

# Northern Ireland Royal College of Psychiatrists Old Age Faculty Joint Meeting 2024

## Five top tips for getting the most out of your meeting:

## 1. Record your attendance

**Online:** Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

**Online**: You will receive a CPD certificate for the days you have joined 'live' online only. Viewing the content post-event won't be certified, but certificates are not required to claim CPD via the RCP diary.

## 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

#### 3. Take a breather

It's been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

## 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're tweeting, tag us at @GeriSoc and use the hashtag #BGSconf.

## 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

## 1 March

Stormont Hotel, Belfast & Online (Hybrid meeting)

We encourage anyone with an interest in older people and ageing well to attend, including third sector, patient and public representatives. Healthcare professionals, both specialist and non-specialist in older people care are particularly encouraged.

# **Hybrid meeting**

START	Opening address
09.15	Opening words Jan Ritchie, BGS NI Chair
The older patient with PTSGD in Northern Ireland  Moderators: Jan Ritchie	
9.30- 11.00	09.30 Exposure to the troubles in Northern Ireland, memory functioning, and social activity engagement: results from NICOLA Dr Claire Potter, Clinical Academic Fellow Psychiatry, Queens University Belfast  10.00 A Legacy of The Troubles Dr Rosemary Kelly Consultant Geriatrician, Ulster Hospital, Dundonald South-Eastern Health and Social Care Trust  10.15 Legal aspects around PTSD and disclosure Dr Patrick Hann, POA Registrar, Belfast Health and Social Care Trust  10.45 Discussion
11.00	Free time - Tea, Coffee and Posters
Substance abuse in older people  Moderators: Emma Cunningham	
11.30 - 13.00	11.30 Alcohol related dementia Dr Conor Barton, POA Consultant Belfast Health and Social Care Trust, Dr Liz Dawson, POA Consultant, South Eastern Health and Social Care Trust and Ms Suzanne McCombe, Specialist Occupational Therapist, South Eastern Health and Social Care Trust  12.15 Substance misuse in older adults Dr Julia Lewis, Consultant Addiction Psychiatrist, Gwent Specialist Substance Misuse Service, ABUH (remote)  12.45 Discussion
13.00 - 14.00	Lunch

# **Hybrid meeting**

Updates on Dementia and Delirium  Moderators: Conor Barton		
14.00 - 15.00	<ul> <li>14.00 New progress in Alzheimer's dementia</li> <li>Dr Kat Patterson, Consultant Geriatrician, Belfast Health and Social Care Trust</li> <li>14.30 Managing agitation in dementia without delirium</li> <li>Dr Chris Southwell, Consultant in Old Age Psychiatry, Southern Health and Social Care Trust</li> </ul>	
15.00	Free time - Tea, Coffee and posters	
Research and Clinical Quality Platform presentations  Moderators: Jan Ritchie		
15.30 - 16.30	Selected presentations from submitted abstracts will be presented. 15.30 Abstract 2160 Feasibility Study: The Use of the Edmonton Frail Scale in a Psychiatric Inpatient Facility Dr Parul Shah 15.45 Abstract 2195 Incidence of Dementia Diagnoses in Patients With Fragility Femoral Fractures and Effect on Outcomes. Mr Philip Osoba 16.00 Abstract 2208 Out-Patient Memory Clinic Audit To Establish Number Of Patients Potentially Eligible For Alzheimer's Disease-Modifying Drugs Dr Brendan Flanagan	
16.30	Closing words	

British Geriatrics Society
Improving healthcare for older people

JOIN US in improving healthcare for older people

#### Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

#### This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

#### Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit **www.bgs.org.uk/join** to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of accredited CPD events delivering 25 external hours for less than £500

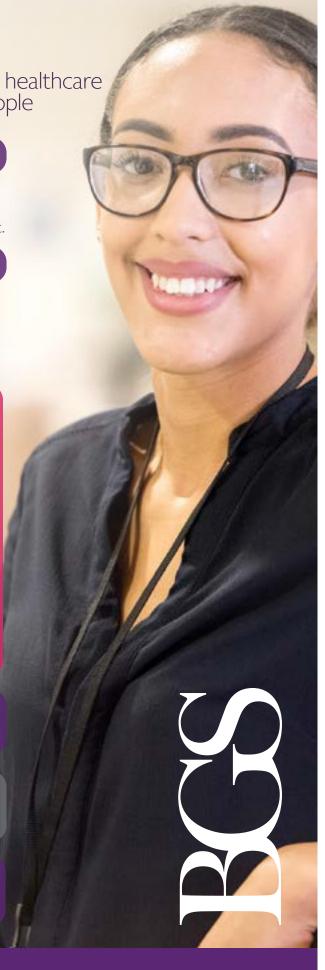
Access to **best practice guidance**on topics such as
frailty and care
homes

...and much more!

**Discounts** on fees for BGS events (saving up to £150 per event)

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, Age & Ageing



Become a member today! Join online at www.bgs.org.uk/join



## **SPREAD THE WORD:**

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at <a href="https://www.bgs.org.uk/grants">www.bgs.org.uk/grants</a>



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