

Improving Continence in Older People

SIG Meeting 2025

18 September

The Spine, Liverpool & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD and to generate a CPD certificate. It also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the meeting to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGScnf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our Gold partner sponsor: Pierre Fabre,

Pierre Fabre Ltd is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than the sponsored promotional symposium. Additionally, Pierre Fabre Ltd has provided sponsorship for a stand.

Thanks to our stand sponsors: Astellas, iMedicare, Nutrinovo

They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/25Cardio) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the '**Sign in for CPD today**' button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://bgs.org.uk/posters>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

Social Coffee and Walk

08.00 - 09.00 Meet for coffee and a walk around around Liverpool

Workshop: Female and Male pelvic health

Moderators: Aine McGovern and Lucy Carpenter

9.30 - 11.00 09.30 **Practical training on assessment and managing pelvic floor health**
Grainne Donnelly, Advanced Physiotherapist, Absolute Physio and JPOGP Editor-in-Chief
and Debbie Dillion, Physiotherapist, Pelvic Health

11.00 **Poster viewing time**
Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#)

Minimal invasive procedures for the frail bladder and bowel

Moderators: Alasdair MacRae and Rhian Morse

11.30 - 13.00 11.30 **Non-pharmacological interventions for urinary and faecal incontinence with older people**
Dr Jackie Buck, Associate Director Clinical Research, St. Bartholomew's Hospital

12.00 **Minimal invasive procedures for the frail bladder**
Mr Andrew Baird, Consultant Urologist, Liverpool University Hospitals NHS Foundation Trust

12.30 **Investigations for bowel incontinence & constipation in older people living with frailty**
Professor James Barret, Consultant Geriatrician, Wirral University Teaching Hospital NHS Foundation Trust

13.00 **Lunch**
Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#)

13.45 **Sponsored symposium**
OAB: The need for treatment in Frail patients - A place for B3 agonists
Dr Susie Orme, Associate Medical Director (Mortality), Lead Medical Examiner, Consultant Care of the Elderly and Stroke, Barnsley Hospital NHS Foundation Trust

Platform Presentations

Moderators: Alasdair MacRae and Lauren Dunlop

14.15 - 15.00	14.15 Abstract 3622 Recurrent UTIs in Frailty: Patient and healthcare implications from a review of inpatient prevalence and management S Tennety; L Watts; G Waddell; A McGovern 14.30 Abstract 3615 Urinary tract infections in frail hospitalised older adults - do guidelines match reality? E West; L Docherty; J Krespi; McComish; M Carron; C White; L Cotton; M Macleod; A McGovern; G Waddell; P Wright 14.45 Abstract 3590 An closed-loop audit on catheter care and documentation practices in elderly care wards in a tertiary centre A Jafri¹; S Nayyar¹; V Bushell¹.
15.00	Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS website
	Case scenarios Moderators: Aine McGovern and Susie Orme
15.30 - 16.30	15.30 Nocturia - MDT Panel Dr Susie Orme, Associate Medical Director (Mortality), Lead Medical Examiner, Consultant Care of the Elderly and Stroke, Barnsley Hospital NHS Foundation Trust Dr Rhian Morse, Consultant Geriatrician, University Hospital Wales - Cardiff and Vale University Health Board Mr Andrew Baird, Consultant Urologist, Liverpool University Hospitals Foundation Trust Helen McGrotty, Continence Nurse Specialist, Warrington
16.30	Conference Close



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Improving healthcare
for older people

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Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit **www.bgs.org.uk/join** to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

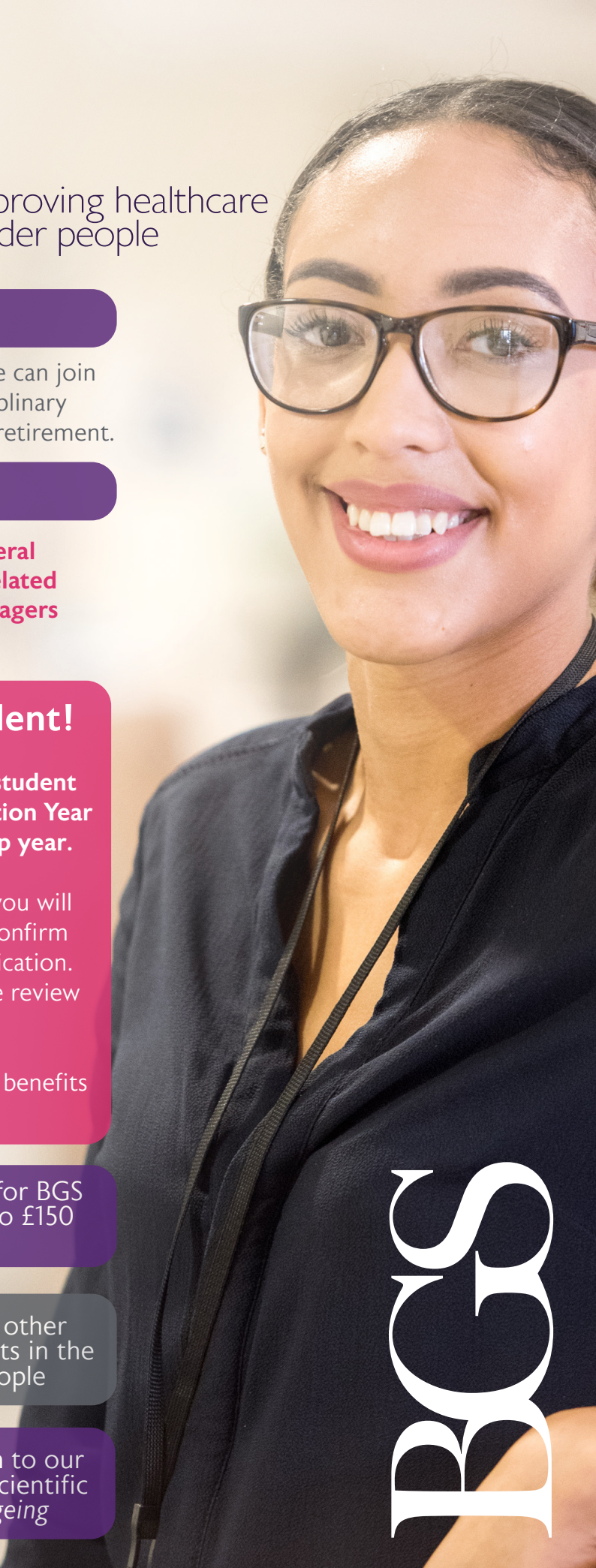
Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



BGS

Become a member today! Join online at **www.bgs.org.uk/join**