British Geriatrics Society
Improving healthcare for older people

Leadership and Management in Geriatric Medicine Weekend 2026

Top tips for getting the most out of your meeting:

1. Read the recommended list

The **recommended reading list** is encouraged before you get to the weekend. Read it now

2. Record your attendance

Attendance should be recorded each day with our registration team providing your name each day and signing in.

3. Give feedback

Please take the time to fill out the feedback form after the course. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our faculty and course organisers. You can give this throughout the day as well

4. Take a breather

It's never been more challenging than now. Take the time to pause, refresh and refocus.

5. Join in

All delegates are encouraged to engage in the session activities and contribute. Please ask your questions during the whole weekend. If you are thinking it, someone else is too. Raise your hands

6. Get social

Chat with attendees during breaks, come to the breakfasts and dinner. To benefit fully from this course interact in your assigned groups and also with the other attendees when you can.

7-8 November 2026, theStudio Manchester

In person only. Limited places - Book early

A two-day residential course specifically designed for those in training roles in geriatric medicine, moving into senior roles. This course focuses on management and leadership issues that affect health services for older people.

www.bgs.org.uk/**26LM**

Sustainability

Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to check in each day you are attending at registration.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins**.**

Course Information

Using the seven domains of the NHS Leadership Framework, the course will be structured in small facilitated interactive group sessions, analysing questions around leadership, policy and management topics. The course aims to combine three elements: preparing senior trainees for geriatric consultant interviews, helping newly appointed geriatric consultants avoid potential pitfalls in their first year and providing up-to-date knowledge of relevant leadership and management issues.

Preperation

Recommended reading list

The reading list is non-compulsory but it covers some important recent papers that will shape leadership and management agendas for geriatricians over the coming years alongside more generic issues of which you should be aware. The list is not exhaustive and has been whittled down to give a primer ahead of the course. **You can download it here**

Quality Improvement

It would be advantageous to a QI project you've been involved in and come to the meeting prepared to discuss how to take it forward to improve an existing or set up a new service.

Course aims

- Practice and develop leadership and managements skills specific to providing healthcare for older people
- Network with others coming into similar roles, and learn from experienced consultants and BGS office holders.
- Gain vital knowledge on key leadership and management challenges facing health services for older people.
- Get professional guidance & assistance on how to avoid common pitfalls in leading the delivery of services for frail older patients
- Develop contacts to render help and mentorship during your first years as a geriatric medicine consultant

Dinner

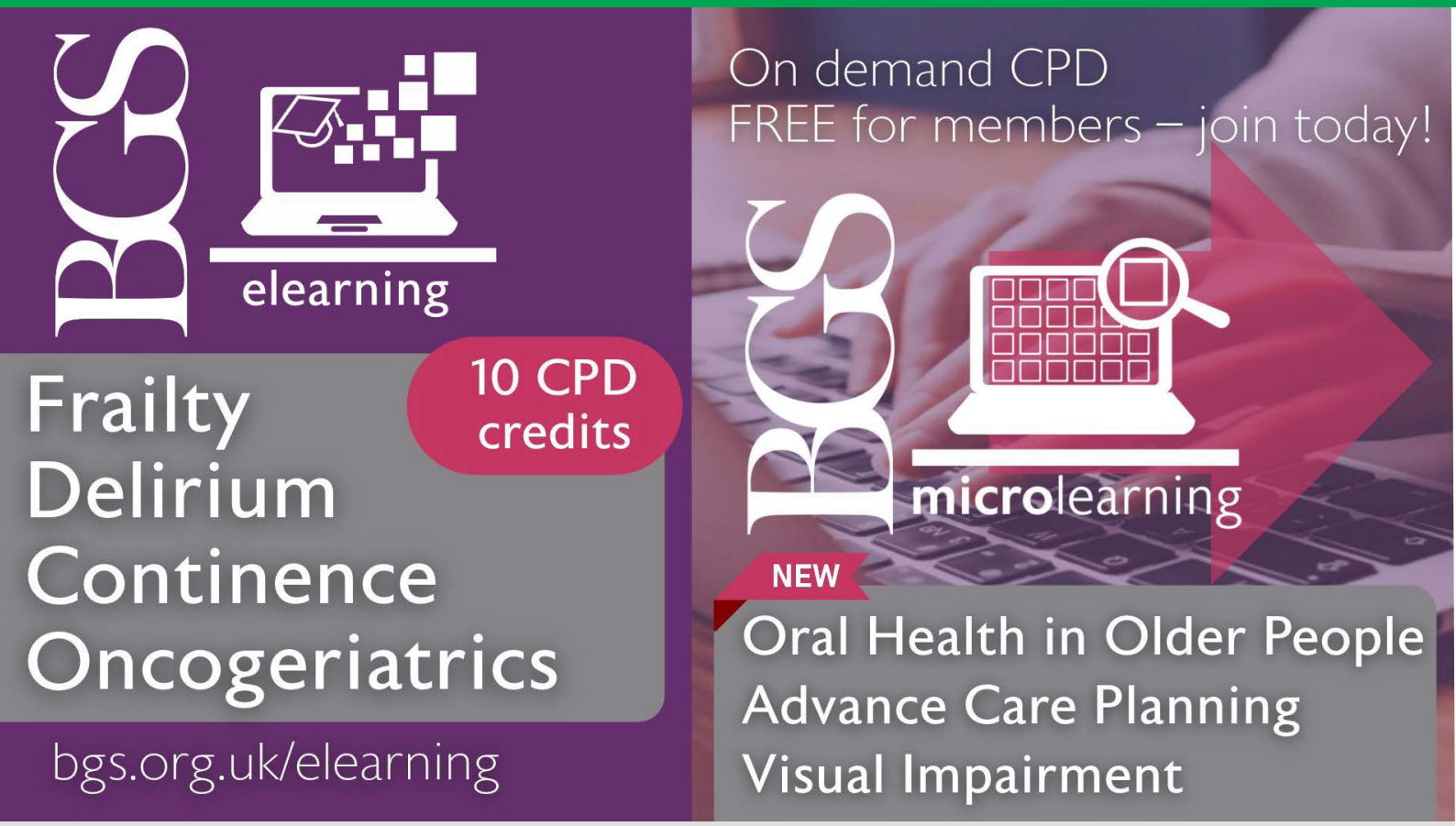
Saturday 7 November 19.30 - 22.30

House of Social, 10 Sir Howard Bernstein Approach, Manchester,M15 4ND
Cinema Corner from 7:30pm - 10:30pm.

Dinner attendance is recommended for all delegates. This is an excellent opportunity to continue conversations from the day, expand your professional network, and build relationships with fellow participants and faculty in a relaxed and informal setting.

The dinner will take place at House of Social, 10 Sir Howard Bernstein Approach, Manchester, M15 4ND (Cinema Corner), from 19.30 to 22.30.

House of Social offers five independent kitchens, allowing you to choose and purchase your own meal from a range of cuisines. The flexible format provides plenty of opportunity to meet new colleagues, share experiences, and discuss ideas with peers from across the course.



Saturday **7 November**

Morning

In Person Meeting

START **Breakfast**

08.30	**Breakfast rolls and coffee** **Attendance at the breakfast is required for all delegates. The breakfast consumption is optional** **Being on time is important. You will be assign to a group during the breakfast. You will spend the whole course together in these groups and should use this opportunity to introduce yourself and network with the other course participants**

Opening Session

Moderator: Dr Barry Evans, Consultant Geriatrician, Derby Teaching Hospitals NHS Foundation Trust

9.00-10.00	09.00 **Older peoples healthcare: Reflecting on services for older people, the NHS and yourself** Dr Ghalib Choudhury, Consultant Geriatrician, Broomfield Hospital
10.00	**Coffee break**

Session 1

	Group 1	Group 2	Group 3
10.15 - 12.00	**Older people healthcare: Personal and team management** Dr Nia Humphrey, Consultant Geriatrician and Dula Alicehajic-Becic, Consultant Pharmacist Frailty	**Running a service day-to-day; Service delivery & Quality Improvement** Lyndsey Dunn, Head of Service: Community Health & Care and Dr Huma Naqvi, Consultant Geriatrician	**Shaping the strategic direction of health services** Professor Martin Vernon, Consultant Geriatrician-Senior Adult Oncology, and Dr Inder Singh, Consultant Geriatrician and National Clinical Lead, Wales
12.00 - 13.00	**Lunch**		

In Person Meeting

Session 2

	Group 2 ←	Group 3 ←	Group 1
13.00 - 14. 45	**Older people healthcare: Personal and team management** Dr Nia Humphrey, Consultant Geriatrician and Dula Alicehajic-Becic, Consultant Pharmacist Frailty	**Running a service day-to-day; Service delivery & Quality Improvement** Lyndsey Dunn, Head of Service: Community Health & Care and Dr Huma Naqvi, Consultant Geriatrician	**Shaping the strategic direction of health services** Professor Martin Vernon, Consultant Geriatrician-Senior Adult Oncology, and Dr Inder Singh, Consultant Geriatrician and National Clinical Lead, Wales
14.45-15.00	**Coffee break**		

Session 3

	Group 3	Group 1 ←	Group 2
15.00 - 16.45	**Older people healthcare: Personal vand team management** Dr Nia Humphrey, Consultant Geriatrician and Dula Alicehajic-Becic, Consultant Pharmacist Frailty	**Running a service day-to-day; Service delivery & Quality Improvement** Lyndsey Dunn, Head of Service: Community Health & Care and Dr Huma Naqvi, Consultant Geriatrician	**Shaping the strategic direction of health services** Professor Martin Vernon, Consultant Geriatrician-Senior Adult Oncology, and Dr Inder Singh, Consultant Geriatrician and National Clinical Lead, Wales
16.45	**Summary of the day**		
19.30	**Dinner** Dinner attendance is recommended for all delegates. This is an excellent opportunity to continue conversations from the day, expand your professional network, and build relationships with fellow participants and faculty in a relaxed and informal setting. **House of Social, 10 Sir Howard Bernstein Approach, Manchester,M15 4ND** **Cinema Corner from 19:30 - 22:30.** House of Social offers five independent kitchens, allowing you to choose and purchase your own meal from a range of cuisines. The flexible format provides plenty of opportunity to meet new colleagues, share experiences, and discuss ideas with peers from across the course.		

In Person Meeting

START **Breakfast**

09.00	**Breakfast** **Attendance at the breakfast is required for all delegates. The breakfast consumption is optional** **Access from 08.30 is possible**

Project development session 1

Moderator: Ghalib Choudhury

9.30-11.30	09.30 **How to set up a service** Covering • Initial planning stages and scoping • How to manage a team on all the necessary steps of a project • Reporting the project and progress to management and key milestones Led by Dr Ghalib Choudhury, Consultant Geriatrician, Broomfield Hospital
11.30	**Coffee break**

Project development session 2

11.45 - 13.30	Covering • The pitch • Feedback on your project
13.30-14.00	Plenary Feedback Discussion about the course, final questions and next steps
14.00	**Lunch and end of course**

Delirium

New elearning course out now

BGS elearning

Free for BGS members
£150 for non members
10 CPD credits



BGS

British Geriatrics Society
Improving healthcare
for older people

Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Email registrations@bgs.org.uk
Website www.bgs.org.uk

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