

# POPS (Perioperative Care of Older People Undergoing Surgery) Meeting 2025

11 September

Wellcome Collection, London & Online  
(Hybrid meeting)

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

**Online:** You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

### 2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD and to generate a CPD certificate. It also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during meeting to speak to a sponsor.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGScnf](#).

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

## With grateful thanks to our sponsors: Alliance Pharmaceuticals and Edwards Lifesciences

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online ([www.bgs.org.uk/25POPSs](http://www.bgs.org.uk/25POPSs)) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



## Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

**Registration from 08.45****Opening address**

09.45

**Opening words****Updates in Perioperative Medicine**

Moderator: David Shipway and Kathleen Anand

10.00

**10.00 When Not Operating Is a Choice: Insights from NoLap Year 1**

Angeline Price, Advanced Practitioner, Salford Royal Hospital, NELA Nurse/AHP National Lead and BGS Deputy Hon Meeting Secretary and Dr Ee-Neng Loh, NELA Clinical Fellow, St George's University Hospitals NHS Foundation Trust, London

**10.30 Older surgical patients in the UK: understanding frailty, delirium, and their consequences**

Dr Claire Swarbrick, ST6 anaesthetic resident, Royal Devon and Exeter Hospital

11.00

**Poster viewing time**

Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#)

**Anaesthesia**

Moderators: Karina James and Paris Walker

11.15

**11.15 What happens during CPEX and how should I interpret the results?**

Dr James Day, Consultant Intensive Care/Anaesthetics, OUH Pre-op Lead, Oxford University Hospitals

**11:35 What can the anaesthetist do to reduce delirium?**

Dr Helgi Johannsson, Consultant anaesthetist and clinical director for theatres, anaesthesia, pre-op assessment and pain, Imperial College Healthcare NHS Trust

**11:55 Anaesthetising the patient with aortic stenosis – is it really such a big deal?**

Dr Jonathan Barnes, Consultant Cardiac Anaesthetist, Bristol Heart Institute, University Hospitals Bristol and Weston NHS Foundation Trust

**12:15 Discussion**

12.30

**Lunch and Poster viewing time**

Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#)

**Cardiology**

Moderators: Clare Hughes and Frances Rickard

13.30 - 14.45	<p>13:30 <b>The heart failure patient needing surgery- when conservative management isn't an option.</b> Dr Aaron Wong, Consultant Cardiologist, Princess of Wales Hospital</p> <p>13:50 <b>TAVI for critical aortic stenosis: the new gold standard?</b> Dr Steve Dorman, Consultant Cardiologist, Bristol Heart Institute, University Hospitals Bristol NHS Foundation Trust</p> <p>14:10 <b>Selection of older patients for TAVI- how to pick the right patient at the right time.</b> Dr Ben Wildblood, Consultant Geriatrician, University Hospitals Bristol NHS Foundation Trust</p> <p>14: 30 <b>Discussion</b></p>
14.45	<p><b>Poster viewing time</b> Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS website</a></p>

**Vascular Disease**

Moderators: Danielle Gould and Mark Johnston

15.15 - 16.30	<p>15:15 <b>Acute Limb Ischaemia in the older patient- how to salvage the limb?</b> Mrs Rachel Sam, Consultant vascular surgeon, Clinical service lead for vascular surgery, University Hospitals Birmingham</p> <p>15:35 <b>Rehabilitation after lower limb amputation- what is a realistic outcome for the older amputee?</b> Jodie Spyrou, Advanced Amputee Rehabilitation Practitioner, ARU Clinical Lead Amputee Rehabilitation Unit, Guy's and St Thomas' NHS Foundation Trust and team</p> <p>15:55 <b>When limb salvage has failed: prosthetics fitting after lower limb amputation in the older patient – what should I tell my patient?</b> Val Jacques-Robinson, National Clinical Lead Prosthetist for Opicare, Guy's and St Thomas' NHS Foundation Trust</p> <p>16.15 <b>Discussion</b></p>
16.30	<b>End of Day</b>
16.45	<b>Networking</b>





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