

# West Midlands Spring Meeting 2019

# Thursday 21 March 2019

# Park Inn by Radisson Birmingham West

# Programme

09.00-09.30	Welcome/ Introduction	Dr Nigel Page (chair)
09.30-10.15	Miss Rachel Sam, consultant vascular	Vascular surgery in the elderly in 2019.
	surgeon	
10.15-11.00	Mr Andrew Torrance	Colorectal surgery in frail older adults.
11.00-11.30	Coffee	
11.30-12.15	Mr Ed White	Neurosurgical management of head injuries.
12.15-12.45	Dr Rob Wears	Training update
12.45-14.00	Lunch	
14.00-15.00	Registrar presentations	Dr Martha Pinkney (chair)
	Carly Welch	
	Kitty Westacott	
	Hannah Moorey and Zeinab Majid	
	Alison Eastaugh	
15.00-15.15	Coffee	
15.15-16.00	Dr Helen Chamberlain and Mr Ansar	Trauma and orthopaedic surgery in the elderly
	Mahmood	
16.00	Prize and close	

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:

Amgen, Daiichi Sankyo, EuMedica, Profile Pharma and Vifor Pharma

CPD Accreditation: This meeting has applied for 5 CPD credits





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# Speakers biographies

#### Miss Rachel Sam

Miss Rachel Sam is a consultant vascular surgeon at University Hospitals Birmingham NHS Foundation Trust. She specialises in General Medicine, General Surgery, and Vascular surgery.

#### Dr Rob Wears

Trained in Manchester and graduated in 1986 before moving to the West Midlands. Consultant Geriatrician at Solihull Hospital since 1994. Currently BGS VP (training and education), deputy chair SAC (geriatric medicine), director of quality for WM school of medicine and TPD geriatric medicine (West Midlands). Clinical interests include dementia, Parkinson's disease and nutrition. Non-clinical interests include puppy walking for the Guide Dogs for the Blind Association.

### Mr Andrew Torrance

Andrew Torrance works at Sandwell and West Birmingham Hospitals NHS Trust. He specialises in Colorectal cancer services and General Surgery.

#### Dr Ed White

He is a consultant neurosurgeon at Queen Elizabeth Hospital, Birmingham. He has subspecialty interests in neurovascular, neuro-oncology, skull-base and CSF disorders. He is the departmental neurovascular lead and is on the NHS England committee for developing pathways for the management of subarachnoid haemorrhage. He has previously completed a PhD developing technologies for the direct intracranial delivery of drugs and viral vectors to the brain.

#### Dr Carly Welch

Academic Clinical Fellow (ACF) Specialist Trainee Year 5 (ST5) working and training within the West Midlands. My research interests include sarcopenia, frailty and the physiological and functional impacts of hospitalisation and acute stressor events.





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#### Dr Helen Chamberlain

Dr Helen Chamberlain trained in London, and has been a Consultant Geriatrician in Birmingham since 2001. From 2016 she has been working at Queen Elizabeth Hospital in Orthogeriatrics, with a special interest in Major Trauma. She is actively involved in teaching and training in Geriatric Medicine, speaking at the national Geriatrics for Juniors meeting in 2014, and organising two G4J Connect meetings in the West Midlands region as well. She was previously Specialty Lead for Geriatric Medicine at Birmingham University Medical School. She has been a member of the Question Writing Group for the Specialty Certificate in Geriatric Medicine since 2015. She is also a PACES examiner, as well as a keen teacher using Simulation Based Training.

#### Mr Ansar Mahmood

Fellowship Trained Orthopaedic Trauma Surgeon Specialist interests include Major Orthopaedic Trauma, Sports & Tendon injuries, Limb lengthening & post trauma reconstruction. UHB Lead in Orthopaedic Trauma Research & Treasurer to British Trauma Society