.

Wi-fi
To connect to the free wifi network:

1. Enable the wireless function on your device
2. Connect to the Free_Wifi SSID (Wireless network)
3. Browse to a website of your choice
4. You will be redirected to the ACC Liverpool Landing Page
5. Click on the ‘FREE WI-FI ACCESS’ button
6. The page of your choice will then load

Lunch and Refreshments
A hot fork buffet lunch and refreshments will be provided in Rooms 11 and 12 on Wednesday and Rooms 3 and 11 Thursday and Friday. For those with special dietary requirements please inform a member of the catering staff. Hot fork buffets will be available for those attending ancilliary meetings or symposia during lunch time.

CPD Accreditation
The meeting has been accredited for CPD with the RCP London (see inside front cover for details). Please ensure you sign the attendance register for each day you attend and wish to claim points for.

Certificates of attendance will be distributed from 16.30 on Friday 13th May or at the end of the day for those delegates that have not registered to attend the full meeting. An electronic version will also be sent to the registered email address after the meeting.

Please note that sponsored symposia will only receive CPD accreditation if applied for by the sponsor. In accordance with the rules of the Federation of Royal Colleges, a maximum of 6 CPD points a day may be claimed.

Insurance
The organisers are unable to accept any responsibility for damage or loss of personal property during the conference.

The programme is correct at the time of printing and the Secretariat accepts no liability for any changes made at a later date.
**Ancillary Meetings**

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<thead>
<tr>
<th>Date</th>
<th>Meeting</th>
<th>Location</th>
<th>Notes</th>
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<td><strong>Wednesday, 11 May</strong></td>
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<td>08.30-09.00</td>
<td>Chairs' Briefing</td>
<td>Backstage room 3</td>
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<td><strong>Thursday, 12 May</strong></td>
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<td>08.00-08.50</td>
<td>Poster Assessors</td>
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<td>Chairs' Briefing</td>
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<td>13.00-14.00</td>
<td>Poster assessors Meeting</td>
<td>Lunch provided Room 12</td>
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<td><strong>Friday, 13 May</strong></td>
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<tr>
<td>13.30-14.30</td>
<td>Trainees Meeting</td>
<td>Conference Suite 3</td>
<td>Open to all trainees Lunch will be provided</td>
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**Social Programme**

**Wednesday 11th May**
Drinks reception at 16.30 at the ACC Liverpool Foyer

**Thursday 12th May**
Drinks reception from 19.30, Dinner at 20.00
Hilton Liverpool City Centre
Live post-dinner entertainment
Dress code – lounge suit/ smart
Sponsored Symposia

Thursday 08.00-09.00
Astellas Pharma
'It's Personal: Getting OAB treatment right from the start in elderly patients'
Hall 1B

Thursday 18.00-19.00
Vifor Pharma
Reviewing a case: Is it elementary, Doctor?
Addressing patient co-morbidities and outcomes in the older person through treating iron deficiency anaemia (IDA)
Hall 1B

Friday 08.00-09.00
Daiichi Sankyo
Which therapy for which patient with atrial fibrillation – perspectives for geriatricians
Hall 1B

Programme Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Session A: Urgent Care of older people on hospital admission</th>
<th>Session B: Telecare &amp; Telehealth</th>
<th>Session C: Urgent Care of older people on hospital admission</th>
<th>Session D: Medication Review</th>
<th>Session E: Dermatology</th>
<th>Workshop</th>
<th>Session F: Rising Star Presentations</th>
<th>Clinical Effectiveness</th>
<th>Session G: Sensory Impairment</th>
<th>Session H: Research Clinic</th>
<th>Session I: Onco-Geriatrics</th>
<th>Session J: Integrated Care</th>
<th>Session K: Cardiology</th>
<th>Session L: Public Health in Older People</th>
<th>Session M: Epilepsy</th>
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<td>Wed 09.30-16.30</td>
<td>Dementia Hall 1B</td>
<td>End of life Care Hall 1C</td>
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<td>Workshop Room 12 Facilitated by Vicky Johnston</td>
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<td>Welcome Address &amp; Autumn Meeting Preview Hall 1A</td>
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<td>Session B: Telecare &amp; Telehealth Chaired by Dr Frank Miskelly Hall 1B</td>
<td>Session C: Urgent Care of older people on hospital admission Chaired by Prof C Rajkumar</td>
<td>Session D: Medication Review Chaired by Dr Atef Michael Hall 1B</td>
<td>Session E: Dermatology Chaired by Dr Hui Sian Tay Hall 1B</td>
<td>Workshop Room 12 Facilitated by Vicky Johnston</td>
<td>Session F: Rising Star Presentations Chaired by Prof Rowan Harwood Hall 1A</td>
<td>Clinical Effectiveness Chaired by Dr Jo Preston Room 12</td>
<td>Session G: Sensory Impairment Chaired by Prof Joseph Kwan Hall 1B</td>
<td>Session H: Research Clinic Chaired by Prof Phyoo Myint Hall 1A</td>
<td>Session I: Onco-Geriatrics Chaired by Prof Margot Gosney Hall 1A</td>
<td>Session J: Integrated Care Chaired by Prof Joseph Kwan Hall 1B</td>
<td>Session K: Cardiology Hall 1A</td>
<td>Session L: Public Health in Older People Chaired by Prof Peter Crome Hall 1B</td>
<td>Session M: Epilepsy Chaired by Dr Aza Abdulla Hall 1A</td>
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<td>09.30</td>
<td>What happens to those with abnormal cognition picked up by CQUIN- Results from GP questionnaires &lt;br&gt;Sarah Pendlebury, Associate Professor, Oxford University Hospitals NHS Trust</td>
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<td>09.30</td>
<td>‘We’ve got no Beds!’ – Avoiding deaths in urgent care for older people &lt;br&gt;Martin Vernon, Consultant Geriatrician and Associate Head of Division, Central Manchester Foundation Trust</td>
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<td>Outcomes of frail patients on anti-dementia drugs. Prescription of anti-dementia drugs and mortality in frail older patients with dementia; results from the European MPI_AGE Project &lt;br&gt;Alberto Pilotto, Director of Department of Geriatric Care, Orthogeriatrics and Rehabilitation, E.O. Galliera Hospital, Genova, Italy</td>
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<td>Does identification of frailty assist with end of life planning? &lt;br&gt;Barbara Hanratty, Professor of Primary Care &amp; Public Health, Newcastle University</td>
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<td>10.25</td>
<td>Management of Patients with Dementia at the End of Life &lt;br&gt;Jonathan Martin, Consultant in Palliative Care, Central and NW London NHS Foundation Trust</td>
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<td>Optimising cognition–Management of Polypharmacy &lt;br&gt;Rowan Harwood, Consultant Geriatrician, Nottingham University Hospitals NHS Trust</td>
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<td>Update on Care in the final days –the new NICE Guidance and 5 Priorities &lt;br&gt;Karen Groves, Specialist Palliative Care Consultant, Southport &amp; Ormskirk Hospital NHS Trust</td>
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<td>Optimising cognition–Management of comorbidity &lt;br&gt;Emma Reynish, Professor of Dementia Research, University of Stirling</td>
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<td>Meeting the challenge of quality end of life care in care homes &lt;br&gt;Malcolm Johnson, Visiting Professor in Gerontology and End of Life Care, University of Bath</td>
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<td>Management of delirium today and tomorrow &lt;br&gt;Alasdair MacLullich, Professor of Geriatric Medicine, University of Edinburgh</td>
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<td>Improving integrated cross boundary care – example from Airedale Hospital, GSF and the ‘Gold Line‘ &lt;br&gt;Sarah Stowe, Consultant Geriatrician, Airedale Hospital NHS Foundation Trust</td>
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<td>14.00</td>
<td>Delirium follow up clinic &lt;br&gt;Mani Krishnan, Old Age Psychiatrist and Jacqui Straughan, Associate Nurse Consultant, Tees, Esk and Wear Valleys NHS Foundation Trust</td>
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<td>Is End of Life Care core business for geriatricians? Broadening concepts of EOLC, promoting earlier recognition and our experience at GSF &lt;br&gt;Prof Keri Thomas, National Clinical Lead, The GSF Centre, Hon Professor End of Life care, University of Birmingham, RCGP EOLC Clinical Expert &amp; Julie Armstrong-Wilson, The GSF Centre</td>
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<td>14.30</td>
<td>Medical memory clinic &lt;br&gt;Louise Allan, Clinical Senior Lecturer, Newcastle University</td>
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<td>14.40</td>
<td>GSF BGS Awards Presentation</td>
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<td>15.00</td>
<td>Dementia United &lt;br&gt;Emma Vardy, Consultant Geriatrician, Salford Royal NHS Foundation Trust</td>
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<td>15.00</td>
<td>GMC Guidance in End of Life Care in practice &lt;br&gt;Tista Chakravarty Gannon, GMC Regional Liaison Service</td>
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<td>15.30-16.00</td>
<td><strong>TEA, COFFEE AND EXHIBITION</strong></td>
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<td>16.00</td>
<td>Panel Discussion: What is the optimal management in acute hospital?</td>
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<td>16.00</td>
<td>Advance care Planning: Is it time to revisit BGS Guidance? &lt;br&gt;Tista Chakravarty Gannon GMC Regional Liaison Service; Clare Fuller &amp; Keri Thomas, The GSF Centre</td>
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<td>16.30-18.00</td>
<td><strong>DRINKS RECEPTION</strong></td>
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## Thursday 12th May 2016

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<tr>
<th>Time</th>
<th>Session A: URGENT CARE OF OLDER PEOPLE ON HOSPITAL ADMISSION Hall 1A</th>
<th>Session B: TELECARE AND TELEHEALTH Hall 1B</th>
<th>Session C: URGENT CARE OF OLDER PEOPLE ON HOSPITAL ADMISSION Hall 1A</th>
<th>Session D: MEDICATION REVIEW Hall 1B</th>
<th>Workshop Room 12</th>
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</table>
| 08.00-09.00 | Symposium - Sponsored by Astellas Pharma  
‘It's Personal: Getting OAB treatment right from the start in elderly patients’  
Hall 1B | | | | |
| 09.00-09.20 | Welcome Address and Autumn meeting preview  
Hall 1A | | | | |
| 09.20 | Chest Pain – When to Intervene in Elderly Patients?  
Vishal Sharma, Consultant Cardiologist, Royal Liverpool and Broadgreen University Hospitals NHS Trust | | | | |
| 09.50 | Telehealth and Telecare Overview  
Kevin Doughty, Consultant in Technology in Healthcare, University of York | | | | |
| 09.50 | Kidney injury in the Older person on admission to hospital  
Paul Cockwell, Consultant Nephrologist, Professor of Nephrology (Hon) Associate Director of Research, University Hospital Bristol | | | | |
| 10.20 | Physiology of the older lung  
Thomas Bongers, Consultant Respiratory Medicine, Blackpool Teaching Hospitals NHS Foundation Trust | | | | |
| 10.10 | Electronic Health Records and Electronic Prescribing  
Colin Mitchell, Consultant Geriatrician, Imperial College London | | | | |
| 10.30 | The National Programme for IT in the NHS – A Case History  
Oliver Campion Awwad, Technology Risk Analyst, KPMG; Alexander Hayton, Government Consultant Analyst, PA Consultant Group | | | | |
| 10.50 | Questions | | | | |
| 10.50-12.00 | COFFEE, POSTERS AND EXHIBITION | | | | |
| 12.00 | The acute abdomen  
When to operate and when not to (avoiding both therapeutic nihilism and also a gung ho approach)  
Lynn Douglas, Consultant Laparoscopic Colorectal and General Surgeon, Blackpool Teaching Hospital | | | | |
| 12.00 | Optimising medicines and Deprescribing for older people  
Lelly Oboh and Nina L Barnett Consultant Pharmacist, Care of Older People, Northwick Park Hospital | | | | |
| 12.00 | Exercise for Rehabilitation  
John Buckley, Professor of Applied Exercise Science, University of Chester  
Vicky Johnston, Specialist Physiotherapist, Cumbria Partnership NHS Foundation Trust | | | | |
| 12.30 | Neurological red flags in the older patients on the AMU controlled trial  
David Nicholl, Consultant Neurologist and Honorary Senior Lecturer, City Hospital, University of Birmingham | | | | |
| 12.30 | Platform Presentation  
Hip fracture: does week-day of presentation affect length of stay?  
Chris Boutlon, Falls and Fragility Fracture Audit Programme, Royal College of Physicians | | | | |
| 12.45 | Impact of an integrated medicines management (IMM) service on preventable medicines related readmission (PMRR) to hospital  
Nina L Barnett Consultant Pharmacist, Care of Older People, Northwick Park Hospital | | | | |
<table>
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<tr>
<th>Time</th>
<th>Session G: SENSORY IMPAIRMENT Hall 1B</th>
<th>Session H: RESEARCH CLINIC Hall 1A</th>
<th>Clinical Effectiveness Room 12</th>
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<tr>
<td>14.00</td>
<td>&quot;Red Legs&quot; Hamish Hunter, Consultant Dermatologist, University of Manchester</td>
<td>Assessment of frailty in research and practice Roman Romero-Ortuno, Consultant in Care of the Elderly, Cambridge University Hospitals Foundation Trust</td>
<td>Platform presentation Proactive Geriatric Liaison service to Assess and Manage Medical Problems on Old Age Psychiatry wards Usha Narayana, Health education Yorkshire and Humber</td>
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<td>14.30</td>
<td>The Incidence of Hypotension in older people on Antihypertensive treatment Yvonne Morrissey, Kent and Canterbury Hospital</td>
<td>Assessing the population impact of delirium on trajectories of cognitive decline Daniel Davis, Senior Clinical Researcher, MRC Unit for Lifelong Health and Ageing, UCL</td>
<td>Platform presentation The Bridport Project - Integrated Community Services for Frail, Elderly Patients in West Dorset Riaz Dharamashi, Dorset Healthcare University Foundation NHS Trust</td>
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<td>15.30</td>
<td>Visual Impairment and its effect on daily living Carmel Noonan, Consultant Ophthalmologist and Neuro-ophthalmologist, AinTree University Hospital NHS Trust</td>
<td>Introduction to session followed by ‘Performance of NURSE score in the Oldest Olds’ Phyo Myint, Professor of Medicine of Old Age, University of Aberdeen</td>
<td>Platform presentation Promoting oral fluid intake in hospital: the Northumbria Assessment of Hydration Lloyd Oates, Northumbria Healthcare Foundation Trust</td>
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<td>16.15</td>
<td>Platform presentation The ResPonD Trial: a phase II, randomised, double blind, placebo controlled trial to evaluate the effect of rivastigmine on gait in patients with Parkinson’s disease with a history of a fall Emily Henderson, University of Bristol</td>
<td>Assessing the population impact of delirium on trajectories of cognitive decline Daniel Davis, Senior Clinical Researcher, MRC Unit for Lifelong Health and Ageing, UCL</td>
<td>Platform presentation Promoting oral fluid intake in hospital: the Northumbria Assessment of Hydration Lloyd Oates, Northumbria Healthcare Foundation Trust</td>
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<td>16.50</td>
<td>A tale of anticholinergic burden Hui Sian Tay, Specialty Registrar in Geriatric Medicine, Aberdeen Royal Infirmary</td>
<td>Platform presentation The Incidence of Hypotension in older people on Antihypertensive treatment Yvonne Morrissey, Kent and Canterbury Hospital</td>
<td>Platform presentation Promoting oral fluid intake in hospital: the Northumbria Assessment of Hydration Lloyd Oates, Northumbria Healthcare Foundation Trust</td>
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<td>16.10</td>
<td>SENATOR phase 1 Selvarani Subbarayan, Research Fellow, SENATOR Trial, University of Aberdeen</td>
<td>Platform presentation The Relationship Between Preoperative Frailty and Outcomes Following Transcatheter Aortic Valve Implantation (TAVI): a Systematic Review and Meta-analysis Atul Anand, BHF Centre for Cardiovascular Science, University of Edinburgh</td>
<td>Platform presentation Promoting oral fluid intake in hospital: the Northumbria Assessment of Hydration Lloyd Oates, Northumbria Healthcare Foundation Trust</td>
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### Thursday 12th May 2016

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<th>Time</th>
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<tr>
<td>16.50-17.50</td>
<td><strong>Guest Lecture</strong>&lt;br&gt;Chaired by Professor David Oliver, President, British Geriatrics Society&lt;br&gt;The real politics of health and social care&lt;br&gt;<em>Michael White, Journalist, The Guardian</em>&lt;br&gt;Hall 1A</td>
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<td>18.00-19.00</td>
<td><strong>Symposium - Sponsored by Vifor Pharma</strong>&lt;br&gt;Reviewing a case: Is it elementary, Doctor? Addressing patient co-morbidities and outcomes in the older person through treating iron deficiency anaemia (IDA)&lt;br&gt;Hall 1B</td>
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<td>20.00-LATE</td>
<td><strong>Conference Dinner</strong>&lt;br&gt;Hilton City Centre</td>
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### Friday 13th May 2016

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<th>Time</th>
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<tr>
<td>08.00-09.00</td>
<td><strong>Symposium – Sponsored by Daiichi Sankyo</strong>&lt;br&gt;Which therapy for which patient with atrial fibrillation – perspectives for geriatricians&lt;br&gt;Room 1B</td>
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<td>09.00</td>
<td><strong>SESSION I: ONCOGERIATRICS</strong>&lt;br&gt;Hall 1A</td>
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<td>09.00</td>
<td>What are the workforce implications for Oncogeriatrics? – A Macmillan Perspective&lt;br&gt;Jagtar Dhand, Head of Inclusion and London Lead, Macmillan Cancer Support</td>
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<td>09.30</td>
<td>How do we ensure shared decision making for older patients with cancer&lt;br&gt;Jackie Bridges, Professor in Older People’s Care, University of Southampton</td>
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<td>10.00</td>
<td>How do we use CGA in cancer management; by whom, when and where?&lt;br&gt;Tania Kalsi, Consultant in Geriatric Oncology, Guy’s and St Thomas’ NHS Foundation Trust</td>
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<td>09.45</td>
<td>Platform presentation&lt;br&gt;Are UK Geriatric Trainees receiving adequate training in Community Geriatrics?&lt;br&gt;Sasi Pathmanathan, Dept of Clinical Gerontology, King’s College Hospital, London</td>
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<td>10.00</td>
<td>Platform Presentation&lt;br&gt;Development, internal validation and independent external validation of an electronic frailty index using routine primary care electronic health record data&lt;br&gt;Andrew Clegg, Academic Unit of Elderly Care &amp; Rehabilitation, University of Leeds</td>
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<td>10.15</td>
<td>Platform Presentation&lt;br&gt;A cluster, randomised feasibility study of the Prevention of Delirium (POD) Programme for elderly patients admitted to hospital&lt;br&gt;Elizabeth Teale, Academic Unit of Elderly Care and Rehabilitation, University of Leeds</td>
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<td>10.30-11.00</td>
<td><strong>COFFEE, POSTERS AND EXHIBITION</strong></td>
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## Friday 13th May 2016

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<tr>
<th>Time</th>
<th>Session K: Cardiology SIG</th>
<th>Session L: Public Health in Older People</th>
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| 11.30-12.30 | 11.30 Syncope Service and the new guidelines  
*Michael Norton, Head of Falls & Syncope Service, Newcastle upon Tyne Hospitals NHS Trust* | 11.30 An Aristocratic old age: Dying young, as old as possible  
*John R Ashton, President of the UK Faculty of Public Health, CBE* |
|          | 12.00 Heart Failure with preserved ejection fraction  
*Theresa A McDonagh, Professor of Heart Failure and Consultant Cardiologist, King’s College, London* | 11.50 The effects and treatment of Smoking in older people  
*John Britton, Professor of Epidemiology, University of Nottingham* |
|          | 11.50 Heart Failure with preserved ejection fraction  
*Theresa A McDonagh, Professor of Heart Failure and Consultant Cardiologist, King’s College, London* | 12.10 Alcohol and Older People – a growing grey area care electronic health record data  
*Tony Rao, Consultant Old Age Psychiatrist, South London and Maudsley NHS Foundation Trust* |

### 12.30-13.30

**Guest Lecture**

*Chair by Dr Eileen Burns, President Elect, British Geriatrics Society*

**What is Medicine For?**

*Rowan Harwood Consulting Geriatrician, Nottingham University Hospitals NHS Trust*

**Hall 1A**

### 13.30-14.30

**LUNCH**

*and Trainees’ Meeting (Room 12)*

### 14.30-16.30

**Session M: Epilepsy**

*Hall 1A*

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<tr>
<th>Time</th>
<th>Speaker and Details</th>
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| 14.30    | President’s address Epilepsy SIG  
*Aza Abdulla, Consultant Geriatrician, Kings College Hospital Foundation Trust* |
| 14.35    | Diagnosis of epilepsy in older adults  
*Divya Tiwari, Consultant Geriatrician with special interest in old age neurology, Royal Bournemouth Hospital Foundation Trust* |
| 15.00    | Epilepsy in Later Life  
*Linda Stephen, Epilepsy Specialist and honorary senior lecturer, Epilepsy Unit, Western Infirmary, Glasgow* |
| 15.25    | Non-convulsive status epilepticus in confused older patients  
*Henry Woodford, consultant geriatrician with special interest in delirium and dementia, North Tyneside Hospital, Northumbria Health Care Trust* |
| 15.55    | Episodic Amnesia (TGA/TEA)  
*Rupert Page, Neurologist and Clinical Lead Dorset Epilepsy Service, Poole Hospital Foundation Trust* |
| 16.25    | Epilepsy SIG Relaunch  
*Mike Vassallo, secretary Epilepsy SIG, Consultant Geriatrician, Royal Bournemouth Hospital Foundation Trust* |

### 16.30

**CLOSE OF MEETING**
Dr Alberto Pilotto
is the Director of the Department of Geriatric Care, Othogeriatrics and Rehabilitation at the E.O. Galliera Hospital, Genova, Italy

Rebecca Walesby
is a Research Fellow based in the dementia and social gerontology research group at the University of Stirling. She co-ordinates the OPRAA-Outcomes study, an NIHR funded project examining the impact and outcomes of dementia and delirium in the general hospital. She is currently working on a systematic literature review of cognitive spectrum disorders in older emergency admissions to the general hospital.

Jenni Harrison is a Junior Doctor and Clinical Research Fellow in geriatric medicine at the University of Edinburgh. She is currently undertaking a mixed methods PhD studying care home admissions from hospital and the role of cognitive impairment.

Speaker Abstract:
• To introduce cognitive spectrum disorder (CSD) as a concept
• To come to understand CSD in the general hospital population
• To discuss the role of cognitive disorders diagnosed and undiagnosed in care home decision-making

Rowan Harwood
is a consultant geriatrician who maintains an active role in research and teaching. Appointed a consultant in 1996, and Honorary Professor in the University of Nottingham in 2006 he has wide clinical and research interests including delirium, dementia, stroke, continence, rehabilitation, falls and clinical ethics. Following 10 years in stroke medicine, in 2009 embarked on a programme to develop and evaluate better ways to manage cognitively impaired older people in general hospitals, and other dementia-related research. He has written 4 books on stroke and dementia, and 80 academic papers.

Emma Reynish
is a consultant physician in Geriatric Medicine at Edinburgh Royal Infirmary, and Professor of Dementia Research, at the University of Stirling where she leads the dementia and social gerontology research group. Her current research focuses on improving outcomes for people with dementia and other cognitive spectrum disorders in the acute hospital. She chairs the Scottish Dementia Society Dementia Section. She returned to clinical medicine in the UK in 2007 after training in Geriatric Medicine in the Department of Geriatrics and Gerontology, University of Toulouse, France where she developed a subspecialty interest in the management of cognitive disorders and dementia. During this time she co-ordinated the European Alzheimer’s Disease Consortium, set up and co-ordinated the ICTUS project and lead the prevalence group of the EuroCoDe project.

Her current research focuses on improving outcomes for people with dementia in the acute hospital. Her role in clinical improvement over the last 10 years resulted in the development of a standardised Older Persons Routine Acute Assessment (OPRAA). This routine clinical dataset of is now used in her research to understand the complexity of the outcomes experienced by people with dementia within the general hospital. Alongside this work she is collaborating with ICHOM on the development of a standard set of global outcome measures for people with dementia, and has interests in the management of pain and the benefit of music for people with dementia. She chairs the Scottish Dementia Research Consortium and the British Geriatrics Society Dementia Section.

Speaker Abstract:
• Develop overview of current evidence looking at associations between cognition and comorbidity
• Understand the impact that comorbid disease can have on cognitive and functional ability
• Develop a best practice framework for the management of comorbidity in individuals with impaired cognition.

Professor Alasdair MacLullich
Following undergraduate medical training, including an intercalated BSc in Psychology at the University of Edinburgh, Alasdair MacLullich completed general medical training and went on to do a PhD on glucocorticoids and cognitive ageing. He was Clinical Lecturer in Geriatric Medicine from 2000-2005 and an MRC Clinician Scientist Fellow from 2005-2009. He was appointed Professor of Geriatric Medicine at the University of Edinburgh in 2008. He co-founded the European Delirium Association in 2006 and is its current President. He is active clinically, working in acute geriatric medicine and acute orthogeriatrics. He has a keen interest in improving the detection and management of delirium and dementia in acute hospital patients and leads the regional ‘Delirium and Dementia Implementation Group’.

Dr Mani Santhana Krishnan FRCPsych
is a Consultant in Old Age and Liaison Psychiatry in Teesside. He is passionate about delirium education in acute hospital and has been championing delirium awareness program in Teesside. Dr Krishnan with his Colleague Jacqui Straughan & Lisa Parker Associate Nurse Consultants has been running a Pilot Delirium Follow up clinic.

Jacqui Straughan
is an Associate Nurse Consultant at Tees, Esk and Wear Valleys NHS Foundation Trust.

Talk Abstract
The speakers will share their experience from this Pilot work (Dr Krishnan & Jacqui Straughan) Key themes in this talk:
• Reason for developing this pilot
• Improvement in Delirium awareness
• Clarify diagnosis of delirium or dementia

Dr Louise Allan
works as an academic Geriatrician at Newcastle University. Her main research interests focus on 3 themes; vascular cognitive impairment, Lewy body...
Masters level medical ethics and law. He has published for Medicine and Community Services. He is Hon. Consultant Geriatrician and Associate Head of Division in 2015 Martin moved to Central Manchester where he is Committee. Years and is a standing member of the NICE Indicators Society Champion for End of Life Care for the last 5 Greater Manchester. He has been the British Geriatrics Champion for frail older people and integrated care in 1999 to take up post as Consultant Geriatrician building community geriatrics and adult long term conditions management services in South Manchester. Martin was Associate Medical Director for NHS Manchester in 2010 and more recently was Clinical Champion for frail older people and integrated care in Greater Manchester. He has been the British Geriatrics Society Champion for End of Life Care for the last 5 years and is a standing member of the NICE Indicators Committee. In 2015 Martin moved to Central Manchester where he is Consultant Geriatrician and Associate Head of Division for Medicine and Community Services. He is Hon. Research Fellow at Manchester University and Hon. Senior Lecturer at Salford University where he teaches Masters level medical ethics and law. He has published on topics ranging from mental capacity, end of life care, dementia and adult safeguarding. His current academic interests include frailty, end of life and care home medicine.

Talk abstract
- Identifying older people who are anticipated to die and who may not benefit from an acute hospital episode
- Advance care planning and achieving best place of care at end of life
- Assessing the potential impact of improved end of life care on the urgent care system

Barbara Hanratty is Professor of Primary Care & Public Health at Newcastle University

Jonathan Martin is a Consultant in Palliative Care at Central and NW London NHS Foundation Trust

Karen Groves is a Specialist Palliative Care Consultant at Southport & Ormskirk Hospital NHS Trust

Malcolm Johnson is a Visiting Professor in Gerontology and End of Life Care at the University of Bath

Sarah Stowe is a Consultant Geriatrician at Airedale Hospital NHS Foundation Trust

Professor Keri Thomas

is National Clinical Lead for The National Gold Standards Framework Centre in End of Life Care, which focuses on enabling generalists to provide a ‘gold standard’ of care for all people nearing the end of life in all settings. As a practicing GP for over 25 years and working in hospices for over 20 years, she was the originator of the Gold Standards Framework (GSF) for primary care in 2000, in care homes in 2004, acute hospitals in 2009 and other Programmes, which aim for quality improvement and quality assurance in care for all people in the final years of life. The National GSF Centre emerged from the NHS in 2010 as a not-for-profit social enterprise company and is now the leading provider of training in end of life care for generalist staff in the UK, with significant impact also internationally.

She was formerly Department of Health National Clinical Lead for Palliative Care (generalist) in the NHS End of Life Care Programme and immediate past Clinical Expert in End of Life Care for the RCGP. She lectures and writes extensively, contributes to several national expert groups such as NICE, DH, All Party Parliamentary Groups, International Longevity Centre etc. She is author of ‘Caring for the Dying at Home’, editor of the recent OUP book ‘Advance Care Planning in End of Life Care’ and has published extensively. Her greatest achievement, however, is as wife and mother of five children."

Julie Armstrong-Wilson

started working for the Gold Standards Framework in April 2011. Julie has been a qualified Nurse since 1987 from St Georges’ Hospital in London. Her background includes elderly care, community hospitals, discharge coordinator, facilitator discharges from Acute and Community Hospital settings and latterly commissioning for older people’s services and EoLC including developing PCT strategy documents and business planning. She is currently undertaking a Master’s degree at Teesside University and working part time at the GSF Centre. Julies’ previous roles include Service Reform Manager,
To overview risk stratification and initial assessment

**Talk Abstract**

*multi morbidity.*

Research interests include chronic kidney disease and for acute kidney injury and chronic kidney disease. His clinical focus includes care pathways at the University of Birmingham. His clinical focus includes care pathways and as app-development lead for the CLAHRC-NWL Medicines Optimisation Project. Talk Abstract: Electronic Patient / Health Records and the

**Tista Chakravarty Gannon**

is one of the two Lead Regional Liaison Advisers (RLA) at the GMC. She manages and provides leadership to our team of RLAs across the North of England, as well as leading on projects within the GMC. In addition to this role, she covers the North West of England as an RLA including the areas of Greater Manchester, Lancashire, Isle of Man and Morecambe Bay.

Tista Chakravarty-Gannon joined the GMC in 2009 and has since been involved in a number of projects, including improving data quality and piloting the Regional Liaison Service.

Before that, she spent many years in stakeholder management, mainly in the corporate finance sector. This included high profile work with local Chambers of Commerce and developing engagement policies for new organisations.

**Clare Fuller**

started working for the Gold Standards Framework in February 2016.

Clare qualified as a Registered General Nurse at Guys Hospital in 1990. Clare began a career in Palliative Care in 1992 gaining experience of Hospice nursing and has worked as an inpatient Sister and Community Palliative Care Clinical Nurse Specialist. During Clare’s Hospice career she was part of a team developing and supporting electronic patient record keeping in addition to her clinical roles.

From November 2007 Clare has worked in an acute hospital, initially as a Palliative Care CNS and later as End of Life Care Facilitator. As a Palliative Care CNS Clare worked as part of a team to provide specialist advice support and information for patients, relatives, carers and healthcare professionals. As End of Life Care Facilitator Clare’s role included the development of a sustainable palliative care education programme, implementation of individualised care plans for dying patients, research and audit and local and national networking.

**Thursday**

**Session A - Urgent care of older people on hospital admission**

**Dr Vishal Sharma**

is a Consultant Cardiologist at Royal Liverpool and Broadgreen University Hospitals NHS Trust

**Paul Cockwell**

is a consultant in nephrology at University Hospitals Birmingham (where he is Associate Director of Research) and professor of nephrology at the University of Birmingham. His clinical focus includes care pathways for acute kidney injury and chronic kidney disease. His research interests include chronic kidney disease and multi morbidity. Talk Abstract

*To overview risk stratification and initial assessment

**Talk Abstract**

*To outline practical aspects in the investigation of injury

*To provide guidance on the optimal management of kidney injury in the acutely sick older patient

*To identify who needs nephrology input and/or escalation to high dependency or intensive care

*To provide a communication strategy around kidney injury

**Thomas Bongers**

is a Consultant in Respiratory Medicine at Blackpool Teaching Hospitals NHS Foundation Trust

**Kevin Doughty**

is a Consultant in Technology in Healthcare at University of York

**Dr Frank Miskelly**

is a Consultant Physician and Senior Lecturer at Imperial College Healthcare NHS Trust London. He is the Founder and Chairman of the Telecare and Telehealth Section of the British Geriatric Society. He has a range of research experience in New Technology in Elderly Medicine. His initial work was in designing and testing an Electronic Medication Monitoring Aid (EMMA) in the early 1990’s.

This research developed into four main areas:

1. Wandering Detection Systems: for patients with wandering and dementia. There are 2 types:

   - Electronic Tagging: The system transmits a warning to pagers, worn by staff, if the patient leaves a safe area or enters an area of risk.

   - Electronic Tracking: Electronic tracking locates a person within 1 minute using GSM mobile phone technology and is a very powerful technique.

2. Falls Detection Systems: We have developed a computerised falls detection system using a computer attached to a camera focused on the patient’s living environment.

3. Video-monitoring Systems: We developed the world’s first video-monitoring system. When a person telephones their elderly parents they can see each other on the television at the same time as they speak on the telephone

4. Electronic Aids and Devices: We have evaluated a number of individual aids and devices in the care of older people.

**Talk Abstract**

*Presentations on the broad area of Telehealth and Telecare applied to older people

*Telehealth – The role of home physiological monitoring of chronic diseases eg Diabetes, Hypertension, Diabetes, Dementia etc.

*Telecare – The role of Telecare in supporting older people at home

*New developments in Information Technology in hospitals eg Electronic Health Records esp the role of Cerner in Hospitals.

**Colin Mitchell**

is a consultant in Geriatric and General Internal Medicine at Imperial College NHS Healthcare Trust, with clinical interests in falls and polypharmacy. He also has a practical interest in health informatics, as clinical co-chair of the trust Electronic Health Record implementation group and as app-development lead for the CLAHRC-NWL Medicines Optimisation Project. Talk Abstract: Electronic Patient / Health Records and the
practice of Geriatric Medicine

Talk abstract:
• Learn how electronic records were designed, sold, and how they are used in the real world
• Understand our recent experience in a full EPR rollout
• Embrace the challenges of digital documentation
• Understand how clinicians can engage and shape good electronic documentation and prescribing

Oliver Campion-Awwad
is a Technology Risk Analyst at KPMG. He began his career as a political advisor and public affairs consultant. After graduating from the University of Cambridge with a Masters in Public Policy, he joined KPMG as a Technology Risk Consultant.

Alexander Hayton
is a Consultant Analyst at PA Consulting Group. He specialises in change management, business design; and policy analysis. He previously ran the PMO for a national change programme worth over £6 billion and designed the programme management capabilities for several public sector clients. Before joining PA, Alexander undertook an MPhil in Public Policy at the University of Cambridge, where his research included the National Programme for IT in the NHS (NPfIT), winter pressures on A&E departments, and the ethics of assisted suicide. He has worked for a number of charities in the UK and Lebanon.

Talk Abstract
• Provide an oversight of NPfIT
• Explain its aims and failures
• Using the example of NPfIT, set out some of the risks inherent to IT in the NHS and how to recognise technology programmes at risk of failure

Session C - Urgent care of older people on hospital admission

Miss Lynn Douglas
is a consultant laparoscopic colorectal and general surgeon at Blackpool Teaching Hospitals NHS foundation Trust. She is clinical lead for The Acute surgical Admissions unit at Blackpool Victoria hospital.

Talk abstract
The acute abdomen - When to operate and when not to (avoiding both therapeutic nihilism and also a gung ho approach)

Learning outcomes
• To understand the changing profile of the surgical population
• Current tool to assess fitness for surgery in the emergency setting and the limitations of scoring systems
• To understand the impact of this clinical profile on postoperative outcomes in terms of morbidity and mortality.
• To consider the deficiencies of the traditional surgical pathway
• To understand the benefits of new approaches to delivery of care for older surgical patients
• To consider how new models of care can be implemented in routine clinical care

Dr David Nicholl
is a Consultant Neurologist at Sandwell & West Birmingham NHS Trust and at University Hospital Birmingham. He is clinical lead for Neurology at SWBH and is elected Councillor for RCP London and Vice Chair of the Training and Education Committee at the Association of British Neurologists.

Talk abstract
• To understand the concepts behind neurophobia and how this leads to patients not being assessed neurologically properly
• To highlight the common ‘missed’ neurological diagnoses in the AMU
• To demonstrate an evidence based quick neurological examination that has been developed on YouTube to help counter the neurophobia!

Session D - Medication Review

Lelly Oboh
is a Consultant Pharmacist with considerable experience managing polypharmacy in frail older people within general practice and community-based multidisciplinary teams including care homes, enhanced rapid response and geriatrician-led virtual clinics. She has championed the development of innovative patient-centred care models that utilise clinical pharmacists to facilitate whole systems approach to deprescribing across health and social care. These models have focused on active engagement with older people (carers), developing personalised solutions to improve adherence, better care co-ordination at handover points and improving medicines use in social care. They have demonstrated improved patient outcomes and been successfully replicated across the NHS.

Nina Barnett
is a Consultant Pharmacist working with Older People and a visiting Professor at Kings College London. She has designed and delivered health coaching training multidisciplinary clinicians and pioneered the use of coaching in pharmacy to optimising patient adherence. Nina is working with colleagues in NHS Specialist pharmacy services to develop a patient centred approach to managing polypharmacy. Her current work also includes developing, implementing and validating the award winning integrated medicines support service (HSJ awards 2015) focussing on reducing risk of preventable medicines-related readmission for older people in both hospital and primary care.

Talk abstract
• To describe resources available to support management of polypharmacy
• To describe clinical resources available to support safe medication review
• To consider the role of the patient in management of polypharmacy
• To describe the process of patient centred management of polypharmacy to optimize medicines.
**Workshop**

**Professor John Buckley**

is Professor of Applied Exercise Science at University of Chester. John’s career in sport (originally as a tennis coach) and in exercise and health (exercise physiologist) has spanned over 30 years. It includes having set up his own exercise, fitness and physiotherapy business in Shrewsbury and managing it with his physiotherapy partners for 21 years. In parallel to this, since 1989 he has held part-time teaching and research posts initially in the School of Physiotherapy at Keele University (1989-2006) where he gained his PhD in 2003, and then in 2006, moving to the University of Chester to lead up the MSc in Cardiovascular Rehabilitation. Since 1999, he has also held the position of Exercise Physiologist at the national McArdle Disease Clinic, which is now based at the MRC Neuromuscular Centre, University College Hospital London.

He has held positions of national and international leadership in sport and exercise science and cardiovascular health and rehabilitation, including: President of the British Association for Cardiovascular Prevention and Rehabilitation (2009-2011); Chair of the BASES Division of Physical Activity for Health (2003 – 2007); Advisory panel member, Department of Health Commissioning Guide for Cardiac Rehabilitation; Expert panel advisor to Skills Active (Since 2002); Co-chair and co-author of the International Charter on Cardiovascular Prevention and Rehabilitation.

**Vicky Johnston**

is Specialist Physiotherapist at Cumbria Partnership NHS Foundation Trust.

**Session E - Dermatology**

**Dr Hamish Hunter**

is a Consultant Dermatologist at the University of Manchester. Previously undertook a position as a Clinical Research Fellow at the University, Investigating brain-skin interactions in psoriasis with a particular focus on the effect of psychosocial stress on this condition and the neuroinflammatory manifestations of psoriasis.

**Session F - Rising Star Presentations**

**Dr Roman Romero-Ortuno**

is a Consultant Geriatrician at Addenbrooke’s Hospital (Cambridge University Hospitals NHS Foundation Trust), and an Honorary Visiting Fellow to the Clinical Gerontology Unit in the Department of Public Health and Primary Care, University of Cambridge. He has a PhD from Trinity College Dublin in the area of frailty (2011) and an MSc in European Social Policy (2003) from the London School of Economics and Political Science (LSE). One of his core academic interests is the operationalisation of the clinical concept of frailty in ways that add value to practice and research. https://britishgeriatricssociety.wordpress.com/2015/05/07/bgs-rising-star-award-1/

**Talk Abstract**

- To understand the statistical and clinical concept of frailty
- To review the main clinical operationalisations of frailty

**Dr Daniel Davis**

is a Senior Clinical Researcher at the MRC Unit for Lifelong Health and Ageing at UCL and a Wellcome Trust Intermediate Clinical Fellow. He investigates the impact of delirium and acute hospitalisation on long-term cognitive and functional outcomes.

**Talk Abstract**

Delirium is one of the most common presentations in acute geriatric medicine. There is emerging evidence that it is associated with long-term cognitive impairment, but the underlying mechanisms are unclear. This talk will review the epidemiology of delirium and will outline the rationale for a new observational cohort study tracking individuals before, during and after hospitalisation.

**Session G - Sensory Impairment**

**Dr Carmel Noonan**

qualified from University College Dublin in 1985. Her Ophthalmology training began in Ireland, following which she spent 2 years in Boston USA, (Tufts University and Harvard Medical School). In 1994 she was appointed Senior Registrar for the Mersey region, Liverpool. She held the position of Consultant Ophthalmologist at North Cheshire Hospital, Warrington from 1998 to 2008 where she developed the paediatric, adult ocular motility / neuro-ophthalmology service.

In 2009 she took up her post in Aintree University Hospital providing neuro-ophthalmology services to the Walton Centre for Neurology and Neurosurgery. Her Research involves Vision in Stroke and she is a clinical investigator on several multicenter trials.

She is Head of School for Ophthalmology in the North West of England overseeing training across Manchester and Liverpool.

**Session H - Research Clinic**

**Professor Phyo Kyaw Myint**

is Professor of Medicine of Old Age & the Director of Clinical Academic Training Development at the School of Medicine, Medical Sciences & Nutrition, University of Aberdeen. He is a clinical epidemiologist and leads the Academic Department of Geriatric Medicine at the Aberdeen Royal Infirmary & Ageing Theme of the Epidemiology Group at the University of Aberdeen since 2013. He sits in SIGN council as the observer of the RCP London and is a member of the UK NIHR Dementias Portfolio Development Group.

**Dr Sarah Alder**

is a Specialty Registrar (ST6) in Geriatric Medicine at Aberdeen Royal Infirmary NHS Grampian. She has involved with a collaborative work between Aberdeen, Glasgow & Norwich. She is now working on various research projects alongside her clinical training.

**Dr Hui Sian Tay**

is Specialty Registrar (ST6) in Geriatric and General Medicine, Aberdeen Royal Infirmary, NHS Grampian and...
Honorary Teaching Fellow at University of Aberdeen. She is also the British Geriatrics Society Education and Training Committee trainee representative and member of the Joint Royal College of Physicians Training Board (JRCPTB) Specialist Advisory Committee for Geriatric Medicine.

Dr Clare Bostock
is a Consultant Geriatrician, Aberdeen Royal Infirmary, NHS Grampian. She has special interest in falls prevention and appropriate prescribing. She strives to maintain and promote work-life-family balance.

Dr Selvarani Subbarayan
is a Research Fellow (Epidemiology) at the University of Aberdeen. She is trial co-coordinator of a multinational, European-wide clinical trial, SENATOR and involved in the systematic reviews of non-pharmacological therapies for conditions prevalent in older adults. She is also undertaking a PhD, which evaluates the co-occurrence of orthostatic hypotension and hyponatraemia and its impact in the hospitalized older people.

Dr Kirsten Cumming
is an Academic Foundation Programme Doctor, Aberdeen Royal Infirmary and Honorary Research Fellow, University of Aberdeen. She did hyponatraemia research for her BMedSci thesis, which resulted in several publications and conducted weight loss in Parkinsonism project using PINE study data as her medical student elective project.

Epidemiological approaches to inform better clinical care of Older People
The session will consist of a series of primary research presentations, which will focus on how previous and current research in the Academic Department of Geriatric Medicine at the Aberdeen Royal Infirmary, NHS Grampian & Ageing Theme (Epidemiology Group) of the University of Aberdeen is being conducted using various epidemiological research methodologies to inform better clinical care of older people.

The key objectives/learning outcomes of the session are

- To provide examples of opportunity in clinical research from various resources using epidemiological approaches carried out by trainees
- To encourage NHS consultants/junior doctors/trainees and MDT team members in geriatric medicine to engage in clinical research and
- To provide information on resources available to potential collaborators to carry out future collaborative clinical research

To achieve above objectives the aim of the session is to demonstrate how research ideas were developed from others and ours previous work and how medical students and different levels of trainees in medicine and geriatric medicine were involved in the clinical research locally. We will also present background information and some examples of work conducted through local cohorts and clinical trials. The topic areas will include (1) Prognosis, (2) Pharmacoepidemiology, (3) Cohort studies, and (4) Hyponatraemia, a common presentation in older adults.

Prognosis
Two presentations will focus on prognosis research conducted to predict mortality outcome in oldest olds (aged ≥90 years) and in patients with stroke, the majority of whom are older people, respectively.

Pharmacoepidemiology
The first part of this sub-session will cover the work on the relationship between anticholinergic burden from medication and relevant outcomes including mortality and functional outcomes. The work stream spans across large observational cohort studies, systematic reviews, clinical observational work, and feasibility studies in reducing the anticholinergic burden in acute clinical setting.

The second part of the session will cover the SENATOR trial work currently conducted as part of EU multicentre project. The preliminary results on the association between orthostatic hypotension and hyponatraemia in SENATOR participants who are acutely ill older patients with multi-morbidity and polypharmacy will be discussed.

Cohort studies
This sub-session will present examples of work from two local cohorts, which are excellent resources for clinical epidemiological research. These are PINE (Parkinsonism Incidence in North East of Scotland) study and ABC-36 (Aberdeen Birth Cohort-1936).

Hyponatraemia
One of the Unit’s interests is hyponatraemia in older patients. This research theme has led to publication of studies relating to hyponatraemia, which provided novel insight into the assessment and prognosis of older patients with fragility fracture.

Guest Lecture

Michael White
is a Journalist who writes for The Guardian and HSJ. Michael White grew up in Cornwall, attended Bodmin Grammar School and read History at UCL (1963+66). After stints as a reporter on the Reading Evening Post and London Evening Standard he joined the Guardian. He was the paper’s parliamentary sketchwriter (1977+84), Washington correspondent (1984+88) and political editor (1990+2006). In semi-retirement he now writes blogs and columns, both for the Guardian and the HSJ for which he has been associated since 1977.

Friday

Session I - Onco-geriatrics

Jagtar Dhanda
has worked at Macmillan Cancer Support since 2007. Having started as the lead for user involvement he then went on to set up and head Macmillan’s Inclusion Department, leading the organisation’s work on Patient Experience, Inequalities, Peer to Peer support and User Involvement. Jagtar is also responsible for developing Macmillan’s Pan London Strategy which will further support the organisation develop and enhance its portfolio of service improvement and development initiatives across the capital. Prior to joining Macmillan, Jagtar was the Director of Policy at a leading Human Rights and Equalities organisation. He has also taught social policy as a lecturer at the University of Kent for three years. He is a current member of the National Cancer Equality Initiative,
a member of the Dignity Council and is a board member of the Genetics Medicine Centre in south London.

Speaker Abstract:
The session will highlight Macmillan’s work to define the desirable features of a workforce involved in delivering cancer care and treatment. This will include: insight gathered from patients along the cancer journey; recent evidence on what matters to patients in regards to cancer outcomes; what we know about factors beyond treatment.

Professor Jackie Bridges
is Professor of Older People’s Care in the Faculty of Health Sciences at the University of Southampton. A registered nurse by profession, her academic work focuses on the organisation and delivery of health care to older people with complex needs. She leads a major programme of research focused on professional work and organisational change related to older people’s care, and steers the development and delivery of associated educational provision in the Faculty. Jackie leads the Ageing and Dementia research group and is the Director for the NIHR CLAHRC Wessex Research Capacity in Dementia Care programme. She also chairs the Workforce Sub-Group for the Expert Reference Group for Geriatric Oncology set up by Macmillan Cancer Support.

Talk Abstract
• To explore the evidence base on what older people want from their interactions with clinicians.
• To draw on findings from a cancer study highlighting the barriers to shared decision making with older people with cancer.
• To identify strategies that clinicians can use to promote shared decision-making in the context of the cancer pathway.

Dr Tania Kalsi
is a Consultant in Geriatric Oncology at Guy’s and St Thomas’ NHS Foundation Trust.

Session J - Integrated Care

Dr Elizabeth Kendrick
is a GPwSI for older people. She works clinically as a GP in Hertfordshire and also in a community role looking after older people for East and North Herts Trust. She is also National Professional Advisor for older people to CQC. In this role she has clinically led the recent thematic review looking at integrated care for older people in 8 health and well being board areas. This is a new way for CQC to look at quality of care across an area rather than within an individual provider. She was previously end of life lead for the North East and commissioning lead for frail elderly for North Durham CCG. She is married with 2 sets of twins.

Talk Abstract
The thematic review done by CQC on integrated care for older people and the end of life care review. It will highlight key findings and recommendations.

Session K - Cardiology

Dr Michael Norton
is Head of Falls & Syncope Service at Newcastle upon Tyne Hospitals NHS Trust.

Prof Theresa A McDonagh
is Professor of Heart Failure and Consultant Cardiologist at King’s College Hospital. She completed her general medical training in Edinburgh. They were then a Research Fellow in Cardiology at the Western Infirmary in Glasgow from 1991-1994 and a Lecturer at the CRI in Heart Failure, University of Glasgow (Honorary Senior Registrar) from 1994-1999. Working on the epidemiology of Left Ventricular Dysfunction and Natriuretic Peptides with Professor Henry J Dargie.

Subsequently Prof McDonagh was appointed as a Senior Lecturer (Honorary Consultant Cardiologist) at the University of Glasgow and Glasgow Royal Infirmary where she ran the Heart Failure Service and was the Cardiologist involved in the Heart Transplant Programme (1999-2004). She was appointed as a Consultant Cardiologist with an interest in Heart Failure at the Royal Brompton Hospital, London (2004-2011) before moving to King’s College Hospital as a Consultant Cardiologist and Professor of Heart Failure. Her research interests are in clinical heart failure in particular, the epidemiology of heart failure and left ventricular dysfunction and the role of biomarkers. Their early research focused on BNP in heart failure. They are now interested in more novel biomarkers and have recently supervised research involving apelin and ST2. In addition they Prof McDonagh has an interest in the delivery of heart failure care.

Session L - Public Health and Older People

Prof John Ashton
is the President of the Faculty of Public Health (FPH) for a term of three years (2013-2016). In this role, John chairs the Board, Executive Committee and Fellowship Committee and represents FPH on a number of related bodies. John was North West Regional Director of Public Health and Regional Medical Officer from 1993 to 2006 and Director of Public Health and County Medical Officer for Cumbria from 2006 to 2013. Born in Liverpool in 1947, he was educated at Quarry Bank High School in Liverpool, the University of Newcastle-upon-Tyne Medical School and the London School of Hygiene and Tropical Medicine. He specialised in psychiatry, general practice, family planning and reproductive medicine before entering public health in 1976.

Prof John Britton
is professor of epidemiology at the University of Nottingham and a consultant in respiratory medicine at Nottingham City Hospital. He is director for the UK Centre for Tobacco and Alcohol Studies, chairs the Royal College of Physicians Tobacco Advisory Group, and is a member of the board of trustees of Action on Smoking and Health.

Talk Abstract:
Smoking harms all smokers but especially older people. This presentation will summarise these harms, the benefits of quitting smoking, and summarise best clinical practice to help older people to quit.

Dr Tony Rao
is a consultant old age psychiatrist at South London and Maudsley NHS Foundation Trust, working in an area with a high rate of alcohol misuse in older people. He has also completed an MSc in the Clinical and Public Health aspects of addiction and developed a Trust strategy for dual diagnosis. Dr Rao has contributed to government
policy on alcohol and older people, as well as research, training and public health education in this area. He was a member of the editorial group that produced Our Invisible Addicts and chaired the working group for Older People and Substance Misuse Information Guide at the Royal College of Psychiatrists.

Talk Abstract
The presentation will outline the public health aspects of alcohol misuse in older people, highlighting trends that will continue to have a strong bearing on the need to address alcohol related harm in a group of ‘Baby Boomers’ at a population level.

Guest Lecture

Prof Rowan Harwood
is a consultant geriatrician who maintains an active role in research and teaching. Appointed a consultant in 1996, and Honorary Professor in the University of Nottingham in 2006 he has wide clinical and research interests including delirium, dementia, stroke, continence, rehabilitation, falls and clinical ethics. Following 10 years in stroke medicine, in 2009 embarked on a programme to develop and evaluate better ways to manage cognitively impaired older people in general hospitals, and other dementia-related research. He has written 4 books on stroke and dementia, and 80 academic papers.

Session M - Epilepsy

Dr Aza Abdulla
is a Consultant Geriatrician at Kings College Hospital NHS Foundation Trust.

Dr Divya Tiwari
is consultant physician in Geriatric and General Medicine at The Royal Bournemouth Hospital Foundation Trust. She has special interest in old age neurology and movement disorders. She has established a new clinic in ‘old age neurology’ for speedy assessment of neurological problems in older adults. She has recently published a review of epilepsy in older adults. Her other interest include outcomes research in geriatric medicine and service delivery.

Talk Abstract
• Epidemiology, causes and economic burden of epilepsy in older adults.
• Why diagnosis is difficult and often missed in older adults?
• Atypical presentations of epilepsy in older adults and helpful tips.

Dr Linda Stephen
is an Associate Specialist in Neurology at NHS Greater Glasgow and Clyde and Honorary Clinical Senior Lecturer at the University of Glasgow. She has an interest in epilepsy in older people and, together with her research on the topic, has recently chaired the SIGN Guideline committee introducing evidence based recommendations on the subject.

Talk Abstract
• To understand the issues involved in making the diagnosis of epilepsy in an older person
• To consider the implications of the diagnosis at this time of life
• To examine the evidence base for the management of epilepsy in elderly people
• To increase knowledge of antiepileptic drug treatment options for this population
• To consider optimum management outcomes

Dr Henry Woodford
is a consultant physician and co-head of elderly care at Northumbria Healthcare NHS Foundation Trust. He has a special interest in delirium and dementia. Part of his role involves responsibility for the patients in a specialist delirium unit that is jointly run with the old age psychiatry service.

Talk Abstract
• To discuss the prevalence of non-convulsive status epilepticus (NCSE) in confused older people
• To describe the clinical features that suggest NCSE in confused older people
• To discuss the optimal way to achieve a diagnosis

Dr Rupert Page
is a Consultant Neurologist, based at Poole Hospital. He is the clinical lead for the Dorset Epilepsy Service. He has a research background in MRI application to neurology and currently holds several innovation awards for the application of new technology to old problems in medical care.

Talk Abstract
Differential diagnosis and management of paroxysmal memory problems with a focus on TGA and TEA.

Prof Mike Vassallo
is a Consultant Geriatrician at Royal Bournemouth Hospital Foundation Trust and secretary of the BGS Epilepsy SIG.
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