

# Spring meeting overview

11 - 13 April 2018  
NCC, Nottingham

The BGS Spring meeting will cover the latest scientific research and the best clinical practice in care of older people. Our ageing population is stimulating extensive NHS service redesign to deal with the challenge of caring for larger numbers of older people both in and out of hospitals. This conference will cover core areas of interest to all specialists responsible for the health care of older people in the United Kingdom and internationally.



In 2018 the Win the oldest of old during Wednesday 11 April. Stroke topics will continue through the meeting.

BASP and BGS members are eligible for the reduced rate when registering.

This meeting has applied for 18 CPD accreditation (6 credits each day) from the Royal College of Physicians.

See the full programme <http://bit.ly/BGSSpr18> Follow us on  @GeriSoc #BGSCConf

## Who should attend

- Consultants and Professors of Geriatric Medicine and Stroke Medicine
- Specialist Doctors
- Specialist Registrars (StRs) in Geriatric Medicine, Stroke Medicine and related specialties
- Nurse Consultants, Nurse Specialists and Advanced Nurse Practitioners
- GPs, GPs wsi in older people and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Researchers into ageing and age-related conditions
- Core Medical Trainees and Foundation Year Doctors
- Medical Students

## Meeting aims

- Further attendees' overall knowledge and understanding of current research and practice in care of older people in core and difficult areas
- Improve attendees' skills in the treatment and care of older people
- Inspire attendees to achieve personnel excellence in care of older people
- Take away new activities and ideas to progress their workplace's services

## Three ways to register

Register online at <http://bit.ly/BGSSpr18> or email [registrations@bgs.org.uk](mailto:registrations@bgs.org.uk) for full programme and booking form or post the form on the back to British Geriatrics Society, Marjory Warren House, 31 St John's Square, London, EC1M 4DN.

# Conference programme

## Wednesday, 11 April 2018

08.15 **Registration**

09.00 **Presidential address**

09.30 - 11.00	Acute Stroke in the oldest of old people	End of life care with dementia
	<p><b>09:30 Thrombolysis for the older stroke patient: steering between a rock and a hard place</b> Prof Peter Sandercock, Emeritus Professor of Medical Neurology, University of Edinburgh</p> <p><b>10:15 Development and delivery of an acute care bundle for intracerebral haemorrhage</b> Dr Adrian Parry Jones, NIHR Clinician Scientist and Honorary Consultant Neurologist, NIHR Clinician Scientist and Honorary Consultant Neurologist</p>	<p><b>09:30 Living well and spirituality</b> Dr Adrian Treloar, Consultant and Senior Lecturer in Old Age Psychiatry, Oxleas NHS Foundation Trust</p> <p><b>10:00 Meeting the needs of people with Lewy body dementia: Findings from the DIAMOND Lewy study</b> Ms Claire Bamford, Senior Research Associate, Newcastle University</p> <p><b>10:30 Rules-of-thumb for practitioners caring for someone with dementia at the end of life</b> Dr Nathan Davies, Senior Research Fellow, University College London</p>

11.00 **Refreshments break,**

11.30 - 13.00	Stroke in the oldest of old people - secondary prevention	Research into dementia
	<p><b>11.30 Falls, forgetfulness and frailty – managing the very elderly hypertensive</b> Prof John Potter, Foundation Clinical Professor and Head of Medicine Ageing &amp; Stroke Section University of East Anglia</p> <p><b>12.00 Stroke in the oldest of the old people</b> Prof Alison Halliday, Professor of Vascular Surgery, University of Oxford</p> <p><b>12.30 Anti-coagulation</b> Prof David Werring Professor of Clinical Neurology &amp; Honorary Consultant Neurologist, University College London &amp; University College Hospitals NHS Foundation Trust</p>	<p><b>11.30 Is it possible to develop a complex intervention to improve the outcome of fall-related injuries in people with dementia? The DIFRID study</b> Dr Louise Allan, Clinical Senior Lecturer, Newcastle University</p> <p><b>11.55 Communication for people living with dementia: problems and solutions (VOICE)</b> Becca O'Brien, Nottingham Citycare Partnership</p> <p><b>12.20 Older patients who 'call out' repetitively in the acute hospital: towards a useful intervention</b> Ms Jessica Beaver, PhD Researcher, Hospital / Organisation: University of Nottingham</p> <p><b>12.40 The arts and dementia</b> Ms Emily Cousins, PhD Researcher, University of Nottingham</p>

13.00 **Lunch**

# Conference programme

## Wednesday, 11 April 2018

14.00 - 15.30	Multidisciplinary care of stroke	cognition
	<p><b>14.00 Head position in stroke trial: what have we learnt?</b> Prof Dame Caroline Watkins, Professor of Stroke &amp; Older People's Care, University of Central Lancashire</p> <p><b>14.30 Prevention of aspiration pneumonia in patients with post stroke dysphagia'</b> Prof Christine Roffe, Consultant Physician &amp; Professor of Stroke Medicine, Royal Stoke University Hospital</p> <p><b>14.50 Stroke complications – spasticity</b> Dr Laura Edwards, Clinical Associate Professor and Honorary Consultant in Rehabilitation Medicine University of Nottingham and Derby Teaching Hospitals Foundation Trust</p> <p><b>15.10 Post stroke visual impairment</b> Ms Claire Howard, Stroke Specialist Orthoptist &amp; NIHR Clinical Doctoral Research Fellow, Salford Royal NHS Foundation Trust &amp; University of Liverpool</p>	<p><b>14.00 Cognitive reserve and resilience: how clinical psychologists work in dementia assessment and treatment services</b> Dr Reinhard Guss, Consultant Clinical Psychologist &amp; Dementia Workstream Lead, Faculty of the Psychology of Older People, BPS</p> <p><b>14.30 Cognitive rehabilitation for people with dementia: a practical framework for enablement</b> Prof Linda Clare, Consultant Clinical Psychologist, University of Exeter</p> <p><b>15.15 Discussion</b></p>

15.30 **Refreshments break**

16.00 - 17.00	Vascular cognitive impairment	Policy in dementia care
	<p><b>16.00 Cognition after stroke</b> Prof Philip Bath, Stroke Association Professor of Stroke Medicine &amp; Head of Division of Clinical Neuroscience, University of Nottingham</p> <p><b>16.45 Discussion</b></p>	<p><b>16.00 From policy to practice in dementia care - insights from the Irish experience</b> Dr. Suzanne Timmons, Consultant Geriatrician, CHO 4, Clinical Lead for the National Dementia Office, Senior Lecturer, Centre for Gerontology and Rehabilitation, School of Medicine, UCC</p> <p><b>16.45 Discussion</b></p>

17.00 **Sponsored Symposium**

18.00 **Vifor Pharma**

Speakers Tbc



18.00 **Drinks Reception**

19.00 Venue: Exhibition Area, Forum Level 0

Open to delegates who have indicated their attendance during registration

# Conference programme

## Thursday, 12 April 2018

08.30 **Registration**

09.00 - 10.45	<b>Session B</b> Management and NHS structures	<b>Session C</b> Orthogeriatrics and osteoporosis
	<p><b>09.00 Driving service change in Stroke</b> Prof Tony Rudd, Professor of Stroke Medicine &amp; Consultant Stroke Physician, Kings College London &amp; Guy's and St Thomas' NHS Foundation Trust &amp; National Clinical Director for Stroke NHS England</p> <p><b>09.45</b> Presentations from selected abstracts</p>	<p><b>09.00 Extending orthogeriatrics beyond hip fractures: fractures of the spine and sacrum</b> Prof Opinder Sahota, Professor of Ortho-Geriatric, Medicine, Nottingham University Hospitals NHS Trust</p> <p><b>09.30 Chronic Kidney Disease – Mineral Bone Disorder (CKD-MBD) in older people</b> Dr Michael Stone, Visiting Professor University of South Wales, Consultant Physician and Director of Bone Research Cardiff University Academic Centre University Hospital Llandough</p> <p><b>10.00</b> Presentations from selected abstracts</p>

10.45 **Refreshments break and poster viewing**

11.30 - 12.30	<b>Guest lecture</b> The meaning of life expectancy  <b>Prof John Gladman</b> , Professor of the Medicine of Older People, Nottingham University Hospitals NHS Trust
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12.30 **Lunch**

13.30 - 15.00	<b>Session D</b> AAGM Symposium	<b>Session E</b> Renal Medicine
	<p><b>13.30 Rising Star Award</b> Dr Thomas Jackson</p> <p><b>14.00 Using new techniques to quantify muscle mass and turnover in sarcopenia studies</b> Prof Phil Atherton, Professor &amp; Chair of Clinical, Metabolic &amp; Molecular Physiology, University of Nottingham</p> <p><b>14.30</b> Presentations from selected abstracts</p>	<p><b>13.30 Making decisions about dialysis in older people</b> Prof Maarten Taal, Professor of Medicine, University of Nottingham</p> <p><b>S</b></p> <p><b>14.00 Acute kidney injury in the elderly</b> Dr Nick Selby, Associate Professor of Nephrology, University of Nottingham</p> <p><b>14.30</b> Presentations from selected abstracts</p>

# Conference programme

## Thursday, 23 November 2018

15.00 Refreshments break and poster viewing

<p>15.30 - 16.30</p>	<p>Session F Workshop Research and getting it published</p>	<p>Session G Postural instability and falls</p>
	<p><b>Question time: should active participation in research be an essential requirement for all healthcare professionals in care of older people?</b> Dr Eleanor Lunt, ST7, University of Nottingham; Dr Ruth Willot, Specialist Registrar in Geriatric Medicine and Clinical Associate Professor in Geriatric, Medicine Kings Mill Hospital</p>	<p><b>15.30</b> Pip Logan</p> <p><b>15.50 Promoting activity independence and stability in early dementia and mild cognitive impairment (PrAISED)</b> Prof Rowan Harwood, Consultant geriatrician and professor of geriatric medicine, Nottingham University Hospital</p> <p><b>16.10 Frame users with frailty and fall prevention exercise interventions – are they compatible?</b> Ms Julie Whitney, Clinical Lecturer, Department of Clinical Gerontology, King's College Hospital &amp; King's College London</p>

18.30  
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21.30 **Conference evening reception**  
Venue: The Old Library, Nottingham Conference Centre

Light finger buffet with locally sourced products and an evening of music and dancing

**Prepaid tickets will be required.** Please consult the message board for any dinner tickets that delegates might wish to resell

# Conference programme

## Friday, 13 April 2018

08.30 **Registration**

09.00 – 10.30	Session J Sensory impairment: hearing	Session I Tissue viability	Clinical effectiveness Platform presentations
	<p><b>09.00 Hearing loss in older people</b> Dr Helen Henshaw, Senior Research Fellow, NIHR Nottingham Biomedical Research Centre, University of Nottingham</p> <p><b>09.45 How might we optimise hearing-related communication for care home residents with dementia?</b> Dr Brian Crosbie, Research Fellow, Centre for Dementia, University of Nottingham</p>	<p><b>09.00 Presentation title tbc</b> Prof Christine Moffat, Professor of Clinical Nursing Research, Faculty of Medicine &amp; Health Sciences University of Nottingham</p> <p><b>09.30 Reducing harm in leg ulcer management: how to improve outcomes for patients and the health economy</b> Ms Alison Jopkins</p> <p><b>10.00</b> Presentations from selected abstracts</p>	<p>Presentations from selected abstracts</p>

10.30 **Refreshments break**

# Conference programme

## Friday, 13 April 2018

11.00 - 12.30	<b>Session L</b> Respiratory	<b>Session M</b> Telecare and Telehealth	Communications Workshops - How to communicate better with your patient
	<p><b>11.00 Home oxygen</b> Dr Jay Suntharalingham, Consultant Respiratory Physician, RUH Bath</p> <p><b>11.30 Asthma in the older patient</b> Dr Dominick Shaw, Associate Professor, University of Nottingham</p> <p><b>12.00 The National COPD audit: learning and quality improvement</b> Dr Robert Stone, Respiratory Physician, Musgrove Park hospital &amp; Chair of the Secondary Care section of the COPD audit for the RCP</p>	<p><b>11.00 Presentation title tbc</b> Dr Kevin Doughty</p> <p><b>11.30 Setting up the GPS tracking service</b> Dr Richard Curry, Chair, Health and Wellbeing, Panel Smart Homes and Buildings Association</p> <p><b>12.00 Ethical Aspects of tracking and tagging in Dementia</b> Ms Helen Rostill, Director of Innovation, Development and Therapies, Surrey and Borders Partnership</p>	<p><b>Better Conversations with aphasia after stroke</b> Dr Suzanne Beeke, Senior Lecturer, University College London</p>

12.30 **Lunch**

12.30 **Sponsored Symposium**

13.30 **Daiichi Sankyo**

Speaker Tbc

Lunch will be provided in the room for the symposium's attendees



Daiichi-Sankyo

12.30 **Trainees' Meeting**, venue:

Open to all trainees. Lunch will be provided in the room for the meeting's attendees

13.30 **Guest lecture**

14.30 **NHS Leadership: We live life forwards and understand it backwards**

Mr Peter Homa OBE, Chair, NHS Leadership Academy

14.30 **Session N**

16.00 **Education and Training**

**14.00 The shape of training and the new internal medicine curriculum**  
Prof David Black, Medical Director, Joint Royal Colleges of Physicians Training Board

**14:30 Training the Next Generation of Stroke Physicians**  
Dr Nicholas Evans, Clinical Lecturer, University of Cambridge

**15:00 Mind the gap: considerations for developing a multi- generational workforce**  
Prof Kerry Jones, NHS Magnet Programme Director, Nottingham University Hospitals

**15.30 Presentation title tbc**  
Dr Andrian Blundell, Consultant Geriatrician, Nottingham University Hospitals NHS Trust

16.00 **Close of meeting**

<b>Booking form</b> Call 0203 747 6940 or email <a href="mailto:registrations@bgs.org.uk">registrations@bgs.org.uk</a> for assistance		Event Code <b>BGSSPR18</b>		
Name	Surname	Title (Ms, Mr, etc)		
Email address				
Mobile number		BGS/BASP Membership #		
Post held/ Job title				
Hospital/Employer/ Other care setting				
Billing address/ Payment card registered address				
City		Post code		
Specific requirements - Please state foods that you are unable to eat or access requirements				
<b>Registration fee</b>	Member rate BGS & BASP		Non member rate	
	Full meeting	Day	Full meeting	Day
Consultant/GP/ Corporate Representative	<input type="checkbox"/> £368	<input type="checkbox"/> £184	<input type="checkbox"/> £583	<input type="checkbox"/> £289
StR/GP trainee/ Specialty Doctor /CMT/Foundation Year Nurse /Allied Health Professional/ Researchers into aging	<input type="checkbox"/> £189	<input type="checkbox"/> £95	<input type="checkbox"/> £263	<input type="checkbox"/> £131
Retired/ Medical Student	<input type="checkbox"/> £136	<input type="checkbox"/> £63	<input type="checkbox"/> £158	<input type="checkbox"/> £79
If attending one day please indicate which		<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
<b>Conference Evening Reception, Thursday</b>	Number of Tickets		Total	
Conference Buffet Dinner and Entertainment £35.00 per ticket			£	
<b>Payment information</b>				
Please debit my card (tick one) <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard		Valid from		Expiry date
Card number:		CVC/CVV number		
Cardholder's name:		Cardholders signature		
<input type="checkbox"/> <b>Payment by cheque</b> Payable to BGS (Trading) Ltd. Post to the address below.				
By signing below, you are signifying that you have read and agree to the terms and conditions of the conference. <b>A signature is essential for this form to be processed.</b>				
Signature			Date	
<input type="checkbox"/> <i>Tick here if you do not wish to receive the monthly BGS E-Bulletin following your attendance. You can opt out of this e-bulletin at any time.</i>				
Delegates are responsible for arranging their own accommodation direct with the respective hotels. Reduced rates for accommodation have been arranged with certain local hotels. Please visit <a href="http://www.bgs.org.uk">www.bgs.org.uk</a> and click on the specific conference button for more detail.				

Post this form to **British Geriatrics Society, Marjory Warren House, 31 St John's Square, London, EC1M 4DN**

Terms and conditions of booking available at <https://bgs.org.uk>