

2026 Yorkshire and North East Programme

Event

2026 Yorkshire and North East Region

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09:45 Login and poster browsing

- 10:15 ~ 11:15
- Online

Session 1

Educational level
Core

Speakers: Professor Rory O'Connor, Ms Kellie Stavers, Ms Katie Johnson
10:15 AM ~ 10:45 AM

Rehabilitation Research General Principles

Rory
O'Connor

Job title
Professor of Rehabilitation Medicine
Place of Work
University of Leeds and Leeds Hospitals NHS Trust
10:45 AM ~ 11:15 AM



Comprehensive Falls Assessment to reduce falls-related hospital admissions

Kellie
Stavers

Job title
OT– Community Rehabilitation Team
Place of Work
Farmborough Court, Sunderland
10:45 AM ~ 11:15 AM

Comprehensive Falls Assessment to reduce falls-related

hospital admissions

Katie
Johnson

Job title
Physio – Community Rehabilitation Team
Place of Work
Farmborough Court, Sunderland

11:15 Break and poster viewing

11:30 Session 2

Stream 1

- 11:30 ~ 13:00
- Online

Session 2

Educational level

Core

Moderators

Speakers: Ms Tina Wiffen, Ms Emma Olandj

11:30 AM ~ 12:00 PM

Falls Prevention

Tina
Wiffen

Job title
Clinical Specialist Phyiotherapist
Place of Work

Falls Prevention Team, South Tees NHS Foundation Trust

12:00 PM ~ 12:30 PM



Identification of rehabilitation needs

Emma
Olandj

Job title
Community Service Director
Place of Work
Nimbuscare

12:30 PM ~ 12:45 PM

Platform Presentation

12:45 PM ~ 01:00 PM

Platform presentation

13:00 Lunch

- 13:30 ~ 15:00
- Online

Session 3

Educational level

Core

Moderators

Speakers: Dr Catherine Carman, Marcus Dearn, Ms Shahla Fisher

01:30 PM ~ 01:45 PM

Platform presentation

01:45 PM ~ 02:00 PM

Platform presentation

02:00 PM ~ 02:30 PM



Prehabilitation and POPS

Catherine
Carman

Job title
Consultant Geriatrician
Place of Work
Northumbria Healthcare

02:30 PM ~ 03:00 PM

Deconditioning - Pyjama paralysis Eat Drink Dress Move

Marcus
Dearn

Job title
Practice Educator (Deconditioning)
Place of Work
Barnsley Hospital
02:30 PM ~ 03:00 PM

Shahla
Fisher

Job title
Physiotherapist
Place of Work
Barnsley Hospital

15:00 Closing Remarks