

2023 Movement Disorders

17 March

MShed, Bristol and Online (Hybrid Meeting)

Helpful hints:

Attendance

Online: Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the live days you have joined online only. Attendance post-event won't be certified but certificates are not required to claim CPD via the RCP diary.

Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

Visit our sponsors

Challenge yourself - Please review the symposia and spotlight sessions, and consider watching. Spending 5 minutes during the next 3 days to speak to a sponsor.

Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in via the Ask function on the platform or by a microphone in the room.

For the tweeters @GeriSoc using #BGScnf.

Get Social

Socialise: Chat with attendees, join a socialising event or interact in a group discussion. See the programme for social activities including the return of our Fringe with a special Film Club on Friday

The British Geriatrics Society acknowledges, with grateful thanks, our Sponsors:

Abbvie, Bial, Everpharma and Parkinson's UK

These companies have provided a sponsorship grant towards this independent Programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

08:30:00	Registration In person attendees can register from 08:30. Online attendees should record attendance. View and comment on the posters on-demand via the new BGS Platform	
09:00:00	Join Dr Victoria Haunton, Chair BGS Movement Disorders SIG opening the 2023 Meeting	
	Room: The Suite	
09.15 - 11:00	Session 1: Updates in related disorders and treatments	Moderator: Dr Rob Skelly
09:15	09.15 An Update on the 2022 National Parkinson's Audit Dr Anne-Louise Cunnington, Consultant Geriatrician, Glasgow Royal Infirmary	Anne-Louise is a Consultant Geriatrician with an interest in Movement Disorders at Glasgow Royal Infirmary. She is an Honorary Clinical Senior Lecturer at Glasgow University. She has been involved in the Parkinson's National Audit since its inception in 2008, and has been the Clinical Audit Lead since January 2014. She represents audit and clinical effectiveness on the BGS Movement Disorder Subgroup and is the West of Scotland Parkinson's Excellence Network regional lead. She was the chair for the Regional Ethics committee 3 in the West of Scotland until January 2022. She has published over 40 papers.
	9.30 Approaches to diagnosis and management of common non-PD tremor Dr Jane Alty, Associate Professor of Neurology, Co-Director of the ISLAND Clinic, Staff Specialist in Neurology and Stroke, Royal Hobart Hospital, Tasmania Remote Presentation	Dr Alty qualified from the University of Cambridge, UK, and ranked top of her year in the final surgical written and clinical exams. She completed general medicine training in Cambridge, Leeds and Manchester. She passed all 3 postgraduate medical examinations on first attempts and was awarded Membership of the Royal College of Physicians London in 2003. She completed Neurology specialist training in London and Leeds, and a Movement Disorder Fellowship in Monash Medical Centre, Melbourne. In 2013, she was appointed Consultant Neurologist at the West Yorkshire Regional Neurosciences centre. Dr Alty was awarded an MD doctorate by the University of York for research examining how computer technologies and movement analysis can aid discrimination of Parkinson's disease and healthy ageing. She was awarded Fellowship of the Royal College of Physicians London in 2017 and won Clinical Excellence Awards for outstanding clinical contributions in 2016, 2017 and 2018. She played an instrumental role in an NHS Parkinson's team quality improvement project that was awarded 2 competitive national UK awards: Parkinson's Excellence 2018 and the Health Service Journal Patient Collaboration Award 2019. She has locally led 6 clinical trials in neurodegenerative disorders. She led her centre to be the highest recruiting group in the UK for one of these studies and 5th out of 54 worldwide.
	10.15 Sleep disorders in patients with Parkinsons Dr Kirstie Anderson, Consultant Neurologist and Honorary Senior Clinical Lecturer, Regional Sleep Service, Newcastle upon Tyne Hospitals NHS Foundation Trust Remote presentation 10.45 Discussion	Dr Kirstie Anderson Consultant Neurologist in Newcastle and Honorary Clinical Senior Lecturer Dr Anderson, Consultant Neurologist and Honorary Senior Lecturer, works within one of the UK's largest sleep services in Newcastle and explores the links between sleep, mental health and ageing within her research in Newcastle University. She was the clinical lead developing the online insomnia programme Sleepstation, now available within the NHS. She sees and treats paediatric and adult sleep disorders, has published over a 100 research papers, reviews, book chapters and a book on sleep disorders and lectures regionally and nationally. She is a member of the British Sleep Society, past president of the Sleep Medicine section of the Royal Society of Medicine, one of the honorary medical advisors within the DVLA and runs annual sleep training days in Newcastle as well as leading work to improve staff and in-patient sleep. https://flourishatnewcastlehospitals.co.uk/lets-sleep-well/ https://www.ted.com/talks/kirstie_anderson_stories_from_the_sleep_clinic_better_nights_for_better_days
11:00	Free time Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.	
11:30 - 13:00	Session 2: The management of psychosis in movement disorder patients	Moderator: Dr Keri Jamieson
	11.30 Management of hallucinations and delusions in Parkinson's Prof Suzanne Reeves, Professor of Old Age Psychiatry and Psychopharmacology Mental Health of Older People, UCL	Suzanne Reeves, PhD, is a Professor of Old Age Psychiatry and Psychopharmacology in the Division of Psychiatry, University College London, an Honorary Consultant in Islington's Care Home Liaison Service, and the Academic Mental Health Lead for MBBS teaching at University College London. Her main research interest is in understanding the neurochemical basis of delusions and hallucinations in neurodegenerative disorders, improving the safety of existing antipsychotic drug treatments through pharmacokinetic-pharmacodynamic modelling, and identifying novel treatments. She is CI of the Parkinson's UK funded multi-centre Trial of Ondansetron as a Parkinson's HAllucinations Treatment (TOP HAT), which is recruiting in England, Scotland and Wales and will be extending to Northern Ireland in the near future.
	12.15 Delirium in Parkinson's: More than meets the eye Dr Alison Yarnall, Honorary Consultant Geriatrician, Newcastle upon Tyne NHS Foundation Trust	Dr Alison Yarnall completed her PhD in 2013 at Newcastle University looking at biomarkers of cognitive impairment in Parkinson's disease. She is now an NIHR BRC Intermediate Clinical Fellow at the Translational and Clinical Research Institute, Newcastle University; Deputy Director of the Clinical Ageing Research Unit; and Honorary Consultant in Older People's Medicine at Newcastle upon Tyne Hospitals (NuTH) NHS Foundation Trust. She has a particular interest in cognitive decline, gait and falls in people with Parkinson's and other neurodegenerative diseases and has published more than 60 articles in this topic area. She runs a specialist clinic for older adults with Parkinson's and complex health needs in NuTH, in addition to a general medical memory clinic.
13:00	Lunch View and comment on the posters on-demand via the new BGS Platform	

	View and comment on the posters on-demand via the new BGS Platform	
	Room: The Suite	
14:00 - 15:30	Research Showcase	Moderators: Dr Ed Richfield and Dr Victoria Haunton
14:00	14.00 Update in current research (A synopsis of key trials in movement disorders) Professor Camille Carroll Professor of Clinical Neuroscience, National Specialty Lead for Neurodegenerative Diseases NIHR CRN, Parkinson's Specialty Lead and Cluster 4 Clinical Research Lead South West Peninsula CRN, Integrated Clinical Academic Training Lead University of Plymouth	<p>Dr Carroll is an academic consultant neurologist. She undertook her preclinical medical training at the University of Manchester, where she also completed an intercalated PhD (1994) investigating NMDA receptor antagonists in models of Parkinson's disease (PD). She completed her clinical training at the University of Oxford in 1997 and undertook specialist neurology training in the South West and West Midlands. In 2007 Dr Carroll was awarded a Medical Research Council fellowship which allowed her to develop research interests investigating neuroprotective mechanisms in cell culture models of Parkinson's disease.</p> <p>Dr Carroll sits on the Grant Assessment Panel 1 for Parkinson's UK, the Research Committee for the Cure Parkinson's Trust and the Linked Clinical Trials Committee. She has previously chaired the Data Monitoring Committee for the GDNF trial in Parkinson's disease. She is regional representative on the Association of British Neurologists Research Committee. She is a member of the Examination Board and Question Writing Group for the Neurology SCE.</p>
14:30	14.30 Prevalence of PD in North Cumbria, inequity of access for those living with advanced disease and potential novel models of care to address Dr Rosanna Varden, St5, Cumberland Infirmary	<p>Rosanna is a Geriatric Registrar training in the North East. Currently undertaking a clinical research fellow post in Parkinson's Disease and prevalence in North Cumbria.</p> <p>Kate is a Specialist Neurological Physiotherapist, currently working in North Cumbria Neurology Out-patient department with adults presenting with a range of Neurological Conditions. She previously worked clinically within Cumbria and South Yorkshire within the Community Stroke Services, Neurology Out-reach services and Elderly care, and for a number of years as a Clinical Research lead, project coordinator & GCP trainer for the National Institute for Health Research Clinical Research Facility in Sheffield. In June 2022, I was awarded a NIHR ARC NENC Research Practice Fellowship and NIHR CRN Greenshoots award, which has provided me with 2 years of 0.5WTE funding to grow research capacity within the DeNDRon group in North Cumbria and focus on exploring inequalities in care within the Parkinson's Service, specifically within the care home setting. Previous research activity has included study delivery and management, as well as PI roles in the fields of Long-term condition management, rehabilitation, frailty, assistive technology and a range of Neurological conditions.</p> <p>Dr Emma Tenison is a geriatrics registrar who is currently undertaking a PhD at the University of Bristol, supervised by Associate Professor Emily Henderson and Professor Yoav Ben-Shlomo. Her PhD, within the PRIME-Parkinson programme of research, is focusing on capturing complexity in Parkinson's Disease and comprises a cross-sectional study of people with parkinsonism and informal caregivers, which has sought to proactively target recruitment of under-represented groups, such as care home residents and those additionally living with frailty, multimorbidity or cognitive impairment; an epidemiological study using linked primary care data focusing on the risk factors for hospital admission; and contribution to the design of an RCT to compare the multicomponent PRIME-UK model of Parkinson's care to usual care.</p> <p>Jennifer is a specialist registrar in Geriatric and General Internal Medicine in North London, currently out of programme for research. She is undertaking a PhD at UCL, looking at the needs of people with Parkinson's Disease and Cognitive Impairment, including considerations for remote consultations, through a joint Research Fellowship from the Royal College of Physicians and Rosetrees Trust. She also works on an NIHR-funded project looking at supporting self-management in Parkinson's Disease and work clinically in Movement Disorders. She is interested in improving care for older adults, with particular interests in movement disorders, cognition and psychosocial aspects of care. She is also interested in improving medical training and healthcare delivery.</p> <p>Matthew Smith is a specialist registrar in neurology with an interest in neurodegenerative movement disorders as well as uroneurology. He is currently undertaking an out of programme PhD at the University of Bristol (working with the Aging and Movement Research Group) and works clinically at the Royal United Hospital in Bath. He is passionate about improving the collaboration between neurologists and geriatricians in the care of people with Parkinson's disease and other neurodegenerative conditions.</p>
	Ms Kate Lavender, Specialist Neurological Physiotherapist / NIHR ARC Practice Fellow in Parkinson's Disease, North Cumbria Integrated Care NHS Foundation Trust - Neurology Out-Patients / Parkinsons Disease Service	
	14.45 Complexity, comorbidity and frailty in people with parkinsonism: results from the PRIME-UK cross-sectional study Dr Emma Tenison, ST5 in geriatrics, University of Bristol	
	15.00 Cognitive Impairment in Parkinson's Disease Dr Jennifer Pigott, Clinical Research Fellow, Royal Free London NHS Trust	
	15.15 Lower urinary tract symptoms in Parkinson's disease: a project on prevalence, aetiology and management Dr Matt Smith, Academic neurology registrar, Royal United Hospital, Bath/University of Bristol	
15:30	Free time Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.	
15:45 - 16:30	Service delivery and complex needs	Moderator: Dr Peter Fletcher
	15:45 Bone Health in Parkinson's - an update Dr Veronica Lyell Consultant Geriatrician, Royal United Hospital Bath	Dr Lyell is Clinical Lead of Older Person's Unit at the Royal United Hospitals Bath NHS Foundation Trust. Orthogeriatrician with a specialist interest in Parkinson's Disease and promoting better bone health in the condition
	16.00 Parkinson's Hub: A community service for people living with Parkinson's and frailty Dr Tom Mace, Consultant Geriatrician, Hull University Teaching Hospitals NHS Trust	<p>Dr Tom Mace is a consultant physician in Elderly Medicine with a specialist interest in Parkinson's and related disorders at Hull University Teaching Hospitals NHS Trust. He graduated from University of Sheffield Medical school and completed postgraduate training in the Yorkshire Deanery. He is a graduate of both the Foundation and Advanced Parkinson's Academy MasterClass and was awarded the Parkinson's Project Winner award in 2019.</p> <p>He is the clinical lead for the Parkinson's Hub in Kingston-Upon-Hull. This is an integrated care pathway for patients living with Parkinson's and frailty or complex symptoms and was selected as the Parkinson's UK Excellence Network Award winner for both Innovation in Practice and Overall Excellence 2021. He sits on the Parkinson's UK Steering Group for MDT-Led Care and is a co-chair for Yorkshire's Parkinson's Excellence Network Branch.</p>



British Geriatrics Society
Improving healthcare
for older people

Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Fax +44 (0)20 7608 1041
Email communications@bgs.org.uk
Website www.bgs.org.uk

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers
And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit **www.bgs.org.uk/join** to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



Become a member today! Join online at **www.bgs.org.uk/join**