

Leadership and Management in Geriatric Medicine Weekend 2023

Five top tips for getting the most out of your meeting:

1. Read the recommended list

The <u>recommended reading list</u> is encouraged before you get to the weekend.

2. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name each day.

3. Give feedback

Please take the time to fill out the feedback form after the course. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our faculty and course organisers. You can give this throughout the day as well

4. Take a breather

It's been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

5. Join in

All delegates are encouraged to ask questions for the duration of the weekend. If you are thinking it, someone else is too. If you're tweeting, tag us at @ GeriSoc and use the hashtag #BGSconf.

6. Get social

Chat with attendees during breaks, come to the breakfasts and dinners. To benefit fully from this course interact in your assigned groups and also with the other attendees when you can.

4-5 November

In person only

A two-day residential course specifically designed for those in training roles in geriatric medicine, moving into senior roles. This course focuses on management and leadership issues that affect health services for older people.

Sustainability

Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- We encourage you to walk, cycle or travel by public transport to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of sustainable, meat-free options as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.

Course Information

Using the seven domains of the NHS Leadership Framework, the course will be structured in small facilitated interactive group sessions, analysing questions around leadership, policy and management topics. The course aims to combine three elements: preparing senior trainees for geriatric consultant interviews, helping newly appointed geriatric consultants avoid potential pitfalls in their first year and providing up-to-date knowledge of relevant leadership and management issues.

Recommended reading list

• The reading list is non-compulsory but it covers some important recent papers that will shape leadership and management agendas for geriatricians over the coming years alongside more generic issues of which you should be aware. The list is not exhaustive and has been whittled down to give a primer ahead of the course. You can download it here

Course aims

- Practice and develop leadership and managements skills specific to providing healthcare for older people
- Network with others coming into similar roles, and learn from experienced consultants and BGS office holders.
- Gain vital knowledge on key leadership and management challenges facing health services for older people.
- Get professional guidance & assistance on how to avoid common pitfalls in leading the delivery of services for frail older patients
- Develop contacts to render help and mentorship during your first year as a geriatric medicine consultant

In Person Meeting

START Breakfast					
08.00	Breakfast Attendance at the breakfast is required for all delegates You will be assign to a group during the breakfast and should use this opportunity to introduce yourself and network with the other course participants				
Opening Session Moderator: Barry Evans					
9.00- 10.00	09.45 Older peoples healthcare: Reflecting on the impact of COVIDs fallout and workforce pressures to older people, the NHS and yourself Dr Barry Evans, Consultant Geriatrician, Derby Teaching Hospitals NHS Foundation Trust				
10.00	Coffee break				
Session 1					
	Group 1 Room: Discovery	Group 2 Room: Worcester	Group 3 Room: Executive		
10.15 - 12.00	Older people healthcare: Personal and team management Dr Carly Welch and Professor Jugdeep Dhesi Dr Ghalib Choudhury	Running a service day- to-day; Service delivery & quality Improvement Dr Tom Downes and Dr Eileen Burns	Shaping the strategic direction of health services; future challenges of the NHS & service adaption to meet these changes Professor Martin Vernon and Dr Anne Hendry		
12.00 - 13.00	Lunch				

In Person Meeting

Session	1 2			
	Group 2 Room: Discovery	Group 3 Room: Worcester	Group 1 Room: Executive	
13.00 - 14.45	Older people healthcare: Personal and team management Dr Carly Welch and Professor Jugdeep Dhesi Dr Ghalib Choudhury	Running a service day- to-day; Service delivery & quality Improvement Dr Tom Downes and Dr Eileen Burns	Shaping the strategic direction of health services; future challenges of the NHS & service adaption to meet these changes Professor Martin Vernon and Dr Anne Hendry	
14.45- 15.00	Coffee break			
Session	1 3			
	Group 3 Room: Discovery	Group 1 Room: Worcester	Group 2 Room: Executive	
	Older people healthcare: Personal and team management Dr Carly Welch and Professor Jugdeep Dhesi Dr Ghalib Choudhury	Running a service day- to-day; Service delivery & quality Improvement Dr Tom Downes and Dr Eileen Burns	Shaping the strategic direction of health services; future challenges of the NHS & service adaption to meet these changes Professor Martin Vernon and Dr Anne Hendry	
20.00	Dinner Dinner attendance is required for all delegates			
20.00	Café Roya www.caferoya.com This will be an opportunity to further develop your connections and build relationships with the other course participants and faculty			

In Person Meeting

START	Breakfast		
08.30	Breakfast Attendance at the breakfast is required for all delegates		
Project development session 1 Moderator: Barry Evans			
9.30- 11.30	 09.30 How to set up a service Covering Initial planning stages and scoping How to manage a team on all the necessary steps of a project Reporting the project and progress to management and key milestones Led by Professor Adam Gordon, BGS President Dr Barry Evans, Consultant Geriatrician, Derby Teaching Hospitals NHS Foundation Trust 		
11.30	Coffee break		
Project development session 1			
11.45 - 13.00	Covering • The pitch • Feedback on your project		
13.00 - 14.00	Plenary Feedback Discussion about the course, final questions and next steps		
14.00	Lunch and end of course		





SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants



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