



**British Geriatrics Society**  
Improving healthcare for older people

**2026**

# Midlands Region Meeting

**12 June**

Online meeting

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

### 2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Browse our posters

Take the time to browse and comment on our submitted posters on the poster section of the website.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

### 5. Get social

Tag us on our socials:

- **Facebook @BGS1947**
- **LinkedIn @British Geriatrics Society**
- **Insta @BGSTrainees**
- **Bluesky @ gerisoc.bsky.social**

## Programme

09.00 **Poster viewing**

10.00 **Introduction and welcome:**  
Richard Biram, BGS England Council Chair

### Advance Care Planning and Gold Standards Frameworks outcome measures

10.15 - 11.15 10.15 Maxine Palmer, Advanced Nurse Practitioner, Princess of Wales Community Hospital, Worcestershire Health and Care NHS Trust

10.45 Dr Abigail Reynolds, Consultant in Palliative Medicine, Princess of Wales Community Hospital, Worcestershire Health and Care NHS Trust

11.15 **Poster viewing time and coffee break**  
View our submitted posters:

### Palliative care with long term conditions

11.45 - 13.15 11.45 **Palliative care in movement disorders**  
Dr Venkata Chaitanya, Consultant in Palliative Medicine, Nottingham City Hospital, Nottingham University Hospitals NHS Trust

12.15 **Palliative care in heart failure**  
Dr Lavanya Athithan, Consultant Cardiologist, Glenfield Hospital, University Hospitals of Leicester NHS Trust

12.45 **Platform presentations**

### Palliative care Pain and dying well

14.15 - 15.30 14.15 **Non-cancer related pain in end of life**  
Professor Roger Knaggs, Professor of Pain Management, University of Nottingham

14.45 **What is 'ordinary dying' in palliative care?**  
Dr John MacArtney, Associate Professor, Warwick Medical School

15.45 **Closing Remarks**

**Upcoming BGS events**

See more at  
[bgs.org.uk/events](http://bgs.org.uk/events)

**BGS**

# POPS Meeting

(Perioperative Care of Older People Undergoing Surgery)

**25 September 2026**

NHS Horizon, Leeds & Online

**HYBRID - ATTEND IN PERSON OR ONLINE**

[www.bgs.org.uk/26POPS](http://www.bgs.org.uk/26POPS)

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**BGS**

# Dementia, Delirium and Brain Health

**20 May 2026**

IET Austin Court,  
Birmingham & Online

**HYBRID - ATTEND IN PERSON OR ONLINE**

[www.bgs.org.uk/26DDB](http://www.bgs.org.uk/26DDB)