

Autumn Meeting 2026

12 - 13 November

EMCC Nottingham & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watched online. Your viewing time will be tracked and you will need to give feedback to receive the certificate using the button "Feedback for CPD."

Viewing the content post-event will be certified, and certificates are available to download from your website account.

2. Give feedback

Please fill out the feedback form after each session. It is mandatory for CPD purposes but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors and browse our posters

Consider spending 5 minutes during the next 2 days to speak to a sponsor. Take the time to browse and comment on our submitted posters on the digital screens.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

Tag us on our socials:

- **Facebook @BGS1947**
- **LinkedIn @British Geriatrics Society**
- **Insta @BGSTrainees**
- **Bluesky @ gerisoc.bsky.social**

With grateful thanks to our sponsors

Our sponsors have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

Abbott, Pelvic Relief, GSK, Zentiva

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite	STREAM 3 Conference Suite 3	STREAM 4 Conference Suite 4
	KEYNOTE			
09.15	President's Opening Address <i>Professor Jugdeep Dhesi, BGS President</i>			
09.25	Transfer to other rooms			
09.30	Community in Healthcare Settings Neighbourhood Health	The immune system, inflammation, and joint health Immunology	Research Association of Academic Geriatric Medicine (AAGM) symposium	Advances in Diagnostics & Therapeutics
10.30	Free time			
11.00 - 12.00	Community in Healthcare Settings Neighbourhood Health in Action	The immune system, inflammation, and joint health Rheumatology	Research Applying clinical research in clinical practice	Advances in Diagnostics & Therapeutics
12.15	Presidents' Medal Recipient			
13.00	Lunch and dedicated poster viewing time			
13.00	NAHP Meetup Trainees Meetup			
13.30	Sponsored symposium			
14.30 - 15.30	Community in Healthcare Settings Clinical Masterclass	The immune system, inflammation, and joint health Osteoarthritis	Research Platform presentations	Clinical Quality Workshop
15.30	Free time			
15.45 - 16.30	Guest Lecture Professor Amar Shah, National Clinical Director, NHS England			
16.30	Presidents Round			
18.00	Social programme: Networking in the Foyer All welcome			 Social programme

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite	STREAM 3 Conference Suite 3	STREAM 4 Conference Suite 4	G4T Conference Suite 1
9.30 - 11.00	Updates in... Oncology	Digital Health Innovation and AI	Lightning Posters	Education How to deliver a Training Session: A Coroner's Workshop	Clinical challenges in urgent care
11.00	Free time				
11.30 - 12.30	Updates in... Haematology	Digital Health Innovation and AI	Lightning Posters	Education How to deliver a Training Session: A Coroner's Workshop	Clinical Challenges in the Community
12.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture.				
12.45-13.30	<div style="background-color: #e91e63; color: white; padding: 5px; display: inline-block;">KEYNOTE</div> Trevor Howell Guest Lecture Dame Patricia Hewitt, Former Secretary of State for Health				
13.30	Lunch				
14.30 - 16.00	Updates in... Cardiovascular Health	Back to fundamentals	NAHP Community of Practice	Leadership Difficult interpersonal relationships - Managing challenging colleagues	Clinical challenges in the ward environment
16.00	Fireside chat Reflections from demitting President Jugdeep Dhesi				
16.45	CONFERENCE CLOSE				

Guest Lecture

Professor Amar Shah, National Clinical Director, NHS England

Professor Amar Shah is the National Clinical Director for Improvement in England, leading the application of improvement across England's health and care system since 2023. This includes leading on the design and delivery of Learning & Improvement networks in each of England's seven regions, on the topics of urgent & emergency care, elective care and mental health. He also leads the design and delivery of national improvement collaboratives (such as on frailty), large-scale capability building programmes (such as the NHS IMPACT operational improvement training), and engaging the NHS's 1.4 million workforce to learn and adopt systematic approaches to improving care.

Amar led the quality approach at East London NHS Foundation Trust (ELFT) for 15 years, from 2011 to 2026 – this includes a decade on the Board and executive team as the country's first Chief Quality Officer. Through this work, Amar embedded a large-scale quality improvement infrastructure and quality management system, with demonstrable results across key areas of organisational performance, and three consecutive 'Outstanding' ratings by the Care Quality Commission.

He is the national improvement lead for mental health at the Royal College of Psychiatrists, leading a number of large-scale improvement collaboratives on topics such as restrictive practice, workforce wellbeing and equalities.

Amar is chair of the Scientific Advisory Group at the Institute for Healthcare Improvement (IHI), and also acts as faculty with IHI, teaching and guiding improvers and healthcare systems across the world. He is honorary professor at the University of York School for Business and Society, and an honorary fellow with the Faculty for Public Health. He was awarded an MBE (Member of the Order of the British Empire) by His Majesty the King in 2024 for services to healthcare improvement, and the President's Medal by the Royal College of Psychiatrists in 2025 for outstanding contribution to the field of mental health.



Trevor Howell Guest Lecturer

Dame Patricia Hewitt, Former Secretary of State for Health

Rt Hon Patricia Hewitt has been independent chair of the NHS Norfolk and Waveney Integrated Care Board since July 2022 and was previously chair of the Norfolk & Waveney ICS/STP. From 2005 to 2007, Patricia was Secretary of State for Health in the Blair Government, introducing the smoke-free legislation, establishing the NHS Choices website (www.nhs.uk) and creating a ground-breaking public consultation - Our Health, Our Care, Our Say - that anticipated many of the themes of the Five Year Forward View.

Patricia has a long-standing interest in digital transformation of healthcare and until 2021 was a member of the advisory board of the digital healthcare firm, Medefer. As chair of the UK India Business Council from 2010 to 2018, she helped build partnerships between the two countries in healthcare and other sectors, and retains her interest in India as chair of the Oxford India Centre for Sustainable Development.

Australian by birth, Patricia came to Britain as a student, graduating from Newnham College, Cambridge. She lives in Norfolk; in her spare time, she is an enthusiastic gardener, active in her village community and loves walking and running (very slowly). She has a daughter in London and a son in Sydney.



Presidents' Medal Recipient

Professor Chris Whitty Chief Medical Officer and DHSC Chief Scientific Adviser, Department of Health and Social Care (DHSC)

Professor Chris Whitty is Chief Medical Officer (CMO) for England, the UK government's Chief Medical Adviser and head of the public health profession.

Chris is also Chief Scientific Adviser for the Department of Health and Social Care (DHSC), with overall responsibility for the department's research and development, including the National Institute for Health Research (NIHR), the government's major funder of clinical, public health, social care and translational research. He represents the UK on the Executive Board of the World Health Organization.

Chris is a practising NHS Consultant Physician at University College London Hospitals (UCLH) and the Hospital for Tropical Diseases, and Gresham Professor of Physic at Gresham College. Chris is an epidemiologist and has undertaken research and worked as a doctor in the UK, Africa and Asia. He was Professor of Public and International Health at the London School of Hygiene and Tropical Medicine (LSHTM) before becoming CMO.



We are excited to welcome delegates back to Nottingham and we can't wait to see you again in person. We hope this Autumn Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in. Please sign up to these sessions during registration. Please see the below timetable to help plan your time.

SOCIAL PROGRAMME <small>*This social programme is self funded, independent from our sponsors' support.</small>	
THURSDAY 12 November	FRIDAY 13 November
<p>Every Break and Lunch: Networking meetups</p> <p>Join colleagues after the sessions. We will have meet up points for specific interests. Please look out for the flags.</p> <p>13.15 NAHP Meetup and Trainees Meetup</p> <p>18.00 Social programme: Networking in the Foyer</p> <p>Join colleagues and peers for networking and socialising after the conference sessions finish. Our President will make a short speech with updates and announcements.</p>	<p>Every Break and Lunch: Networking meetups</p> <p>Join colleagues after the sessions. We will have meet up points for specific interests. Please look out for the flags</p>

NETWORKING POINTS: Look for the flags!

One of the most valuable aspects of attending a conference is the opportunity to meet others and grow your professional network. To help make this easy, we've created Networking Points in the exhibition area, marked by flags featuring a shared theme or professional interest. During breaks, head to one of these flags to meet colleagues working in similar areas, exchange ideas, experiences, and best practice, and build connections that can support your work beyond the event.

The themes of the Networking points are:

- Trainees
- SAS grade
- Nurses and AHPs
- Healthcare in the Community
- Workforce
- Scientific Research
- Quality Improvement
- Education
- Leadership and Management
- Sustainability





Our accommodation

Accommodation in recent years has increased in costs and this year keeping costs low is important. We have secured a confirmed rate of £130 B&B per night at the onsite Nottingham Venues Orchard hotel.

Any rooms not booked by 12th August 2026 will be released back into general sale, where they'll be available at the best available rate and subject to availability.

Other hotel options and booking sites, are available and booking directly with the hotels may be cheaper - please do shop around.