

Professional care workers

**An invaluable resource
in geriatric care.**

Estimated number of adult social care jobs by role in England, 2017

Job role group	Total jobs	Percentage of jobs
All job roles	1,600,000	
Direct care	1,220,000	76%
Managerial	119,000	7%
Regulated professional	83,000	5%
Other	180,000	11%

<https://www.skillsforcare.org.uk/NMDS-SC-intelligence/Workforce-intelligence/documents/State-of-the-adult-social-care-sector/The-state-of-the-adult-social-care-sector-and-workforce-2018.pdf>

Care workers support people with:

- ▶ Psychological well-being
- ▶ Medication management
- ▶ Personal care
- ▶ Health issues management
- ▶ Hospital appointments
- ▶ Companionship
- ▶ Post-op recovery
- ▶ Nutrition

Mary

- ▶ 88 years old
- ▶ Moderate dementia
- ▶ Type 2 diabetes
- ▶ High blood pressure
- ▶ Care workers visit her at home once a day for 8 hours and take her to all appointments

*all names have been changed

Anna - Mary's care worker

Trained in:

- ▶ Mandatory: basic life support, moving and handling people, safeguarding, infection prevention, health and safety, communication, basic nutrition, privacy and dignity
- ▶ Diabetes
- ▶ Dementia - completed Virtual Dementia Tour and Level 2 certificate
- ▶ Medication management

3 years of experience working with Mary, 5 visits a week, 8 hours for each visit adding up to around **5760 hours**

Hospital visit for a CT scan

BGS AUTUMN CONFERENCE 2018

Margaret

- ▶ 92 years old
- ▶ Frail
- ▶ Poor balance and high falls risk, mainly down to macular degeneration
- ▶ BMI 16
- ▶ Very poor appetite, choosy with food
- ▶ No next of kin
- ▶ Severe anxiety

Care workers visits 3 times a day for one hour

Martina - Margaret's care worker

Trained in:

- ▶ Mandatory: basic life support, moving and handling people, safeguarding, infection prevention, health and safety, communication, basic nutrition, privacy and dignity
- ▶ Nutrition in later life
- ▶ Mental health awareness
- ▶ Medication management

1 year of experience working with Margaret, 10 visits a week, 1 hour for each visit adding up to around **480 hours**

Hospitalisation following a fall at home

BGS AUTUMN CONFERENCE 2018

Steven

- ▶ 84 years old
- ▶ Depression
- ▶ Low motivation
- ▶ Hip replacement
- ▶ No next of kin

Care workers visits once a day for two hours

Luke - Steven's care worker

Trained in:

- ▶ Mandatory: basic life support, moving and handling people, safeguarding, infection prevention, health and safety, communication, basic nutrition, privacy and dignity
- ▶ Mental health issues in later life
- ▶ Challenging behaviour
- ▶ Counselling skills

6 months of experience working with Steven, 4 visits a week, 2 hours for each visit adding up to around **190 hours**

Discharge and home recovery following a hip replacement

BGS AUTUMN CONFERENCE 2018

How did care workers help - the summary

- ▶ Prevent malnutrition
- ▶ Enable tests
- ▶ Post-op recovery
- ▶ Mood management
- ▶ Cut down appointment time
- ▶ Conflict management
- ▶ Quick discharge
- ▶ Communication
- ▶ Medication management

Care workers are an extremely valuable resource, which needs to be utilised in geriatric care.

Please make sure that you include them in patient care, ask questions, and for help to improve outcomes.

Thank you.

BGS AUTUMN CONFERENCE 2018