

# 2026 Scotland Autumn Programme

Event  
2026 Scotland Autumn Meeting

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09:00 Registration and poster viewing

Stream 1

- 09:30 ~ 11:00
- Proclaim

## Continence - Back to fundamentals

Educational level

Core

Moderators: Dr Aine McGovern



Dr  
Aine  
McGovern

Job title

Consultant Physician in Geriatric and Internal Medicine

Place of Work

NHS Greater Glasgow and Clyde

Speakers: Dr Georgina Smart, Mahua Chakrabarti, Professor Graham MacKay

09:30 AM ~ 10:00 AM



## Bladder Health in frailty: a team-based approach to better care

Georgina  
Smart

Job title

Subspecialty Trainee in Urogynaecology

Place of Work

Queen Elizabeth University Hospital, Glasgow and Honorary Clinical Lecturer  
University of Glasgow

10:00 AM ~ 10:30 AM



## Managing faecal incontinence in older person living with frailty

Mahua  
Charkrabarti

Job title  
Consultant Surgeon: General/ Colorectal/ Pelvic Floor  
Place of Work  
Wishaw General Hospital  
10:30 AM ~ 11:00 AM



## Managing constipation in older person living with frailty (Remote)

Graham  
MacKay  
  
Job title  
Consultant colorectal surgeon  
Place of Work  
Glasgow Royal Infirmary (remote)

11:00 Free time - Explore the exhibition zone and meet our sponsors. Grab a coffee, have a stretch or socialise with other participants

Stream 1

- 11:30 ~ 12:30
- Proclaim

## Nutrition and Sarcopenia

Educational level

Core

Moderators: Dr Alison Falconer

stream

Dr  
Alison  
Falconer

Job title  
Consultant Geriatrician, Chair of BGS Scotland  
Place of Work  
University Hospital Wishaw

Speakers: Dr Christoper Curran, Mrs Careen Mullen-Mckay

11:30 AM ~ 12:00 PM



Watch

## Nutrition in the Frail Older Adult: is there evidence for alternative feeding

Christoper  
Curran

Job title  
Registrar in Gastroenterology  
Place of Work  
NHS Grampian

12:00 PM ~ 12:30 PM

Watch

# Quality Improvement at NHS Tayside: Addressing Malnutrition and Sarcopenia

Careen  
Mullen-Mckay

Job title  
Nurse Consultant

Place of Work  
NHS Tayside, Perth & Kinross Health and Social Care Partnership

12:30 Lunch

Stream 1

- 14:00 ~ 15:00
- Proclaim

## Wellbeing

Educational level

Core

Moderators: Dr Sam Blackley

stream

Dr  
Sam  
Blackley

Job title  
Consultant Geriatrician  
Place of Work  
Western General Hospital

Speakers: Dr Claire Copeland, Dr Cath Stretton, Dr Sara Robinson

01:30 PM ~ 02:00 PM



stream

## Moral injury – corridor care and run up to winter

Claire  
Copeland

Job title  
Deputy Medical Director - Community & Primary Care,  
Place of Work  
NHS Highland and BGS VP Workforce (remote)

02:00 PM ~ 02:30 PM

Watch

## Civility saves lives

Cath  
Stretton

Job title  
Consultant Anaesthetist  
Place of Work  
St John's Hospital

02:30 PM ~ 03:00 PM



## Approaching difficult conversations

Sara  
Robinson

Job title  
Emergency Consultant and Deputy Director of Medical Education  
Place of Work  
NHS Lothian

15:00 Free time - Explore the exhibition zone and meet our sponsors. Grab a coffee, have a stretch or socialise with other participants

Stream 1

- 15:30 ~ 16:15
- Proclaim

## Cases that changed my practice - Cognitive impairment and atypical cases

Educational level

Core

Moderators: Mrs Careen Mullen-Mckay

### stream

Mrs  
Careen  
Mullen-Mckay

Job title  
Nurse Consultant  
Place of Work  
NHS Tayside, Perth & Kinross Health and Social Care Partnership

Speakers: Dr Innes Hynd

03:30 PM ~ 04:15 PM



### Watch

## Feeding challenges in Dementia

Innes  
Hynd

Job title  
Consultant Geriatrician  
Place of Work  
University Hospital Wishaw