



**British Geriatrics Society**  
Improving healthcare for older people

# Cardiovascular SIG Meeting

**Fast forward on failure: the MDT roadmap for older hearts**

**24 September 2026**

Horizon, Leeds & Online (Hybrid meeting)

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

**Online:** You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

### 2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors and browse our posters

Consider spending 5 minutes to speak to a sponsor. Take the time to browse and comment on our submitted posters on the digital screens.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

Tag us on our socials:

- **Facebook @BGS1947**
- **LinkedIn @British Geriatrics Society**
- **Insta @BGSTrainees**
- **Bluesky @gerisoc.bsky.social**

## With grateful thanks to our sponsors

### Gold Partner Sanofi

Sanofi is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than the sponsored promotional symposium.

### Stand sponsors: NovoNordisk, Pfizer, Zentiva

Our stand sponsors have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

This year's Cardiovascular SIG Meeting, "Fast forward on failure: the MDT roadmap for older hearts" invites you to submit your research for presentation as platforms or poster presentations. This event expects to attract a broad multidisciplinary audience of participants providing a fantastic platform to showcase your work in a core area of healthcare for older people.

## 1. Prepare your submission

Abstracts will be accepted as platforms, for oral presentation, or posters for presentation on the BGS website and during breaks in the sessions during the day,

The submission must be made online

## 2. Submit online

The submitter should ideally be the lead author and presenter of the work.

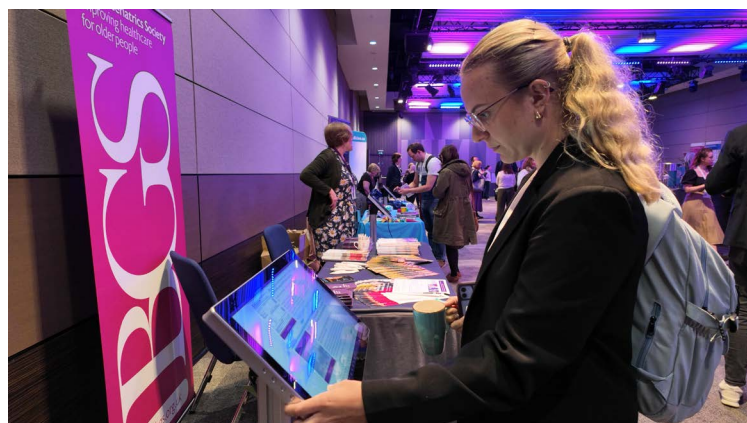
Submit by the deadline which closes 5pm GMT 10 July 2026. Visit <https://www.bgs.org.uk/abstracts> to submit

The word count for abstracts is 370 words and abstracts need to be laid out under specific headings. These headings differ, depending on whether your study is categorised as scientific research or clinical quality

[Please also do review our language guide here.](#)

## 3. Results will be communicated in early August 2026

All accepted abstract presenters will need to register and pay the fees for the conference to present.



# PROGRAMME

## overview and information

<b>Fast forward on failure: the MDT roadmap for older hearts Programme</b>	
8.30	<b>Registration and poster viewing</b> Meet the authors of the presented posters and ask them about their work
9.35	<b>Welcome</b>
9.30 - 11.00	<b>What is the latest in Heart Failure care?</b> Research, Iron and NICE
11.00	<b>Free time</b>
11.30 - 12.45	<b>Pillars or Pill Overload?</b> Guideline directed medical therapy for older people with HF and frailty
12.45	<b>Lunch and posters</b> Join colleagues over lunch to catch up Look out for the signs indicating where to meetup
13.30	<b>Sponsored Symposium</b>
14.00 - 15.30	<b>The Future of Heart Failure Care in Older People Meeting the 10 year plan challenge</b> Keynote presentation
15.30	<b>Free time</b>
16.00 - 16.45	<b>Consider "What to do When....?"</b> Case studies in Heart Failure

## Delirium

New elearning course out now



Free for BGS members  
£150 for non members  
10 CPD credits

## Registration and Poster viewing

08.30 Registration and poster viewing

08.30 Poster viewing - Presenters of posters will be available to discuss their work

### What is the latest in Heart Failure care?

Moderators: Atul Anand and Amy Jones

09.30 **Overview of research results in older people's cardiovascular health: What does this mean for clinical practice**  
Dr Sarah Hudson, Consultant Cardiologist, Wye Valley NHS Trust

9.30 - 11.00 **10.00 Iron update**  
Dr Nigel Beckett, Consultant in Ageing and Health, Guys and St Thomas' NHS Foundation Trust

10.30 **The latest NICE Heart Failure guidelines**  
Dr Sue Piper, Consultant Cardiologist, King's College Hospital, London

11.00 **Poster viewing time and coffee break**  
Visit the sponsored stands and view our submitted posters:

### Pillars or Pill Overload?

Guideline directed medical therapy for older people with HF and frailty

Moderators: Jo Taylor and Ambereen Ajaz

11.30 - 13.00 **11.30 Guideline Directed Medical Therapy in Heart Failure**  
Dr Fozia Ahmed, Consultant Cardiologist and NIHR CRN GM Cardiovascular Speciality Lead, Manchester University NHS Foundation Trust

12.00 **Pragmatic prescribing for older people with Heart Failure**  
Dr Henry Woodford, Consultant Geriatrician, Northumbria Healthcare NHS Foundation Trust

12.30 Discussion

12.45 **Lunch**  
Visit the sponsored stands and view our submitted posters:

13.30 **Sponsored symposium: Sanofi**

## The Future of Heart Failure Care in Older People

### Meeting the 10 year plan challenge

Moderators: Atul Anand

#### KEYNOTE

**14.00 The future of MDT Heart Failure care**  
Carys Barton, Heart Failure Nurse Consultant, Imperial College Healthcare Trust

**14.00 -  
15.30**

**14.45 Heart Failure Management in the Community**  
(Speaker TBC)

**15.15 Platform Presentation**  
The top submitted abstracts will be presented.

**15.30**

**Poster viewing time and coffee break**

## Consider “What to do When....?”

### Case Studies in Heart Failure

Moderators: Shuli Levy and Becky Hyland

**16.00 -  
16.45**

**15.45 Case studies  
Panel Discussion**

This MDT panel will consider case studies, discussing the optimal pathway against the real-world factors that can impact management and outcomes.

**16.45 Closing Remarks**

## **Carys Barton**

Heart Failure Nurse Consultant,  
Imperial college healthcare trust

The future of MDT Heart Failure care

Carys is a heart failure nurse consultant at Imperial college healthcare trust in London. She is current deputy Chair of the British Society for Heart failure (BSH). Prior to this Chair BSH nurse forum 2019-21 and board observer 2017 -2019.

Other positions currently held are , BANCC council member and committee member of the BGS Cardiovascular Special Interest Group, Pumping Marvellous clinical advisory group, NICE QS Chronic Heart failure clinical committee, Steering committee member Heart failure policy network and a member of the Cardio renal scientific committee.

An experienced heart failure and cardiology specialist nurse having worked in several specialist areas from the first “grown up congenital heart disease” unit (GUCH), to cardiac catheter labs and everything in between! Carys has been a senior cardiology nurse in many specialist centres since 1990 undertaking her very first cardiac specialist nurse training in 1994 between Royal Brompton and London chest hospitals. She has a special interest in supportive palliative care in heart failure

Carys is committed to supporting the education and further development of heart failure specialist Nurses, heart failure allied health professionals and their services, through the BSH and the nurse forum but also as an honorary lecturer of heart failure masters modules at Glasgow Caledonian University and Keele University.

She is a keen supporter of heart failure patient charities. Her goal is to ensure equitable, consistent and excellent standards of care for people living with heart failure.

## Guideline Directed Medical Therapy in Heart Failure

## **Dr Sue Piper**

Consultant Cardiologist  
King’s College Hospital, London

Dr Sue Piper is a Consultant Cardiologist at King’s College Hospital, London, specialising in the care of people with heart failure. Dr Piper has extensive experience in diagnosing and treating heart failure and is committed to providing high-quality, compassionate care for patients.

Dr Piper completed specialist training in cardiology and heart failure in South London, working at several leading teaching hospitals, including King’s College Hospital, St George’s Hospital, Royal Brompton Hospital, and Guy’s and St Thomas’ Hospital. This broad training has provided experience across a wide range of heart conditions and treatments. As part of her training, Dr Piper also completed a research degree focussing on the use of biomarkers for the monitoring of chronic heart failure.

Alongside clinical work, Dr Piper plays an active role in improving heart failure services locally, nationally, and across Europe. Dr Piper previously served as a Board Member and Treasurer of the British Society for Heart Failure and as a member of the European Society of Cardiology’s Committee on Patient Care, contributing to the development of best-practice standards.

In her current role, Dr Piper leads the South London Heart Failure Steering Group, working with NHS organisations to improve care and outcomes for patients across the region. Dr Piper also acted as Topic Advisor for the 2025 update of the NICE guidelines for chronic heart failure, which support doctors nationwide in delivering evidence-based care.

In addition to her clinical duties, Dr Piper is the Deputy Lead for the National Heart Failure Audit and is actively involved in research and education as an Honorary Senior Lecturer at King’s College London. Dr Piper’s research focuses on advancing understanding of heart failure and improving patient outcomes across the range of heart failure.

## **Dr Henry Woodford**

Pragmatic prescribing for older people with heart failure

**Consultant Geriatrician, and Chair BGS Medicine Optimisation SIG, Northumbria Healthcare NHS Foundation Trust**

Dr Woodford is Interested in prescribing/deprescribing, cognition, acute frailty and the (mis)diagnosis of UTI. He is the current chair of the BGS Medicines Optimisation SIG. Henry will talk about why frailty is an important consideration when prescribing. He will also look at the balance of risks and benefits for heart failure therapy for older people with frailty. This talk will argue the role of pragmatic prescribing in those with Heart Failure

Upcoming BGS events

See more at  
[bgs.org.uk/events](http://bgs.org.uk/events)

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# POPS Meeting

(Perioperative Care of Older People Undergoing Surgery)

**25 September 2026**

NHS Horizon, Leeds & Online

**HYBRID - ATTEND IN PERSON OR ONLINE**

[www.bgs.org.uk/26POPS](http://www.bgs.org.uk/26POPS)

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# Autumn Meeting **2026**

**12-13 November 2026**

EMCC, Nottingham & Online

**HYBRID - ATTEND IN PERSON OR ONLINE**

[www.bgs.org.uk/26Autumn](http://www.bgs.org.uk/26Autumn)

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On Demand BGS events

See more at  
[bgs.org.uk/events](http://bgs.org.uk/events)

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## Major Trauma in Older People

**Broadcast 19 May 2026**

Available on demand until  
19 October 2026

Catch up

[www.bgs.org.uk/26MT](http://www.bgs.org.uk/26MT)

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## Spring Meeting

2026

**Broadcast live 23-24 April 2026**

Available on demand until  
24 September 2026

Catch up

[www.bgs.org.uk/26Spring](http://www.bgs.org.uk/26Spring)