

ENSURING CONSULTANT GERIATRICIAN REVIEWS FOR PATIENTS ON THE OLDER PERSONS ASSESSMENT UNIT

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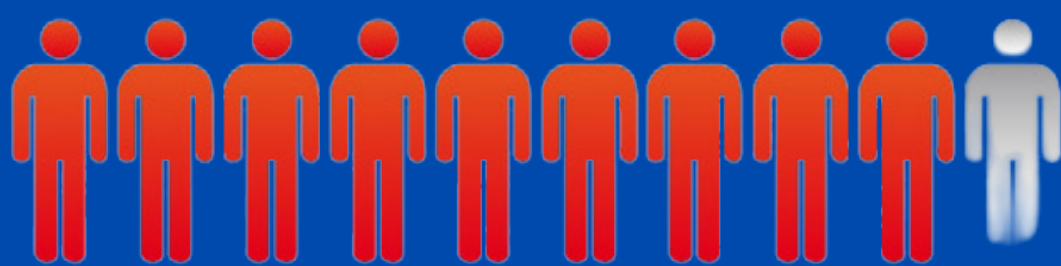
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INTRODUCTION

Our OPAU medical team, alongside the therapy team strive to ensure that each patient is reviewed by a Consultant Geriatrician during their admission, in addition to the routine medical and therapy teams. This ensures expert oversight is sought to enhance patient care and subsequent outcomes as part of a gold standard Comprehensive Geriatric Assessment (CGA).^{2,4}

Figure 1: 9 out of 10 people admitted to the OPAU are reviewed by a Consultant Geriatrician



RESULTS

90% of patients admitted to OPAU were reviewed by a Consultant Geriatrician during their admission. The 10% of patients that were not reviewed by a Consultant Geriatrician were reviewed by other specialties e.g. cardiology, endocrinology, oncology.

CONCLUSION

The majority of patients are reviewed by a consultant geriatrician, as part of the MDT for a CGA review on the OPAU. Those who were not reviewed by a geriatrician mostly presented at weekends; we aim to strive to achieve a 7 day consultant geriatrician cover in the future.

CRITERIA FOR ADMISSION TO OPAU

Inclusion criteria:

- Adults over 75 with a clinical frailty score of ≥ 5 .

Exclusion criteria:

- Patients with tracheostomies and laryngectomies
- Orthopaedic or surgical patients
- Patients requiring non-invasive ventilation
- GI bleed pathway
- SARU repatriations

METHODOLOGY

A retrospective audit was carried out of the patients admitted to OPAU in the months of August and December 2024. Notes were reviewed to ascertain if patients had a consultant Geriatrician review during their stay on OPAU.

Figure 2: Patients reviewed by a consultant Geriatrician August 2024 and December 2024

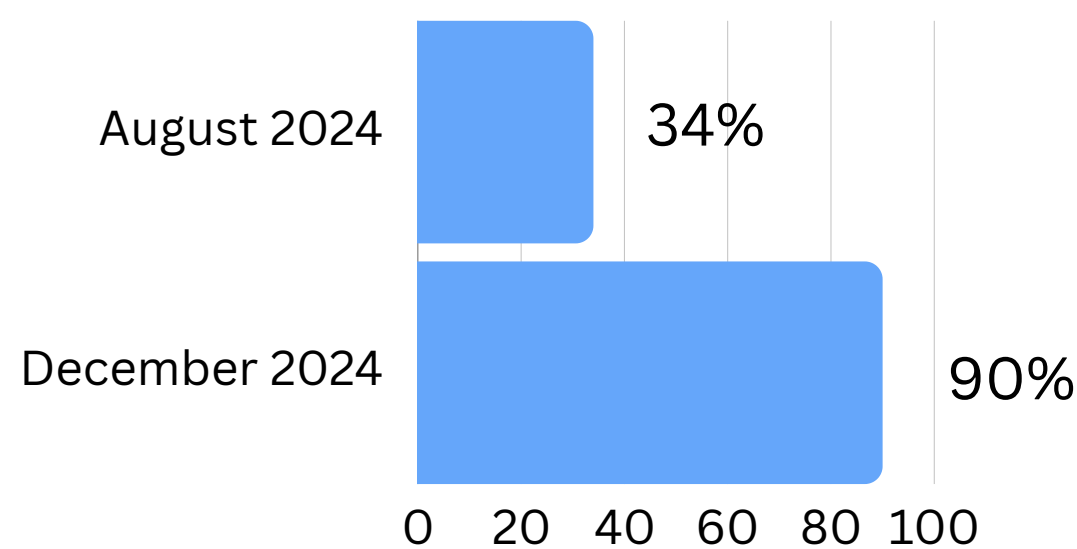
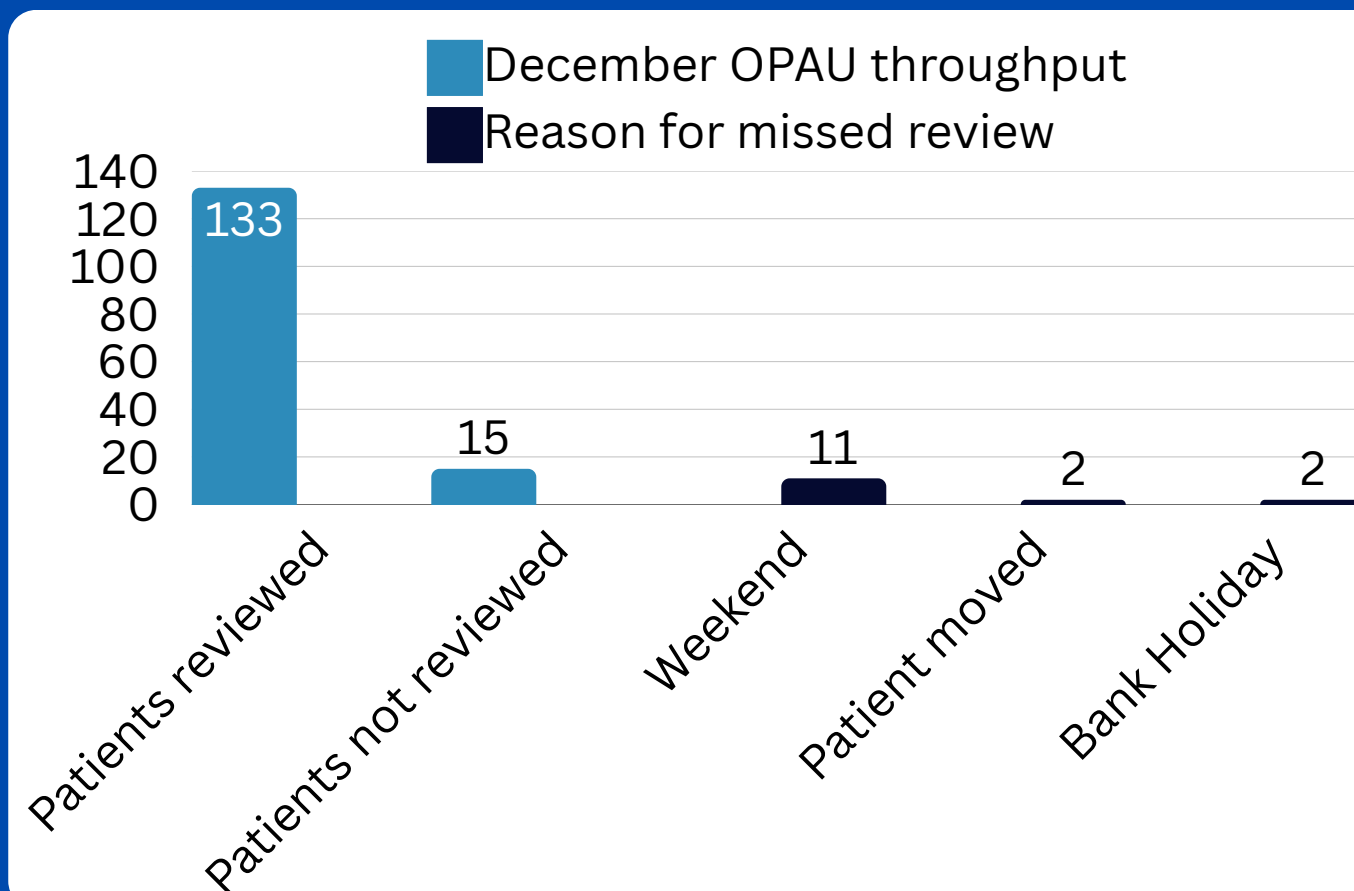


Figure 3: December 2024 patient reviews



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- 4) Chen, Z., Ding, Z., Chen, C. et al. Effectiveness of comprehensive geriatric assessment intervention on quality of life, caregiver burden and length of hospital stay: a systematic review and meta-analysis of randomised controlled trials. BMC Geriatr 21, 377 (2021). <https://doi.org/10.1186/s12877-021-02319-2>