

# BGS Scotland Autumn 2023

### Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

Online: You will receive a CPD certificate for the days you have joined 'live' online only. Viewing the content post-event won't be certified, but certificates are not required to claim CPD via the RCP diary.

### 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### **3.** Take a breather

It's been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at @GeriSoc and use the hashtag #BGSconf.

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

# **06 October 2023**

the Studio Glasgow & Online (Hybrid meeting)

We encourage anyone with an interest in older people and ageing well to attend. Healthcare professionals, both specialist and non-specialist in older people care are particularly encouraged.

# **Hybrid meeting**

START Opening address		
09.30	Opening words Rowan Wallace, Chair BGS Scotland	
Specialty Challenges in Rural Working  Moderator: Alison Falconer		
9.40- 10.40	09.40 Challenges (and joys) of geriatric medicine in Dumfries and Galloway Dr Amy Conley, Consultant - Geriatrics & Stroke Medicine, Dumfries and Galloway  10.00 General Practice in remote and rural Scotland Dr Claire Copeland, Deputy Medical Director - Community & Primary Care, NHS Highland and Dr Alison Brooks, GP, Thurso  10.20 Remote and Rural Hospital at Home model Gail Black, Hospital at Home Coordinator and colleagues, Western Isles Hospital at Home team and David Rigby, Realistic Medicine and Clinical Pathways Lead NHS Western Isles	
10.40	Free time - Tea, Coffee and Posters	
Specialty Challenges in Rural Working  Moderator: Alison Falconer		
11.10 - 12.50	11.10 Panel Discussion on Specialty Challenges in Rural Working  11.45 1844 Listening and Learning: a qualitative study of Scottish care home staff experiences of managing COVID-19 March 2020-August 2022  JK Burton1; M Drummond2; KI Gallacher 3; TJ Quinn1  12.00 1857 The Patient is The Expert of Their Experience  K Donlon1; F Morrissey2; H Cooney3; S Burke4; F Finneran5; V Gilleran6; Dr G O'Mara7  12.15 Reducing Length of Stay in older adults: HSCP integratation with Acute care.  Miss Lyndsey Dunn,  Clinical Service Manager, Community Flow, Delayed Discharge & Integrated Discharge Hub. Vice Chair Nurse & AHP Council British Geriatric Society	
12.50 - 13.30	Lunch	

## **Hybrid meeting**

13.30 Handing over of Chair BGS Scotland		
POPS (Peri-operative Care of Older People undergoing surgery)		
Moderator: Rowan Wallace		
13.45 - 14.55	13.45 <b>Best practice in perioperative care for older people</b> Prof Jugdeep Dhesi, Consultant Geriatrician and BGS President Elect, GSTT (Remote)	
	14.15 POPS Light - Practical Integration of Comprehensive Geriatric Assessment into Perioperative Care Dr Laura McGarrity, Consultant Anaesthetist, University Hospital Crosshouse, NHS Ayrshire & Arran	
	14.35 POPS Light - Practical Integration of Comprehensive Geriatric Assessment into Perioperative Care Allina Das, Senior Nurse, NHS Ayrshire and Arran	
14.55	Free time - Tea, Coffe and posters	
POPS (Peri-operative Care of Older People undergoing surgery)  Moderators: Rowan Wallace		
15.00 - 16.30	15.20 Frailty Screening in Vascular Surgery Dr Silje Welsh, Clinical Research Fellow (Cardiovascular & Metabolic Health), University of Glasgow	
	<ul> <li>15.40 Panel Discussion</li> <li>16.00 Award of prizes for platform presentations and posters</li> </ul>	
16.20	Close of conference	
British Gerlatrics Society Improving healthcare foroider people 10 CPD Distance Learning Credits Four modules covering Understanding and Communicating Frailty		
2023 Frailty- Identification  and Interventions Updated for 2023  **Building Systems Fit for Frailty**  **Building Systems Fit for Frailty**		
elearning course worth 10 CPD credits  FREE to all Healthcare Professionals  Visit www.bgs.org.uk/ 2023F-IF		
British Geriatrics Society Improving healthcare for older people  Programme highlights:		
2023 Autumn Meeting College of Radiologists and The International		

22-24 November, VOX Birmingham

Hybrid (in person and online)

British Geriatrics Society
Improving healthcare for older people

JOIN US in improving healthcare for older people

### Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

#### This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

### Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit **www.bgs.org.uk/join** to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of accredited CPD events delivering 25 external hours for less than £500

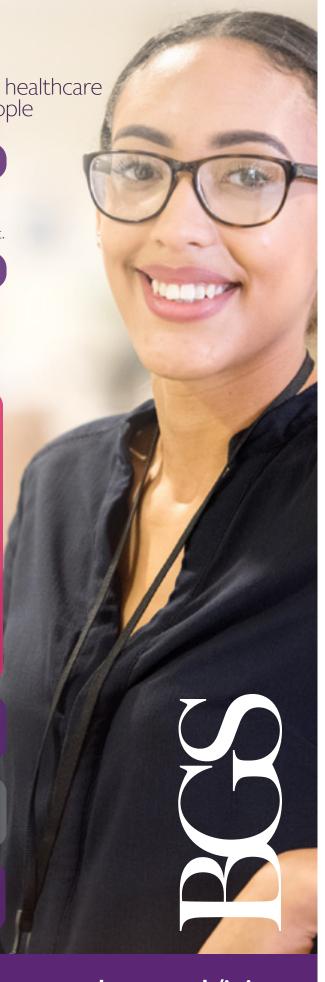
Access to **best practice guidance**on topics such as
frailty and care
homes

...and much more!

**Discounts** on fees for BGS events (saving up to £150 per event)

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, Age & Ageing



Become a member today! Join online at www.bgs.org.uk/join



### **SPREAD THE WORD:**

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at <a href="https://www.bgs.org.uk/grants">www.bgs.org.uk/grants</a>



**British Geriatrics Society** Improving healthcare for older people

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