

You are invited to attend Abbott's symposium

'MUSCLE MATTERS: PREVENTING MUSCLE LOSS – A NUMBER ONE PRIORITY FOR IMPROVING OUTCOMES IN THE ELDERLY'

Thursday 11th April 2019
16:30 – 17:30

Richard Burton Theatre,
Royal Welsh College of Music and Drama, Cardiff

Chaired by:



Dr David G Smithard

BSc MB MD FRCP FRCSLT (Hon)

Consultant in Elderly and Stroke Medicine
Queen Elizabeth Hospital
Lewisham and Greenwich NHS
Foundation Trust
Research Fellow, University of Greenwich

Key Note Speakers:



'THE SCIENCE BEHIND MUSCLE LOSS IN CHRONIC DISEASE AND ACUTE TRAUMA'

Dr Adrian Slee

Senior Teaching Fellow in Nutrition
and Registered Nutritionist
UCL, London



'UNDERSTANDING THE IMPACT OF SARCOPENIA IN FRAILITY – GOING FROM STRENGTH TO STRENGTH'

Dr Sanjay Suman MD FRCP

Consultant Geriatrician
and Clinical Co-Director
Therapists and Older People Program
Medway NHS Foundation Trust