



British Geriatrics Society
Improving healthcare for older people

2026

Midlands Region Meeting

12 June

Online meeting

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Browse our posters

Take the time to browse and comment on our submitted posters on the poster section of the website.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

5. Get social

Tag us on our socials:

- **Facebook** @BGS1947
- **LinkedIn** @British Geriatrics Society
- **Insta** @BGSTrainees
- **Bluesky** @ gerisoc.bsky.social

Programme

09.00 **Poster viewing**

10.00 **Introduction and welcome:**
Richard Biram, BGS England Council Chair

Advance Care Planning and Gold Standards Frameworks outcome measures

Moderators: Ani Kumar and Laura Daunt

10.15 - 11.15 **10.15 Advance Care Planning and Gold Standards Frameworks outcome measures**
Mrs Maxine Palmer, Advanced Nurse Practitioner, Princess of Wales Community Hospital, Worcestershire Health and Care NHS Trust
Dr Abigail Reynolds, Consultant in Palliative Medicine, Princess of Wales Community Hospital, Worcestershire Health and Care NHS Trust

11.15 **Poster viewing time and coffee break**
View our submitted posters:

Palliative care with long term conditions

Moderators: Ani Kumar and Laura Daunt

11.45 - 13.15 **11.45 Palliative Care in Advanced Liver Disease**
Dr Cathrine Vincent, Palliative Medicine Consultant, Nottingham University Hospitals NHS Trust

12.15 Palliative care in heart failure
Dr Lavanya Athithan, Consultant Cardiologist, Glenfield Hospital, University Hospitals of Leicester NHS Trust

12.45 Abstract 4949 Equipping Resident Doctors with the Skills Required for Meaningful Advance Care Planning Conversations and Documentation
Dr Lily Mills, SpR in geriatric medicine, Royal United Hospital, Bath

13.00 Abstract 4908 The light house effect: Navigating terminal lucidity at BHRUT -Enhancing clinical awareness and family support in end of life
Dr Sunday Samuel Paul, Clinical Fellow Geriatrics, BHRUT

13.15 **Lunch**

Palliative care

Pain and dying well

Moderators: Ani Kumar and Laura Daunt

14.15 - 15.30 **14.15 Non-cancer related pain in end of life**
Professor Roger Knaggs, Professor of Pain Management, University of Nottingham & Primary Integrated Community Services

14.45 What is 'ordinary dying' in palliative care?
Dr John MacArtney, Associate Professor, Warwick Medical School

15.15 Abstract 4900 Raising the Standard: Transforming Discharge Summaries in Medicine for Older Adults
Dr Harriet Virely, IMT1, Royal Derby Hospital

15.30 Abstract 4952 Hidden Care at the End of Life: A Focus Group Study of Staff Experiences in a Nursing Home Natalie Richardson, Research Fellow, University of Nottingham

15.45 **Closing Remarks**

Upcoming BGS events

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bgs.org.uk/events

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Cardiovascular Health in Older People Meeting

24 September 2026

NHS Horizon, Leeds & Online

HYBRID - ATTEND IN PERSON OR ONLINE

www.bgs.org.uk/26Cardio

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POPS Meeting

(Perioperative Care of Older People Undergoing Surgery)

25 September 2026

NHS Horizon, Leeds & Online

HYBRID - ATTEND IN PERSON OR ONLINE

www.bgs.org.uk/26POPS

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