

'It's what you do that makes a difference' An interpretative phenomenological analysis of health care professionals and home carers experiences of nutritional care for people living with dementia at home



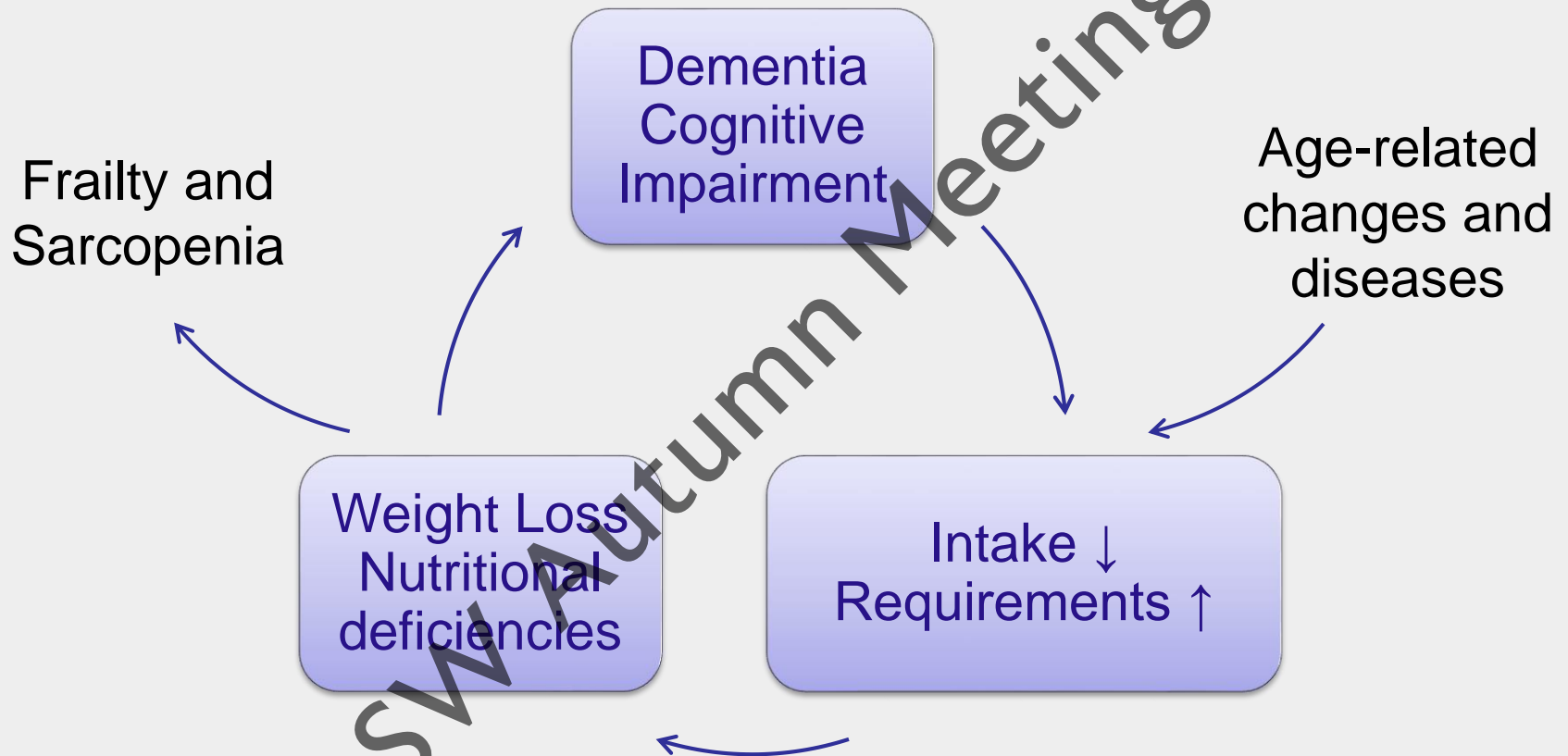
Louise Mole – Dietitian & PhD Student



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The dementia-malnutrition cycle



Exploring experiences

The nutritional care of people living with dementia at home: A scoping review

Alzheimer's Society
Steering Group

“How do healthcare professionals and home carers make sense of providing nutritional care to those living with dementia at home?”

Interpretative Phenomenological Analysis (IPA)



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Data collection

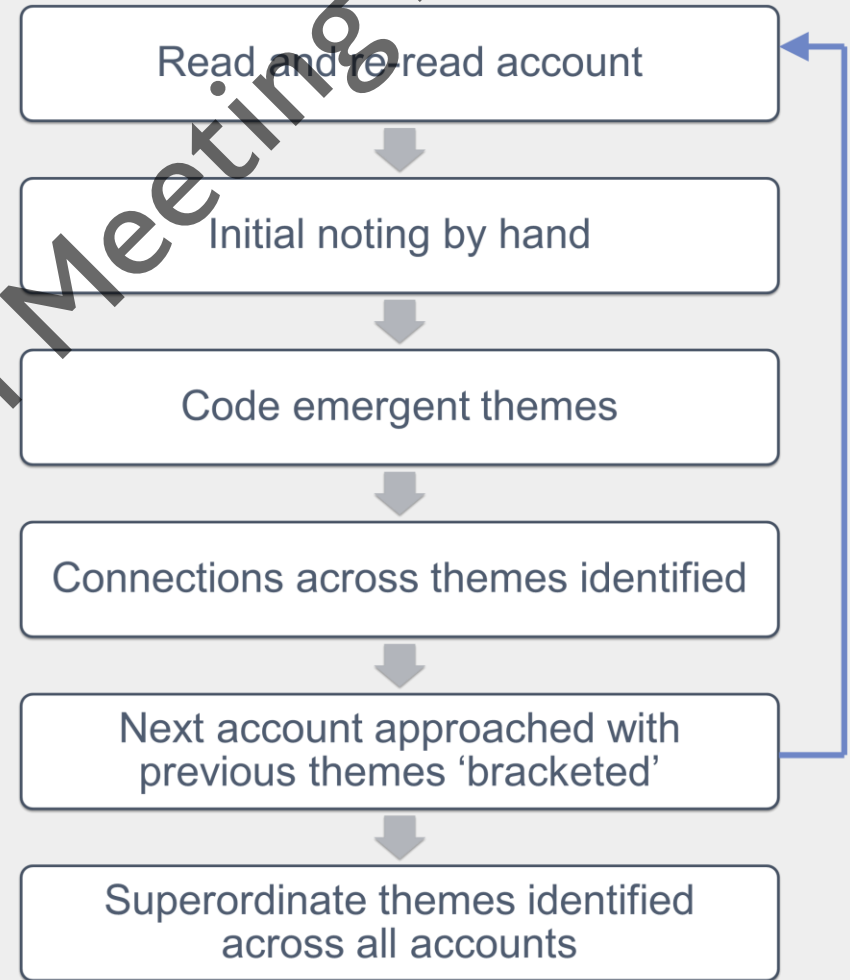


- Healthcare professionals & home carers
- Semi-structured interviews
- Vignette

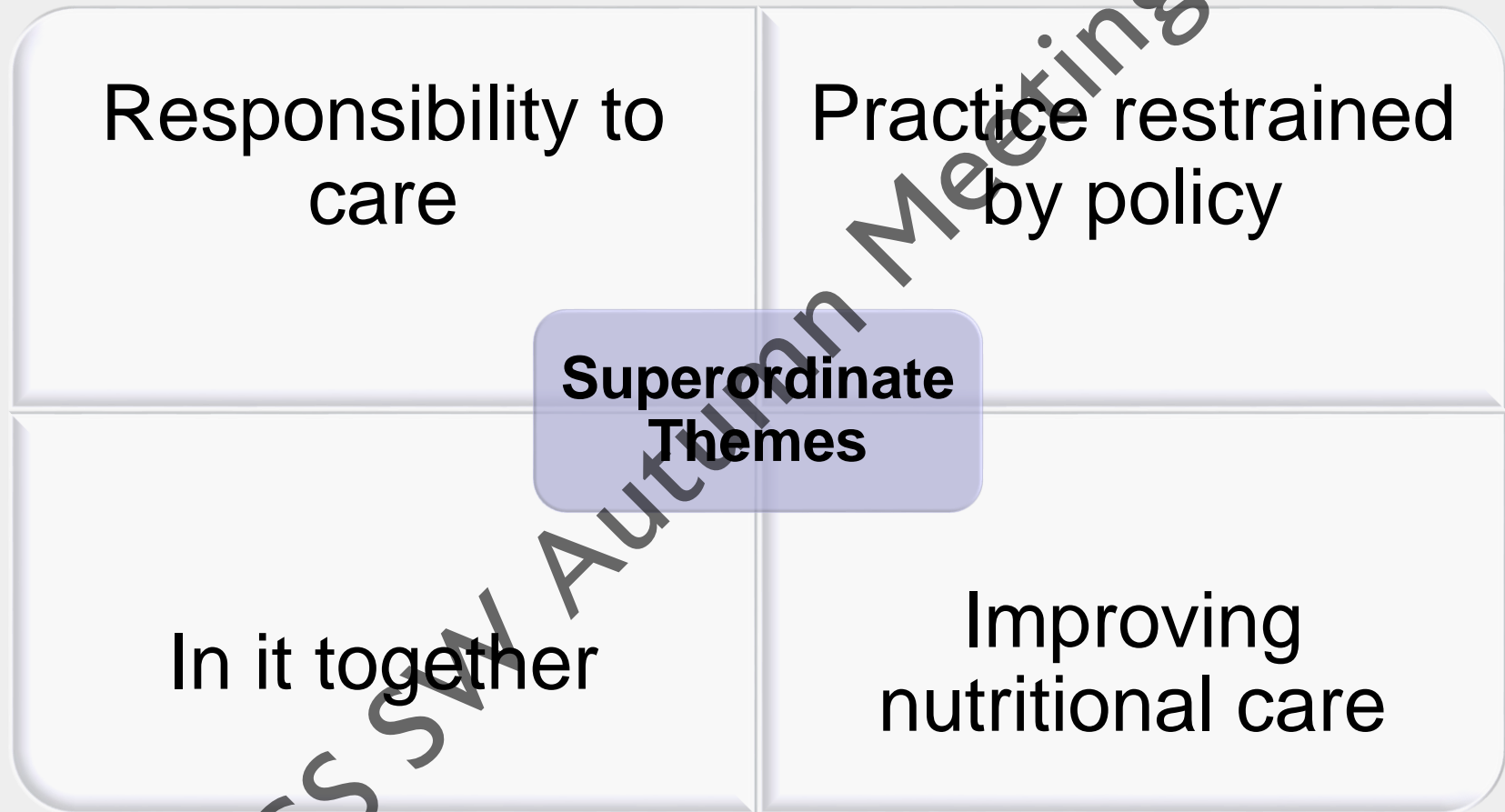


Analysis

- Two home carers, a general practitioner, dietitian, occupational therapist, nurse and social worker
- The time in their professions ranged from 3 to 15 years (mean=8.9 years)



Findings



Conclusion

Time

Knowledge

Care
models



What next?



- Training for EATing and drinking In DeMEntia (TEATIME): testing the feasibility of a podcast for home carers



If you want to read more

Mole, L., Kent, B., Hickson, M. and Abbott, R. (2019)
"It's what you do that makes a difference' An
interpretative phenomenological analysis of health
care professionals and home care workers
experiences of nutritional care for people living with
dementia at home', *BMC Geriatrics*, 19(1), pp. 250.



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Food for thought...



*‘She’ll constantly ask about
- and would you believe it,
after 54 years of marriage,
she asked me, do you take
sugar in your tea? It hurts
actually.’*

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