

2026 Yorkshire and North East Programme

Event

2026 Yorkshire and North East Region

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09:45 Login and poster browsing

10:15 Session 1 Rehabilitation - Research, Bed and Home Based, Falls Prevention

Stream 1



- 10:15 ~ 11:15
- Online

Session 1

Educational level
Core

Speakers: Professor Rory O'Connor, Ms Angela Porritt, Ms Katie Johnson

10:15 AM ~ 10:45 AM



Rehabilitation Research General Principles

Rory
O'Connor

Job title
Charterhouse Professor of Rehabilitation Medicine
Place of Work
University of Leeds and Leeds Hospitals NHS Trust

10:45 AM ~ 11:15 AM



stream



Community Rehabilitation in Bed-Based and Home Settings: The Sunderland Experience

Angela
Porritt

Job title
Principal Occupational Therapist, Community Therapy Services,
Place of Work
Sunderland City Council

10:45 AM ~ 11:15 AM



Community Rehabilitation in Bed-Based and Home Settings: The Sunderland Experience

Katie
Johnson

Job title
Physio – Community Rehabilitation Team
Place of Work
Farmborough Court, Sunderland

11:15 Break and poster viewing



- 11:30 ~ 13:00
- Online

Session 2

Educational level
Core

Moderators



Speakers: Ms Tina Wiffen, Ms Emma Olandj, Isobel Orwin

11:30 AM ~ 12:00 PM



Promotion of Self Management and Rehabilitation

Tina
Wiffen

Job title

Clinical Specialist Physiotherapist

Place of Work

Falls Prevention Team, South Tees NHS Foundation Trust

12:00 PM ~ 12:30 PM



York Community Frailty Hub

Emma

Olandj

Job title

Director of Community Services, GPwER Frailty

Place of Work

Nimbuscare

12:30 PM ~ 12:45 PM



Platform Presentation: Abstract 5000 A closed loop audit analysing the number of patients mobilised day one post hip operation and key barriers to mobilisation

Isobel

Orwin

Job title

Resident Doctor

Place of Work

North Tees Hospital

12:45 Lunch



- 13:30 ~ 15:00
- Online

Session 3

Educational level
Core

Moderators



Speakers: Yeny Concha-Cisternas, Dimple Shamnani, Dr Catherine Carman, Miss Emma Bains, Marcus Dearn

01:30 PM ~ 01:45 PM



Platform presentation: Abstract 5016 Hallux Strength Matters: Its Relationship with Physical Performance and Predictive Role in Fall Risk

Yeny
Concha-Cisternas

Job title
Researcher
Place of Work
Santo Tomás University
01:45 PM ~ 02:00 PM



Platform presentation: Abstract 5057 Every Dose Counts: Improving Time-Critical Parkinson's Medication Management in NBM Patients

Dimple
Shamnani

Job title
Foundation Year Doctor
Place of Work
University hospitals of Birmingham
02:00 PM ~ 02:30 PM



Prehabilitation and POPS

Catherine
Carman

Job title
Consultant Geriatrician
Place of Work
Wansbeck General Hospital
02:00 PM ~ 02:30 PM



Prehabilitation and POPS

Emma
Bains

Job title
Senior Specialist Physiotherapist
Place of Work
Northumbria Healthcare

02:30 PM ~ 03:00 PM



Hearts and Minds: Prioritising Deconditioning as a trust priority

Marcus
Dearn

Job title
Occupational Therapist Practice Educator
Place of Work
Barnsley Hospital

15:00 Closing Remarks