

Autumn Meeting

24 - 26 November 2021Online

Helpful hints:

Attendance

Attendance should be recorded automatically. You will receive a CPD certificate for the live days you have joined online only. Attendance post-event won't be certified but certificates are not required to claim CPD.

Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in. For the tweeters @GeriSoc using #BGSconf.

Get Social

Socialise: Arrange 1-to-1 chat with other participants, join a socialising event or interact in a group discussion. See the programme for social activities and watch this <u>video for help using the Swapcard features</u>

Visit our sponsors

Challenge yourself - Please review the symposia and spotlight sessions, and consider spending 5 minutes during the next 3 days to speak to a sponsor.

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Medtronic

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Start	End	Session title	Details
08:00:00	17:30:00	Platform and poster presentations	Browse our exhibition virtual booths, download material and schedule meetings with our exhibitors.
08:00:00	17:30:00	Exhibition opens	View and comment on the posters on-demand All abstracts are published in a supplement for Age and Ageing once the meeting is over. Authors are advised as to what issue this will be in by email.
08:30:00	09:15:00	Nurses and AHP Council Breakfast Zoom	Moderators: Mrs Lucy Lewis and Dr Frazer Underwood Please join us on on Zoom. Catch up with other Nurse and AHP colleagues. Say farewell to outgoing chair, Lucy Lewis and vice chair, Frazer Underwood and welcome the incoming post holders
09:15:00	09:30:00	Intro and welcome Studio 6	Dr Jennifer Burns, BGS President Join Dr Jennifer Burns, BGS President opening the Autumn Meeting 2021 with announcements about the meeting, the past 6 months and looking ahead.
09:30:00	11:00:00	Community Geriatrics #1 Integrating services and Cross organisational working Moderators: Dr Victoria Keevil and Ms Lucy Lewis Studio 4	09.30 System Wide Frailty Programme where it relates to provision of acute care in the community Professor Simon Conroy, Professor of Geriatric Medicine 10.00 Linking health and social care data to support those living in care homes: challenges and opportunities Dr Jenni Burton, Clinical Lecturer and St6, University of Glasgow 10.15 Research in Care Homes: Lessons from the COVID-19 pandemic Professor Adam Gordon, BGS President Elect, Consultant Geriatrician, Derby Teaching Hospitals NHS Foundation Trust 10.30 Discussion
09:30:00	11:00:00	Cardiovascular emergencies in the older adult Session #1 The heart of the matter Moderators; Dr Lara Mitchell and Ms Carys Barton Studio 5	09:30 The burden and interplay of CVD & Frailty Professor Rose Anne Kenny, Consultant Geriatrician, St James's Hospital Dublin, Ireland 10:00 Acute chest pain in the older adult Dr Iqbal Malik, Consultant Cardiologist and Clinical Lead for Structural Heart Disease, Imperial College Healthcare NHS Trust 10:20 Acute heart failure in the older adult Dr Clare Murphy Consultant Physician and Cardiologist, Chair: NHS GGC Heart MCN Heart Failure subgroup Clinical Lead: Heart Failure Hub Scotland, Royal Alexandra and Vale of Leven Hospitals NHS Greater Glasgow and Clyde 10.40 Panel discussion
11:00:00	11:30:00	Free time	
11:00:00	11:15:00	Spotlight on Session Sponsored by Medtronic	Best Practice Example of loop recorder referral services for elderly care; How loop technology has changed. Mr Christopher Monkhouse Lead Cardiac Physiologist, St Barts Hospital.
11:00:00	11:30:00	Specialities meet up points - Retired Members	This Group Meet up is for retired members, and those wishing to reconnect with retired colleagues, to catch up with friends and past colleagues, some of whom you may not have seen for a while. This is a wonderful opportunity to get together in the new virtual world we all now seem to inhabit, so we do hope that you will consider joining us
11:30:00	13:00:00	Community Geriatrics #2 Anticipatory Care Moderators: Dr Rebecca Watt and Dr Esther Clift Studio 4	11.30 Randomised trial of admission avoidance hospital at home with CGA Professor Sasha Shepperd, Professor of Health Service Research, Nuffield Department of Population Health University of Oxford 12.00 Case Histories from sites around the UK and internationally See pages 22- 29 for details

Start	End	Session title	Details
11:30:00	13:00:00	Workshop: The Role of the Expert Witness in upholding good practice in Older Peoples care Moderator: Mr Cliff Kilgore Studio 6	The Role of the Expert Witness in upholding good practice in Older Peoples care This session will describe the level of expertise, skills and knowledge required to be an Expert Witness and give practical examples of the role, from experience. There is currently a significant shortage of older people's Nurse and AHPs who undertake Expert Witness work for the legal profession. Older People, their families and specialty professionals need to have access to skilled Consultant Nurse / AHP level professionals who can undertake this work, which can be done alongside a substantive post. The presentation will illustrate how the role provides opportunities to undertake reports for a variety of legal authorities. Examples include civil litigation, professional regulators, Police, Crown Prosecution Service, Immigration appeals, Inquests, Health & Safety Executive and the Court of Protection.
11:30:00	13:00:00	Cardiovascular emergencies in the older adult Session #2 Collapses and funny turns Moderators; Dr Atul Anund and Dr Shahbaz Roshan Studio 5	11.30 Syncope at the front door Dr Lara Mitchell, Consultant Geriatrician, Queen Elizabeth University Hospital, Glasgow and Chair BGS Cardiovascular SIG 11.50 Emergency arrhythmia management Prof Richard Schilling, Consultant Cardiologist The William Harvey Research Institute - Barts and The London and Queen Mary University of London 12.10 Managing Acute pulmonary embolism at the front door Dr Katie Pink, Consultant Respiratory Physician Llandough Hospital, Cardiff 12.30 Q&A panel discussion
13:00:00	14:00:00	A Policy Conversation Zoom	BGS's Policy Manager will be in conversation with two prominent BGS members about how the policy landscape is developing and their hopes and fears for the future of older people's health policy. This session will be suitable with an interest in health policy, regardless of experience. Dr Eileen Burns and Dr Shelagh O'Riordan will join BGS policy manager Sally Greenbrook in conversation.
13:00:00	14:00:00	Lunch break and Exhibition	
13:00:00	14:00:00	Fringe: Film Club Zoom	The Film Club returns! This meeting will dicuss 'Limbo' by Lotje Sodderland, a short 19-minute film that beautifully explores the crisis of care for older people that was made worse by the pandemic. The film has won several prestigious awards including a BAFTA Lotje, the film director, will join us for a Q&A with her partner, Pierre, who is a care worker. Piere was the inspiration for her to make the film.
14:00:00	15:00:00	Community Geriatrics #3 Enhanced care in Care homes Moderators; Ms Nicky Hayes and Ms Heide Baldwin Studio 4	14.00 Platform presentation 683 Understanding how discharge services for older patients can bridge the gap between hospital, community and social care Elaine O'Connell Francischetto; Janet Jones; Kerry Allen; Gill Combes; Sarah Damery 14.15 Case Presentations from sites around the UK and internationally See pages 22- 29 for details
14:00:00	15:00:00	Cardiovascular emergencies in the older adult Session #3 The patient with: Moderators; Dr Amy Jones and Dr Isuru Induruwa Studio 5	14:00 Elevated blood pressure in the older adult Dr Neil Chapman, Clinical lead hypertension and cardiovascular disease prevention (consultant physician, honorary senior lecturer, lead), Hammersmith Hospital 14.20 Unilateral weakness Dr Ajay Bhalla, Consultant Stroke Physician, St Thomas' Hospital 14.40 A fall and a new murmur Dr Atul Anand, Consultant and Senior Clinical Research Fellow, Royal Infirmary, Edinburgh
15:00:00	15:30:00	Free time	
15:30:00	16:30:00	Meet up: BGS Green Issues Chat Room Moderators: Dr Bethan Davies and Dr Katrina Davies Zoom	This session will cover an overview of the current position, and key targets for the NHS. It will cover how you can help, essential resources, networks and partnerships.
15:30:00	16:30:00	Cardiovascular emergencies in the older adult Session #4 Old and New Moderator: Dr Shahbaz Roshan Studio 5	15.30 Using technology at the front door Dr Michael Trauer, Emergency Medicine Consultant, St Thomas' Hospital

Day 1 Afternoon

Start	End	Session title	Details
15:30:00	16:30:00	NAHP COP Research #3 Zoom	Nurse and Allied Health Professionals interested in research to improve healthcare for older people. Who should join: All Nurse and Allied Healthcare professionals providing healthcare to older people interested in developing skills and abilities in research. This session aims to improve attendees' skills in research projects to improve healthcare for older people, inspire attendees to achieve personal excellence in their projects and share focused best practice presentations and the latest research approaches. We hope you will takeaway new connections and develop support network
15:30:00	16:30:00	Community Geriatrics #4 Rapid Response Moderators: Dr Amy Heskett and Jacqueline Thompson Studio 4	15.30 Delirium in the Context of Parkinsons Disease: Infection or Medications? Dr Amy Heskett, Community Trust Associate Specialist, Kent Community Health NHS Foundation Trust 15.45 Case presentations from sites across the UK and internationally See pages 22- 29 for details
15:30:00	16:30:00	Big Data: Adapting Hospital Electronic Health Records (EHR) to improve the care of Older people Moderators: Dr Katherine Walesby and Dr Oly Todd Studio 6	15.30 Overview of Electronic Health Records and what they can offer the care of older people Professor Simon Conroy, Professor of Geriatric Medicine, UCL, London 15.45 Embedding frailty assessment into Glasgow and Greater Clyde Dr Lara Mitchell, Queen Elizabeth University Hospital, Glasgow 16.00 Integrating CGA into EPIC in Cambridge Dr Victoria Keevil and Dr Matthew Butler, Consultant - Geriatrics & Stroke Medicine, Addenbrookes Hospital Cambridge 16.15 Improving delirium detection and management using EHR in Salford Dr Emma Vardy, Salford Care Organisation, part of Northern Care Alliance 16.30 Big Data Platform Presentation Abstract 825 Development of the Anticholinergic Medication Index (ACMI) K Best; S Alderson; D Alldred; L Bonnet; I Buchan; O Butters; A Farrin; R Foy; O Johnson; C McInerney; D Mehdizadeh; T Lawton; R Rodgers; E Teale, L Walker; R West; B Young; M Pirmohamed; A Clegg
16:45:00	17:15:00	Community Geriatrics #5 Training and workforce issues Moderator: Dr Shelagh O'Riordan Studio 4	Debate: Should Community Geriatric Medicine be a sub-specialty? Motion: This house believes we are disadvantaging trainees (StRs and ACPs) by not allowing them to do sub-specialty training in Community Geriatrics
16:45:00	17:15:00	Big Data Adapting Hospital Electronic Health Records (EHR) to improve the care of Older people Moderators: Dr Katherine Walesby and Dr Oly Todd Studio 6	Open discussion: How to progress the adaption of EHR to care of older people A panel of experts including Professor Andrew Clegg; Professor Simon Conroy; Dr Atul Anand; Dr Lara Mitchell; Dr Cini Bhanu, Doctoral Research Fellow, London; Dr Chris Wilkinson, NIHR clinical lecturer in cardiology, Newcastle University; Dr Victoria Keevil; Dr Daniel Jones; Dr Matthew Butler; Dr James Van Oppen, Clinical Research Fellow & Specialty Registrar in Emergency Medicine, University of Leicester & University Hospitals of Leicester NHS Trust; Dr Jonathan Hewitt; Dr Joe Hollinghurst; Dr Terence Quinn; Dr Stephanie Harrison; Dr Jenni Burton; Dr Marc Osterdahl, Clinical Research Fellow, King's College London; Dr Jane Masoli and Dr Richard Dodds.

Day 2 Morning

Thursday, 25 November 2021				
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08:00:00	17:30:00	Platform and poster presentations	View and comment on the posters on-demand All abstracts are published in a supplement for Age and Ageing once the meeting is over. Authors are advised as to what issue this will be in by email.
08:0:00	17:30:00	Exhibition opens	Browse our exhibition virtual booths, download material and schedule meetings with our exhibitors.
08:30:00	09:00:00	Meditation and movement	We'll be running a movement and meditation session to get your mind and body ready to engage with our presenters
08:30:00	09:00:00	Social Coffee	Join others for a social coffee - Look for the Join Roundtable button and come on in.
09:00:00	10:30:00	Falls – Orthogeriatrics, Osteoporosis & Rheumatology #1 Osteoporosis Moderators: Dr James Frith and Professor Dawn Skelton Studio 5	09.00 New and emerging treatments and treatment approaches for Osteoporosis management, Professor Celia Gregson, Professor of Clinical Epidemiology and Honorary Consultant Orthogeriatrician, Royal United Hospital Foundation Trust Bath 09.30 Management of osteoporosis in chronic kidney disease Professor Michael Stone, Consultant Physician, Cardiff and Vale University Health Board 10.00 Vitamin D in Osteoporosis Professor Bo Abrahamsen, Professor, Consultant endocrinologist, Fellow of the ASBMR OPEN, Institute of Clinical Research, Univ of Southern Denmark, Odense ECTS President 2020-2023 Visiting Professor of Musculoskeletal Epidemiology, NDORMS, University of Oxford Department of Medicine Holbæk Hospital
09:00:00	10:30:00	Association of Academic Geriatric Medicine (AAGM) symposium Research in the pandemic Joint session BGS, BSG and BSRA Moderators: Professor Helen Roberts and Dr Richard Dodds Studio 4	09.00 Rising Star presentation Dr Atul Anand, Consultant and Senior Clinical Research Fellow Royal Infirmary, Edinburgh Interdisciplinary research perspectives on COVID-19 09.20 Preparing for the next pandemic. Professor Miles Witham, Professor of Trials for Older People, Newcastle University; National Speciality Lead for the NIHR Ageing Clinical Research Network Newcastle University 09.40 Clinically-relevant levels of active SARS-CoV-2 virus may persist in non-immunocompromised individuals.; implications for ongoing transmission? Professor Lorna Harries, Professor of Molecular Genetics, University of Exeter College of Medicine and Health 10.00 The impact of inequality on social isolation during the pandemic: experiences of older people in Greater Manchester. Dr Sophie Yarker, Research Associate, University of Manchester
10:30:00	11:00:00	Free time	Grab a coffee, do a quick walk or join the wellbeing room for a stretch session
11:00:00	12:00:00	Falls – Orthogeriatrics, Osteoporosis & Rheumatology #2 Moderators: Dr Stephen Lim and Professor Dawn Skelton Studio 5	11.00 Paget's disease – when to suspect, investigate and refer Professor Richard Keen, Consultant in Metabolic Bone Diseases, Royal National Orthopaedic Hospital 11.30 Investigation and management of swollen joint in the older person Dr Jonathan Marks, Consultant Rheumatologist, University Hospitals Dorset
11:00:00	12:00:00	Meet up point: Senior workforce including SAS Moderator: Dr Somaditya Bandyopadhyay Zoom	This Group Meet up is for SAS grade and Associate Specialist members, and those wishing to reconnect with colleagues, to catch up with friends and past colleagues, and discuss training and work issues for these professions. This is a wonderful opportunity to get together in the new virtual world we all now seem to inhabit, so we do hope that you will consider joining us

Start	End	Session title	Details	
11:00:00	12:00:00	Research Session: A practical guide to achieving your academic curriculum competencies Moderators: Dr Rose Penfold and Dr Sarah Richardson Studio 4	A session aimed at anyone interested in getting involved in research with older competencies on the portfolio whilst also developing vital skills and sparking people is very welcome. The session will be divided into two parts: the first half will focus on achieving trainees and the 2022 Curriculum. The session aims to signpost resources, including whilst also developing vital skills and sparking a career long interest in research The second half will introduce attendees to the role of the Principal Investigat researcher. Dr Sarah Richardson, NIHR Academic Clinical Lecturer - Geriatric medicing Dr Rose Penfold, Academic Clinical Fellow, St Thomas' Hospital (GSTT) Dr Jason Raw, Consultant Geriatrician, Pennine Acute Hospitals NHS Trust Dr Emily Henderson - Consultant Senior Lecturer in Geriatric Medicine, Ro	a career long interest in research. Anyone interested in research with older gyour academic competencies, with a particular but not exclusive focus on cluding new areas of the BGS website, to help complete academic competencies heror (PI) and how the Clinical Research Network (CRN) can support you as a ne, Newcastle Hospitals
12:00:00	13:00:00	Themed lightning round poster presentations Moderator: Dr Alasdair Macrae Studio 6	675 Improving Recognition of Delirium in Critical Care Patients Olivia Meakin; Naomi Young; Siobhan Woods; Timothy Sherwin 665 Neck of femur fracture: Post operative delirium screening Felix Hammett; Samir Asmar; Tom Taggart 712 Evaluating an "Acute Frailty Team" Model of care in improving outcomes for patients with frailty acutely admitted to hospital Thompson J, Gusev V, Dervin P, Tevendale E 740 Assessing the impact of a dedicated frailty MDT to deliver a proactive virtual CGA to the local community Katy Conlon; Emily Harris; Elise Spiers; Hannah Coleman; Rachel Gallifent; Malin Farnsworth; Christopher Sin Chan 816 Coordinate My Care: increasing staff access and number of patient records created in a busy acute hospital - a QI Project C King; J Arumugam; J Bichard 781 Improving the Quality of Do Not Attempt Cardio-pulmonary Resuscitation (DNACPR) Form completion M Rasquinha; K Ng; A Hillarious; L Pugh; H Ghobrial; D Emuss; K Shiel; M Vettasseri	710 IPC Stockings for VTE Prevention in Stroke: Benefits of Introducing Electronic Prescriptions and Ward round Prompts K Ross, F Kattakayam, E Hall, JR Barker. 778 The impact of musculoskeletal conditions and frailty on the ability to self-care or be in receipt of care: a study of community G Bevilacqua, F Laskou, K Jameson, N Fuggle, C Cooper, EM Dennison, HP Patel 670 Factors associated with mortality in multi-ethnic hospitalised COVID patients Imisioluwa Omotade, Max Bennett, Sarah Chitson, Fiona Asiedu, Bertram Harrington, Mehool Patel 671 Demographic variability in mortality from COVID during the two surges Mehool Patel, Udayaraj Umasankar, Elizabeth Aitken 696 Understanding Independence - Older People's Perspectives E Taylor; V Goodwin, A Clegg, S Ball, J Frost 747 The diagnosis and management of hyperkalaemia in medical and elderly care inpatients at a district general hospital Charlotte Broadhurst & Katherine Thompson, Wallace Tan
13:15:00	13:45:00	UCB Pharma Ltd sponsored promotional symposium Understanding Fracture Risk and Why it's Everyone's Business	This event is intended for a UK healthcare professional audience only. Presenters: Professor Opinder Sahota (Chair) and Dr Madhavi Vindlacher Learning objectives of this session: What is very high and imminent fracture risk and how does this present in What do the new guidelines/data say about the treatment options for these What actions can elderly care clinics take to idenify and treat these patient GB-P-RM-OP-2100086 Date of prep: October 2021	the clinic?

Day 2 Afternoon

Start	End	Session title	Details
13:00:00	14:00:00	Lunch	Lunch break and Exhibition
14:00:00	15:00:00	Biology of Ageing Moderator: Professor Michael Vassallo Studio 4	14.00 Biology of the Autonomic Nervous system Dr Melanie Dani, Consultant, Imperial College Healthcare NHS Trust 14.30 Senolytic medicine: from drugs to exercise Dr Joseph Kwan, Consultant in stroke and neurosciences, Imperial College Healthcare NHS Trust
14:00:00	15:00:00	Falls – Orthogeriatrics, Osteoporosis & Rheumatology #3 Professor Tahir Masud and Dr Julie Whitney Studio 5	14.00 Beyond the fall prevention trial: getting research into practice Professor Victoria Goodwin, Associate Professor in Ageing and Rehabilitation, University of Exeter 14.20 What's new in older people's trauma Mr Will Eardley, Consultant Orthopaedic Trauma and Limb Reconstruction Surgeon, South Tees Hospitals NHS Trust 14.40 Panel discussion
14:00:00	15:00:00	Workshop: LGBTQ+ older people and health inequality Moderator: Dr Patrick Hogan Studio 6	 This session will cover Health inequalities among LGBT+ older people and also probably some historical context regarding institutional discrimination experienced by older LGBT+ individuals. Minority stress among LGBT+ older individuals LGBT+ inclusivity in healthcare and benefits Sexual orientation and gender identity monitoring Case study - LGBT inclusivity by King's College Hospital in partnership with Opening Doors London Dr Patrick Hogan, Specialist Registrar Geriatric Medicine, King's College Hospital, King's College Hospital NHS Foundation Trust, London Dr Lucy Mealey, Foundation Year Doctor, KCH Dr Andrew Crowe, Neurology ST3, KCH
15:00:00	15:30:00	Free time	Grab a coffee, do a quick walk or join the wellbeing room for a stretch session
15:00:00	16:00:00	Fringe Sesssion	Fringe Poetry is Not a Luxury: exploring creative methods in reflective practice (and research) Dr Muna Al-Jawad, Senior Lecturer, Consultant Geriatrician, Brighton and Sussex University Hospitals NHS Trust Muna Al-Jawad is a consultant geriatrician and senior lecturer who uses comics to reflect on her practice and as a practitioner-research method. In this workshop she will explain her work and give participants the opportunity to create something (a poem, a comic, a map or a soundtrack) that helps us understand our experiences of working through the COVID pandemic. You do not have to consider yourself "creative" or an artist to do this session.
15:30:00	16:30:00	Guest lecture Professor Maggie Rae, President, Faculty of Public Health Older people and health inequalities Moderator: Professor Adam Gordon, BGS President Elect	Professor Maggie Rae, President, Faculty of Public health Maggie is head of school and public health transformation at Health Education England, South West region, consultant in healthcare public health at Public Health England's South West Centre and visiting professor at the University of the West of England. Her personal research interests include health inequalities, sustainability and the impacts of the wider determinants of health. She is also passionate about education and training and sees this as a key element of FPH's responsibilities.

Day 2 Afternoon

Start	End	Session title	Details
16:30:00	17:00:00	Ask me Anything – Getting research published Moderator: Mrs Katy Ladbrook Studio 6	Ask a panel of experts anything at all around getting research published. This live, interactive panel discussion. This is intended for those medical, nurse and AHP trainees, as well as novice and experienced researchers but we welcome general questions from all. We will keep the remit of the AMA wide open. Join • Professor Rowan Harwood, Editor-in-Chief, Age and Ageing, • Dr Susan Shenkin, Reader and Hon Consultant, Royal Infirmary, Edinburgh • Dr Jatinder Minhas, ST6 Geriatric Medicine Leicester Royal Infirmary and a recently published author, • Mrs Antonella Di Marzio, Marketing Executive, Oxford University Press and • Katy Ladbrook, Editorial Manager, Age and Ageing Journal, British Geriatrics Society to find out more
16:00:00	17:30:00	NAHP COP Future Leaders #3	A session on developing future Nurse and Allied Health professional leaders Topics covered: Developing a Leadership Career. Leadership skills and values. Who should join: All Nurse and Allied Health professionals providing healthcare to older people
16:30:00	17:30:00	Platform presentations Moderators: Dr Divya Tiwari and Dr Alasdair MacRae Studio 5	16.30 659 Patient perspectives of recovery after hip fracture: a systematic review and qualitative synthesis Natasha Beer, Aleena Riffat, Brittannia Volkmer, David Wyatt, Kate Lambe 16.45 661 Prognostic Factors Of Depression After Hip Fracture Surgery: Systematic Review R Milton-Cole; S Ayis; K Lambe; Mdl O?Connell; C Sackley; KJ Sheehan 17.00 734 Acute Care Pathways for Older Major Trauma patients: A survey of UK practice Heather Jarman; Elaine Cole; Robert Crouch; Mary Halter; George Peck 17.15 736 Real-time mobility data from wearable devices predicting falls risk in older adults. Kalon Hewage; Susie Lee; Sam Fosker; Thomas Hardcastle; Khalid Ali

Day 3 Morning

Start	End	Session title	Details
08:30:00	09:00:00	Meditation and movement	We'll be running movement and meditation sessions to get your mind and body ready to engage with our presenters
08:30:00	09:00:00	Social Coffee	Join others for a social coffee - Look for the Join Roundtable button and come on in.
08:30:00	09:00:00	Fringe: History of Geriatric Medicine	Join Dr Michael Denham, BGS Honorary Archival Librarian and Mark Stewart, Office and Business Manager to discuss the fascinating origins of the best medical specialty, Geriatric Medicine.
09:00:00	10:30:00	Neurology and Movement Disorders #1 Modern management of Parkinson's Disorders Moderators: Dr Ed Richfield and Dr Sara Evans Studio 4	09.00 Up to date drug management of Parkinson's (Focusing on motor symp-toms) Dr Richard Genever, Consultant Geriatrician, Chesterfield Royal Hospital 09.25 Assessing for Device-aided therapies, Infusions (Duodopa and Apomorphine) and Deep brain stimulation Dr Paul Worth, Consultant Neurologist, Addenbrooke's Hospital 09.50 Models of Multidisciplinary Teams working in Parkin-son's Disease Professor Jori Fleisher, Associate Professor. Department of Neurological Sciences, Rush Medical College 10.15 Panel Discussion
09:00:00	10:30:00	Clinical Quality Session Moderator: Dr Jugdeep Dhesi Studio 5	09.00 GIRFT report and next steps for GIRFT Dr Adrian Hopper, Consultant Geriatrician, Guy's and St Thomas' NHS Foundation Trust Platform Presentations 09.30 809 Use of New Mobility Score and a Trans-Disciplinary Approach to Reduce Hospital LOS, Return to Original Residence, and Mortality D Leong; P Ng; A Brien; K Law; C Potter; S Sampson; S De Silva 09.45 775 Improving Advance Care Planning discussions and communication with primary care in geriatric medicine in a district general M Twigg; D Robins-Piotrowski; R Jenkin 10.00 776 Introducing Treatment Escalation Plans (TEP) for older persons: Response to the COVID-19 pandemic SJ Woolford; HP Patel 10.15 805 Upper limb fracture pathway in frailty enables earlier return to function with associated reduced length of hospital stay. L Shaw; T Maggs; P Braude; D Shipway; S Srivastava; M Kelly
09:00:00	10:30:00	Platform presentations Moderators: Professor Michael Vassallo and Dr Alasdair MacRae Studio 6	09.30 765 Effectiveness of Aromatherapy in Managing Behavioural and Psychological Symptoms of Dementia: A Mixed Methods Systematic Review Becky Siu Yin Li; Carmen Wing Han Chan; Irene Kit Yee Wong; Yvonne Hoi Un Yu; Minjie LI 09.45 678 The Mental Health Nurse Experience of Providing Care for People with Delirium Superimposed on Dementia Claire Pryor 10.00 709 Impact on healthcare utilisation of a general practitioner-led model of care for patients with frailty HE Jones; I Morrison; S Hurding; S Wild; A Anand; SD Shenkin 10.15 705 Characterising older adults' risk of harm from blood-pressure lowering medications: a sub-analysis from the PRIME study AS Hussain; K Ali; N Parekh; JM Stevenson; JG Davies; S Bremner; C Rajkumar
10:00:00	11:30:00	Specialities meet up points - GeriGPs	We'd like to invite you to join, via Zoom, the GPs meet up. This will be an informal discussion and opportunity to connect with other GPs and catch up. This meeting is open to all. You don't need to be registered for the Autumn meeting and can join using Zoom

Day 3 Morning

Start	End	Session title	Details
10:30:00	11:00:00	Free time	Grab a coffee, do a quick walk or join the wellbeing room for a stretch session
10:30:00	11:00:00	BGS MD SIG AGM	
10:30:00	11:00:00	Specialities meet up points - Trainees Moderators: Dr Carly Welch and Dr Sangam Malani Zoom	We'd like to invite you to join, via Zoom, the Trainees meet up. This will be an informal discussion and opportunity to connect with other Trainees and catch up. This meeting is open to all Trainees in the BGS. You don't need to be registered for the Autumn meeting and can join using Zoom via the Swapcard link at 10.30 on 26 November
11:00:00	12:30:00	Neurology and Movement Disorders #2 Mental Health Matters Moderators: Dr Rob Skelly and Dr Veronica Lyell Studio 4	11.00 Cognitive impairment – detecting in those with movement disorders Dr Ross Dunne, Consultant Old Age Psychiatrist, Greater Manchester Mental Health Trust 11.25 Parkinson's psychosis (including clozapine) Dr Neil Archibald, Consultant Neurologist & Clinical Director for Neurology and Stroke, James Cook University Hospital 11.50 Psychological care? ICD and Dopamine dysregulation Dr David Okai, Clinical Lead in Neuropsychiatry, Consultant Neuropsychiatrist, South London and Maudsley NHS Foundation Trust 12.15 Q&A
11:00:00	12:30:00	Diabetes in older people Moderators: Dr Suzy Hope and Dr Janice O'Connell Studio 5	11.00 How to weigh up conflicting issues in treating older people with diabetes? Dr David Strain, Senior Clinical Lecturer (E&R), University of Exeter 11.30 Transforming diabetes care for older people: the Norfolk experience Dr Clare Hambling, Governing Body GP, NHS Norfolk & Waveney CCGCo-Clinical Lead, Protect NoW & GP Clinical Lead, Diabetes Chair, Primary Care Diabetes Society Diabetes UK Clinical Champion 12.00 Extended discussion opportunity – Q&A with the speakers
11:00:00	12:30:00	Trainees Session Moderators: Dr Alice Jundi and Dr Juliette Lewis Studio 6	11.00 Sexual Health in older adults Dr Olwen Williams, Consultant in Sexual Health /HIV medicineGlan Clwyd Hospital, BCUHB 11.30 How I approach a patient on the ward with new incontinence? Dr Rhian Morse, Consultant Physician Geriatric and General Medicine, University Hospital Wales - Cardiff and Vale University Health Board 12.10 Platform presentation: 743 The third national survey of undergraduate teaching in ageing and geriatric medicine and its impact on students' attitudes. GME Pearson; AG Blundell, 4; AL Gordon; T Masud; Y Ben-Shlomo; EJ Henderson
12:30:00	13:30:00	Trevor Howell Guest lecture: Dr Eileen Burns, Geriatrician, St James' Hospital Leeds Teaching Hospitals NHS Trust and BGS past president "Listen to the patient - she is telling you what she wants" - Too much medicine? Moderator: Dr Jennifer Burns, BGS President	Dr Eileen Burns is Past President of the British Geriatrics Society. She was president from Oct 2016-Nov 2018, during which time the BGS published many influential publications including Best Practice Guidelines, and "Fit for Frailty". She personally supported the development of NHS Rightcare "Frailty Toolkit", and was (and is) frequently asked to speak at conferences, to parliamentary groups and other specialist societies. She is an advisor to the government on the Green paper on the Funding of Adult Social Care. She recently completed a term of office as a member of the Council of the Royal College of Physicians of London. Her interests are in the management of frailty, complex co-morbidity, health and social care integration, care home medicine and end of life care. She has written and spoken widely on these topics. She continues to work clinically in acute Geriatric Medicine and in the community. She has led the development of several care pathways to optimise the use of health and care resources in the community to allow patients to remain out with the acute hospital when clinically appropriate

Day 3 Afternoon

Start	End	Session title	Details
13:45:00	14:15:00	Sponsored Symposia Sponsored by Kyowa Kirin Thinking beyond the status quo in Parkinson's disease - Current and future therapies	This symposium invitation is intended for healthcare professionals only. This content is developed and funded by Kyowa Kirin Limited. Speakers: Dr Emily Henderson Academic Consultant Geriatrician, Royal United Hospitals Bath and Honorary Consultant Senior Lecturer, University of Bristol Dr Robin Fackrell Consultant Physician & Specialist in Parkinson's Disease & Related Disorders, Royal United Hospital, Bath KKI/UK/IST/0069 . Date of preparation: Oct 2021.
13:30:00	14:30:00	Lunch	Lunch break and Exhibition
14:30:00	16:00:00	Neurology and Movement Disorders # 3 It's not Parkinson's Moderators: Professor Richard Walker and Dr Anne-Louise Cunnington Studio 4	14.30. Tremor diagnosis and management Dr Francesca Morgante, Consultant Neurologist, St George's University Hospitals NHS Foundation Trust 15.00 Parkinson's plus (Atypical) Syndromes Professor Huw Morris, Professor of Clinical Neuroscience at UCL Institute of Neurology (ION), Honorary Consultant Neurologist at the Royal Free Hospital and the National Hospital for Neurology and Neurosurgery (NHNN) 15.30 Functional Neurological Disorders Professor Mark Edwards, Professor of Neurology Eleanor Peel Chair, Professor of Neurology with a Research and Clinical Interest in Motor Control and Neuropsychiatry, St Georges' University London
14:30:00	15:30:00	President's Poster Round Moderators: Dr Jennifer Burns, BGS President and Dr Emily Henderson, VP Research and Academic Development Studio 5	667 Effect of leucine supplementation on phys-ical performance, muscle mass and quality of life in older people with sarcopenia 684 Long-term conditions, multimorbidity, lifestyle factors and grip strength change over 9 years in 44,315 UK Biobank participants 799 Frailty Matters Project 658 The risk of anticoagulation in elderly fallers with atrial fibrillation: a systematic review and meta-analysis 663 Behaviour change interventions to increase physical activity in hospitalised patients: A systematic review and meta-analysis 676 Optimising engagement of older adults in an online physical activity pro-gramme to improve cognition: A qualitative study 682 Impact of discharge interventions for older patients leaving hospital: a systematic review of reviews 707 Research Priorities for Prehospital Care of Older Patients with Injuries: Scoping Review 768 Predictors of independence in community-dwelling older people
14:30:00	16:00:00	Quality Improvement Workshop Moderators: Dr Tom Bartlett;Dr Sangam Malani and Dr Mehool Patel Zoom	This workshop is designed to support attendees to develop their understanding of the processes involved in quality improvement and seek one to one advice on furthering a project they are working on. You will need to have an existing piece of QI work to bring with you and discuss to participate in the workshop. We aim to discuss the nature and purpose of quality improvement, the stages of QI methodology, and the steps for ensuring effective QI supervision. We encourage all grades who wish to improve
14:30:00	15:30:00	NAHP COP Advance Clinical Practice Meeting #3	A meeting on Advance Clinical Practice. All trainee and established Advanced Clinical Practitioners providing healthcare to older people are encouraged to join. The session aims to enhance and broaden the knowledge and skills of attendees working with older adults living with frailty. We hope to inspire trainees to achieve personal excellence in developing as Advanced Clinical Practitioners (ACPs) by provision of peer support from established ACPs
16:00:00	16:15:00	Closing words from BGS President Studio 5	Dr Jennifer Burns, BGS President Join Dr Jennifer Burns, BGS President closing the Autumn Meeting 2021, reflecting on the past 3 days speakers, presentations and abstracts.

Community Geriatrics Case Studies Wednesday 24 November 2021



Start	End	Session title	Case Studies
09:30:00	11:00:00	Community Geriatrics #1 Integrating services and Cross organisational working Moderators: Dr Victoria Keevil and Ms Lucy Lewis Studio 4	Primary Care Frailty MDTs Dr Ana Talbot, Consultant in Older Peoples Medicine, University Hospital Monklands and Dr Katharine Bingham, Registrar ST6, Queen Elizabeth University Hospital This project aims to develop a preventative and proactive approach to escalating frailty in older adults in the community. Individual frailty assessments were undertaken in those with escalating frailty, by healthcare professionals and subsequently involving the third sector. Community frailty MDTs were developed to bring together the relevant services for each person. Interventions discussed could range from financial inclusion to home services to changing treatments to anticipatory care planning. Overall providing personalised and patient centred decision making for the frail older adult.
11:30:00	13:00:00	Community Geriatrics #2 Anticipatory Care Moderators: Dr Rebecca Watt and Dr Esther Clift Studio 4	Islington Care Home Service: Whittington Health An integrated care home service in North London. Dr Celia Bielavski, Consultant Geriatrician, Whittington Hospital London, Dr Ruth Law, Consultant in care of older people and clinical lead, Integrated Community Ageing Team (ICAT) and Radah Shah, ICAT Pharmacist, Whittington Health We will present the design of our service, outcome data and how we work effectively across the boundaries between hospital and community health services with GPs, social services and the care homes. Examples of the truly integrated working which we have undertaken will be presented including audit and quality improvement projects in the care homes and the support provided during the Covid pandemic. Community anticipatory and reactive approach to supporting people living with frailty Dr Daniel Harman, Consultant Community Geriatrician, CHCI; Hull and East Vorkshire Dr Anna Folwell, Consultant Physician in Elderly Medicine, City Health Care Patrenship Mr Wayne Morrow, Advanced uruse practitioner Frailty, Jean Bishop Integrated Care Centre The Hull and East Riding community frailty model includes Muldidisciplinary. Anticipatory care for patients at risk of moderate and severe frailty (using eFI to case find), Urgent Community Response for frail residents in crisis and Enhanced Health in Care Homes. The model has been operational since 2018 and system outcomes include a sustained reduction in unnecessary Emergency Department attends and hospital admissions rimary care activity and the financial cost of inappropriate polypharmacy, Sustained improvement in patient and carer experience and an increase in preferred place of care are also reported. Proactive Ageing Well Service: An Example of Anticipatory Care for Moderately Frail Patients. Dr Philly Official, GPASI Care of Older People, Whittington Health Nis Trust, Ewa Grajica, Specialist Frailty Pharmacist, Whittington Health Nis Trust. Ewa Grajica, Specialist Prailty Pharmacist, Whittington Health Nis Trust. Ewa Grajica, Specialist Prailty

Start	End	Session title	Case Studies
11:30:00	13:00:00	Community Geriatrics #2 Anticipatory Care (Continued) Moderators: Dr Rebecca Watt and Dr Esther Clift Studio 4	Taking a Population Health Management Approach to Delivering Community-led Anticipatory Care in Falls Prevention Dr Simone Yule, Clinical Director The Vale PCN; Janine Ord Head of Population Health Management South somerset neighbourhood team Dr Deb Gompettz, Complex Care, Yeovil Hospital; Sue Crisfield, Social Prescribing Coordinator, Sparl, Somerset; Nicola Mead, Professional Lead for Occupational Bireapy and Team Leader for Integrated Rehabilitation Team, South Somerset Neighbourhood Team, Somerset Foundation Trust; Emma Blake, Neighbourhood Development Manager, Somerset Foundation Trust; Elemon Templeman, Services Manager, South Somerset Locality A General Practitioner-led intervention for people living with moderate to severe frailty in Midlothian, Scotland Dr Helen Jones, Specialty Registrar in Geriartic Medicine, Western General Hospital, Dr Simon Hurding, GP We will discuss a new practice based, GP led service for their patients living at home with moderate or severe frailty (as identified by the eFt). The service comprises of a full-time GP performing a comprehensive genitaric assessment (adapted for primary care) and proactively discussing anticipatory care plans. The same GP also takes over the routine care of these patients and provides home visits and longer appointments as required. We will provide an overview of the service, discuss the challenges and present results from patient/GP surveys and healthcare utilisation data. Anticipatory Care: CGA, One thing at a time Mrs Ruthy Pritchard, Trainee Advanced Clinical Practitioner - Frailty, Plymouth Hospitals NHS Trust Mrs Ruthy Pritchard, Trainee Advanced Clinical Practitioner - Frailty, Plymouth Hospitals NHS Trust



Start	End	Session title	Case Studies
14:00:00	15:00:00	Community Geriatrics #3 Enhanced care in Care homes Moderators: Ms Nicky Hayes and Ms Heide Baldwin Studio 4	14.00 Platform presentation 683 Understanding how discharge services for older patients can bridge the gap between hospital, community and social care Elaine O'Connell Francischetto, Janet Jones, Kerry Allen, Gill Combes; Sarah Damery Enhanced health for care homes in Hammersmith and Fulham: cases for frailty liaison matron and MDT intereventions. Dr Pandora Wright, Consultant geriartician, Imperial healthcare Trust, Dr Sophie Bart, GP traines special interest care homes, Dr Louise Cavanagh, GP Ms Rawlda Downes, Frailty I Jaison Matron, ICHENT Description of how longstanding fragmentation of care in local large care home contributing to increasing reliance on non elective and prolonged admissions to secondary care, has been addressed by multifactorial approach-namely introduction of an outreach Trust frailty liaison matron, improved MDT working, stakeholder collaboration and training, and shared IT. Case examples from liaison matron and GP traines well illustrate eleviteveness Implementing a new enhanced multidisciplinary care service in care homes in Tower Hamlets during the Covid -19 pandemic Dr Eva Tan, Consultant Geriatrician, Royal London Hospital Prior to the pandenic, geriatrician input was face to face and on a smaller scale. After the first wave, as a result of enhanced funding, a more structured approach was implemented to deliver remote multidisciplinary care into all care homes in Tower Hamlets. 80% reduction in 999 calls to our NH - working with YAS Dr Rod Kersh, Consultant Geriatrician, Rotherham Have been supporting a local 90 bed nursing home as a partner at Manor Field Surgery in Malthy. In one and a half sessions a week I review the residents of the care home and support multidisciplinary working, comprehensive geriatric assessment, advance care planning and admission avoidance. Avoiding uncessary hospital attendances by frail older people is fundamental in ensuring wellbeing! Advanced Care Planning in Care Homes Dr Anna Down, Clinical Lead, Argyle Care Home Service; Dr Graham Stret



Start	End	Session title	Case Studies
15:30:00	16:30:00	Community Geriatrics #4 Rapid Response Moderators: Dr Amy Heskett and Jacqueline Thompson Studio 4	Delivium in the Context of Parkinsons Disease: Infection or Medications? Dr. Amy Heskett, Community Trust Associate Specialist, Kent Community Health NHS Foundation Trust OPAL: virtual MDT assessments to reduce avoidable Ask E attendances Dr. Jenna Gregory, Dunier Specialist Doctor in OPAL (Older Person Assessment and Liaison) team, Queen Elizabeth Hospital, Birmingham, Dr. Abbithek Gupta, Consultant Geriaricum, University Hospitals Birmingham The OPAL: service, set up in Mark 2020, commercs paramedies and the OPAL (Older Person Assessment and Liaison) team at Queen Elizabeth Hospital, Birmingham, to carry out NDT assessments in the person's usual place of residence, and use this assessment to link the person to appropriate services and support, where possible avoiding conveyance to hospital. Acute Care at Home for Acute Cholecystitis – A Challenging Case Dr. Britrich McGrings, Consultant Greitarician, Community Jungen and Cheignon Hospitals, Dr. Kerry Maxwell, S16 Dictor, Antrim Area Hospital The case of an older patient fiving with frailty in the Community who presented with sepsis will be discussed. The challenges of diagnosing and treating sepsis and acute cholecystitis will be highlighted. EDITH (Emergency Departement In The Home) Dr. Coner Prendegars, Specialist Registrar in Emergency Medicine, St Vincent's University Hospital; Dr. Ross McNamara, Emergency Medicine Consultant; Dr. Aidan Delaney, Senior Consuptional Hongrains A quick whistle stop tour through what our service entails, how it was set up, the positive impact it has had on emergency department attendances and an update of on-going and futures advancements to the service. This will be all summarized by an interesting case report conveying the benefits of this service. Alternative workforce options: Delivering a One Team approach to Urgent Community Response. The Frailty Support Team Lucy Lewis RN, Consultant Placitioner in Frailty, New Forest Frailty Support Team Lucy Lewis RN, Consultant Placitioner in Frailty, New Forest Frailt

About the speakers Guest Lecturers

Professor Maggie Rae, President, Faculty of Public Health

Maggie is head of school and public health transformation at Health Education England, South West region, consultant in healthcare public health at Public Health England's South West Centre and visiting professor at the University of the West of England. Her personal research interests include health inequalities, sustainability and the impacts of the wider determinants of health. She is also passionate about education and training and sees this as a key element of FPH's responsibilities.



Dr Eileen Burns, Geriatrician, Leeds Teaching Hospitals NHS Trust

Eileen Burns is Past President of the British Geriatrics Society. She was president from Oct 2016-Nov 2018, during which time the BGS published many influential publications including Best Practice Guidelines, and "Fit for Frailty". She personally supported the development of NHS Rightcare "Frailty Toolkit", and was (and is) frequently asked to speak at conferences, to parliamentary groups and other specialist societies.

She is an advisor to the government on the Green paper on the Funding of Adult Social Care. She recently completed a term of office as a member of the Council of the Royal College of Physicians of London. Her interests are in the management of frailty, complex co-morbidity, health and social care integration, care home medicine and end of life care. She has written and spoken widely on these topics. She has been a member of several NICE/SCIE Guideline development groups in these areas She continues to work clinically in acute Geriatric Medicine and in the community. She has led the development of several care pathways to optimise the use of health and care resources in the community to allow patients to remain out with the acute hospital when clinically appropriate.



About the speakers Day 1

Professor Rose Anne Kenny, Consultant Geriatrician, St James's Hospital Dublin, Ireland

Rose Anne holds the Chair of Medical Gerontology at Trinity College Dublin and is founding Principal Investigator to The Irish Longitudinal Study on Ageing (TILDA) one of the HRS family of studies (www.tilda.ie), where she leads a team of multidisciplinary researchers focusing on medicine , neuro-cardiovascular health, psychology, nursing, medicine, physiotherapy, economics, bioengineering, social sciences and health economics as aspects of the ageing process.

She is director of Mercer's Institute for Successful Ageing (MISA) - the first purpose-built clinical and research ageing institute on the Island of Ireland.

Rose Anne was previously Professor of Cardiovascular Research at Newcastle University, UK, and in 1992 established the first dedicated syncope service in the UK (in Newcastle) which has been replicated worldwide. She now directs a busy national clinical and research syncope facility at St. James's Hospital, Dublin, seeing in excess of 3,000 patients annually. This work has led to new methods for assessment of falls and syncope risk which have been adopted internationally and the head-up tilt test, which she first described, is now the gold standard for vasovagal syncope diagnosis. Prof Kenny has published over 600 scientific publications to date, including 440 research articles, 52 reviews, 4 textbooks and 57 book chapters. She is a Member of the Royal Irish Academy (M.R.I.A); Fellow of the Royal College of Physicians of Edinburgh (F.R.C.P.E.): London (F.R.C.P.), Ireland (F.R.C.P.I.); Fellow of Trinity College Dublin (F.T.C.D); Fellow if the European Society of Cardiology (F.E.S.C). She has over 50 medal awards and keynotes, and recently received the Lifetime Achievement Award, WCFP, Kuala Lumpur 2019; Health Hero, The Irish Times, 2018; and Trinity Innovation Award, 2017.

Dr Iqbal Malik, Consultant Cardiologist and Clinical Lead for Structural Heart Disease, Imperial College Healthcare NHS Trust

Dr Iqbal Malik attended Peterhouse College, Cambridge University and then Guy's Hospital, London. He qualified in 1991. After junior jobs in London, he joined the training scheme in cardiology in west London.

Dr Malik continued with his PhD thesis at Hammersmith Hospital in vascular biology before being appointed a consultant in 2003. He has been divisional director for clinical governance, catheter laboratory director, and currently is the lead for structural heart disease. This involves the transcatheter aortic valve (TAVI), septal defect (atrial septal defect and patent foramen ovale) programmes and para-valvular leak programmes.

Dr Clare Murphy Consultant Physician and Cardiologist, Chair: NHS GGC Heart MCN Heart Failure subgroup Clinical Lead: Heart Failure Hub Scotland, Royal Alexandra and Vale of Leven Hospitals NHS Greater Glasgow and Clyde Consultant Cardiologist, Royal Alexandra Hospital, NHS Greater Glasgow and Clyde. She is clinical Lead for Heart Failure Hub Scotland.

Professor Simon Conroy, Professor, University of Leicester

Simon's ambition is to improve outcomes for frail older people by embedding evidence based medicine into clinical practice ('campus to clinic' translational research). His research addresses different models of care for frail older people, assessing feasibility as well as clinical and cost-effectiveness. His educational activities take an interdisciplinary perspective on developing and teaching knowledge locally (frailty services), nationally (BGS) and internationally (EUGMS & EAMA). Implementation of research findings into clinical practice is key, and best exemplified by work on the Silver Book and the Acute Frailty Network.

Emma Jones, Partner Solicitor, Leigh Day

Emma Jones joined Leigh Day in October 2000. She completed one year of her training contract at the specialist mental health firm Scott-Moncrieff Harbour and Sinclair and one year at Leigh Day. Emma spent six months training with Sarah Leigh and then moved to the human rights department. She qualified in October 2002 and remained a member of the human rights department until March 2007. She then moved to Mind, the mental health charity, where she was head of legal.

Emma returned to the human rights department at Leigh Day in September 2009, at which time she worked on bringing the Stafford Hospital group claims. She now specialises in human rights claims against treatment and care individuals receive in hospitals, schools and in social care settings, false imprisonment and assault claims, actions against the police and public law challenges.

Emma runs the team working on the contaminated blood inquiry and represents over 260 core participants. She is also running an Equality Act/Human rights claim in relation to the difference in the ex-gratia payments provided to those who contracted HCV as a result of receiving contaminated blood and those who contracted HIV.

Dr Lara Mitchell, Consultant Geriatrician, Queen Elizabeth University Hospital, Glasgow and Chair BGS Cardiovascular SIG

Dr Lara Mitchell is a Consultant Geriatrician at Queen Elizabeth University Hospital (QEUH), Glasgow. She is clinical lead for acute and has developed a frailty service. She set up a syncope clinic when she was appointed and runs a weekly Rapid Access Syncope Service (RASCL) along with her Medicine for the Elderly colleague. She has a joint MDT monthly with cardiology, neurology and cardiac physiologists. Her syncope pathway and RASCL service is in press British Journal of Cardiology. She is currently cohort 12 of Scottish quality and safety fellowship and is committed to improving systems of care for the older adult. She is current chair of Cardiovascular BGS.

About the speakers Day 1

Prof Richard Schilling, Consultant Cardiologist The William Harvey Research Institute - Barts and The London and Queen Mary University of London

I have been the lead of the academic department of cardiac electrophysiology since my appointment at St Bartholomew's and Queen Mary University of London. On my arrival at St Barts academic activity had been dormant for some years. The department has concentrated on clinical research and has been successful in gaining funding from both peer reviewed grants and industry allowing us to grow steadily over the last 5 years. We now have 2 offices which house 3 research fellows, 3 nurses and a research administrator. In addition we have acquired the following clinical research equipment: Electroanatomical 3-D cardiac mapping system, non-contact mapping research analysis station, ECG machine, 3 Holters (7-day), VO2 max measurement equipment, bedside BNP monitoring, Hansen robotic ablation system. My research interests focus on elucidating the mechanism of complex cardiac arrhythmia in the human heart and the development of percutaneous treatments for them. All of my research has been performed in vivo on the intact human heart. Clinical conditions we have investigated include ventricular tachycardia and fibrillation in structural heart disease, congenital heart disease, atrial fibrillation and cardiac dyssynchrony in heart

Professor Sasha Shepperd, Professor Of Health Services Research, Nuffield Health

Sasha is Professor of Health Services Research and Cocoordinating editor for the international Cochrane Effective Practice and Organisation of Care (EPOC) Review Group. After an undergraduate degree in psychology from the University of Vermont she completed a Masters at the Harvard School of Public Health and a DPhil at University of Oxford. Her main interest is health systems research, this includes generating evidence to guide the design of health services with a focus on population ageing. Research methods include the conduct of randomised trials, systematic reviews and meta-analysis of the global evidence, and the use of large databases.

Sasha is the chief investigator of a NIHR funded multi-site randomised trial of Acute Care in the Home. Through her work in health systems research she has developed an interest in streamlining randomised trials of complex interventions, and related methodological research. She has worked for a number of years on strengthening graduate education in population health.

Dr Neil Chapman, Clinical lead hypertension and cardiovascular disease prevention (consultant physician, honorary senior lecturer, lead), Hammersmith Hospital

Dr Neil Chapman is a consultant in general and cardiovascular medicine and clinical pharmacology at Imperial College Healthcare NHS Trust and honorary senior lecturer at Imperial College London. He qualified from the University of Cambridge

before training in general medicine, clinical pharmacology and hypertension in London and at the University of Sydney, Australia.

Dr Chapman is a specialist in the management of hypertension (high blood pressure). He is a fellow of the British Hypertension Society and an accredited hypertension specialist of the European Society of Hypertension. He is lead clinician for the Peart-Rose clinic, a tertiary referral centre for hypertension and cardiovascular risk factor management at Hammersmith Hospital. His clinical and research interests include both primary and secondary cardiovascular disease prevention.

He sees outpatients with all aspects of hypertension, including confirmation and investigation of newly-diagnosed hypertension, ambulatory blood pressure monitoring, secondary hypertension, resistant and hard-to-control hypertension and patients who find it hard to tolerate usual treatments. He looks after inpatients with acute and general internal medical problems.

Dr Ajay Bhalla, Consultant Stroke Physician, St Thomas' Hospital

Dr Bhalla is a Consultant Physician in Stroke, Geriatric and General Medicine as well as Honorary Senior Lecturer, School of Population and Environmental Sciences, King's College, London. He is the Specialty Lead for Stroke, Clinical Research Network, South London and an Associate Director, Sentinel Stroke National Audit Programme, KCL. In addition Dr Bhalla is the South East London Operational Director for Stroke

Dr Michael Trauer, Emergency Medicine Consultant at St Thomas' Hospital

Michael Trauer is an Emergency Medicine Consultant at St Thomas' Hospital in London. Michael completed medical school in Melbourne in 2003 and then spent several years working in both urban and remote areas around Australia. In 2010 he moved to the UK to complete a Masters in Viola performance then fell in love with an Estonian violinist and decided to settle in Europe. He joined the NHS in 2012 and completed his specialty training in Emergency Medicine in 2019.

Michael's main interests are in point-of-care ultrasound, teaching and environmental sustainability. He has a PgC in ultrasound through Teesside University and is completing a Masters. Michael teaches at various courses including SonoUK and is also the director of the Bromley Advanced Ultrasound course. Michael is also passionate about the environment. He tries to use his influence as a medical specialist to influence change and bring about meaningful action on the Climate Emergency. He is involved in groups such as Medact, Extinction Rebellion and The Green Party as well as being a champion of emissions and waste reduction projects within his department and hospital. He is a father of two wonderful girls, cycles everywhere, meditates, plays chess and poker and enjoys oat lattes.

About the speakers Day 2

Dr Celia Gregson, Consultant Geriatrician and Consultant Senior Lecturer, Royal United Hospital Foundation Trust Bath

Celia Gregson is a Consultant Senior Lecturer in Musculoskeletal Medicine at the Musculoskeletal Research Unit (MRU), University of Bristol and is an Honorary Consultant Orthogeriatrician at the Royal United Hospital NHS Foundation Trust in Bath. She qualified in Medicine from the University of Nottingham. Following physician training she was awarded a Wellcome Trust Clinical Research Training Fellowship. She completed a one-year MSc in Epidemiology from the London School of Hygiene and Tropical Medicine and then a PhD at the University of Bristol, during which she set up and still runs the UK DINAG consortium (DXA-databases to Identify Novel Anabolic Genes). She then worked as a Senior Scientist at the MRC Lifecourse Epidemiology Unit at the University of Southampton, prior to taking up an Arthritis Research UK Clinician Scientist Fellowship to determine the molecular genetics of unexplained High Bone Mass at the University of Bristol.

Her research interests include the epidemiology and genetics of osteoporosis and fractures, high bone mass disorders, the role bone plays in the pathogenesis of osteoarthritis, the impact of HIV infection, neurological diseases and deprivation on musculoskeletal health, and the cross-talk between muscle, fat and bone. With Global Challenges funding, Celia recently launched the Sub-Saharan African MuSculOskeletal Network SAMSON (https://thesamson.org/).

Celia chairs the Royal College of Physicians Falls and Fragility Fracture Audit Programme Scientific and Publications Committee and is a member of their Fracture Liaison Service Database Advisory Group. She chairs the British Geriatric Society Falls and Bone Health Section and is chair-elect of the UK National Osteoporosis Guideline Group. She is a Fellow of the Royal College of Physicians of London.

Dr Rose Penfold, Academic Clinical Fellow, St Thomas' Hospital (GSTT)

I am currently an Academic Clinical Fellow in Geriatric Medicine at St Thomas' Hospital King's College London and a trainee rep for the BGS Research and Academic Development Committee. I have developing research interests in delirium, cognitive impairment and the impact of frailty and am excited by applying research findings to inform healthcare policy

Dr Sarah Richardson, NIHR Academic Clinical Lecturer - Geriatric medicine, Newcastle Hospitals

Sarah is an ST4 Geriatric Medicine and NIHR Academic Clinical Lecturer in Newcastle

Professor Richard Keen, Consultant in Metabolic Bone Diseases, Royal National Orthopaedic Hospital

Richard graduated from St Mary's Hospital Medical School in 1988. After training in general rheumatology, he developed his interest in osteoporosis and rare bone diseases. He completed his PhD examining the genetic epidemiology of postmenopausal osteoporosis and was the recipient of Young Investigator Awards from the American Society for Bone and Mineral Research and the European Calcified Tissue Society. In 1999 he was appointed as Consultant in Metabolic Bone Disease at the Royal National Orthopaedic Hospital, Stanmore, UK.

Dr Keen is experienced in the management of patients with osteoporosis and other rarer bone diseases including Paget's disease, osteogenesis imperfecta, X-linked hypophosphataemic rickets, fibrous dysplasia and fibrodysplasia ossificans progressiva (FOP). He also works with athletes from sports such as athletics, rugby union and football, and has expertise in management of bone-related problems such as stress fractures, bone stress response/bone marrow oedema syndromes, osteitis pubis and myositis ossificans.

Dr Jonathan Marks, Consultant Rheumatologist, University Hospitals Dorset

I was appointed as a consultant rheumatologist at Royal Bournemouth and Christchurch Hospitals (RBCH) in September 2014 having undertaken specialist training within the Wessex region and I continue to lead our rheumatology clinical research team since that time. I also have an interest in digital tools to support clinicians and patients managing inflammatory arthritis. Since 2018 I have Chaired a regional transformation programme to deliver networked rheumatology services in Dorset and I continue to work cross-site at Dorset County Hospital, Dorchester supporting the management of patients with rheumatic disease across the county.

I see all rheumatic conditions with a particular interest in lupus, connective tissue disease, vasculitis, periodic fever syndromes and fever of unknown origin.

I chose my specialty mostly because I enjoy talking with patients, understanding how their symptoms affect them and combining the science of medicine with the art of managing the person as an individual. In rheumatology we are fortunate to be able to offer meaningful interventions that can really help to control symptoms and keep people fit, active and healthy.

Dr Melanie Dani, Consultant, Imperial College Healthcare NHS Trust

Melanie Dani is a Consultant in geriatric medicine, and is completing a PhD from Imperial College London studying biomarkers in Alzheimer's disease. Her clinical and research interests are in cognition and dementia.

About the speakers Day 2

DrJoseph Kwan, Consultant in stroke and neurosciences, Imperial College Healthcare NHS Trust

Joseph Kwan is a Consultant in Stroke & Neurosciences at Imperial Stroke Centre. He is also an Honorary Senior Lecturer at Imperial College London and Honorary Clinical Associate Professor of Geriatric Medicine at The University of Hong Kong. He qualified in Medicine from Bristol in 1994, obtained his MPhil from Southampton in 2000, and MD from Edinburgh in 2002. He became a Consultant in GIM and Geriatric Medicine in 2006 and Visiting Professor at Bournemouth University in 2009. He worked abroad as a Clinical Associate Professor in Geriatric Medicine at The University of Hong Kong in 2013–2018, where he founded the HKU Gerontology Research Laboratory. He returned to Imperial College London in 2018 as a Stroke Consultant, where he serves as the Head of Original Stroke Research and SSNAP. His research focuses on stroke, cognition and ageing: https://www.imperial.ac.uk/people/joseph.kwan

Mr Will Eardley, Consultant Orthopaedic Trauma and Limb Reconstruction Surgeon, South Tees Hospitals NHS Trust

Will is an academic orthopaedic trauma surgeon based at the University of York and the James Cook University Hospital, Middlesbrough. His clinical practice is in the management of acute traumatic injury alongside post injury and deformity reconstruction.

Will is the clinical lead for orthopaedic trauma and is the NHFD lead clinician for hip fracture care as well as the lead for clinical education in the orthopaedic department of the James Cook University Hospital.

About the speakers Day 2

About the speakers Day 3

Dr Richard Genever, Consultant Geriatrician, Chesterfield Royal Hospital

Dr Genever has been a Consultant Physician and Movement Disorders Lead at Chesterfield Royal Hospital since 2007. He was a delegate on one of our Masterclass courses and has since joined the Faculty.

He has an interest in inpatient aspects of care and helped to develop a guideline on managing Parkinson's around the time of surgery.

Dr Genever is a Clinical Associate with ECIST (The Emergency Care Improvement Support Team).

Dr Paul Worth, Consultant Neurologist, Addenbrooke's Hospital

Paul is a consultant neurologist with a special interest in Movement Disorders and Parkinson's disease at Addenbrooke's Hospital in Cambridge.

Dr Neil Archibald, Consultant Neurologist & Clinical Director for Neurology and Stroke, James Cook University Hospital

Dr Neil Archibald graduated from Oxford University in 1999, and undertook initial higher training as a Geriatrician. Having failed at this, he transferred to Neurology in 2005, completing his specialist training in the North East.

He commenced his consultant post in 2012, at The James Cook University Hospital, as part of the 10-person strong neurology department in Middlesbrough. He specialises in Movement Disorders, and works with a multi-disciplinary team to deliver services across Teesside, Durham, Darlington and North Yorkshire. The Parkinson's Advanced Symptoms Unit, set up in 2015 with a Health Foundation grant, focuses on rapid-access, specialist MDT working for patients with both physical and mental health problems related to their Parkinson's. The service won a National Patient Safety Award in 2016 and a Parkinson's Excellence Network Award in 2017.

Dr Archibald completed his PhD at Newcastle University in 2010, and has a particular interest in the array of visual symptoms encountered in PD and PD dementia. He is an honorary psychiatrist with Tees, Esk and Wear Valley Mental Health Trust, allowing him to deliver Parkinson's psychosis interventions, including clozapine, for patients that might otherwise prove challenging for adult psychiatry or MHSOP teams to manage alone.

He is chair of the Parkinson's Excellence Network for the North East and Cumbria and teaching on the Parkinson's Academy Masterclass is one of his favourite parts of the year.

Dr David Okai Clinical Lead in Neuropsychiatry | Consultant Neuropsychiatrist Clinical Director, Commercial/Corporate, SLaM

Dr David Okai MRCPsych, MD(Res) PGDip(CBT) is a Consultant Neuropsychiatrist at South London and Maudsley NHS Foundation Trust, Clinical Lead for the Department, and Honorary Senior Clinical Lecturer in Neurosciences in Oxford. He trained in psychiatry at the Bethlem and Maudsley Hospital, and also spent some time at Queen Square Institute of Neurology.

During his training he undertook a diploma in Cognitive Behavioural Therapy (CBT), and completed his doctorate (MDRes) in research psychology – based on the assessment and psychosocial management of Parkinson's patients with complex neuropsychiatric conditions.

He currently serves on the board of directors for the British Neuropsychiatric Association (BNPA), and is a co-opted member of the Royal College of Psychiatrists Faculty of Neuropsychiatry. He has been a founding member of the Faculty of Neuropsychiatry Movement Disorders Working Group; advisor to the All-Party Parliamentary Group on the Management of the Neuropsychiatry of Parkinson's; worked on the Clinical Advisory Panel of Parkinson's UK; and was a member of the Movement Disorders Task Force on Rating Scales in ICBs.

He teaches nationally and internationally on many different areas of neuropsychiatry, and has published book chapters on neuropsychiatry/psychology, and general psychiatry. His main research interest is the psychosocial factors of Impulse Control Behaviours in Parkinson's. He has additional interests in factors such as the real-world validity of psychological tests of dysexecutive syndrome. He is involved with ongoing work on a large prospective studies of PD progression and how this impacts on personality and behaviour in Oxford; NIHR funded projects on the neuropsychiatry of the autoimmune encephalopathies, and a further trial in Depression in Traumatic Brain injury.

Dr David Strain, Senior Clinical Lecturer (E&R), University of Exeter

Dr David Strain is a Senior Clinical Lecturer at the University of Exeter Medical School, an honorary consultant in medicine for the older adult, Head of the academic department for healthcare for older adults and the co-chair of the British Medical Association's medical academic staff committee. Clinically, he runs a community diabetes service for the older adult, works as an in-patient stroke consultant, and participates in the chronic fatigue service. Prior to this, Dr Strain studied at Liverpool University before completing his Doctorate in Medicine on 'Ethnic differences in the vascular responses to insulin resistance' at the International Centre for Cardiovascular Health, Imperial College, London.

His main research focus is the health of older adults with diabetes; ensuring the right patient gets the right treatment. This includes research across the spectrum from mechanistic studies in the biologically young to pragmatic trials in the frail elderly

About the speakers Day 3

population. He has an expertise in exploring the mechanism that some medications give benefits for people with diabetes beyond their effect on sugar and blood pressure, to determine if we can better select the medication for each patient. He has performed the only study to date demonstrating the feasibility of individualizing targets for older adults across Europe. This has informed the new UK guidance document for the management of older adults with diabetes and frailty, of which he was lead author. Within this remit, he engages in multidisciplinary research portfolio, supervising renal physicians, cardiologists, radiographers, basic scientists as well as geriatricians.

Additionally, he has performed a global project exploring the causes of clinical inertia, that is the reason why doctors and people with diabetes don't escalate their treatments in a timely manner. He chairs the steering committee in association with the former International Diabetes Federation (IDF) president, Sir Michael Hirst called 'Time 2 Do More in DiabetesTM', aiming to reduce this phenomenon.

His role in global drug development advisory boards, and ability to translate complex mechanisms using readily interpretable analogies has earned him a global reputation for providing relevant comprehensible lectures. As a result he has presented his work in over 110 countries, including USA, Canada, across Europe, the Middle East, India, Latin America, Africa, China, Russia and Australasia

Since March 2020, he has been heavily involved in the COVID-19 response team. Within the BMA he has led the academic response to risk assessment of healthcare workers and been responsible for several briefing statements such as position statement on face masks and covid late complications, whilst clinically he was the lead on the COVID ward for older adults at the Royal Devon & Exeter NHS Foundation Trust. Their multidisciplinary approach to COVID management has resulted in one of the lowest mortality rates per admission, despite having one of the oldest populations in the country.

Dr Francesca Morgante, Consultant Neurologist, St George's University Hospitals NHS Foundation Trust

Francesca Morgante is a neurologist with expertise in Movement Disorders, working as Reader in Neurology at St. George's University of London. Currently, she is a Reader at St. George's University of London and honorary consultant neurologist at St. George's Hospital, where she focuses her main clinical activities on people with advanced Parkinson's disease, Dystonia and rare Movement Disorders. Her research is focused on psychiatric features of Parkinson's disease, particularly impulsive-compulsive behaviours, on the brain mechanism of motor complications of Parkinson's disease (such as dyskinesia) and on novel technologies applied to Deep Brain Stimulation. She has published more than 110 papers on peer-reviewed journals and many chapters in books focusing on Movement Disorders. She is part of the editorial board of Movement Disorders Journal and Movement Disorders Clinical Practice

Professor Huw Morris, Professor of Clinical Neuroscience at UCL Institute of Neurology (ION), Honorary Consultant Neurologist at the Royal Free Hospital and the National Hospital for Neurology and Neurosurgery (NHNN).

He was Professor and Senior Lecturer in Neurology and Neurogenetics at Cardiff University, the Royal Gwent Hospital and the University Hospital of Wales from 2003-2013. His clinical and research training took place at the National Hospital, the Mayo Clinic and the Western Pacific island of Guam. His main interests are Neurogenetics, Movement Disorders and Dementia. He led a community based study of early onset PD in South Wales, is a Co-Investigator on the PROBAND/Tracking Parkinson's study and is leading a UK-wide longitudinal study of PSP and CBD. He is interested in the genetics and pathology of tauopathies like PSP and CBD, in early onset and familial Parkinson's and using this research to develop new treatments for patients with these diseases.

Professor Mark Edwards Professor of Neurology Eleanor Peel Chair, Professor of Neurology with a Research and Clinical Interest in Motor Control and Neuropsychiatry, St Georges' University London

Professor Mark Edwards is a neurologist who studies how the brain controls movement and how abnormalities of movement occur in people with neurological illness. He holds the Eleanor Peel Chair for the Study of Ageing.



Thinking beyond the *status quo* in Parkinson's disease - Current and future therapies

Dear Healthcare Professional,

Kyowa Kirin Limited is delighted to be part of the forthcoming British Geriatrics Society (BGS) Autumn meeting taking place virtually on 24th -26th November 2021.

We are pleased to invite all registered BGS participants to join us for our sponsored symposium taking place as part of the BGS Movement Disorders Section (BritMODIS) meeting on Friday 26th November 2021.

We look forward to seeing you there!

Speakers:



Dr Emily Henderson

Academic Consultant Geriatrician, Royal United Hospitals Bath and Honorary Consultant Senior Lecturer, University of Bristol



Dr Robin Fackrell

Consultant Physician & Specialist in Parkinson's Disease & Related Disorders, Royal United Hospital, Bath

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THINK BEYOND is a medical education programme for healthcare professionals with a special interest in Parkinson's disease. Designed in partnership with a Steering Committee of expert clinicians it addresses the daily challenges, struggles and triumphs of all those impacted by this disease. Find out more here.

At Kyowa Kirin International, commitment to life is at our core. Built out of Japan, we bring many years of experience in neurology, as we continue our mission for scientific discovery to help improve lives and brighten futures. We strive to make a meaningful difference to those living with Parkinson's disease, their loved ones and the healthcare professionals who care for them. Our vision is to bring a smile to everyone we work with and serve.

This symposium invitation is intended for healthcare professionals only. This content is developed and funded by Kyowa Kirin Limited. KKI/UK/IST/0069. Date of preparation: Oct 2021.

Inspired by patients.

Driven by science.



This information is intended for a UK healthcare professional audience only.

This is a promotional symposium arranged and funded by UCB Pharma Ltd (co-promoted by Amgen For prescribing information and adverse event reporting please click here.

UCB Pharma Ltd Sponsored Symposium:

Understanding fracture risk and why it's everyone's business



Prof Opinder Sahota
Professor of Ortho-Geriatric Medicine and
Consultant Physician, Nottingham University
Hospitals NHS Trust



Dr Madhavi VindlacheruvuConsultant Orthogeriatrician, Cambridge

University Hospitals

NHS Foundation Trust

BGS Autumn Meeting 2021 Date: Thursday 25th November 2021 Time: 13:15 – 13:45 (GMT)

It is with our pleasure to invite you to this interactive symposium with **Prof Opinder Sahota** and **Dr Madhavi Vindlacheruvu** on the topic of effectively assessing and managing fracture risk in elderly patients.

In this session, we will be covering:

- What is very high and imminent fracture risk and how does this present in the clinic?
- What do the new guidelines/data say about the treatment options for these patients?
- What actions can elderly care clinics take to identify and treat these patients early on to avoid future fractures?



British Geriatrics Society Improving healthcare for older people

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Patron HRH The Prince of Wales