

Spring Meeting 2026

23-24 April

RWCMD, Cardiff & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're posting on X (formerly Twitter), tag us at [@GeriSoc](#) and use the hashtag [#BGSconf](#). You can also tag us on Facebook and LinkedIn

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

Sponsorship of exhibition stands: iMediCare

Guest Lecturer

Professor Mumtaz Patel, RCP President, consultant nephrologist at Manchester University Hospitals NHS Foundation Trust and honorary professor at both the University of Liverpool and University of Manchester

Professor Mumtaz Patel was elected president of the RCP in 2025. She is a consultant nephrologist at Manchester University Hospitals NHS Foundation Trust and honorary professor at both the University of Liverpool and University of Manchester. Mumtaz is the first fellow of South Asian heritage to lead the RCP in its 500-year history.

Mumtaz studied medicine at the University of Manchester, qualifying in 1996, and completed her PhD in the genetics of lupus nephritis in 2006. She became a consultant in 2007 and completed her master's in medical education in 2014. Since then she has developed a national reputation in postgraduate education, assessment and training.

Mumtaz has held a range of senior roles, including RCP senior censor and vice president for education and training (VPET), and RCP Global vice president. As VPET, she led the development of a new education strategy, and during her tenure as Global VP, she expanded international engagement and launched the

Guest Lecture 23 April 09.30



RCP Global Women Leaders Programme.

She previously served as postgraduate associate dean for NHS England (Northwest) and is director for conduct and progress at the University of Liverpool's School of Medicine. Mumtaz acted as RCP president from mid-2024 before her formal election in 2025.

Guest Lecture 24 April 12.45

Marjory Warren Guest Lecturer

**Navigating the challenges of Parkinson's disease- a personal perspective
Dr John Hindle, Retired Consultant Geriatrician, formerly Llandudno General Hospital**

Dr John Hindle has been a pillar of geriatric medicine in Wales for over three decades and has made a huge contribution to patient care, education and training.

He originally trained in psychiatry at St Mary's, Kings College and The Maudsley Hospitals in London. He completed training in medical specialties in Hull and higher medical training in Geriatric Medicine at St Georges Hospital. He was made a fellow of both the Royal College of Physicians and the Royal College of Psychiatrists.

He has over 35 years of clinical, management, teaching and research experience in Parkinson's disease. He was a founder member of the BGS Parkinson's disease special interest group.

His research into and publications on cognitive impairment and dementia are recognised internationally. His clinical teaching and lectures have inspired many geriatricians to specialise in Parkinson's.

In 2018 he was awarded the Marjory Warren Lifetime Achievement Award. This award is given to BGS members who have made exceptional contributions to the welfare of older people over the course of their careers.

He was awarded a Senior Doctorate (DSc) in 2019 for his work on the Neuropsychiatry of Parkinson's. In retirement he continues to act as a reviewer for research and project grants. He spends the summers sailing his classic yacht with his wife in the Hebrides and is enjoying being a grandfather.

John is living with a diagnosis of Parkinson's.

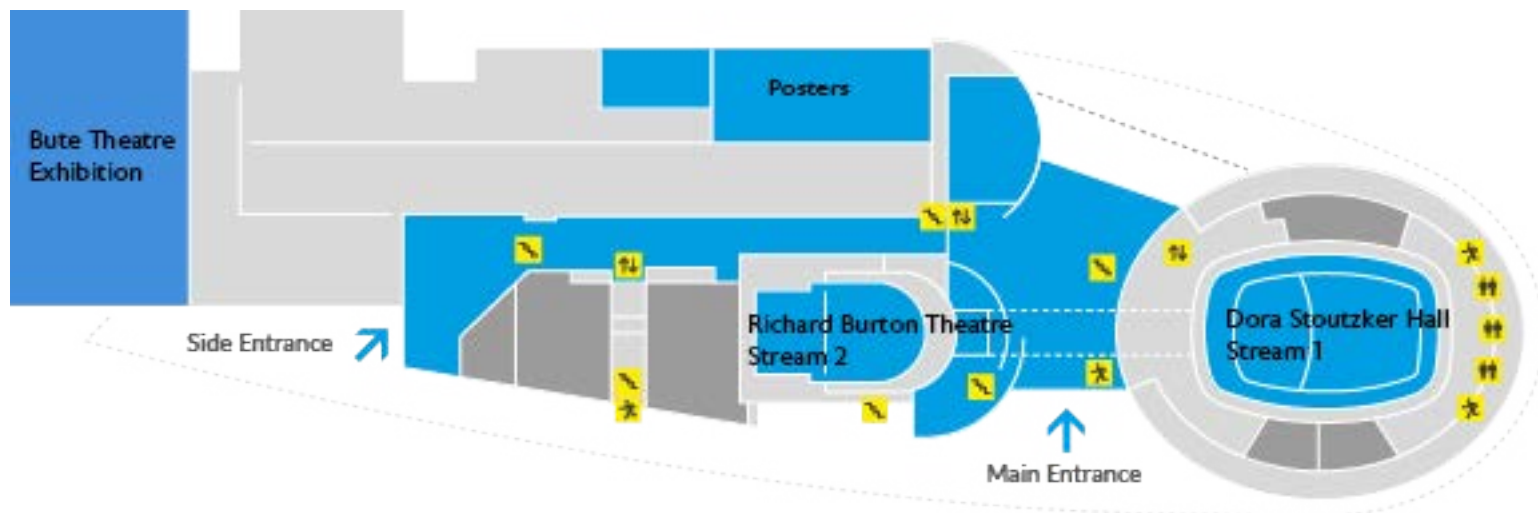


Getting about the venue

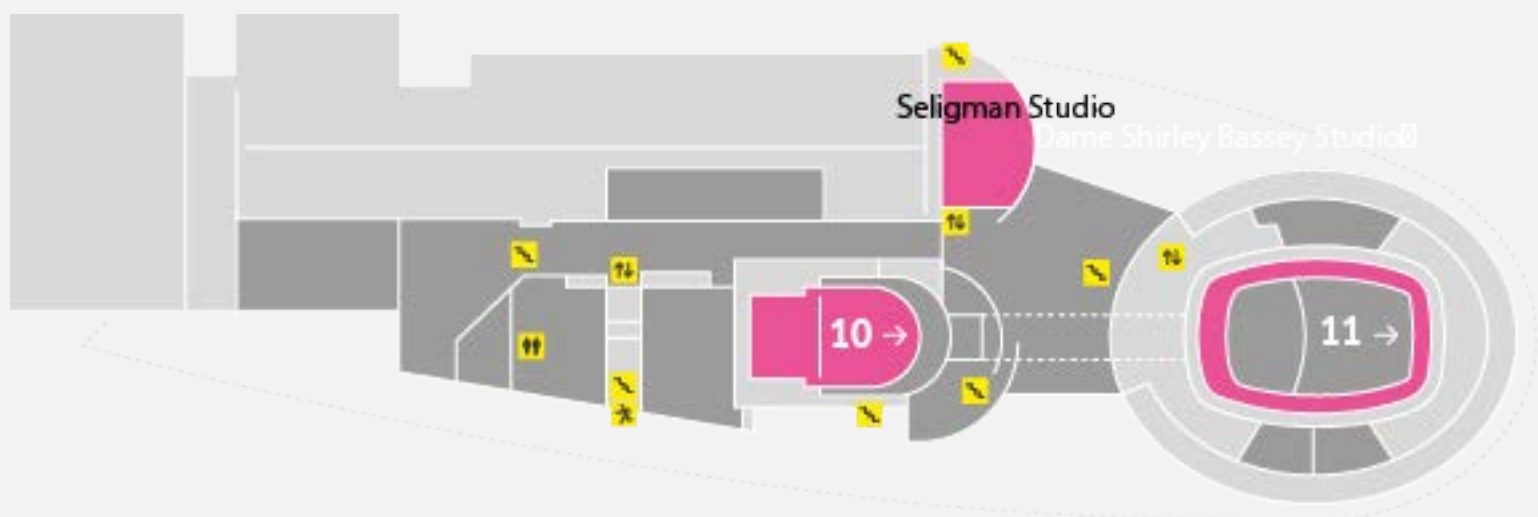
Information

Ground Floor

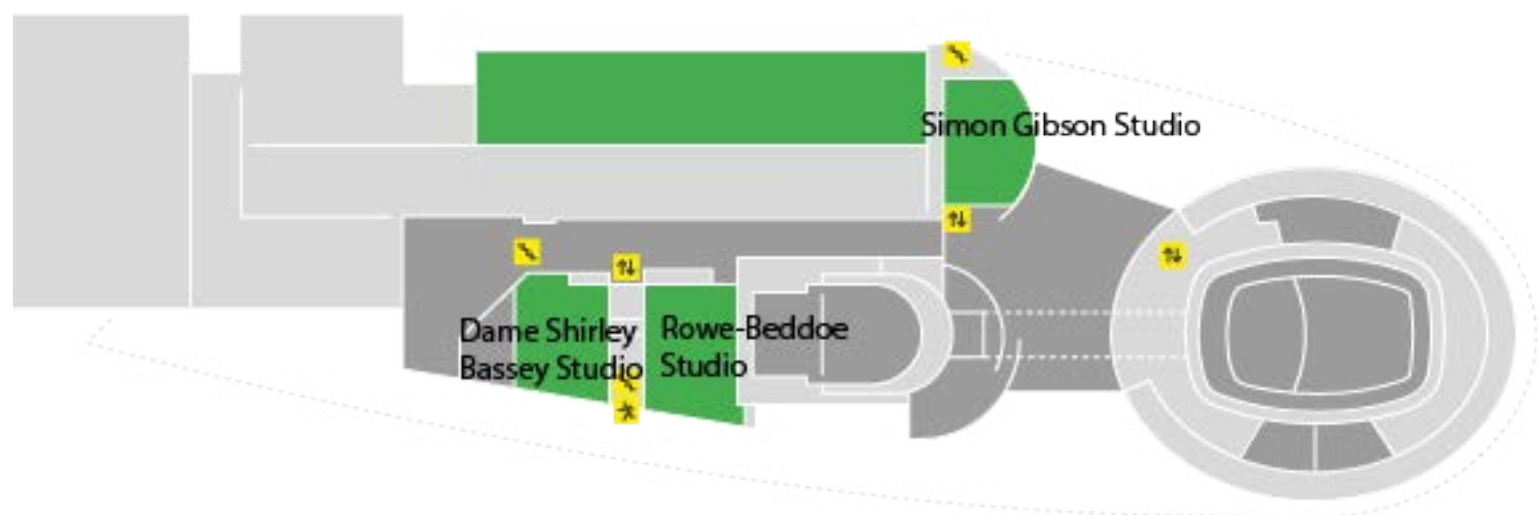
Venue Map



Level One



Level Two



Did you know?

Information

Share with your colleagues supporting older people after a trauma



Major Trauma in Older People

19 May 2026

IET Austin Court,
Birmingham & Online

HYBRID - ATTEND IN PERSON OR ONLINE

www.bgs.org.uk/26MT

With thanks to our sponsors

Octapharma

BGS members have access to 50+ CPD hours via micro and elearning



elearning

**Frailty
Delirium
Continence
Oncogeriatrics**

**10 CPD
credits**

NEW

bgs.org.uk/elearning

On demand CPD
FREE for members – join today!



microlearning

**Advance Care Planning
Visual Impairment**

This day is free to attend for those in training roles. Resident doctors, nurses and AHPs in training or at the start of their career are invited to join us for free.

Limited to 100 places registration is needed.

This won't be streamed or recorded. Four workshops will run through the day and groups will rotate through them

Continence Core Competencies				
8.30	Registration			
9.15	Welcome and groupings			
10.00 - 11.00	Group 1	Group 2	Group 3	Group 4
	Hands on continence devices	Bladder scanning workshops	Catheter troubleshooting tricks and pads	Male/Female Examination
11.00	Free time			
11.30 - 13.00	Group 1	Group 2	Group 3	Group 4
	Bladder scanning workshops	Catheter troubleshooting tricks and pads	Male/Female Examination	Hands on continence devices
12.30	Lunch			
13.30 - 14.30	Group 1	Group 2	Group 3	Group 4
	Catheter troubleshooting tricks and pads	Male/Female Examination	Hands on continence devices	Bladder scanning workshops
14.30	Free time			
15.00- 16.00	Group 1	Group 2	Group 3	Group 4
	Male/Female Examination	Hands on continence devices	Bladder scanning workshops	Catheter troubleshooting tricks and pads
16.30	Wales Council Committee Meeting All BGS members in Wales welcome to attend Online and inperson			

Use the table below to help plan how you will spend your second day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Dora Stoutzker			
09.30	Guest Lecture KEYNOTE	STREAM 2 Richard Burton Theatre	STREAM 3 Dame Shirley Bassey	STREAM 4 Rowe-Beddoe
10.15	Transfer to other rooms			
10.30	Frailty and Sarcopenia Improving skeletal muscle health is core business for sarcopenia and frailty research	Continence Training and Development	Research Association of Academic Geriatric Medicine (AAGM) symposium	Sustainability
11.30	Free time			
12.00 - 13.00	Frailty and Sarcopenia Interventions to improve skeletal muscle health in later life	Continence Case studies	Research Applying clinical research in clinical practice	Coroners Workshop Part 1
13.00	Lunch and dedicated poster viewing time			
13.15	NAHP Meetup Seligman Studio Trainees Meetup Simon Gibson Studio			
13.30	Sponsored Symposium			
14.00 - 15.00	Frailty and Sarcopenia How to get resistance exercise into clinical practice for older people	Continence Faecal Incontinence	Leadership NAHP COP	Coroners Workshop Part 2
15.30	Free time			
	Frailty and Sarcopenia Panel discussion	Continence Dietary impact	Clinical Quality Session NHFD and CQ	Workforce
16.30	Head to Dora Stoutzker Hall for the Presidents Round at 16.45 Presentation of Awards			
16.45	President's Round			
17.30	Sponsored Symposium			

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Dora Stoutzker	STREAM 2 Richard Burton Theatre	STREAM 3 Dame Shirley Bassey	STREAM 4 Rowe-Beddoe
9.30 - 11.00	Education Digital advances	Demographic trends Healthcare of older people in prisons	Patient input PREMS and PROMs	QI Learning from excellence
11.00	Free time			
11.30 - 12.30	Updates in... Dermatology	Platform Presentations	Sexual Health PREMS and PROMs	Education
12.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards			
12.35-13.30	<div>KEYNOTE</div> Navigating the challenges of Parkinson's disease- a personal perspective Dr John Hindle, Retired Consultant Geriatrician, formerly Llandudno General Hospital			
13.30	Sponsored symposium			
13.45	Lunch			
14.30 - 15.45	Digital Health	Rehabilitation	Platform Presentations	Compassionate leadership
15.45	The Frailty Concept Debate			
16.45	CONFERENCE CLOSE Closing entertainment			



British Geriatrics Society
Improving healthcare
for older people

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