

Autumn Meeting 2025

12 - 14 November

EMCC Nottingham & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're posting on X (formerly Twitter), tag us at **@GeriSoc** and use the hashtag **#BGSconf**. You can also tag us on Facebook and LinkedIn

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors

Bronze Sponsors: Pfizer and Pierre Fabre

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

Sponsorship of exhibition stands: Abbott, Alliance Pharmaceuticals, GlaxoSmithKlein, HSE, NIHR, Insightec, Nutrinovo, NHS Elect, Merz Pharma, Pierre Fabre, Pfizer Sanofi, and Theramex.

Guest Lecturer

Professor Simon Conroy

Professor of Geriatric Medicine, Barts Health
Simon is an academic geriatrician, based in London. With colleagues, he has been awarded funding exceeding £19 million and has published over 230 peer-reviewed papers. He led the Acute Frailty Network in England (2015-2021) and now leads a range of national improvement collaboratives in conjunction with NHS Elect.

Simon's ambition is to improve outcomes for older people living with frailty by embedding evidence based medicine into clinical practice ('campus to clinic' translational research). His research addresses different models of holistic and patient centred care, assessing feasibility as well as clinical and cost-effectiveness. His educational activities take an interdisciplinary perspective on developing and teaching knowledge locally (frailty services), nationally (BGS) and internationally (EUGMS & EAMA). Implementation of research findings into clinical practice is key, and best exemplified by work on the Silver Book and Silver Book II, the Acute Frailty Network and Specialised Clinical Frailty Networks.

KEYNOTE: Friday 14 November 12.45



More

information can be found at: <https://www.qmul.ac.uk/wiph/people/profiles/conroy-simon-.html>

KEYNOTE: Thursday 13 November 15.45



Guest Lecturer

Professor Cathal McCrory

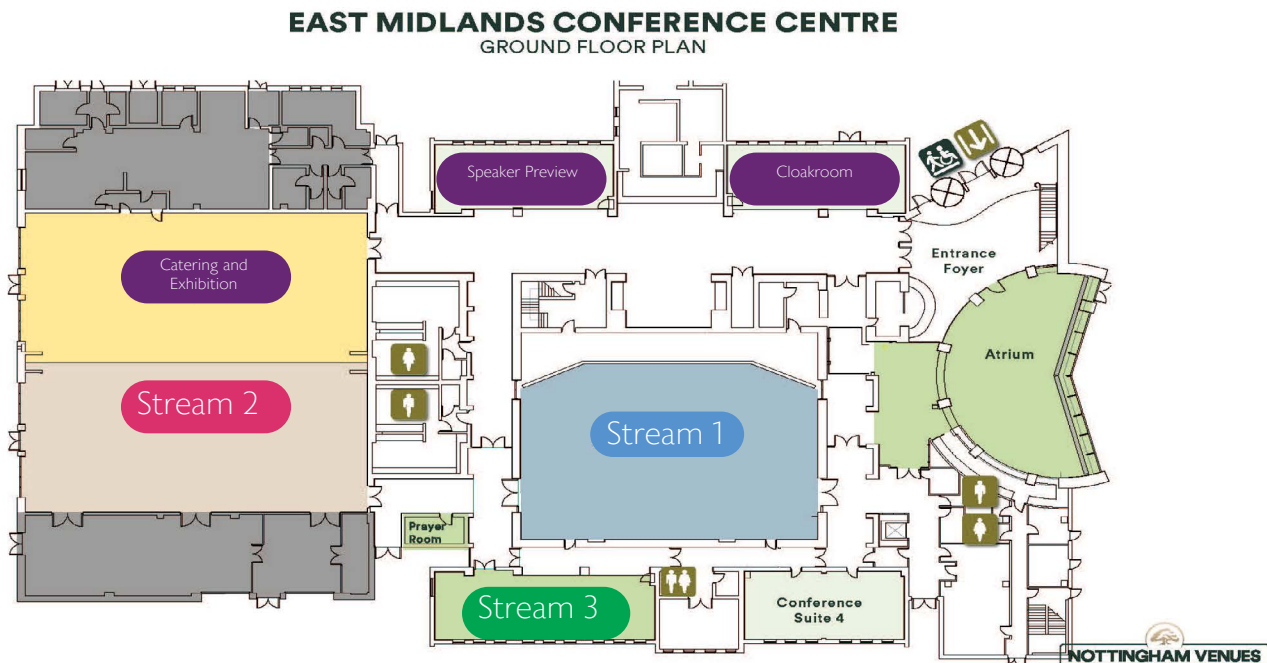
Professor of Life Course Development and Ageing Trinity College Dublin

Professor Cathal McCrory is Professor of Life Course Development and Ageing in the School of Medicine at Trinity College Dublin and Co-Principal Investigator of the Irish Longitudinal Study on Ageing (TILDA). A psychologist by disciplinary background, he is an established interdisciplinary researcher working at the nexus of social and biological sciences. Since 2006, he has been heavily involved with the two flagship longitudinal studies of development (Growing

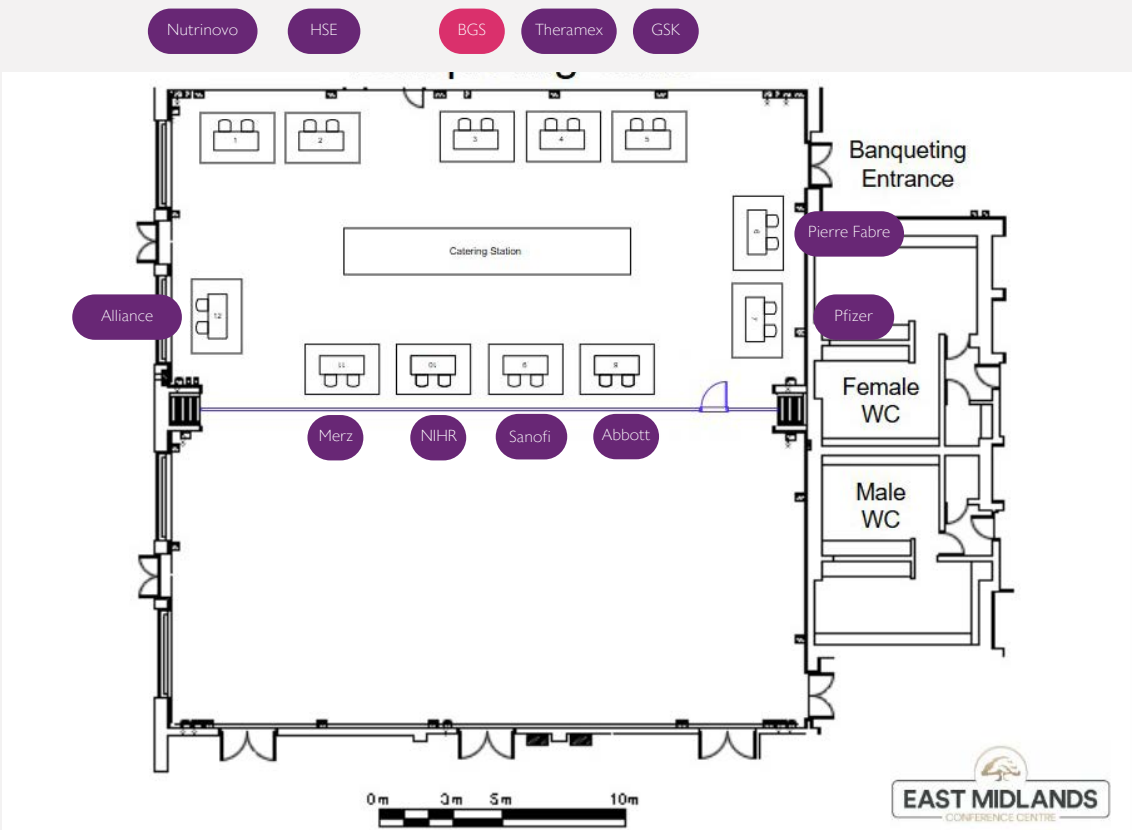
Up in Ireland) and ageing (TILDA) in Ireland. His research utilises population-level cohort data to explore social differentials in health and longevity across the life course, applying cutting-edge insights and methodological innovations from the social sciences to the study of biological ageing.

He has received a prestigious Emerging Investigator Award from the Health Research Board to explore social differentials in health and longevity using putative biomarkers of biological ageing including allostatic load, telomere erosion, and epigenetic clocks. He is Co-PI of a US-Ireland Partnership award funded by the National Institutes of Health (NIH) and Science Foundation Ireland (SFI) to examine cross-country differences in epigenetic ageing in the US, Republic of Ireland and Northern Ireland. He is also the recipient of an Irish Research Council Advanced Laureate Award to explore the role of DNA methylation as a biological intermediary between socio-economic position and health.

He is an Editorial Board Member of the Journals of Gerontology: Social Sciences; a Research Affiliate of the Economic and Social Research Institute (ESRI); a Member of the Expert Advisory Group to Growing Up in Ireland; and a Scientific Advisory Network member to the UK Centre for Longitudinal Studies (CLS). He is a visiting scientist at the Center for Population and Development Studies at Harvard University and contributor to Imperial College London's Environmental Epidemiology research group.



Exhibitors Map



Did you know?

Information

Share with your early stage career resident doctors and NAHPs

BGS

Geriatrics 4 Juniors (G4J)

15 November 2025

Hybrid - Nottingham & online



Programme highlights:

Registrar panel session: "Being the med reg"

Haematology

Polypharmacy

Frailty/Front Door Geriatrics

Stroke

Parkinson's disease

Dizziness

Delirium

Perioperative care for older people

Registration £63 @ www.bgs.org.uk/G4J25
Poster competition

Updates in Geriatric Medicine
for FY, IMT & GPVTS Doctors,
Students, Specialist Nurses
and Allied Health Professionals

BGS members have access to 50+ CPD hours via micro and elearning

BGS



elearning

Frailty
Delirium
Continence
Oncogeriatrics

**10 CPD
credits**

NEW

bgs.org.uk/elearning

On demand CPD
FREE for members – join today!

BGS



microlearning

Advance Care Planning
Visual Impairment

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite	STREAM 3 Conference Suite 3
8.30	Registration		
9.15	KEYNOTE President's Opening Address		
9.30 - 11.00	Dementia Brain Health	Healthcare in Community Settings The Three Shifts	Education in Geriatric Medicine Undergrad Gold Standard
11.00	Free time		
11.30 - 13.00	Dementia Complex Diagnoses	Healthcare in Community Settings Integrated Neighbourhood Teams	Education in Geriatric Medicine Multi-professional Education
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to catch up Look out for the signs indicating where to meetup.		
13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents Banqueting Suite This is a non-promotional talk organised and sponsored by Pfizer Ltd, intended for UK Healthcare professionals only.		
14.00 - 15.00	Dementia In Hospital Diagnosis	Healthcare in Community Settings Digital Enablement	Education in Geriatric Medicine Specialist Training
15.00	Free time		
15.30- 16.30	Dementia Future	Healthcare in Community Settings Clinical Frailty Masterclass	Education in Geriatric Medicine Specialist Training
16.30	Fringe: CARE (2025) Documentary Film. 36min. Join us for a screening of CARE. This documentary tells the story of one residential care home as they emerge from the pandemic.		
17.30	Social programme: Group Meetups with Mocktails Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce		

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10.30	Free time		
11.00 - 12.00	Tissue Viability Vascular, veins, vessels	Pain Community Management	Research Applying clinical research in clinical practice
12.15	President's round		
13.15	Lunch and dedicated poster viewing time		
13.15	NAHP Meetup Conference Suite 1 Trainees Meetup Conference Suite 2		
14.00	Sponsored Symposium Management Strategy in Overactive Bladder Pierre Fabre Ltd is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than this sponsored promotional symposium. Banqueting Suite		
14.30 - 15.30	Clinical Quality	Pain Headaches	NAHP COP Workforce
15.30	Head to Conference Hall for the Guest Lecture at 15.45 Presentation of Awards		
15.45	KEYNOTE Guest Lecture: Beyond biology: Integrating the social hallmarks of ageing Professor Cathal McCrory Professor of Life Course Development and Ageing Trinity College Dublin		
16.30 - 17.30	Lightning Round Banqueting Suite		
19.00	Social programme: Dinner in the Conference Theatre Meet and engage with colleagues over drinks and dinner All welcome: Tickets purchased during registration		

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite	STREAM 3 Conference Suite 3
9.30 - 11.00	Updates in... Heart and Renal Failure	Ethics and Law Assisted Dying	Addressing abuse against the older adult
11.00	Dedicated poster viewing time		
11.30 - 12.30	Updates in... Fatigue	Platform Presentations	Digital Health
12.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards		
12.45-13.30	KEYNOTE The future of geriatric medicine; learnings from the Covid pandemic Trevor Howell Guest Lecture Professor Simon Conroy Professor of Geriatric Medicine, Barts Health		
13.30	Spotlight on Session Sponsored by Pfizer Too Old to Diagnose? ATTR-CM in Older Adults Conference Theatre This is a non-promotional talk organised and sponsored by Pfizer Ltd, intended for UK Healthcare professionals only.		
13.45	Lunch and poster viewing round		
14.30 - 15.45	Infections	Closed	Policy Session
15.45	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

Dementia



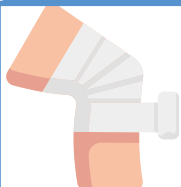
DAY 1
IN HOSPITAL DEMENTIA DIAGNOSIS
12 November 14.00
Stream 1

Healthcare in Community Settings

DAY 1
Proactive Frailty Whiteboard
and
Clinical Frailty Masterclass
12 November 14.30 - 16.30
Stream 2



Tissue Viability



DAY 2
Tissue Viability
Managing Peripheral Vascular Disease (PVD) 13
November 09.30 - 11.00
Stream 1

Pain

DAY 2
Headaches in the older adult
13 November 14.30 - 15.30
Stream 2



Updates in ...



DAY 3
Heart Failure in older patients
Alcohol and substance abuse
14 November 09.30
Stream 1

Assisted Dying

DAY 3
Assisted Dying
14 November 09.30 - 10.20
Stream 2



Infections



DAY 3
Respiratory and sexually transmitted infections
14 November 14.30
Stream 2

Trainees Council



Dr Victoria O'Brien
Co Chair, Trainees Council



Dr Julianaa Raghu
Co Chair Trainees Council



Dr Sarah True
Education and Training Rep



Dr Joyce Lau (Yun Yee)
Meetings and Events Rep

bgs.org.uk/WFC26

**3rd
WORLD FALLS
CONGRESS**

24-26 June 2026
Manchester University, UK

BGS British Geriatrics Society
Improving healthcare
for older people

World Falls Prevention Society

EUROPEAN FALLS FESTIVAL

Dates for your diary:

- Call for symposia
Closes 1 December 2025
- Call for abstracts
Closes 1 January 2026
- Early bird registration
Closes 24 March 2026

Guess the meds

Guess how many pills your patient is on and win the prescription!*

Enter now at the BGS stand in the exhibition hall



1

MEDICINE REVIEW

Review your patients' medicine. Unfortunately, they use one bottle to store all their medications... How many pills are in the jar?

2

DOCUMENT YOUR RESULTS

Leave your estimated total at the BGS stand with your name, job role/position, email and membership status.

*The closest guess wins the jar of pills (sweets) and free registration to a BGS conference. Results will be announced at the end of the conference on Friday at 15.30.

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Nottingham with you. We hope this Autumn Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights that Nottingham has to offer. Please sign up to these sessions during registration. Please see the below timetable to help plan your time.

SOCIAL PROGRAMME *This social programme is self funded, independent from our sponsor's support.

WEDNESDAY 12 November	THURSDAY 13 November	FRIDAY 14 November
Every Break and Lunch Group meetups Join colleagues after the sessions. We will have meet up points for specific interests. Please look out for the flags 16.30 Fringe: CARE (2025) Documentary Film. 36min. Join us for a screening of CARE. This documentary tells the story of one residential care home as they emerge from the pandemic. 17.30 Social meetup Join colleagues after the sessions for mocktails, networking and socialising Please indicate your attendance during registration.	Every Break and Lunch Group meetups Join colleagues after the sessions. We will have meet up points for specific interests. Please look out for the flags 13.15 NAHP Meetup and Trainees Meetup NAHP Meetup - Conference Suite 1 Trainees Meetup - Conference Suite 2 19.00 Dinner and Dancing in the Conference Theatre Join colleagues over dinner and drinks after the sessions. Please purchase tickets during registration.	Every Break and Lunch Group meetups Join colleagues after the sessions. We will have meet up points for specific interests. Please look out for the flags

Group Meet Ups explained

One of the most valuable aspects of attending a conference is the opportunity to meet others and grow your professional network. To help make this easy, we've created Meet-Up Points in the exhibition area, marked by flags featuring a shared theme or professional interest.

During breaks, head to one of these flags to:

- Meet colleagues working in similar areas
- Exchange ideas, experiences, and best practice
- Build connections that can support your work beyond the event

The themes of the Meet-up points are:

- Trainees
- SAS grade
- Nurse and AHP
- Healthcare in the Community
- Workforce
- Scientific Research
- Quality Improvement
- Education
- Leadership and Management
- Sustainability



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/25Aut) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

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STREAM 1: Conference Theatre

KEYNOTE

President's Opening address

09.15 Opening words from BGS President, Professor Jugdeep Dhesi

Dementia and Mental Health

Brain Health and the biology of the Ageing Brain

Moderators: Tomas Welsh and Rachel Thompson

9.30 - 11.00	09.30 The healthy ageing brain Professor Claudia Cooper Professor of Psychological Medicine and Centre Lead, QMUL
	10.00 Hearing Loss and Dementia, from Epidemiology to Clinical Trials Professor Sergi Costa-Freda, Professor of Psychiatry of Ageing, Mental Health of Older People and Consultant Psychiatrist, UCL (<i>remote</i>)
	10.30 Acoustic stimulation to promote cognitive and brain health. Professor Clare Anderson, Professor of Sleep and Circadian Science, University of Birmingham

11.00 **Poster viewing time and coffee break**
Visit the sponsored stands and view our submitted posters:

Dementia and Mental Health

Complex diagnoses

Moderators: Susan Shenkin and Claudia Cooper

11.30 - 13.00	11.30 Understanding and managing distress in dementia through Kitwood's model across care settings Melissa Grundy, Consultant Admiral Nurse for Frailty and Physical Health, Dementia UK
	12.00 Effects of the discontinuation of antihypertensive treatment on neuropsychiatric symptoms and quality of life in nursing home residents with dementia (DANTON) Professor Rosalinde Poortvliet, Associate professor, General practitioner and epidemiologist and Professor Jacobijn Gussekloo, Professor Primary Care, director Master's programme Health, Ageing and Society / Dean Honours Academy, Leiden University Medical Center. (<i>Remote</i>)
	12.15 Abstract 3758 Clinical and cost-effectiveness of the UCL Live Well with Parkinson's self-management toolkit - an RCT Kate Walters; Kumud Kantilal; Tasmin Rookes ; Mariam Adeleke; Gareth Ambler; Lina Gonzalez; Jiunn Wang, Rachael Hunter; Patricia Schartau; Catherine Atkinson; Benjamin Gardner; Nathan Davies; Anette Schrag
	12.30 Abstract 3767 Results of a randomised controlled study to reduce medication-related harm in older adults after hospital discharge Khalid Ali , Ekow Mensah, Jennifer M Stevenson, Stephen Nyangoma, Victoria Hamer, Nikesh Parekh, Chakravarthi Rajkumar, J Graham Davies, Morro Touray, Heather Gage, and Sally Fowler-Davis on behalf of study collaborators.
	12.45 Abstract 3814 The effects of an online psychoeducation programme on psychological outcomes in spousal caregivers of older adults with frailty Zhang Ning ; Chan Yue-lai Helen

STREAM 1: Conference Theatre

13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite
Dementia and Mental Health In Hospital Diagnosis Moderators: Rowan Harwood and Alison Yarnall	
14.00 - 15.00	14.00 Unrecognised delirium, undiagnosed dementia: how should we be managing cognitive spectrum disorders in the acute hospital? Professor Emma Reynish, Consultant Geriatrician, Professor of Dementia, Royal Infirmary, Edinburgh / University of Stirling Dr Callum Cruickshank, Specialty Doctor in Older Adult's Psychiatry, Royal Edinburgh Hospital and Speciality Doctor, MoE Liaison to Neurosurgery, Royal Infirmary of Edinburgh Alison Field, Admiral Nurse, Royal Lancaster Infirmary
15.00	Poster viewing time and coffee break
Dementia and Mental Health The future of Dementia, Delirium and Brain Health Moderators: Tomas Welsh and Rachel Thompson	
15.30 - 16.30	15:30 Join the co-chairs of the Dementia, Delirium and Brain Health Special Interest Group for a discussion about Dementia diagnosis, guidelines, treatment and other activities Dr Tomas Welsh, Medical and Research Director (Research Institute for Brain Health, ReMindUK) Consultant Geriatrician (RUH) and Rachel Thompson, Admiral Nurse Consultant, Lewy body dementia
16.30	Fringe: CARE (2025) Documentary Film. 36min. Join us for a screening of CARE. This documentary tells the story of one residential care home as they emerge from the pandemic. Facilitated discussion: Professor Adam Gordon, Professor of Care of Older People, Academic Centre for Healthy Ageing, Barts Health NHS Trust Queen Mary University of London Anita Astle, Registered Manager, Wren Hall Nursing Home Professor Andrew Newman, Prof of Cultural Gerontology, University of Newcastle
17.30	Group Meetups Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

STREAM 2: Banqueting Suite

Healthcare in Community Settings

The Three Shifts: How will this Change the Care of Older People in their Communities?

Moderators: Jugdeep Dhesi and Beth Pennington

9.30 - 11.00	09.30 The Ten Year Plan and forthcoming Workforce Plan Dr Claire Fuller, National Medical Director, NHS England
	09.50 Hospital to Community Dr Tom Downes, National Clinical Director for Older People, NHS England
	10.10 Analogue to Digital Dr Saif Ahmed, Clinical Lead for Digital Transformation, Health Innovation Manchester Associate Medical Director Tameside and Glossop ICFT (<i>Remote</i>)
	10.30 Integrating health and social care for people with complex needs in a neighbourhood Ben Collins, Programme Director for Integrated Care, and Dr Nittin Kumar, Clinical director, Hounslow Health and Care 10.50 Questions

11.00 **Poster viewing time and coffee break**

Healthcare in Community Settings

Integrated Neighbourhood Teams

What are the opportunities for Older People's Care to be improved?

Moderators: Holly Paris and Dan Harman

11.30 - 13.00	11.30 Developing Integrated Neighbourhood Teams What are integrated neighbourhood teams the solution for? Dr Helena Ebbs, GP, Clinical Director for Integration, Humber and North Yorkshire integrated Care Board
	12.00 Surrey Downs Health and Care Partnership: Whole System Approach - Left Shift, Right Shift Dr Malin Farnsworth, Consultant Geriatrician, Joint Clinical Director Surrey Downs Health and Care, Dr Nicola Kirby, GP Partner, Co-Medical Director Surrey Downs Health and Care, Banstead PCN Clinical Director and Dr Christopher Sin Chan, Consultant Geriatrician, Joint Clinical Director Surrey Downs Health and Care
	12.30 BGS and RCGP joint guideline on Deprescribing in context of Frailty Guidance Professor Tony Avery, GP, Professor of Primary Health Care and an NIHR Senior Investigator, University of Nottingham and NHS England Dr Robin Fackrell, Consultant Physician & Specialist in Parkinson's Disease and Related Disorders, Royal United Hospitals NHS Foundation Trust Dr Deborah Gompertz, Clinical Lead, Complex Care GP, South Somerset & BGS Honorary Secretary, Somerset Foundation Trust

13.00 **Lunch**

Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

STREAM 2: Banqueting Suite

13.00	Group Meetups Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.
13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite
Healthcare in Community Settings Digital Enablement Moderators: Deborah Gompertz and Careen Mullen-Mckay	
14.00 - 15.00	14:00 Sheffield digital networked MDTs: How can Geriatricians support multidisciplinary community team development Dr Natalie Vethanayagam: Consultant Geriatrician Acute Frailty, Northern General Hospital Sheffield and Mr Simon Froggatt, Consultant Practitioner (Community), Sheffield Teaching Hospitals NHS Trust 14:30 The Proactive Frailty Whiteboard: Enabling population health management with MDTs Dr Hein le Roux, GP, Churchdown Surgery, One Gloucestershire ICS Deputy Chief Medical Officer, Deputy Medical Director NHS England South West (<i>remote</i>)
15.00	Poster viewing time and coffee break
Healthcare in Community Settings Clinical Frailty Masterclasses Moderator: Anna Folwell	
15.30 - 16.30	15.30 Ten Top tips from an Ophthalmologist: Caring for the eyes of Older People Sunil Mamtara, Ophthalmologist, Bristol Eye Hospital (<i>Remote</i>) 15:50 Doing Ordinary Dying Well Dr Lucy Pocock, GP and NIHR Doctoral Research Fellow, Bristol Medical School 16:10 Deprescribing in Heart Failure Dr Lucy Pollock, Consultant Geriatrician, Taunton & Somerset NHST
17.30	Networking with drinks and canapes Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

STREAM 3: Conference Suite 3

Education in Geriatric Medicine Undergrad Gold Standard Moderator: Ellen Tullo and Grace Pearson	
09.30 - 11.00	09.30 Teaching Tomorrow's Doctors about Geriatric Medicine: Top Tips, Tech Tools and the Power of Patient Stories Dr James Fisher, Geriatrician, Northumbria Healthcare NHS Foundation Trust 10.00 Pharmacy Undergraduate training Jen Stevenson, Integrated Care Pharmacist/Honorary Senior Lecturer, Guy's and St. Thomas' NHS Foundation Trust 10.30 Step into Their World: Preparing Nurses for Caring for the older adult Michelle O'Reilly, Chief Nurse Clinical and Professional Development NHS Borders Headquarters
11.00	Poster viewing time and coffee break
Education in Geriatric Medicine Multi-professional Education Moderator: Angeline Price and Iain Wilkinson	
11.30 - 13.00	11.30 Embedding effective dementia education into undergraduate medical curricula Dr Ellen Tullo, Staff Grade/ Associate Specialist, Northumbria Healthcare NHS Foundation Trust 11.55 First steps towards hospital wide CGA - Educating the MDT Dr Claire Grout, Consultant geriatrician, and Sam King, Frailty Lead, Lister Hospital 12.20 Advanced Clinical Practitioner clinical curriculum development work in Torbay Dr Jenny Evans, Healthcare for Older People and General Medicine Consultant, Torbay Hospital and Dr Katharine Bhatt, GP and Clinical Lead, Frailty Virtual Ward, Torbay and South Devon Foundation Trust 12.45 Discussion
13.00	Lunch
13.00	Group Meetups Join colleagues over lunch to catch up. Exhibition area
13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite

STREAM 3: Conference Suite 3

Education in Geriatric Medicine Specialist training (HST and SAS) Moderator: Michael Vassallo and Sarah True	
14.00 - 15.00	14.00 The Frailty Academy: A System Wide Education and Workforce Development Programme Dr James Adams, Clinical Director for Integrated Frailty Services, Consultant Geriatrician Royal Surrey NHS Foundation Trust 14.30 Complex Communication Teaching- setting up a service and meeting needs of multi-professional teams Dr Sinead Henderson, Consultant Physician, Clinical Lead for Elderly Care, ReSPECT and EOLC, Surrey and Sussex NHS Trust
15.00	Poster viewing time and coffee break
Education in Geriatric Medicine Specialist training (HST and SAS) Moderator: Sinead Henderson and Grace Fisher	
15.30 - 16.30	15.30 How to identify and support trainees that require additional support" Dr Iain Wilkinson, Consultant Geriatrician, Surrey and Sussex Healthcare NHS Trust and VP Education BGS 16.00 The future of the Diploma in Geriatric Medicine: Broadening Horizons, Meeting New Needs Professor Mike Vassallo, Consultant Geriatrician, Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust
17.30	Group Meetups Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

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16.30 - 17.30	Lightning Round Banqueting Suite		
19.00	Social programme: Dinner in the Conference Theatre Meet and engage with colleagues over drinks and dinner All welcome: Tickets purchased during registration		

STREAM 1: Conference Theatre

Tissue Viability

Wound Dressing and Postural management

Moderator: Angeline Price and Stephen Lim

9.30 - 10.30	09.30 Right Dressing, Right Wound: A Practical Guide to Dressing Selection Samantha Rose, Lecturer in Adult Nursing, University of Salford and Debbie Chester Bessell, Teaching Fellows in Nursing, University of Salford 10.00 Postural care and seating in older adults Dr Melanie Stephens, Reader in Adult Nursing, University of Salford
10.30	Poster viewing time and coffee break

Tissue Viability

Vascular, veins, vessels

Moderator: Angeline Price and Stephen Lim

11.00 - 12.00	11.00 Foot care in older adults living with diabetes Kim Wilde, Lecturer Podiatry and Non-Medical Prescribing, University of Salford 11.30 Abstract 3700 The GOAL trial: Comprehensive geriatric assessment for frail older people living with chronic kidney disease Benignus Logan; A Viecegli; D Johnson ; T Comans; E Gordon; L Gray; C Hawley; L Hickey; M Janda; A Jaure; M Jose; C Kiriwandeniya; M Matsuyama; G Mihala; K Nguyen; E Pascoe; P Paul-Brent; J Pole; K Polkinghorne; C Pond; R Raj; D Reidlinger; N Scholes-Robertson; A Valks; G Wong; RE Hubbard
12.00	Transfer time for all delegates to move to President's Poster Round

President's Round

Moderators: Jugdeep Dhesi and Miles Witham

12.15- 13.15	These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs.
13.15	Lunch & Poster viewing time NAHP Meetup Conference Suite 1 Trainees Meetup Conference Suite 2

STREAM 1: Conference Theatre

President's Round

Moderators: Jugdeep Dhesi and Miles Witham

These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.

12.15 Abstract 3345 **Effectiveness of health coaching interventions on psychosocial outcomes among older adults: systematic review and meta-analysis**

Yufan Yang; Zhiwen Wang

12.20 Abstract 3403 **Accessing Healthcare for Parkinson's Disease in Kilimanjaro Region, Tanzania: A Challenge for Health Equity**

Harry Wilson; N Fothergill-Misbah; M Giblin; M Dekker; JJ Rogathi; S Urasa; D Mush; C Dotchin; R Walker; M Breckons

12.25 Abstract 3659 **The Effects of Unilateral Upper Limb Motor Control Training on Cognitive Function in Older Adults**

Hatice Sirin Ekici, Mehmet C Yildirim , Jemima Collins, Mathew Piasecki, *Bethan E Phillips, *Adam L Gordon

12.30 Abstract 3674 **Setting the Research Agenda for Co-existing Dementia and Hearing Conditions: A James Lind Alliance Priority Setting Partnership**

Eithne Heffernan; S Calvert; T Denning; E Broome; RV Spriggs ; N Ahmad, N Lerigo-Smith; H Henshaw

12.15-
13.15

12.35 Abstract 3675 **'Therapists' perspectives on a new structured tailored approach to rehabilitation after hip fragility fracture.**

Charlie Surman; Rhian Milton-Cole; Rebecca Edwards; Stefanny Guerra; Salma Ayis; Aicha Goubar; Nadine E Foster; Finbarr C Martin; Emma Godfrey; Ian D Cameron; Celia L Gregson; Nicola E Walsh; Anna Ferguson Montague; Jodie Adams; Catherine Sackley; Julie Whitney; Katie J Sheehan.

12.40 Abstract 3682 **Outcomes of Deprescribing for older people with Life-Limiting Conditions: A Systematic Review**

Rajeev Shrestha; E Shaw; L Mullen; D Sinclair; F Dewhurst; A Todd

12.45 Abstract 3736 **Exploring facilitators and barriers to engagement with technology among older adults with and without frailty**

Tricia Tay; F Chen; L Shepherd; M Fertleman; A Darzi; K Grailey

12.50 Abstract 3863 **Associations between accelerometry-measured physical activity, sleep, and mobility improvement in hospitalised older adults**

Natalie Wee; LC Heng; CY Chia; WQ Mok; JA Low; CY Cheong ; PLK Yap

12.55 Abstract 3879 **Sharing care home residents' individual-level data between health and social care: the Data Sharing Partnership project**

Susan Shenkin; S Powell; F Gruber; E Cadger; A Chong; S MacDonald; E MacDowell; C Henderson; R Hogg; A Anand; P Linksted

13.15

Lunch & Dedicated poster viewing time

Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

NAHP Meetup

Trainees Meetup

Thursday **13 November**

Day 2 Afternoon

STREAM 1: Conference Theatre

14.00	Sponsored Symposium Management Strategy in Overactive Bladder Mr Bob Yang, Urology Consultant, Royal Berkshire Hospital and The Urology Partnership. Pierre Fabre Ltd is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than this sponsored promotional symposium. Banqueting Suite
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Clinical Quality

Moderators: Natalie Offord and Thomas Barlett

14.30 - 15.30	14.30 BGS CQ Rising Star Award winner: Reconditioning with The Eat, Drink, Dress, Move (EDDM) Programme Jacqui Holmes, Operational Lead for Inpatient Physiotherapy, Kingston Hospital NHS Foundation Trust 14.45 Abstract 3843 Two Day Culture in a Two Hour World: Transforming an Urgent Community Response (UCR) Service through Quality Improvement (QI) James Adams and Michelle Bull 15.00 Abstract 3753 That's Not My Dad: Improving Delirium Care at Leeds Teaching Hospitals Sean Ninan; A Raycraft; B Baxter-Heyes; N Burnet 15.15 Panel Discussion
15.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture at 15.45. Presentation of Awards

KEYNOTE

Guest Lecture:

Moderator: Jugdeep Dhesi

15.45	Beyond biology: Integrating the social hallmarks of ageing Professor Cathal McCrory Professor in Life Course Development and Ageing within the Department of Medical Gerontology at Trinity College Dublin and Co-Principal Investigator of the Irish Longitudinal Study on Ageing (TILDA)
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3rd
**WORLD FALLS
CONGRESS**

24-26 June 2026
Manchester University, UK
www.bgs.org.uk/WFC26

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World
Falls Prevention
Society

EUROPEAN
**FALLS
FESTIVAL**



STREAM 2: Banqueting Suite**Pain and pain management**

Pain and medicines optimisation

Moderators: Alasdair MacRae and Henry Woodford

9.30 - 10.30	09.30 Pathophysiology of pain in older people Dr Kirsty Bannister, Principal Investigator of the Central Modulation of Pain Laboratory, Imperial College London (<i>remote</i>) 10.00 Analgesic medicines in older people Professor Roger Knaggs, Professor of Pain Management, University of Nottingham & Primary Integrated Community Services
10.30	Poster viewing time and coffee break

Pain and pain management

Pain management in Community Settings

Moderators: Louise Organista and Roger Knaggs

11.00 - 12.00	11:00 Community Based Pain Support Ruth Brady, Senior Health and Wellbeing Coach & Project Support, and Richard Cuthbert, Operation Coordinator, RethinkingPain 11:30 Community-based pain care - integrated support and pain cafes Luke Wilkinson, Health Team Leaders, Derby County Community Trust
12.15	President's poster round - Conference Theatre
13.15	Lunch & Poster viewing time NAHP Meetup Conference Suite 1 Trainees Meetup Conference Suite 2
14.00	Sponsored Symposium Management Strategy in Overactive Bladder Mr Bob Yang, Urology Consultant, Royal Berkshire Hospital and The Urology Partnership. Pierre Fabre Ltd is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than this sponsored promotional symposium. Banqueting Suite

STREAM 2: Banqueting Suite

Pain and pain management

Headaches

Moderators: Tahir Masud and Alasdair MacRae

14.30 - 15.30	14.30 Headaches in older people: Who, what and when to refer ? Dr Sarah Miller, Consultant Neurology, Greater Glasgow and Clyde 15.00 Neuromodulation for headaches Dr Kavita Poply, Consultant in Pain Medicine and Neuromodulation, St Bartholomew's Hospital and Senior Lecturer, Queen Mary University of London
15.30	Head to Conference Theatre for Guest lecture at 15.45
Lightning Round Banqueting Suite Moderators: Khalid Ali and Liam Jones	
16.30 - 17.30	See next page for full details

3rd WORLD FALLS CONGRESS

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FALLS
FESTIVAL



STREAM 2: Banqueting Suite**Lightning Round**

Banqueting Suite

Moderators: Khalid Ali and Liam Jones

Selected abstracts are accepted for the lightning round. Authors will have 3-minute window for a live summary presented at the meeting. There will be an additional 2 minutes for questions meaning a total of 5 minutes.

16.30 Abstract 3878 **Scottish Care Homes' Research Involvement and Priorities**

Sara Hassane and Abdelrahman Hassane

16.35 Abstract 3837 **Diagnostic ability of SARC-F according to muscle strength and physical performance tests**

Deniz Cengiz

16.40 Abstract 3508 **Exploring Older Patients' and Carers' Perceptions of Medication Change Communication During Inpatient Care**

Daniel Tsui

16.45 Abstract 3817 **Feasibility of a culturally adapted picture description task as a measure of cognition within the older adult population of Hai.**

Roberta Strassenburgh

16.50 Abstract 3657 **Short-term continence outcomes in men over 75 undergoing robotic-assisted radical prostatectomy**

**16.30
-17.30**

16.55 Abstract 3833 **Ascertainment of Delirium in older adults presenting to a primary care out of hours (OOH) service: a retrospective cohort study**

Anna Seeley

17.00 Abstract 3748 **Measuring extended Activities of Daily Living (eADLs) in 2025: What do older people and multidisciplinary professionals think?**

Sophie Hay

17.05 Abstract 3869 **Framework-Guided Domain Mapping of Adverse Drug Events in Older Adults: A Scoping Review of Intersectional Risks**

Fatima Sabir

17.10 Abstract 3841 **Characterising Gait Speed and Functional Phenotypes in Healthy versus Non-Healthy Older Adults Using AI-Enabled Assessment**

Naomi Davey

17.15 Abstract 3882 **Sharing care home residents' individual-level data between health and social care: a qualitative evaluation of the Data Sharing**

Susan Shenkin

19.00

Social programme: Dinner in the Conference Theatre

Meet and engage with colleagues over drinks and dinner

All welcome: Tickets purchased during registration

STREAM 3: Conference Suite 3

Association of Academic Geriatric Medicine (AAGM) symposium

From Diverse Methods to Shared Vision: Setting UK Care Home Research Priorities

Moderators: Adam Gordon and Lynn MacDiarmid

9.30 - 10.30	09.30 What questions do care home residents, relatives, and staff ask, and which are the most important? Reena Devi, Associate Professor in Applied Health and Care Research, University of Leeds and Liz Graham, Associate Professor, University of Leeds / Bradford Teaching Hospitals NHS Foundation Trust 09.45 Research Priorities and Participation in Scottish Care Homes Maria Drummond, Team Leader, ENRICH Scotland and Susan Shenkin, Professor of Healthcare for Older People, Ageing and Health, University of Edinburgh & Honorary Consultant Geriatrician NHS Lothian 10.00 Identifying research priorities in older adult care homes and mapping to existing data sources: the PREACH study Lisa Irvine, Senior Research Fellow, University of Hertfordshire 10.15 Panel Discussion
10.30	Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.

Research into Ageing symposium

Preventing falls through exercise; lessons learnt from implementing evidence-based falls prevention interventions in different healthcare contexts and countries

Moderators: Dawn Skelton and Vicky Goodwin

11.00 - 12.00	11.00 Introducing FaME and lessons learnt about real world effectiveness, fidelity, reach and spread in England Professor Liz Orton, Professor of Public Health, University of Nottingham 11.10 FaME Ireland - Building the case: Understanding facilitators and barriers to rolling out FaME in Ireland Ruth McCullagh, Lecturer in Physiotherapy at the School of Clinical Therapies, University College Cork 11.20 Cambridge - Evaluation of the Cambridge falls pathway Helen Hawley-Hague, Senior Lecturer, University of Manchester 11.30 Dance Otago – Effectiveness and acceptability of adapting dance classes to include OTAGO to improve reach – findings from the Hampshire evaluation Iona Bateman 11.40 Preventing falls through exercise; lessons learnt from implementing evidence-based falls prevention interventions in different healthcare contexts and countries Professor Denise Kendrick, Professor of Primary Care Research, Faculty of Medicine & Health Sciences, University of Nottingham
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STREAM 3: Conference Suite 3

12.15	President's round - Conference Theatre
13.15	Lunch & Poster viewing time NAHP Meetup Conference Suite 1 Trainees Meetup Conference Suite 2
14.00	Sponsored Symposium Management Strategy in Overactive Bladder Mr Bob Yang, Urology Consultant, Royal Berkshire Hospital and The Urology Partnership. Pierre Fabre Ltd is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than this sponsored promotional symposium. Banqueting Suite

NAHP Community of Practice

Workforce and Education

Moderators: Lyndsey Dunn and Susanne Arnold

14.30 - 15.30	Nurse and AHP Workforce Across 4 Nations – Challenges and Achievements. Achieving educational aims despite short staffing Speakers include: Hannah Goddard, Advanced Clinical Practitioner in Frailty, South Warwickshire Foundation Trust England Stacey Finlay, Deputy Manager and BGS NI NAHP rep, Healthcare Ireland (<i>Remote</i>) Careen Mullen Mackay, Nurse Consultant, NHS Tayside Perth & Kinross Health & Social Care Partnership Scotland
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Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite	STREAM 3 Conference Suite 3
9.30 - 11.00	Updates in... Heart, kidneys and Liver	Ethics and Law Assisted Dying	Addressing abuse against the older adult
11.00	Dedicated poster viewing time		
11.30 - 12.30	Updates in... Fatigue	Platform Presentations	Digital Health
12.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards		
12.45-13.30	KEYNOTE Trevor Howell Guest Lecture The future of geriatric medicine; learnings from the Covid pandemic Professor Simon Conroy Professor of Geriatric Medicine, Barts Health		
13.30	Spotlight on Session Sponsored by Pfizer Too Old to Diagnose? ATTR-CM in Older Adults Conference Theatre This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only.		
13.45	Lunch and poster viewing round		
14.30 - 15.45	Infections	Closed	Policy Session
15.45	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

STREAM 1: Conference Theatre

Updates in Hearts, Kidneys and Liver**Moderators:** Dula Alicehajic-Becic and Amit Arora

9.30 - 11.00	09.30 Heart Failure in older patients Dr Chris Critoph, Consultant Cardiologist, Royal Bournemouth Hospital (<i>remote</i>)
	10.00 Frailty and end-stage renal disease Dr Virginia Aylett, Consultant geriatrician, Leeds Teaching Hospitals Trust
	10.30 Alcohol and the Older Person Richard Gray, Nurse Specialist/Independent Prescriber, Nottingham Recovery Network and Chloe Sheppard, Alcohol Pathway Lead, RN / DALT / Co-existing substance use and mental health, , Nottingham Recovery Network
11.00	Poster viewing time Visit the sponsored stands and poster viewing time

Updates in Tiredness**Moderators:** Angeline Price and Amit Arora

11.30 - 12.30	11.30 Post-stroke fatigue Professor Gillian Mead, Professor of Stroke and Elderly Care Medicine, University of Edinburgh
	12.00 Management of Chronic Fatigue Syndrome/ Myalgic encephalomyelitis Mandy Buckley, Specialist Physiotherapist in Back Pain, Nottinghamshire Community Pain Pathway
12.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards

KEYNOTE**Trevor Howell Guest Lecture****Moderator:** Amit Arora

12.45	Frailty Attuned Healthcare 1936 - 2025+ Professor Simon Conroy Professor of Geriatric Medicine, Barts Health
13.30	Spotlight on Session Sponsored by Pfizer Too Old to Diagnose? ATTR-CM in Older Adults Dr Will Moody Consultant Cardiologist, Queen Elizabeth Hospital, Birmingham This is a non-promotional talk organised and sponsored by Pfizer Ltd, intended for UK Healthcare professionals only.
13.45	Lunch and dedicated poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website .

Infections**Moderators:** Richard Biram and Tahir Masud

14.30 - 15.30	14.30 Spread and Control of Respiratory Viral Infections on Medicine for Older People Wards: Lessons from Genomics, Airborne Science and Real-World Trials Dr Matthew Butler, Consultant - Geriatrics, Addenbrooke's Hospital Cambridge
	15.00 Sexually transmitted infections in older people Sathish Thomas William, Consultant in GUM/HIV, Taunton and Somerset NHS Foundation Trust

STREAM 2: Banqueting Suite**Ethics and Legal****Assisted Dying****Moderators:** Martin Vernon and Andrew Stanners

	09.30 Formulating the British Geriatrics Society's position and response BGS Assisted Dying Working Group Dr Liz Davis, Consultant Geriatrician, Aintree Hospital Lead for Assisted Dying issues at the Royal College of Psychiatrists Dr Annabel Price, Consultant Liaison Psychiatrist, Cambridgeshire and Peterborough Foundation Trust (Addenbrookes Hospital)(<i>Remote</i>)
9.30 - 11.00	BGS End of Life Care SIG Representative Dr Sarah Hopkins, Joint British Geriatrics Society and The Dunhill Medical Trust Clinical Doctoral Fellow, University of Cambridge 10.00 A "fireside chat" Dr Andrew Stanners, Consultant Physician, Pinderfields Hospital and co-chair Ethics and Law SIG and Professor Rowan Harwood, Professor of Palliative and End of Life Care, honorary Consultant Geriatrician, University of Nottingham, Nottingham University Hospitals 10.30 Extended Q&A
11.00	Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.

Platform Presentations**Moderators:** Martyn Patel and Nathalie Van Der Velde

	These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 15 minutes to present their work.
11.30 - 12.30	11.30 Abstract 3690 Efficacy and safety of statin discontinuation in older people living with frailty: a UK population-wide study. Anna Seeley; A Wang; J Sheppard 11.45 Abstract 3708 Implementing the Action Falls programme into care homes in England (the FinCH Imp study) Fran Allen, P Logan, J Darby , K Robinson , F Hallam-Bowles S Burgess 12.00 Abstract 3845 The future of clinical trials? Monitoring mobility as an outcome measure in Parkinson's disease: The Mobilise-D study Alison Yarnall; L Alcock; C Schlenstedt' C Becker; J Buekers; B Caulfield; A Cereatti; S Del Din; J Garcia-Aymeriche; C Hansen; M Long; D Singleton; P Ginis; H Gassner; A Nieuwboer; JM Hausdorff; A Mirelman; L Rochester; W Maetzler 12.15 Abstract 3726 Navigating Primary Care with Hearing Loss: A Mixed Methods Study of Lived and Professional Experiences in the UK Eithne Heffernan; K Ayling; C Ewart; S Smith; S Calvert; D Maru; J Straus; T Denning; H Henshaw
12.30 - 12.45	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards

STREAM 3: Conference Suite 3**Addressing abuse against the older adult****Safer Ageing and Stopping Abuse****Moderators:** Iain Wilkinson and Eva Kalmus

9.30 - 11.00	Safer Ageing and Stopping Abuse – How to recognise abuse, and what to do about it afterwards Abuse in older adults is as prevalent as intimate partner or child abuse with 20% of adults over 60's experiencing some form of abuse in a given year. Yet how to recognise abuse and what to do with it afterwards is given scant attention within undergraduate or post-graduate curriculum. Join this informative and interactive workshop to learn how to better recognise the different forms of abuse, in particular how to recognise and differentiate accidental injury from physical abuse; alongside other pertinent features in the history, and importantly what to do after this has been recognised. Dr Gary Jevons, ST7 Geriatric and General Internal Medicine, Manchester University Foundation Trust, Wythenshawe Hospital and Dr Mary Harrington, retired Consultant Geriatrician, medicolegal expert witness 10.30 Abstract 3584 Too Frail to Fail: Frailty and the limits of resuscitation Soumia Lakehal; H Shahbaz1; S Lakehal 1; D Alicehajic-Becic 2 10.45 Abstract 3684 Effects of acute hospitalisation on characteristics of acute sarcopenia in older adults: a systematic review and meta-analysis Thomas Cartledge; Q Tan 1 2; L Jones 1; T Becque 3; K Ibrahim1 4 5; S Lim
11.00	Poster viewing time
Session Digital Health Innovative technology for the three shifts Moderators: Gary Jevons and Sarah True	
11.30	11.30 Wearables to monitor hydration Keerthi Busana, CEO and Founder and Hemanth Talupula, Co-founder, Ellyfe 11.50 Categorizing leg ulcers based on severity Dr Usama Khan, Medical SHO, Mid and South Essex Foundation Trust 12.10 Insomnia in older patients Dr Dimitri Gavriloff, Sleep Medicine Consultant, Big Health Ltd Clinical Course Tutor in Sleep Medicine/Research Clinical Psychologist, Sleep and Circadian Neuroscience Institute, University of Oxford Director - Sleep Well Oxford (<i>remote</i>)
12.30 - 12.45	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards
13.45	Lunch & Poster viewing time

Policy session

14.30 - 15.30	The Next Decade of Care: Delivering the 10-Year Health Plan This session will explore the commitments made in England's 10 Year Health Plan and the impact that the Plan will have on the delivery of older people's healthcare. We will delve into the three shifts from the Plan and discuss how they will improve care for older people. In the second part of the session we will share the BGS's priorities for the next three years, as set out in our new Strategic Plan 2026/29.
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British Geriatrics Society
Improving healthcare
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Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Email registrations@bgs.org.uk
Website www.bgs.org.uk