

Continence and Training Opportunities and Barriers in Speciality Geriatric Medicine Training

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BACKGROUND

Continence is important to older people but often overlooked in clinical practise

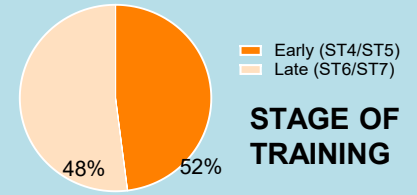
Continence can now be selected as a Theme for Service in the new Geriatric Curriculum but there is concern that uptake is poor.

AIM

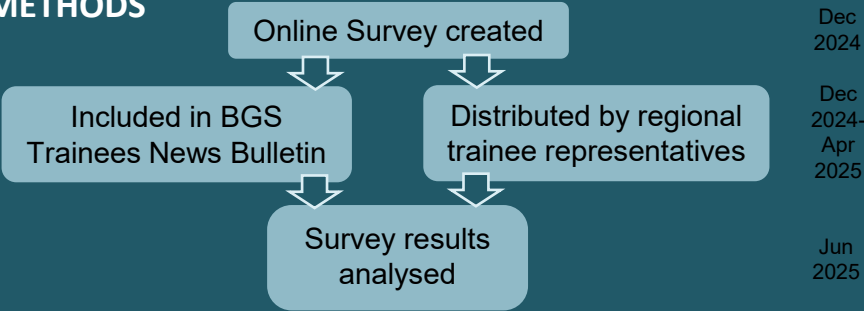
To understand and quantify continence training opportunities and understand current and potential uptake of Continence as a Theme for Service.



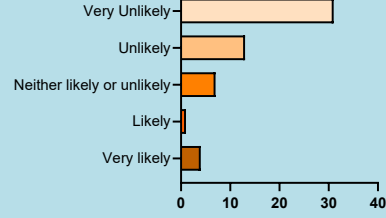
DEMOGRAPHICS



METHODS

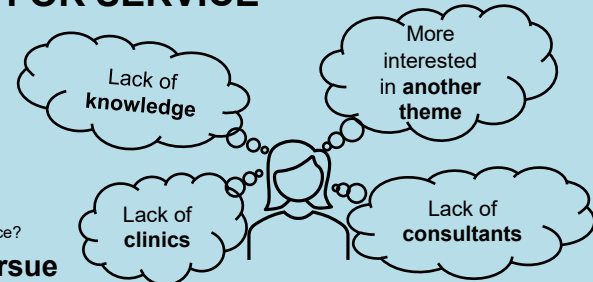


THEME FOR SERVICE



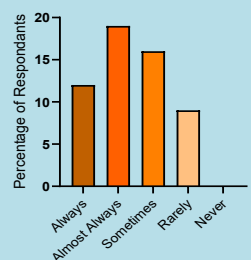
How likely are you to pursue a theme for service in continence?

Respondents were unlikely to pursue continence as a theme for service



BARRIERS

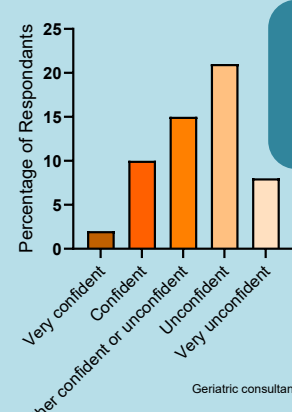
CONTINENCE ASSESSMENT IN PRACTICE



Do you include continence as part of a CGA (comprehensive geriatric assessment)?

Most responders include continence in a CGA

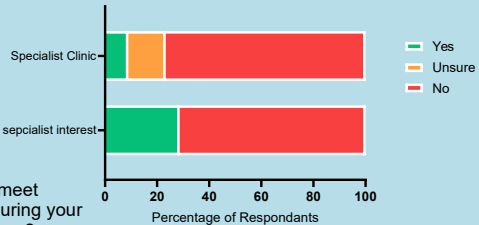
TRAINING OPPORTUNITIES



Low confidence due to lack of opportunities



Are you aware of a joint geriatric and urogynaecology/urology clinic or service that you can attend?/Are you aware of a geriatric consultant in your deanery with a special interest in continence?



Do you feel confident that you can meet the curriculum outcomes for continence during your geriatric medicine training programme?

LIMITATIONS

- Relatively small samples and results may not be generalisable to all.
- Survey may have been more likely to attract respondent with extreme views which may bias results.

RECOMMENDATIONS

- Develop **regional leads** for theme for service to develop local training opportunities, be a point of contact for trainees and to promote the subspeciality as a theme for service.
- Develop national training opportunities for this theme for service such as short **placements** for trainees from areas with poor training provision or a longer **fellowship year**.
- Develop accessible, collaborative **research opportunities** which would help to **raise the awareness** of continence as a subspeciality.



We would love to hear any other suggestions!