2026 Yorkshire and North East Programme

Event
2026 Yorkshire and North East Region

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Information

- **Click on a pink session to view the session details: times, topics and speakers.**
- **Click on a speaker's name within the session to see more information about them.**
- **Click again to collapse the information when you're finished.**

09:45 Login and poster browsing

10:15 Session 1 Rehabilitation - Research, Bed and Home Based, Falls Prevention

Stream 1



- **10:15 ~ 11:15**
- **Online**

Session 1

Educational level
Core

Speakers: Professor Rory O’Connor, Ms Angela Porritt, Ms Katie Johnson

10:15 ~ 10:45

Rehabilitation Research General Principles

Professor
Rory
O’Connor

Charterhouse Professor of Rehabilitation Medicine
University of Leeds and Leeds Hospitals NHS Trust

10:45 ~ 11:15

Community Rehabilitation in Bed-Based and Home Settings: The Sunderland Experience

Ms
Angela
Porritt

Principal Occupational Therapist, Community Therapy Services,
Sunderland City Council

10:45 ~ 11:15

Community Rehabilitation in Bed-Based and Home Settings: The Sunderland Experience

Ms
Katie
Johnson

Physio – Community Rehabilitation Team
Farmborough Court, Sunderland

11:15 Break and poster viewing

11:30 Session 2 Self management and Community based Rehabilitation

Stream 1



- **11:30 ~ 13:00**
- **Online**

Session 2

Educational level
Core

Moderators

Speakers: Ms Tina Wiffen, Ms Emma Olandj, Isobel Orwin

11:30 ~ 12:00

Promotion of Self Management and Rehabilitation

Ms
Tina
Wiffen

Clinical Specialist Phyiotherapist
Falls Prevention Team, South Tees NHS Foundation Trust

12:00 ~ 12:30

York Community Frailty Hub

Ms
Emma
Olandj

Director of Community Services, GPwER Frailty
Nimbuscare

12:30 ~ 12:45

Platform Presentation: Abstract 5000 A closed loop audit analysing the number of patients mobilised day one post hip operation and key barriers to mobilisation

Isobel
Orwin

Resident Doctor
North Tees Hospital

12:45 Lunch

13:30 Session 3 Pre-habilitation and organisational change

Stream 1



- **13:30 ~ 15:00**
- **Online**

Session 3

Educational level
Core

Moderators

Speakers: Yeny Concha-Cisternas, Dimple Shamnani, Dr Catherine Carman, Miss Emma Bains, Marcus Dearns

13:30 ~ 13:45

Platform presentation: Abstract 5016 Hallux Strength Matters: Its Relationship with Physical Performance and Predictive Role in Fall Risk

Yeny

Concha-Cisternas

Reseacher
Santo Tomás University
13:45 ~ 14:00

Platform presentation: Abstract 5057 Every Dose Counts: Improving Time-Critical Parkinson's Medication Management in NBM Patients

Dimple
Shamnani

Foundation Year Doctor
University hospitals of Birmingham
14:00 ~ 14:30

Prehabilitation and POPS

Dr
Catherine
Carman

Consultant Geriatrician
Wansbeck General Hospital
14:00 ~ 14:30

Prehabilitation and POPS

Miss
Emma
Bains

Senior Specialist Physiotherapist
Northumbria Healthcare
14:30 ~ 15:00

Hearts and Minds: Prioritising Deconditioning as a trust priority

Marcus
Dearns

Occupational Therapist Practice Educator
Barnsley Hospital

15:00 Closing Remarks

Five top tips for the meeting

1. Record your attendance

In person: **Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.**
Online: **You will receive a CPD certificate for the days you have watch online. Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors and browseour posters

Consider spending 5 minutes to speak to a sponsor. Take the time to browse and comment on our submitted posters on the digital screens.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.
Tag us on our socials:
- **Facebook @BGS1947**
- **LinkedIn @British Geriatrics Society**
- **Insta @BGSTrainees**
- **Bluesky @ gerisoc.bsky.social**