

**BGS Trent Region Spring Meeting**

13 March 2019  
College Court, Leicester

**FALLS & FRACTURE PREVENTION IN THE OLDER PERSON**

9:00 – 9:30	<b>Registration and coffee/tea</b>
9:30-10.05	<b><i>Osteoporosis: A practical guidance</i></b> Dr Prashanth Patel University Hospitals of Leicester NHS Trust
10:05-10:40	<b><i>Delivering a community-based specialist osteoporosis service</i></b> Ms Rebecca Barbary Nottingham County CCG community osteoporosis team
<b>10:40 Coffee</b>	
11:05-11.40	<b><i>Acute spinal and pelvic fractures</i></b> Prof Opinder Sahota Nottingham University Hospitals NHS Trust
11.40-12.30	<b><i>KEYNOTE SESSION: Exercise intervention for falls: Where we have come from and where are we going</i></b> Prof Dawn Skelton Glasgow Caledonian University
<b>12:30 Lunch</b>	
13:20-13:30	<b>Trent BGS business meeting</b>
13:30-14:30	<b><i>Delivering an effective falls service and the role of the MDT</i></b> Dr Jane Youde University Hospitals of Derby and Burton NHS Foundation Trust
<b>14:30 Coffee</b>	
	<b><i>Specialty trainee / Allied health professional presentation</i></b>
14:55-15:20	<b><i>Management of patients presenting to the Royal Derby Hospital with blunt chest wall trauma over 70 year of age</i></b> James Bunce
15:20-15:45	<b><i>Planning of escalation of care in Leicestershire community hospitals</i></b> Greg Cartwright
15:45-16:10	<b><i>Mouth care matters: a hospital quality improvement project</i></b> May Htwe
16:10-16:15	<b>Prize giving and end of meeting</b>

Venue: College Court Conference Centre, Knighton Road, Leicester, LE2 3UF,

Travelling by car: Free parking is available on site. Sat Nav – use postcode LE2 3TQ

Further information about the conference venue is available at its website: <https://collegecourt.co.uk/>



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**Speakers**

**Dr Prashanth Patel**

Dr Patel is a Consultant Metabolic Physician and Chemical pathologist at the University Hospitals of Leicester (UHL). His interests are in the management of metabolic bone disease, osteoporosis, vitamin D disorders, parathyroid disorders and the management of health cholesterol and other lipid disorders. He is Head of Service for the Department of Chemical Pathology and Metabolic Medicine at UHL, chair of the Leicester Osteoporosis Group and the Clinical lead for Metabolic Bone Disease at UHL. In addition to his clinical work, he is also honorary senior lecturer in Cardiovascular Science and Clinical Teacher in Metabolic Medicine and Chemical Pathology at the University of Leicester.

**Ms Rebecca Barbary**

Ms Barbary leads the community fracture liaison and osteoporosis service which covers 3 Nottingham CCGs. This innovative service of moving bone health management into the community with close links with secondary care was recently won the Nursing in the Community award in the annual Nursing Times Awards 2018.

**Prof Opinder Sahota**

Prof Sahota is a Consultant Physician at Nottingham University Hospitals, NHS Trust and honorary professor at the University of Nottingham. He is a member of the Department of Health Fragility Fracture Board, National Hip Fracture Database committee, the Hip Fracture NICE guidance and NICE quality standards writing group, member of the Fracture Liaison Service advisory group and is a committee member of the international Fragility Fracture Network. He has a track record of innovative service improvement projects related to better fracture care in older people.

**Prof Dawn Skelton**

Professor Skelton is an exercise physiologist based at Glasgow Caledonian University. She was scientific co-ordinator of ProFaNE (Prevention of Falls Network Europe) and a workpackage leader in ProFouND (Prevention of Falls Network for Dissemination), two EC funded thematic networks. She led the MRC funded Seniors USP (Understanding Sedentary Patterns) and has received funding from NIHR and Wellcome Trust. She has received a Fellowship from the Royal College of Physicians of Edinburgh and an Honorary Fellowship from the Chartered Society of Physiotherapy. She recently received the British Geriatrics Society Marjory Warren Lifetime Achievement Award for her work in translating falls prevention research into practice. She is a commissioned author for the World Health Organisation and the Department of Health. She currently chairs a review on guidelines for exercise for the UK's National Osteoporosis Society and the Older People panel for the UK's update of the Physical Activity for Health Guidelines.

**Dr Jane Youde**

Dr Youde is a Consultant Geriatrician and leads the improvement in falls and community services for older people in Derby. She is also active in advancing the falls agenda nationally. She is past president of the Trent region BGS and was previously secretary to the BGS Falls and Bone Health Special Interest Group.

