

2025 Wales Autumn Meeting 2025

26 September

Education Centre, Ysbyty Ystrad Fawr & Online
(Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD and to generate a CPD certificate. It also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the breaks to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSconf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors

Daiichi Sankyo, EU Medica, Pfizer and Theramex

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme.

Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/25WalesA) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

Use the table below to see an overview.

More detailed information about the sessions in each stream can be found on the following pages.

	Overview
09.30	Social Coffee and Walk Registration
10.00	StR in Geriatric medicine training day (Invitation only) Stroke and Rehabilitation <i>Seminar Room 2</i>
13.00	Lunch and posters
14.00	StR in Geriatric medicine training day (Invitation only) Research <i>Seminar Room 2</i>
15.45	Free time
16.00	BGS Wales Council Committee and wider membership meeting All healthcare professionals welcome <i>Lecture Theatre</i> <i>The next Welsh Parliament (Senedd) election is due to be held on Thursday 7 May 2026. This is an opportunity for us to push the new Welsh Government to improve healthcare for older people. The BGS is currently developing a manifesto outlining what we would like the next Government to prioritise to ensure health and social care services work for older people in Wales. This session is focused on hearing your thoughts on what you would like to see included.</i>
17.00	End of Day
19.00	Social meet up and dinner <i>Volare, Caerphilly</i>

3rd WORLD FALLS CONGRESS

24-26 June 2026
Manchester University, UK
www.bgs.org.uk/WFC26

BGS

British Geriatrics Society
Improving healthcare
for older people



World
Falls Prevention
Society



EUROPEAN
FALLS
FESTIVAL



Use the table below to see an overview.

More detailed information about the sessions in each stream can be found on the following pages.

	Overview
8.30	Social Coffee and Walk Registration
9.15	Opening Address <i>Lecture Theatre</i>
09.30	Stroke <i>Lecture Theatre</i>
10.30	Free time
11.00	Continence <i>Lecture Theatre</i>
12.00	Lunch and posters
13.00	Platform Presentations <i>Lecture Theatre</i>
14.00	Free time
14.15	Improving services – Frailty <i>Lecture Theatre</i>
15.15	Free time
15.30	Policy and Education Update <i>Lecture Theatre</i>
16.30	End of Day

08.00 Meet for coffee

08.30 Registration

09.15 Welcome and introduction

Stroke

Moderators: Jonathan Hewitt

<p>09.30</p>	<p>09.30 Echocardiography in stroke: when should we use it? Dr Freya Lodge, Consultant Cardiologist, Aneurin Bevan University Health Board</p> <p>10.15 Platform presentation Abstract 3437 Distribution of Consultant Geriatricians in Wales Relative to the Over 85 Population Dr Alex Hale and Dr Angela Puffett Withybush General Hospital, Haverfordwest</p>
<p>10.30</p>	<p>Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS website</p>

Contenance

Moderators: Nicky Leopold

<p>11.00 - 12.00</p>	<p>11.00 Urinary tract infections in older people: current challenges and future directions. Dr Leigh Sanyaolu, Academic GP, Cardiff</p> <p>11.45 Platform presentation Abstract 3623 Investigating the Impact of Anticholinergic Drugs on Memory Clinic E Fairclough; B Mohamed; C Shute Cardiff University; The Memory Team, Cardiff and Vale University Health Board</p>
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Free for BGS members
£150 for non members
10 CPD credits

Delirium

New elearning course



12.00 – 13.00	Lunch Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS website
Platform Presentations Moderators: Benjamin Jelley	
13.00 – 14.00	<p>13.00 Abstract 3382 A quality improvement project: patient education on sick day advice for SADMAN drugs N Patel, N Beardmore, University Hospital North Midlands and Well St Medical Centre</p> <p>13.15 Abstract 3602 SAFE-T: Frailty at the Front Door J Pasley; S Williams; S Wells; S Lewis Cardiff University and University Hospital of Wales</p> <p>13.30 Abstract 3613 Comparing Surgical Outcomes and Predictive Factors Following Lower Limb Amputations in Patients Aged Under and Over J Barnes, S Wells, School of Medicine; Cardiff University; and Geriatric Medicine; University Hospital of Wales</p> <p>13.45 Abstract 3633 Fragility fractures of the pubic ramus: where are they, how many are there, and how do we target them for secondary prevention? M James; A Johansen, University Hospital of Wales, Cardiff and Vale University Health Board.</p>
14.00	Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS website
Improving services – Frailty Services Moderators: Jonathan Hewitt	
14.15 – 15.15	<p>Geriatric Nephrology Dr Nedaa Haddad, Consultant Geriatrician, Ysbyty Ystrad</p> <p>Frailty Services Dr Kathryn Davies, Consultant, Primary Care & Community, Ysbyty Ystrad Fawr</p>
15.15	Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS website
15.30	<p>15.30 Education update Dr Kathryn Davies, Consultant, Primary Care & Community, Ysbyty Ystrad Fawrand Training Programme Director, Wales</p> <p>16.00 Policy Session The next Welsh Parliament (Senedd) election is due to be held on Thursday 7 May 2026. This is an opportunity for us to push the new Welsh Government to improve healthcare for older people. The BGS is currently developing a manifesto outlining what we would like the next Government to prioritise to ensure health and social care services work for older people in Wales. This session is focused on hearing your thoughts on what you would like to see included.</p>
16.30	Closing words
17.00	Networking

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit **www.bgs.org.uk/join** to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



BGS

Become a member today! Join online at **www.bgs.org.uk/join**



British Geriatrics Society
Improving healthcare
for older people

Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Email registrations@bgs.org.uk
Website www.bgs.org.uk