



British Geriatrics Society
Improving healthcare for older people

Dementia, Delirium and Brain Health in Older People 2026

20 May

IET Auston Court, Birmingham & Online
(Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors and browse our posters

Consider spending 5 minutes to speak to a sponsor. Take the time to browse and comment on our submitted posters on the digital screens.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

Tag us on our socials:

- **Facebook @BGS1947**
- **LinkedIn @British Geriatrics Society**
- **Insta @BGSTrainees**
- **Bluesky @ gerisoc.bsky.social**

**With grateful thanks to our sponsors
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www.bgs.org.uk/26DDB

PROGRAMME

overview and information

Programme	
8.30	Registration and poster viewing Meet the authors of the presented posters and ask them about their work
9.15	Welcome
9.30 - 11.00	Brain Health & prevention Delirium
11.00	Free time
11.30 - 13.00	Identifying & diagnosing dementia Diagnosis in dementia and delirium
13.00	Lunch and posters Join colleagues over lunch to catch up Look out for the signs indicating where to meetup
14.00 - 15.30	Meeting the 10 Health Plan Challenge Future of Dementia care, digital health and community
15.30	Free time
16.00 - 16.45	End of life care Case studies: dying well for those living with dementia

Delirium

New elearning course out now



Free for BGS members
£150 for non members
10 CPD credits

Registration and Poster viewing

08.30 Registration and poster viewing

08.30 Poster viewing - Presenters of posters will be available to discuss their work

Brain Health & prevention

Delirium

Moderators: Tom Welsh and Rachel Cowan

9.30 - 11.00 **09.30 Longitudinal study on brain network disorganisation in delirium.**
Dr Paddy Hogan, Specialist Registrar Geriatric Medicine, Central and North West London NHS Foundation Trust and Ophelia Dunne, Dementia Research Manager, UCL

10.15 **Delirium and sleep**
Cathy Brewin, Occupational therapist, Nottingham

11.00 **Poster viewing time and coffee break**
Visit the sponsored stands and view our submitted posters:

Identifying & diagnosing dementia

Diagnosis in dementia and delirium

Moderators: Rachel Thompson and Sara Fenu

11.30 - 13.00 **11.30 Delivering Dementia Diagnosis: A blueprint for the future**
Dr Tomas Welsh, Medical and Research Director, Research Institute for Brain Health, ReMindUK,; Consultant Geriatrician, RUH; Deputy Honorary Secretary, BGS

David Thomas, Head of Policy & Public Affairs, Alzheimer's Research UK

11.30 - 13.00 **12.00 Unrecognised delirium, undiagnosed dementia: how should we be managing cognitive spectrum disorders in the acute hospital?**

Professor Emma Reynish, Consultant Geriatrician, Professor of Dementia, Royal Infirmary, Edinburgh / University of Stirling

Dr Callum Cruickshank, Specialty Doctor in Older Adult's Psychiatry, Royal Edinburgh Hospital and Speciality Doctor, MoE Liaison to Neurosurgery, Royal Infirmary of Edinburgh

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£1,000+ worth of benefits

Who can join?

Everyone specialising in the healthcare of older people is welcome to join!

- Discounts to CPD-accredited hybrid and in-person events
- Free access to CPD-accredited webinars
- Free CPD-accredited elearning and microlearning courses
- Fully funded BGS event place after one year for eligible members
- Free access to Age and Ageing, our high impact clinical journal.
- 20% discount on Article Processing Charges in Age and Ageing
- Our regular membership magazine, AGENDA
- Discounts depending on your circumstances
- And more!

Scan and join now



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The Future of Dementia Care in Older People

Meeting the 10 year plan challenge

Moderators: Paddy Hogan and Rachel Cowan

KEYNOTE

	<p>13.45 The Future of Dementia Care Dr Jeremy Isaacs, Consultant Neurologist, St George’s Hospital and Kingston Hospital and National Clinical Director for Dementia & Older People’s Mental Health, NHS England</p>
<p>13.45 - 15.30</p>	<p>14.30 Assessing cognitive ability in the community with digital tools Dr Daniel Blackburn Senior Lecturer and Honorary Consultant Neurologist, University of Sheffield</p> <p>15.00 Onward dementia care in community settings Professor Sarah Pendlebury, Professor of Medicine and Old Age Neuroscience, University of Oxford and Consultant Physician and OUH Clinical Lead for Dementia/Delirium, Oxford University Hospitals NHS Foundation Trust</p>
<p>15.30</p>	<p>Poster viewing time and coffee break</p>

End of life care

Dying well for those living with Dementia

Moderators: Deborah Gompertz

<p>15.45 - 17.00</p>	<p>15.45 Case studies Panel Discussion Dr Tomas Welsh, Medical and Research Director, Research Institute for Brain Health, ReMindUK,; Consultant Geriatrician, RUH; Deputy Honorary Secretary, BGS</p> <p>Professor Catherine Evans, Professor of Palliative Care and Honorary Nurse Consultant Palliative Care, King's College London</p> <p>Dr Amy McWhirter, Trust Grade Registrar, UCLH</p> <p>Maxine Emslie, and Julie Woolley - Heming, Admiral Nurses, Trinity Hospice</p> <p>Dr Jeremy Isaacs, Consultant Neurologist, St George’s Hospital and Kingston Hospital National Clinical Director for Dementia & Older People’s Mental Health, NHS England</p>
	<p>16.45 Closing Remarks</p>

Dr Jeremy Issacs

National Clinical Director for
Dementia & Older People's Mental Health,
NHS England

The Future of Dementia Care

Dr Isaacs is a consultant neurologist at St George's and Kingston Hospitals. He has a specialist interest in cognitive neurology and dementia and is National Clinical Director for Dementia and Older People's Mental Health at NHS England.

He is clinical lead for the multi-disciplinary Cognitive Neurology service at St George's Hospital which provides diagnosis, treatment and support for all types of cognitive disorder, including young-onset and atypical dementias, and a support group for people living with Young Onset Dementia. Dr Isaacs studied medicine at Cambridge and UCL and held postgraduate research posts at KCL Institute of Psychiatry, Psychology & Neuroscience and UCL Institute of Neurology. His PhD was on the immunology of Creutzfeldt-Jakob disease (CJD).

Dr Isaacs was a member of the NICE 2018 dementia guideline committee and chaired the NICE self-harm guideline committee. From 2019-2024 he was Clinical Director of the NHS London Dementia Clinical Network, where he established the London Memory Service Network, produced guidance on memory service pathway (PDF) redesign, joint working (PDF) and multidisciplinary (PDF) meetings and designed and led the first London (PDF) and national memory service audits (PDF). He served on the Association of British Neurologists Cognitive Neurology Advisory Group and the Royal College of Psychiatrists Young Onset Dementia Services Working Group (PDF) and as a Director of the British Neuropsychiatry Association.

Dr Isaacs is Honorary Reader in Neurology at City St George's, University of London where he is Director of the Neurosciences Clinical Academic Group. He developed and co-directs the City St George's MSc in Clinical Neuroscience Practice. He has research interests in Alzheimer's disease, vascular dementia and functional cognitive disorders. He is a co-investigator on grants from Alzheimer's Research UK, Alzheimer's Society, and British Heart Foundation totalling > £1 million.

Onward care in community settings

Professor Sarah Pendlebury

Professor of Medicine and
Old Age Neuroscience, University of Oxford
Consultant Physician and OUH Clinical Lead for Dementia/Delirium,
Oxford University Hospitals NHS Foundation Trust

Sarah Pendlebury graduated in clinical medicine from the University of Oxford and worked subsequently in London and France. She is Professor of Medicine and Old Age Neuroscience at the University of Oxford, and Consultant Physician and Clinical Lead for Dementia. Sarah's research centres around the impact of cerebrovascular disease and acute systemic illness on the ageing brain encompassing delirium, dementia, multimorbidity and frailty. Her work on stroke-associated dementia has informed multiple international guidelines and latterly has explored delirium and infection as potentially modifiable risk factors. In parallel, she has established the ORCHARD research portfolio on delirium and cognitive morbidity in the acute hospital encompassing big data cohorts and smaller prospective studies with brain imaging and blood biomarkers.

She has also led a 15-year programme to develop and implement cognitive and delirium screening at scale for all older patients presenting as an emergency to Oxfordshire acute hospitals and is now leveraging these real-world Electronic Health Record data for epidemiologic studies on delirium, the development of dementia risk prediction algorithms, and automated CT-brain imaging analysis.

Dr Daniel Blackburn

Senior Lecturer and Honorary Consultant Neurologist, University of Sheffield

Assessing cognitive ability in the community with digital tools

Professor Sampson is the inaugural Professor of Liaison Psychiatry at the Academic Centre for Healthy Ageing, based between the Centre for Psychiatry and Mental health, Wolfson Institute of Population Health, Barts Health NHS Trust and Whipps Cross Hospital. She qualified at Birmingham University Medical School and then worked in the Midlands and Sydney before completing general adult and old age clinical psychiatry training at St Mary's, Queen's Square and UCL. She works clinically with the liaison psychiatry team at the Royal London Hospital.

Her research and clinical work focusses on the interface between physical and mental health, particularly around cognitive disorders such as delirium and dementia and the interface between acute hospital, emergency and community care. She has led major UK NIHR/ESRC research programmes on epidemiology and symptom management (i.e. pain, swallowing, agitation) in people with delirium and dementia, using mixed methods (large data, clinical cohorts, trials, meta-analysis implementation and policy).

Her research focuses on key clinical issues for frail older people. Her main areas of interest are:

- Dementia and delirium in acute hospital patients: Epidemiology and health services research
- Identifying, better understanding and managing common symptoms, including pain, delirium and difficulty swallowing.
- Liaison psychiatry for older hospital inpatients

Upcoming BGS events

See more at
bgs.org.uk/events

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POPS Meeting

(Perioperative Care of Older People Undergoing Surgery)

25 September 2026

NHS Horizon, Leeds & Online

HYBRID - ATTEND IN PERSON OR ONLINE

www.bgs.org.uk/26POPS

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Major Trauma in Older People

19 May 2026

IET Austin Court,
Birmingham & Online

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www.bgs.org.uk/26MT

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