

Trainees Meeting 2025

15 - 16 May

Horizon Leeds & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD and to generate a CPD certificate. It also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 2 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at @GeriSoc and use the hashtag #BGSconf.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors:

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

Social programme

Information

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Leeds with you. We hope this Trainees Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, meet a new colleague or catch up with an old friend.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights tha Leeds has to offer. Please see the below timetable to help plan your time.

SOCIAL PROGRAMME *This social programme is self	funded, independent from our sponsor's support.
Thursday 15 May	Friday 16 May
13.00 - 14.00 Lunch meetups	08.30 Early Morning - Coffee Crawl
Join colleagues after the sessions. We will have meet up points for specific interests.	
19.00 Social Dinner	13.00 - 14.00 Lunch meetups
Join colleagues after the sessions for drinks and food. White Cloth Hall Market Attendees will pay for their own food and drinks - We will supply the friendly atmosphere and conversation.	Join colleagues after the sessions. We will have meet up points for specific interests.



NAVIGATING COMPLAINTS AN INTERACTIVE WORKSHOP

Feeling uncertain about handling complaints? You're not alone.

Join us for an interactive and safe space to explore the complaints process and gain confidence in responding



WORKSHOP AIMS:

- Help trainees feel more confident in the complaints process and their role as SpRs/Consultants.
- Encourage open discussions about concerns and challenges.
- Provide practical experience in responding to complaints.

WHAT YOU'LL LEARN:

Understanding the Process:
What happens once a formal complaint is made?

O Roles & Support:

Who responds to the complaint and what support is available?

Best Practices:
Principles of how to respond effectively and professionally.

This session is designed to be highly interactive, with opportunities for discussion and reflection.

DATE: Friday, 16th of May **TIME:** 11.30am

Join us to build confidence and skills in managing complaints!

Sustainability

Information



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to walk, cycle or travel by public transport to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable**, **meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (**www.bgs.org.uk/25Trainees**) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the 'Sign in for CPD today' button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (**https://posters.bgs.org.uk**) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our <u>FAQs</u> first for any queries you may have about attendance or on demand watching.

About the speakers

KEYNOTE: Thursday 15 May 09.30

Professor Andy Clegg Professor of Geriatric Medicine

Andy is Professor of Geriatric Medicine at the University of Leeds, honorary consultant geriatrician at Bradford Royal Infirmary and Associate Director of Health Data Research UK North (HDRUK North). He leads a research theme focused on improving care for older people with frailty as part of the NIHR Applied Research Collaboration Yorkshire & Humber (NIHR ARC YH). Andy also leads a number of NIHR funded studies: a Programme Grant to optimise and evaluate personalised care planning for older people with frailty (PROSPER); the Home-based Extended Rehabilitation for Older People (HERO) trial, and the Community Ageing Research 75+ (CARE 75+) national cohort study.

Andy has considerable expertise in research using routine health data. He led the development, validation and national implementation of the award winning and NICE-recommended electronic frailty index (eFI), and is currently leading work to develop eFI2 as part of NIHR ARC YH. Andy is also leading the NIHR HTA-funded eFI+ project, building on the eFI to develop four integrated prognostic-decision models to better target interventions (community rehab, falls prevention, community CGA and advance care planning) for people with frailty.



In his role as Associate Director of HDRUK North, Andy is leading the development, validation and evaluation of an anticholinergic medication index using prognostic modelling methods.

KEYNOTE: Friday 16 May 09.30



Dr Tom Downes National Clinical Director for Older People

Tom completed medical training at Guy's Hospital and has been Consultant Geriatrician in Sheffield Teaching Hospitals since 2003. In 2009, Tom undertook a Health Foundation QI Fellowship at the Institute for Healthcare Improvement, Boston, USA and returning to Sheffield developed the role of Clinical Lead for Quality Improvement. He completed his MPH at Harvard University in 2011. In 2013, Tom was appointed Honorary Professor at Sheffield Hallam University. His main interest is the translation of improvement science to achieve transformative redesign of complex healthcare and high quality levels of performance.

Tom has facilitated the redesign of acute geriatric care in Sheffield using methodology translated from Toyota. The geriatric medicine team have designed and launched a seven day multidisciplinary Frailty Assessment Unit achieving significant reductions in length of stay and mortality. Subsequently, Tom coached the transformative redesign of discharge of frail older patients with the 'Discharge to Assess' innovation delivering an improved patient experience while reducing hospitalization by thousands of bed days

Tom is now National Clincal Director for Older People at NHS England.
Twitter: @sheffielddoc

Accommodation and attractions

Information



Accommodation in recent years has increased in costs and this year keeping costs low is important.

To secure the best accommodation within your budget we recommend you book as early as possible,

Click here for accommodation at reduced rates

Useful information about Leeds

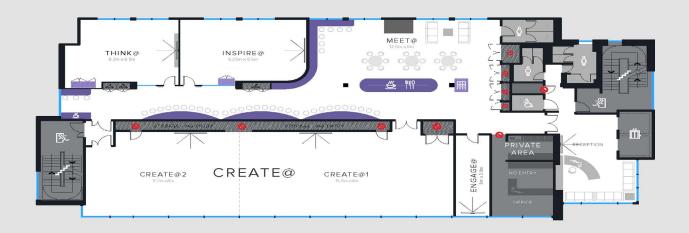
Other sites and booking directly with the hotels may be cheaper - please do shop around. BGS members can also access preferential rates at the Hilton chain using the details below.

HILTON

- · Log on to www.hilton.com
- · Put in the location and dates
- Click on advanced search
- · Click on 'Add a special rate code'
- In the corporate account box, type in 113011292

Venue Floorplan

HORIZON



Day 1 At a glance

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	Overview		
8.30	Registration		
9.45	Opening Address		
10.00	Guest Lecture - Geriatric medicreate 1&2	icine in the new world	KEYNOTE
10.45	Subspecialty talks Create 1&2	M CIP 1 GM CIP	2 GM CIP 3
11.30	Free time		
12.00	, , , , , , , , , , , , , , , , , , , ,	New Consultant Panel Inspire GENERIC CIP 1	#ChooseGeriatrics Think
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to cate Look out for the signs indicating		
	l eetups agues over lunch to catch up for the signs indicating where to m	neetup.	
14.00	Workshops Create 1&2	Continence Inspire PV Examinations GM CIP 2	Tissue Viability Think GM CIP 2
15.30	Free time		GENERIC CIP 1
16.00	OOPE Create 1&2		
17.00	End of Day 1		
19.00	Social programme: Dinner and	d Drinks	

Registration from 08.45

Opening address

09.45 Opening words from BGS President, Professor Jugdeep Dhesi

Innovation in Geriatric Medicine from Yorkshire

Moderators: Joyce Lau and James Laraman

Create 1&2

10.00 Implementing delirium assessment and prevention

Dr Sean Ninan, Consultant Geriatrician, Leeds Hospitals NHS Teaching Trust

10.00

10.20 Vascular services for those living with frailty

Dr Rebecca Anthony, Consultant in Elderly Medicine with an interest in Perioperative Medicine, Leeds teaching Hospitals NHS Trust

Guest Lecture

Moderators: Julianna Raghu and Victoria O'Brien



Create 1&2

10.45 Geriatric medicine in the new world

10.45

Professor Andrew Clegg, Professor of Geriatric Medicine, Head of Academic Unit for Ageing & Stroke Research Theme Lead, NIHR Applied Research Collaboration Yorkshire & Humber Co-Director, Health Data Research UK North, University of Leeds & Bradford Teaching Hospitals NHS Foundation Trust

Poster viewing time

11.30

Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the <u>BGS website</u>

Breakout sessions

Career Development

	<u>'</u>		
	SCE preparatory session Moderators: Dylan Fisher Barry and Sara Page Create 1&2	New consultant panel Moderators: Julianna Raghu and Victoria O'Brien Inspire	#ChooseGeriatrics Moderators: Anirudh Kumar and Ennan Mwendwa Think
12.00 - 13.00	Dr Divya Tiwari, Consultant Geriatrician, Royal Bournemouth Hospital Foundation Trust, BGS Deputy Honorary Treasurer and SCE Board Chair and Dr Sandy Thomson, Consultant Geriatrician, Salford Royal Hospital, SCE Exam Question Writer Chair	Dr Laura Hopkins, Consultant Geriatrician - Acute Frailty and GIM, St. Mary's Hospital, Imperial College Healthcare NHS Trust; Dr Abigail Flinders, Consultant in Elderly Medicine, Leeds Teaching Hospitals Trust and Dr Kate Guthree, Consultant Geriatrician, Mid Yorkshire NHS Trust	Dr Angela Nelmes, StR Geriatric Medicine, University Hospital Wales and Dr Sarah True, Specialist Registrar in Geriatric Medicine, University Hospital Coventry

13.00 - 14.00	Lunch Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the <u>BGS website</u>
13.00 -	Group Meetups
14.00	Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.

Carousel 25 min per station, participants rotate around

	BPPV Dix-Hallpike test and the Epley manoeuvres Facilitator: Boon Loo, Create 1&2	Continence Devices and Examinations Facilitator: Victoria Suter-Jones Inspire Not streamed	Tissue Viability - Pressure Ulcers and Skin Tears Facilitator: Dylan Fisher Barry Think Not streamed
14.00 - 15.30	Dean Metz, ACPIVR Regional Coordinator, Falls & Vestibular Specialist Physiotherapist, South Tyneside and Sunderland NHS Foundation Trust	Dr Victoria Suter-Jones, Consultant Geriatrician, University Hospital of Wales Co-chair CAV Antimicrobial Management Group Honorary Lecturer Cardiff University and Mr Sami Shawer,	Clare Greenwood and Donna Button, Tissue Viability Clinical Specialist Nurse, Leeds Teaching Hospitals NHS Trust
	Dr Boon Loo, Consultant Physician and Geriatrician, Sheffield Teaching Hospitals NHS Trust	Consultant Urogynaecologist Dr Mosab Mahadi, and Dr Sharifah Naseem, Senior Gynaecology Trainees, South Tees Hospitals NHS Foundation Trust	
15.30	· ·	poster viewing time: Authors will be submitted via the <u>BGS website</u>	e able to take questions and

Out of Programme

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16.00 - 17.00	Community Dr Julianna Raghu, \$17 Geriatric and General Internal Medicine, Guys and St Thomas' NHS Trust PhD Dr Jonny Bunn, Geriatric Medicine Registrar, Northern Deanery FMLM Dr Trisha Jeyabalasingham, Workforce Transformation and Service Improvement Fellow, North Middlesex University Hospital Stroke Dr Nicola Vella, Geriatric Medicine Registrar, Thames Valley
	Stroke Dr Nicola Vella, Geriatric Medicine Registrar, Thames Valley
17.00	
	PhD Dr Jonny Bunn, Geriatric Medicine Registrar, Northern Deanery
	Community Dr Julianna Raghu, ST7 Geriatric and General Internal Medicine, Guys and St Thomas' NHS Trust
	Moderators: Joyce Yau and James Laraman

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	Overview		
8.30	Social coffee and Walk. Meet at La	yne's Coffee	
09.30	Guest Lecture - Neighbourhood h Create 1&2	ealth and the 3 shifts	P 5 KEYNOTE
10.15	Subspecialty talks Create 1&2	GM CI	P4 GM CIP 6
11.00	Free time		
	\	Vorkshops	
11.30	Responding to complaints Create 1&2 GENERIC CIP 3	Service development Inspire Developing a business plan to commission or develop a service GM CIP 7 Not streamed	Coroner's Court Think GENERIC CIP 2
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to catch up Look out for the signs indicating whe		
	М	asterclasses	
14.00	Policy Masterclass Create 1&2 GENERIC CIP 1 GM CIP 7	QIP Masterclass Inspire GENERIC CIP 4 GM CIP 7	
15.00	Patient Safety, Risk and Governance Create 1&2 GENERIC CIP 4 GM CIP 7	Research Journal Club Inspire GENERIC CIP 4 GENERIC CIP 5	

Dr Ruth Law, Honorary

Consultant in care of older people and clinical lead,

Whittington Health NHS Trust

Secretary, BGS and

Social	Coffee and Walk		
08.00 - 09.15	Meet for coffee and a walk arou	and around Leeds. Meet at Layne's	Coffee
	ration from 08.45		
	Lecture		KEYNOTE
9.30 - 10.15	Moderators: Julianna Raghu and V Create 1&2 09.30 Neighbourhood health and Dr Tom Downes, Consultant Geri National Clinical Director for Olde	the 3 shifts iatrician, Sheffield Teaching Hospital	s NHS Trust and
10.15 - 11.00	Medicine, Cambridge University I 10.35 Rehabilitation of the older	uinee Registrar Year 7 in Geriatric M Hospitals NHS Foundation Trust	
11.00	Poster viewing time Visit the sponsored stands and p provide more detail to questions	poster viewing time: Authors will b s submitted via the <u>BGS website</u>	e able to take questions and
Work	shops		
11.30 - 13.00	Responding to complaints Moderators: Sarah True and Angela Nelmes Create 1&2 The session should enable attendees to: • Understand the process of what happens once a formal complaint has been made • Learn who responds to the complaint and what support is available	Service development Moderators: Sara Page and Anirudh Kumar Inspire The session will be an opportunity to work in groups, to develop a business case to the ICB for a new front door service. It's aimed to show how a business case is put together and who are the key ICB stakeholders. Dr Iain Wilkinson, VP	The Art of the Coroner Moderators: Ennan Mwendwa and James Laraman Think This will cover notifying a death and the role of a coroner, how an investigation unfolds, interested persons and witnesses at an inquest and preventing future deaths. Andrew Harris, Assistant Coroner, South London,
13.00	is available Cover the principles of how to respond to a complaint Dr Ipshita Scarrott, Clinical Lead, and Emma Oxtoby, QAL lead, Harrogate Hospital	Education BGS and Consultant Geriatrician, Surrey and Sussex Healthcare NHS Trust Dr Holly Middleditch, ST6 Registrar in Sexual Health and HIV Medicine, King's College	Professor of Coronial Law, William Harvey Research Institute, Queen Mary's University of London and Panel Member Ministerial Advisory Panel on deaths in Custody.

HIV Medicine, King's College

Dr Victoria O'Brien, Co-Chair

London

Trainees' Council

13.00	Lunch Visit the sponsored stands and poster viewing timprovide more detail to questions submitted via the	·
13.00	Group Meetups Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.	
Maste	erclasses	
	Policy Masterclass Moderators: Megan Knight and Diana Newman Create 1&2	QIP Masterclass Moderators: Sarah True and Angela Nelmes Inspire
14.00 - 15.00	Dr Megan Knight, ST4 Geriatric Medicine, Whittington Hospital and Dr Diana Newman, ST4 Geriatric Medicine, Frimley Park Hospital Dr Ruth Law, Honorary Secretary, BGS and Consultant in care of older people and clinical lead, Integrated Community Ageing Team (ICAT), Whittington Health NHS Trust	Dr Tom Downes, Consultant Geriatrician, Sheffield Teaching Hospitals NHS Trust and National Clinical Director for Older People NHS England Dr Sean Ninan, Consultant Geriatrician, Leeds Hospitals NHS Teaching Trust
	Lucy Aldridge, Policy Co-Ordinator BGS	Dr Tom Bartlett, Consultant Geriatrician, University Hospitals Dorset and VP Clinical Quality, BGS (remote)
	Patient Safety, Risk and Governance Moderators: Julianna Raghu and Victoria O'Brien Create 1&2	Research Journal Club Moderators: Joyce Lau and James Laraman Inspire
15.00 - 16.00	Dr Georgina Meredith, Consultant Physician - General, Geriatric and Stroke Medicine, King's College London NHS Foundation Trust	Discussion of a paper on Haematology and Older People using the Critical Appraisal Skills Programme toolkit Dr Oly Todd, Associate Professor, University of Leeds and Dr Eden Page, FY1, Bradford Royal Infirmary
16.00	Conference Close	

Day 1

GENERIC CIP #	Generic CIP Generic Capabilities in Practice. 1. Able to successfully function within NHS organisational and management systems 2. Able to deal with ethical and legal issues related to clinical practice 3. Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement 4. Is focussed on patient safety and delivers effective quality improvement in patient care 5. Carrying out research and managing data appropriately 6. Acting as a clinical teacher and clinical supervisor
	Geriatric Medicine CIP
GM CIP #	Geriatric Medicine Specialty CiPs 1. Performing a comprehensive assessment of an older person, including mood and cognition, gait, nutrition and fitness for surgery in an in-patient, out-patient and community setting
	2. Managing complex common presentations in older people, including falls, delirium, dementia, movement disorders, incontinence, immobility, tissue viability, and stroke in an in-patient, out-patient and community setting
	3. Managing older people living with frailty in a hyper-acute (front door), in-patient, out-patient and community setting
	4. Managing and leading rehabilitation services for older people, including stroke
	5. Managing community liaison and practice
	6. Managing liaison with other specialties, such as surgery, orthopaedics, critical care, oncology and old age psychiatry
	7. Evaluating performance and developing and leading services with special reference to older people
Innovations in geriatric medicine in Yorkshire Implementing delirium assessment and prevention Vascular services for those living with frailty	 Geriatric medicine CIP 1: Comprehensive assessment of the older person Performs an assessment of cognition (including acute, chronic and rapidly deteriorating) and mental capacity Geriatric medicine CIP 2: Managing complex presentations "Recognises, diagnoses and manages a state of delirium presenting both acutely or sub-acutely and identifies those who require follow up" Assesses and manages common types of leg and pressure ulceration, surgical and other wounds in older patients Geriatric medicine CIP 3: Frailty Recognises the impact of frailty on the management and prognosis of patients living with chronic conditions
	Breakout sessions : Career development
New Consultant panel	Generic CIP 1: Functions successfully within the NHS • Demonstrates engagement in career planning
SCE Preparation	Generic CIP 1: Functions successfully within the NHS • Keeps practice up to date through learning and teaching
	Carousel
Dix-Hallpike / Epley manoeuvre	Geriatric medicine CIP 2 : Managing complex presentations • Assesses and manages older patients presenting with falls
Continence	Geriatric medicine CIP 2 : Managing complex presentations • Assesses and manages older people with urinary and faecal incontinence
Tissue viability	Geriatric medicine CIP 2: Managing complex presentations • Assesses and manages common types of leg and pressure ulceration, surgical and other wounds in older patients
	Panel
	Generic CIP 1 : Functions successfully within the NHS
Out of programme	 "Keeps practices up to date through learning and teaching" Demonstrates engagement in career planning

Guest lecture Neighbourhood health and the 3 shifts	 Geriatric medicine CIP 5: Community practice -Understands the various agencies involved in community care, (including voluntary, social prescribing and third sector)
Life after stroke Rehabilitation of the older patient	 Geriatric medicine CIP 4: Rehabilitation and stroke Applies the principles of specialist rehabilitation services (including orthogeriatric and stroke) Appropriately assesses patients for rehabilitation in medical, orthopaedic and surgical wards, and identifies those suitable for community rehabilitation Geriatric medicine CIP 6: Liaison with other specialties Demonstrates the ability to assess patients for rehabilitation in medical, orthopaedic and surgical wards
	Workshops
Service development	Geriatric medicine CIP 7: Service evaluation, development and leadership Contributes to, and delivers, quality improvement with a particular focus on services for older people and those living with frailty. Demonstrates a positive attitude to improvement and change Understands management of services, including performance measures, and principles of commissioning where appropriate
Responding to complaints	Generic CIP 3: Patient safety Raises and escalates concerns where there is an issue with patient safety or quality of care Demonstrates commitment to learning from patient safety investigations and complaints
Coroners court	Generic CIP 2: Ethical and legal issues • Aware of national legislation and legal responsibilities, including safeguarding vulnerable groups • Behaves in accordance with ethical and legal requirements
	Masterclasses
Policy	Geriatric medicine CIP 7: Service evaluation, development and leadership Understands management of services, including performance measures, and principles of commissioning where appropriate Understands local, national and UK health priorities and how they impact on services for older people living with frailty Generic CIP 1: Functions successfully within the NHS
Quality improvement	 Aware of the role of, and processes for, operational structures within the NHS Geriatric medicine CIP 7: Service evaluation, development and leadership Contributes to, and delivers, quality improvement with a particular focus on services for older people and those living with frailty. Demonstrates a positive attitude to improvement and change
	Generic CIP 4 : Safety and quality - Contributes to and delivers quality improvement
Patient safety, risk and governance	 Contributes to and delivers quality improvement Geriatric medicine CIP 7: Service evaluation, development and leadership Demonstrates commitment to learning from patient safety investigations and complaints, shares good practice appropriately and develops services accordingly Generic CIP 4: Safety and quality
	 Contributes to and delivers quality improvement Geriatric medicine CIP 7: Service evaluation, development and leadership -Demonstrates commitment to learning from patient safety investigations and complaints, shares good practice appropriately and develops services accordingly Generic CIP 4: Safety and quality Makes patient safety a priority in clinical practice
	 Contributes to and delivers quality improvement Geriatric medicine CIP 7: Service evaluation, development and leadership -Demonstrates commitment to learning from patient safety investigations and complaints, shares good practice appropriately and develops services accordingly Generic CIP 4: Safety and quality



British Geriatrics Society Improving healthcare for older people

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