

# Spring Meeting 2025

9 - 11 April

ICC Belfast & Online (Hybrid meeting)

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

**Online:** You will receive a CPD certificate for the days you have watched online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

### 2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors

#### With grateful thanks to our sponsors

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're posting on X (formerly Twitter), tag us at [@GeriSoc](#) and use the hashtag [#BGScnf](#). You can also tag us on Facebook and LinkedIn?

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Belfast with you. We hope this Spring Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights that Belfast has to offer. Please see the below timetable to help plan your time.



Irish  
Gerontological  
Society



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online ([www.bgs.org.uk/Autumn24](http://www.bgs.org.uk/Autumn24)) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the '**Sign in for CPD today**' button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



## Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

## Guest Lecturer

### Dr Jeremy Isaacs

National Clinical Director for Dementia and Older People's Mental Health  
Consultant Neurologist, St George's Hospital and Kingston Hospital

Dr Jeremy Isaacs is an Honorary Reader in Neurology at St George's, University of London and Director of the Neurosciences Clinical Academic Group. His research focuses on functional cognitive disorders, dementia and related conditions, and he is the Specialty Research Lead for Neurological Disorders, Neurodegeneration and Dementia for the South London Clinical Research Network.

Dr Isaacs is a Consultant Neurologist at St George's Hospital, where he was Dementia Clinical Lead between 2010-2019, and Kingston Hospital, where he was Neurology Clinical Lead from 2014 to 2024.

Dr Isaacs's clinical and leadership roles at St George's led to him being appointed as Clinical Director of the NHS London Dementia Clinical Network from 2019 to 2024, where he led an extensive quality improvement programme. This included establishing the London Memory Service Network, memory service pathway redesign, championing joint working and multidisciplinary meetings between specialties, and designing and leading the first London and national memory service audits.

**KEYNOTE: Thursday 10 April 15.45**



**KEYNOTE: Friday 11 April 12.45**



## Marjory Warren Guest Lecturer

### Dr Jennifer Burns

Retired Consultant Geriatrician and past BGS President  
**2020 - 2022**

Dr Jennifer Burns was appointed as Consultant Geriatrician at Glasgow Royal Infirmary in 1995. She is a Past President of the BGS. She campaigned for better support of the workforce post Covid pandemic and fought for recognition for the major role of BGS members within both health and social care.

Clinically she has a special interest in Movement Disorder. Throughout her career, she has had a keen interest in undergraduate and postgraduate education and served as the Lead Training Programme Director for Scotland. She also had a role as Appraisal Lead and as Deputy Responsible Officer within Greater Glasgow and Clyde Health Board and values the impact of appraisal on supporting professional development.





Accommodation in recent years has increased in costs and this year keeping costs low is important.

To secure the best accommodation within your budget we recommend you book as early as possible, other events are taking place in Belfast during the week and hotels are busy.

[Click here to see available options and rates via](#) Visit Belfast for available options and rates

Other sites and booking directly with the hotels may be cheaper - please do shop around.  
BGS members can also access preferential rates at the Hilton chain using the details below.

## HILTON

- Log on to [www.hilton.com](http://www.hilton.com)
- Put in the location and dates
- Click on advanced search
- Click on 'Add a special rate code'
- In the corporate account box, type in **113011292**

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Hall 1A	STREAM 2 Hall 1D	STREAM 3 Hall 1C
8.30	Registration		
9.15	<div>KEYNOTE</div> President's Opening Address		
9.30 - 11.00	<b>Movement Disorders</b> 101	<b>Major Trauma and Falls</b> FFN	<b>Oral Health</b>
11.00	Free time		
11.30 - 13.00	<b>Movement Disorders</b> Advanced	<b>Major Trauma and Falls</b> FFN	<b>Lightning Round Posters</b>
13.00	Lunch and posters		
13.00	<b>Group Meetups</b> Join colleagues over lunch to catch up Look out for the signs indicating where to meetup.		
14.00	Rising Star Awards		
14.30 - 15.30	<b>Movement Disorders</b> Neuropsychiatric topics	<b>Major Trauma and Falls</b> Latest Guidelines and new developments	<b>Clinical Quality Session</b>
15.30	Free time		
15.45-17.00	<b>Movement Disorders</b> Masterclass	<b>Major Trauma and Falls</b> Latest Guidelines and new developments	<b>Nurse and Allied Health Professional Community of Practice</b> Being Involved in Research as a Nurse or AHP – scary or exciting
17.00	<b>Social programme: Networking with drinks and canapes</b> Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce		

# STREAM 1: Hall 1A

## KEYNOTE

## President's Opening address

09.15 Opening words from BGS President, Professor Jugdeep Dhesi

### Movement Disorders

#### Movement Disorders 101

**Moderators:** Jugdeep Dhesi and Rosie Varden

9.30 - 11.00

09.30 **Diagnosis of Parkinson's Disease**  
Dr Karen Doherty, Consultant Neurologist, Belfast Health & Social Care Trust

10.00 **Management of Parkinsons' Disease**  
Dr Seamus Kearney, Consultant Neurologist, Belfast Health & Social Care Trust

10.30 **Practical Parkinson's - pro-tips and pitfalls from the clinic and the ward**  
Dr Neil Archibald, Consultant Neurologist & Clinical Director for Neurology and Stroke, James Cook University Hospital

11.00 **Poster viewing time and coffee break**  
Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

### Movement Disorders

#### Advanced Class

**Moderators:** Ed Richfield and Rosie Varden

11.30 - 13.00

11.30 **Diagnosing and managing dystonia**  
Dr Mihaela Boca, Consultant Neurologist, Bristol (*remote*)

12.00 **GBA1 Variants and Parkinson's Disease - A target for treatment**  
Dr Marco Toffoli, MD PhD UCL Queen Square Institute of Neurology

12.30 **Sleep Disorders in adults with movement disorders**  
Dr Kirstie Anderson, Consultant Neurologist and Honorary Senior Clinical Lecturer, Regional Sleep Service Newcastle upon Tyne Hospitals NHS Foundation Trust (*remote*)

13.00 - 14.30 **Lunch**  
Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website..](#)

13.00 **Group Meetups**  
Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.

# STREAM 1: Hall 1A

## Rising Star Awards 2024 Award Winners

**Moderator:** Miles Witham

### 14.00 Research Award Winner

Dr Peter Hanlon, Clinical Research Fellow in General Practice and Primary Care, University of Glasgow / Doune Health Centre

### 14.15 Research award for Nurses and Allied Health Professionals

**Bridging the Gaps: Why AHP-Led Research is Essential for Older People's Care**

Dr Abi Hall, Senior Research Fellow, University of Exeter

## Movement Disorders

### Neuropsychiatric topics

**Moderators:** Karen Doherty and Hannah Martin

### 14.30 Depression, Anxiety & Apathy in Lewy body disease

Dr Joe Kane, Clinical Academic Lecturer in Psychiatry of Old Age, Queen's University Belfast

14.30 -  
15.30

### Platform Presentations

15.00 Abstract 3176 Disparities in Parkinson's service provision for those living in a rural area of North West England Dr Rosanna Varden, ST5, Cumberland Infirmary

15.15 Abstract 3199 Memory function and post-traumatic stress disorder related to civilian conflict: Findings from the NICOLA study Dr Claire Potter, Academic Clinical Lecturer Psychiatry, Belfast HSCT, Queens University Belfast

15.30

**Poster viewing time and coffee break**

## Movement Disorders

### Complications - Case Study Session

**Moderators:** Ed Richfield and Libby Wilson

15:45 A multidisciplinary panel will explore cases looking at supporting older people with movement disorders experiencing complications such as impulse control and dopamine dysregulation

15.45 -  
16.45

- Dr Seamus Kearney, Consultant Neurologist, Belfast Health & Social Care Trust
- Dr Neil Archibald, Consultant Neurologist & Clinical Director for Neurology and Stroke, James Cook University Hospital
- Lisa Brown, Parkinson's Disease Nurse Specialist, University Hospitals of Derby and Burton NHS Foundation Trust
- Hannah Martin, Advanced Nurse Practitioner Parkinson's Disease, University Hospital Coventry and Warwickshire NHS Trust
- Jane Price, Parkinson's Disease Nurse Advanced Practitioner, Powys Teaching Health Board Trust
- Sharon Hope, Parkinson's Nurse, Northern Health and Social Care Trust

17.00

### Networking with drinks and canapes

Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce



## STREAM 2: Hall 1D

**Major Trauma and Falls**

New NAFF pathways and developments

**Moderators:** Emer Ahern and Jayne Lynch

9.30 - 11.00	<b>09.30 Consensus on weight-bearing terminology for fragility fracture -new BOAST guidelines</b> Professor Alex Trompeter, Professor of Orthopaedic Trauma Surgery, City St George's University of London and Orthopaedic Trauma / Limb Reconstruction Surgeon, St George's University Hospital, London ( <i>Remote</i> )
	<b>10.00 Early mobilisation in acetabular fractures</b> Mr Owen Diamond, Consultant Orthopaedic Surgeon, Royal Victoria Hospital and Musgrave Park Hospital
	<b>10.30 WHiTE-13 DECI and Delirium in Hip Fracture</b> Prof Iain Moppett, Professor of Anaesthesia & Perioperative Medicine   Honorary Consultant Anaesthetist, Director Centre for Research & Improvement, Royal College of Anaesthetists ( <i>Remote</i> )
11.10	<b>Poster viewing time and coffee break</b>

**Major Trauma and Falls**

New NAFF pathways and developments

**Moderators:** Andy Gray and Louise Brent

11.30 - 13.00	<b>11.30 Abstract 3115: Maintaining Independence in People with Dementia who have had a fall: a pilot cluster randomised controlled trial (Maintain)</b> Professor Louise Allan, Professor of Geriatric Medicine, University of Exeter
	<b>11.45 Abstract 3114: A rehabilitation intervention to improve Recovery after an Episode of Delirium in adults over 65 years (RecoverED)</b> Professor Louise Allan, Professor of Geriatric Medicine, University of Exeter
	<b>12.00 Global consensus on the management of vertebral osteoporotic fractures</b> Professor Opinder Sahota, Consultant Orthogeriatrician, Nottingham Hospital NHS Trust
	<b>12.30 Structured Tailored Rehabilitation After Hip Fragility Fracture: The 'STRATIFY' Feasibility Randomised Controlled Trial</b> Professor Katie Sheehan, Professor of Rehabilitation and UKRI Future Leaders Fellow, Queen Mary University of London
13.00	<b>Lunch</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a> .
13.00	<b>Group Meetups</b> Join colleagues over lunch to catch up.  Look out for the signs indicating where to meetup.

## STREAM 2: Hall 1D

**Major Trauma in older adults**

## Falls and Fractures

**Moderators:** Collin Williamson and David Shipway

14.30 - 15.30	<p>14:30 <b>Low falls at home leading to Major Trauma injuries in older adults</b> Dr Emer Ahern, Orthogeriatrician, Cork University Hospital and National Clinical Advisor &amp; Group Lead Older Persons - HSE</p> <p>15:00 <b>Cervical injuries in older people</b> Elie Najjar, Spinal Consultant · Nottingham University Hospitals NHS Trust</p>
15.30	<b>Poster viewing time and coffee break</b>

**Major Trauma in older adults**

## Bleeding and bettering

**Moderator:** Collin Williamson and Mark Baxter

15.45 - 17.00	<p>15.45 <b>Subdural Haematoma and preventing rebleed</b> Dr David Shipway, Consultant Physician &amp; Perioperative Geriatrician and Co-Chair Perioperative Care of Older People Undergoing Surgery SIG, North Bristol NHS Trust</p> <p>16.15 <b>Developing Frailty education and skills in teams attending to major trauma in older people</b> Dr Philip Braude, Consultant Geriatrician, North Bristol Trust (<i>remote</i>)</p> <p>16.45 <b>Discussion</b></p>
17.00	<p><b>Networking with drinks and canapes</b> Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce</p>

## STREAM 3: Hall 1C

**Workshop: Improving Oral Health in Older People****Moderator:** Jan Ritchie and Bob Caslake11.30 -  
13.00

Professor Gerry McKenna, Professor of Oral Health Services Research and Gerodontology, Queen's University Belfast  
and Michelle Harvey, research fellow, Centre for Public Health at Queen's University Belfast

13.00

**Lunch**

13.00

**Group Meetups**

Join colleagues over lunch to catch up. Exhibition area

**Clinical Quality Session****Best Practice and Platform presentations****Moderators:** Esther Clift14.30 -  
15.30

This session will discuss best practice in quality improvement and clinical quality work as well as platform presentations from submitted abstracts.

**14.30 Abstract 3141 Quality Improvement: Integrating Speech & Language Therapy into a Hospital at Home service for Older People living with Frailty**

Ms Maggie McDowell, Physiotherapy Team Lead Inpatients Frailty and Orthopaedics / AHP  
Educational Fellow/Quality Improvement Facilitator, Royal Surrey Foundation Trust

**14.45 Abstract 3127 Improving Palliative Discharges using the GREAT framework**

Dr Louisa Cunliffe, IMT3, Royal Cornwall Hospital (*remote*)

15.00 **Clinical Quality Masterclass**

15.30

**Poster viewing time and coffee break****Nursing and Allied Health Professional Community of Practice****Being Involved in Research as a Nurse or AHP – scary or exciting?****Moderators:** Lyndsey Dunn and Suzanne Arnold15.45 -  
16.45**15.45 Embedding Quality Improvement approaches into daily practice**

Jacqui Holmes, Operational Lead for Inpatient Physiotherapy, Kingston Hospital NHS  
Foundation Trust (*remote*)

**16.00 Service improvement in practice plus the resources to support**

Jennifer Sutton, Project Lead & Occupational Therapist, RCOT & Deepika Lawrence (*remote*)

**16.10 Looking for answers: how missing evidence (and a few setbacks) led me to research**

Dr Abi Hall, Senior Research Fellow, University of Exeter

**16.20 TBC**

Juliet McArthur, Chief Nurse Research and Development, NHS Lothian, Honorary Professor,  
Queens University Belfast (*remote*)

17.00

**Networking with drinks and canapes**

Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

Use the table below to help plan how you will spend your second day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Hall 1A	STREAM 2 Hall 1D	STREAM 3 Hall 1C
9.30-10.30	<b>End of Life Care</b> Advance Care Planning	<b>Dementia</b> MDT approach to symptoms management	<b>Research</b> Association of Academic Geriatric Medicine (AAGM) symposium - Polypharmacy and Optimised Prescribing
10.30	<b>Free time</b>		
11.00 - 12.00	<b>End of Life Care</b> Human Values	<b>Dementia</b> Diagnosing Dementia In The Unwell In-Patient	<b>Research</b> Applying clinical research in clinical practice
12.20	<b>President's round</b>		
13.15	<b>Lunch and dedicated poster viewing time</b>		
13.15	<b>Trainees Meetup 1C</b>		
14.30 - 15.30	<b>End of Life Care</b> Can you die at home with comfort and dignity in 2025?	<b>Dementia</b> Disease Modifying Drugs For Alzheimer's Disease	<b>Platform Presentations</b>
15.30	<b>Head to Hall 1A for Guest Lecture at 15.45</b>		
15.45	<div>KEYNOTE</div> <b>Guest Lecture:</b> <b>Dr Jeremy Isaacs, National Clinical Director for Dementia and Older People's Mental Health</b>		
16.30 - 17.30	<b>Core20plus5</b> <b>Hall 1C</b>		
19.30	<b>Social programme: Dinner</b> Meet and engage with colleagues over dinner and dancing All welcome: Purchase tickets during registration		

**STREAM 1:** Hall 1A

**End of Life Care**

**Advance Care Planning**

**Moderator:** Helen Milbourn and Pippa Collins

9.30 - 10.30	<p><b>09.30 ACP in Parkinson's disease</b> Dr Alex Lindsay – Perez, Academic Clinical Fellow, Ageing and Movement Research Group, University of Bristol and Royal United Hospital</p> <p><b>10.00 Hospital admissions at the end of life: from home to hospital</b> Dr Sarah Hoare, Research Associate, Primary Care Unit in the Department of Public Health and Primary Care, University of Cambridge</p>
10.30	<b>Poster viewing time and coffee break</b>

**End of Life Care**

**Human Values**

**Moderator:** Sara Hopkins and Anna Street

11.00 - 12.00	<p><b>11.00 Advance Care Planning Experiences</b> Dr Sarah Combes, Research Fellow and Associate Clinical Nurse Specialist, University of Surrey/ St Christopher's Hospice (<i>remote</i>)</p> <p><b>11.30 Conversations with people living with severe frailty who are living through the last stages of life</b> Dr Pippa Collins, Advanced clinical practitioner – frailty, Dorset Healthcare University NHS Foundation Trust</p>
12.00	<b>Transfer time for all delegates to move to President's Poster Round</b>

**President's Round**

**Moderators:** Jugdeep Dhesi and Miles Witham

12.20- 13.15	<p>These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. See next page for full details</p>
13.15	<p><b>Lunch &amp; Dedicated poster viewing time</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a>. <b>Trainees Meetup</b></p>



**STREAM 1:** Room 1A

**President's Round**
**Moderators:** Jugdeep Dhesi and Miles Witham

These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.

12.30 Abstract 3054 **Use of Falls Risk Increasing Drugs in older people, before and after hospitalisation with a fall**

Paulah Crawford, Consultant pharmacist - Older people, Belfast HSC Trust

12.35 Abstract 3093 **Barriers and facilitators to engagement in fall interventions among older adults from ethnic backgrounds: a systematic review**

Shopeitha Ravithas, Medical Student, Southampton

12.40 Abstract 3129 **Attitudes and Perceptions of Chinese Older Adults toward the Use of Home-care Robots**

Prof Mei-chun Cheung, Associate Professor, Department of Social Work, The Chinese University of Hong Kong

12.45 Abstract 3177 **Sex Differences in the Associations Between Social Vulnerability, Frailty, 5-year Survival and Long-Term Care Home Entry**

Dr Jenna MacDonald, Resident Geriatric Medicine, Veteran Memorial Hospital

12.50 Abstract 3144 **Healthy Ageing in Place: Perspectives on 'Local' and Age-Friendliness in the Built Environment**

Dr Ragy Tadrous, Research Associate, University of Glasgow

12.55 Abstract 3175 **Symptom burden and impact on quality of life for those with advanced Parkinson's in a rural area**

Dr Rosanna Varden, ST5, Cumberland Infirmary

12.55 Abstract 3049 **Delirium prevalence in hospitalised inpatients across specialities: A review of a single hospital site.**

Dr Alexander Bulcock, ST7, Northern Care Alliance

13.00 Abstract 3153 **Comparison of Free-Cog with the Mini-Mental State Examination and Lawton-Brody Functional Scales**

Professor Ken Rockwood, Professor of Geriatric Medicine, Dalhousie University; Nova Scotia Health

13.05 Abstract 3170 **Factors associated with high adherence to secondary preventative medications 12 months after a stroke**

Dr Maeve D'Alton, Specialist Registrar, Connolly Hospital Blanchardstown

**Lunch & Dedicated poster viewing time**

Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

**Trainees Meetup 1C**

**STREAM 1:** Hall 1A

**End of Life Care**

Can you die at home with comfort and dignity in 2025

**Moderators:** Jugdeep Dhesi and Premilla Fade

**14.30 -  
15.30**

**14.30 What do people value most at the end of their lives**

Dr Frances Da Cunha, Retired GP and Trustee of Human Values in Health Care Forum

**15.00 Panel Discussion**

**15.30**

**Transfer time for all delegates to move to Hall 1A for Guest Lecture at 15.45.**

**KEYNOTE**

**Guest Lecture**

The NHS England dementia programme

**Moderator:** Jugdeep Dhesi

**15.45**

**Guest Lecturer Dr Jeremy Isaacs**

**National Clinical Director for Dementia and Older People's Mental Health**

**EDI – developing a Core20Plus5 framework for older people**

Ensuring equality and inclusion for older people using community and primary care services

**Moderators:** Claire Dow

Hall 1c

**16.30  
-17.30**

**16.30 Overview of the Core20plus5 Framework for older people**

Dr Adrian Hayter, GP and Medical Director RCGP

Group discussion to inform RCGP/BGS development of a Core20 Plus5 framework for older people facilitated by Dr Claire Dow, Consultant Geriatrician and Divisional Director of Medicine, Whipps Cross.

**19.30**

**Social programme: Dinner**

Meet and engage with colleagues over dinner and dancing

All welcome: Purchase tickets during registration

**STREAM 2:** Hall 1D

**Dementia**

## MDT approach to symptoms management

**Moderators:** Tomas Welsh and Jan Ritchie

9.30 - 10.30	<p>09.30 <b>Living with Dementia: Practical strategies and hopeful approaches</b> Rachel Thompson, Consultant Admiral Nurse, Lewy body dementia, Dementia UK &amp; Lewy Body Society</p> <p>10.00 <b>Communication in dementia</b> Ruth Sedgewick, SALT and Head of Office Northern Ireland, Royal College of Speech and Language Therapists (RSLT)</p>
10.30	<b>Poster viewing time and coffee break</b>

**Dementia**

## Diagnosing Dementia In The Unwell In-Patient

**Moderators:** Rachel Thompson and Alasdair MacRae

11.00 - 12.15	<p>11.00 <b>Diagnosing Dementia in the acute hospital inpatient</b> Professor Emma Reynish, Consultant Geriatrician, Professor of Dementia, Royal Infirmary, Edinburgh / University of Stirling</p> <p>Professor Sarah Pendlebury, Professor of Medicine and Old Age Neuroscience, University of Oxford and Associate Professor in Medicine and Old Age Neuroscience, Consultant Physician, OUH Clinical Lead for Dementia/delirium, John Radcliffe Hospital, Oxford</p> <p>Dr Callum Cruickshank, Specialty Doctor in Older Adult's Psychiatry, Royal Edinburgh Hospital and Speciality Doctor, MoE Liaison to Neurosurgery, Royal Infirmary of Edinburgh</p> <p>Alison Field, Admiral Nurse, Royal Lancaster Infirmary</p> <p>11.45 <b>Pharmacological BPSD management</b> Dr Chris Southwell, Consultant in Old Age Psychiatry, Southern HSCT</p>
12.20	<b>President's poster round - Hall 1A</b>
13.15	<p><b>Lunch</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a>.</p> <p><b>Trainees Meetup</b></p>

**STREAM 2:** Hall 1D

**Dementia**

**Disease Modifying Drugs For Alzheimer's Disease**

**Moderators:** Dula Alicehajic-Becic and Alasdair MacRae

<p><b>14.30 - 15.30</b></p>	<p><b>14.30 Administration and monitoring of novel Alzheimer's drugs</b> Dr Katherine Patterson, Consultant Geriatrician, Belfast Health and Social Care Trust</p> <p><b>15.00 Imaging issues related to Anti-amyloid antibody therapy in Alzheimer's disease</b> Dr Jagrit Shah, Consultant Neuroradiologist and Head &amp; Neck Radiologist, Queens Medical Centre, Nottingham</p>
<p><b>15.30</b></p>	<p><b>Head to Hall 1A for Guest lecture at 15.45</b></p>

## STREAM 3: Hall 1C

### Association of Academic Geriatric Medicine (AAGM) symposium

#### Polypharmacy and Optimised Prescribing

**Moderators:** Louise Allan and Vicky Goodwin

9.30 - 10.30	<p>09.30 <b>Starting with the end in mind - high-risk prescribing and medicines optimisation in primary care in Ireland</b> Professor Frank Moriarty, Associate Professor, Institutional Lead for Open Research, School of Pharmacy and Biomolecular Sciences (PBS), RCSI</p> <p>09.45 <b>Artificial intelligence for dynamic prescribing optimisation and care integration in multimorbidity</b> Professor Lauren Walker, Professor of Clinical Pharmacology &amp; Therapeutics and Internal Medicine, University of Liverpool</p> <p>10.00 <b>CHARMER</b> Professor Debi Bhattacharya, Professor of Behavioural Medicine, Director of the Pharmacist Independent Prescribing course, University of Leicester</p> <p>10.15 Panel Discussion</p>
10.30	<p><b>Poster viewing time</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a>.</p>

### Research into Ageing

#### Applying research in clinical practice

**Moderators:** Louise Allan and Emma Cunningham

11.00 - 12.00	<p>11.00 Improvement and implementation science - an overview Professor Annette Boaz, Professor of Health and Social Care, Director, NIHR Health and Social Care Workforce Research Unit, Better Health &amp; Care Future Co-director, KCL (remote)</p> <p>11.15 Using an implementation science approach to improve care home care Dr Jo Day, Research Fellow, NIHR Applied Research Collaboration South West Peninsula, Exeter</p> <p>11.30 How can organisations implement evidence effectively? Lessons from the front line Dr Frazer Underwood, Associate Clinical Professor and Consultant Nurse, Associate Director of Nursing for NMAHP Research, Co-Director of the South West Clinical School in Cornwall, Trust Innovation Leader Royal Cornwall Hospitals NHS Trust &amp; University of Plymouth</p> <p>11.45 Discussion</p>
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Thursday **10 April**

**Day 2**

## **STREAM 3:** Hall 1C

12.20	President's round - Hall 1 A
13.15	Lunch & Poster viewing time      Trainees Meetup 1C
<b>Platform Presentations</b>	
<b>Moderators:</b> Amit Arora and Iain Wilkinson	
14.30 - 15.30	14.30 <b>What geriatricians need to know from SNAP-3</b> Dr Claire Swarbrick, National Trainee Lead for SNAP-3, Centre for Research and Innovation Fellow at Royal College of Anaesthetists
	14.50 <b>Abstract 3052 Efficacy and safety of daridorexant in patients &gt;65years with insomnia</b> Mr Laurynas Petrikaitis, Senior Medical Science Liaison, Idorsia Pharmaceuticals
	15.05 <b>Abstract 3174 Air Filtration to prevent symptomatic winter Respiratory Infections in care homes: The AFRI-c cluster randomised controlled trial</b> Dr Tomas Welsh, Medical and Research Director (RICE) Consultant Geriatrician (RUH)

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Hall 1A	STREAM 2 Hall 1D	STREAM 3 Hall 1C
9.30 - 11.00	<b>Ageism</b> State of the Nations	<b>Renal Disease and Transplants</b> Admission and Treatment	<b>Intermediate care / Community health care</b>
11.00	<b>Dedicated poster viewing time</b>		
11.30 - 12.30	<b>Updates in...</b> Diabetes and Heart Failure	<b>Platform Presentations</b>	<b>Lightning Poster Round</b>
12.30	<b>Transfer time for all delegates to move to Hall 1A for Guest Lecture.</b> Presentation of Awards		
12.45-13.30	<div>KEYNOTE</div> <b>Marjory Warren Guest Lecture</b> <b>The future of geriatric medicine; learnings from the Covid pandemic</b> Dr Jennifer Burns Retired Geriatric Medicine Consultant and past BGS President		
13.30	<b>Lunch and poster viewing round</b>		
13.45	<b>NAHP Meetup 1C</b>		
14.30 - 16.00	<b>Closed</b>	<b>Education and Simulation</b> Frailty and Ageing Simulations	<b>Policy Session</b> BGS Strategic plan and #ChooseGeriatrics
16.00	<b>Closing Address</b> Closing words from the President		
16.15	<b>CONFERENCE CLOSE</b>		

## STREAM 1: Hall 1A

**Ageism****State of the Nations****Moderators:** Jugdeep Dhesi and Claire Dow

9.30 - 11.00	<p>09.30 <b>England: Ageism and its impact on older people's healthcare and health</b> Louise Jackson, Policy Manager, Health Influencing Age UK (<i>remote</i>)</p> <p>09.40 <b>Scotland</b> Adam Stachura, Associate Director of Policy, Communications and External Affairs</p> <p>09.50 <b>Wales</b> Rhian Bowen Davies, Older People's Commissioner for Wales (<i>remote</i>)</p> <p>10.00 <b>Northern Ireland</b> Siobhan Casey, Commissioner for Older People for Northern Ireland</p> <p>10.10 <b>Equal access to healthcare and services? - the Lived Experience of older people in Northern Ireland</b> Dr Paschal McKeown, Charity Director Age NI</p> <p>10.20 <b>The 'lived experience'</b> Anne Murray, Vice Chair of Age NI's Consultative Forum, and NI Frailty Network</p> <p>10.40 Panel Discussion</p>
11.00	<p><b>Poster viewing time</b> Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS Poster platform</a>.</p>

**Updates in Diabetes****Moderators:** Amit Arora and Alasdair MacRae

11.30 - 12.30	<p>11.30 <b>Diabetes in the older adult</b> Dr Glynis Magee, Consultant Endocrinologist and Diabetologist, Belfast Health and Social Care Trust</p> <p>12.00 Session close</p>
12.30 - 12.45	<p><b>Transfer time for all delegates to move to Hall 1A for Guest Lecture.</b> Presentation of Awards</p>

**KEYNOTE****Marjory Warren Guest Lecture****The future of geriatric medicine; learnings from the Covid pandemic****Moderator:** Amit Arora

12.45	<p><b>Dr Jennifer Burns</b> Retired Consultant Geriatrician and past BGS President 2020 - 2022</p>
13.30	<p><b>Lunch and dedicated poster viewing time</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a>.</p>

## STREAM 2: Hall 1D

**Renal Disease and Transplants****Moderators:** Amit Arora and Angeline Price

9.30 - 11.00	<p>9.30 <b>Frailty - why does it matter in kidney transplantation? (FRAILKT)</b> Dr Ruth Fergie, Specialist Registrar in Nephrology and Doctoral Research Fellow and Queen's University Belfast, Belfast Health and Social Care Trust</p> <p>10.00 <b>Older frailer patients with end-stage renal disease</b> Dr Andrew Mooney, Consultant Renal Physician and Honorary Clinical Associate Professor Renal Unit, St James's University Hospital, Leeds and Dr Virginia Aylett, Consultant geriatrician, Leeds Teaching Hospitals Trust</p> <p>10.30 <b>How UK Kidney Services Care for Older People with CKD (&amp; Why It Matters)</b> Dr Andrew Nixon, Consultant Nephrologist, Lancashire Teaching Hospitals NHS Foundation Trust</p>
11.00	<p><b>Poster viewing time</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a>.</p>

**Platform Presentations****Moderators:** Jan Ritchie and Angeline Price

11.30 - 12.30	<p>11.30 Abstract 3189 <b>Isomyosamine for the Treatment of Sarcopenia in Older Adults</b> Dr Mitchell Glass, President and CMO, TNF Pharmaceuticals (<i>remote</i>)</p> <p>11.45 Abstract 3134 <b>Effectiveness of the SmartJournal digital intervention on oral hygiene in nursing home residents: A cluster randomised trial</b> Dr Enes Karamehmedovic, PhD candidate, Oral health centre of expertise, Norway</p> <p>12.00 Abstract 3124 <b>Rehabilitation after an episode of delirium: Mixed methods process evaluation of the RecoverED multi-site feasibility study</b> Dr Shruti Raghuraman, Research Fellow, University of Exeter</p> <p>12.15 Abstract 3190 <b>End-of-Life Dementia Care: A Qualitative Study of the Experiences and Perceptions of Minority Ethnic and Economically Disadvantaged</b> Dr Louise Tomkow, Geriatric Medicine Consultant, Salford Royal Hospital</p>
12.30 - 12.45	<p><b>Transfer time for all delegates to move to Hall 1A for Guest Lecture.</b> Presentation of Awards</p>

**Education and Simulation****Moderators:** Jan Ritchie and Angeline Price

14.30	<p>14.30 <b>Current Challenges in Geriatric Medicine Education</b> Dr Will McKeown, Consultant Geriatrician and Stroke Physician, Antrim Area Hospital</p> <p>15.00 <b>Development of an Interprofessional Ageing and Frailty Simulation Experience within the Southern Trust</b> Dr Elaine Nelson, Consultant Geriatrician, Southern Health and Social Care Trust</p> <p>15.30 <b>Simulation Based Education in Advance Care Planning</b> Dr James Irvine, Geriatric Medicine Specialty Trainee, Northern Ireland Medical and Dental Training Agency</p>
16.00	<p><b>Closing words from BGS President, Professor Jugdeep Dhesi</b></p>

**STREAM 3:** Hall 1C**Intermediate care and Community Health Care****Examples from Ireland****Moderators:** Jane Lynch and Jan Ritchie

<b>9.30 - 11.00</b>	<p><b>09.30 St James's Hospital Integrated Care Programme for Older Persons Community Virtual Ward</b> Dr Rory Nee, Consultant Physician in Geriatric Medicine St James's Hospital, Dublin</p> <p><b>10.00 Meeting the Challenge-Integrated Care for Older Adults in Rural Areas</b> Dr Maria Costello, Consultant Geriatrician and Senior Lecturer in Geriatric Medicine, University Hospital Galway and University of Galway, Clinical Lead ICPOP Galway West</p> <p><b>10.30 Discussion</b></p>
<b>11.00</b>	<p><b>Poster viewing time</b> Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a>.</p>
<b>Lightning Round Posters</b> <b>Moderators:</b> Emma Cunningham and Vicki Goodwin	
<b>11.30</b>	<p>See next page for full details</p>
<b>12.30 - 12.45</b>	<p><b>Transfer time for all delegates to move to Hall 1A for Guest Lecture.</b> Presentation of Awards</p>
<b>13.45</b>	<p><b>Lunch &amp; Poster viewing time      Trainees Meetup 1C</b></p>



## STREAM 3: Hall 1C

## Lightning Round Posters

Moderators: Emma Cunningham and Vicki Goodwin

11.30	11.30 Abstract 3135 <b>Factors influencing fall prevention programmes: The challenge of implementing the FaME programme in a complex landscape.</b> Dr Jodi Ventre, Research Associate, University of Manchester
	11.35 Abstract 3136 <b>Improving Patient and Public Involvement (PPI) in Dementia Research: Building conditions for impact</b> Naomi Morley, Research Fellow, University of Exeter
	11.40 Abstract 3053 <b>Efficacy and safety of daridorexant in patients with chronic insomnia disorder and comorbid nocturia</b> James Khoo, Associate Director, Scientific Affairs, Idorsia Pharmaceuticals
	11.45 Abstract 3085 <b>Functionality in post-COVID 19 older adults vs older adults who have not suffered from COVID 19 attending Geriatric OPD</b> Dr Arundhati Sekhar Wariar, Trust grade Registrar General internal medicine, Kettering General Hospital
	11.50 Abstract 3097 <b>Nurses' Views and Perspectives of Pain Assessment and Management in Residents with Advanced Dementia in Long-term Care Settings</b> Ms Aprilia Grace Anthonetha Maay, Ph.D student, Queen's University Belfast
	11.55 Abstract 3102 <b>Practitioners? Perspectives on Medicine Optimisation for Older People from Ethnic Minorities with Polypharmacy in Primary Care</b> Ms Nesrein Hamed, PhD researcher, Aston University
	12.00 Abstract 3143 <b>Active and Connected: Place Utilisation to Enhance Physical and Social Activity in Mid-to-Older Adults</b> Dr Ragy Tadrous, Research Associate, University of Glasgow
	12.05 Abstract 3196 <b>Proxy indicators to support independent ageing-in-place in older people with frailty: a Delphi-style expert consultation survey</b> Schenelle Dlima, PhD researcher, University of Manchester
	12.10 Abstract 3162 <b>Reliability and Repeatability of a Portable Bio-Impedance Measurement Device in Early Parkinson's Disease</b> Dr Isobel Sleeman, ST6 Geriatrics & Internal Medicine, Aberdeen Royal Infirmary
	12.15 Abstract 3125 <b>A longitudinal observational study on older adults with increased-risk alcohol use and their nutritional status.</b> Sophie Crouzet, Medical Student, University of Southampton
	12.20 Abstract 3147 <b>Horizon Scanning for the Identification of Interventions for Prevention, Delay, and Treatment of Sarcopenia</b> Miss Raka Polyma, Medical student, University of Sunderland

**STREAM 3:** Room 1C**Policy Session**

## Shaping the BGS's strategic direction

	<p>This session will provide an overview of BGS's policy work and an opportunity to help shape BGS's strategic direction.</p> <p><b>14.30 Introduction to policy at BGS</b> Sally Greenbrook, Policy Manager, BGS</p>
<b>14.30 - 16.00</b>	<p><b>14.40 How we develop policy at BGS, including case study of assisted dying</b> Lucy Aldridge, Policy Coordinator, and Dr Andrew Stanners, Co-chair, Ethics and Law SIG</p> <p><b>15.15 Developing BGS's next strategic plan</b> Professor Jugdeep Dhesi, President and Dr Amit Arora, President Elect</p>
<b>16.00</b>	<b>Closing words from BGS President, Professor Jugdeep Dhesi</b>
<b>16.15</b>	<b>Conference Close</b>





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