

SCE resources

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ST7 Geriatrics

REMEMBER:

You know lots of what you need to know already

Revision is there to supplement, but most learning comes from your own clinical practice

Tip 1:

Check the blueprint

https://www.mrcpuk.org/sites/default/files/documents/sce-geriatric-medicine-blueprint_01.pdf

The composition of the paper is as follows:

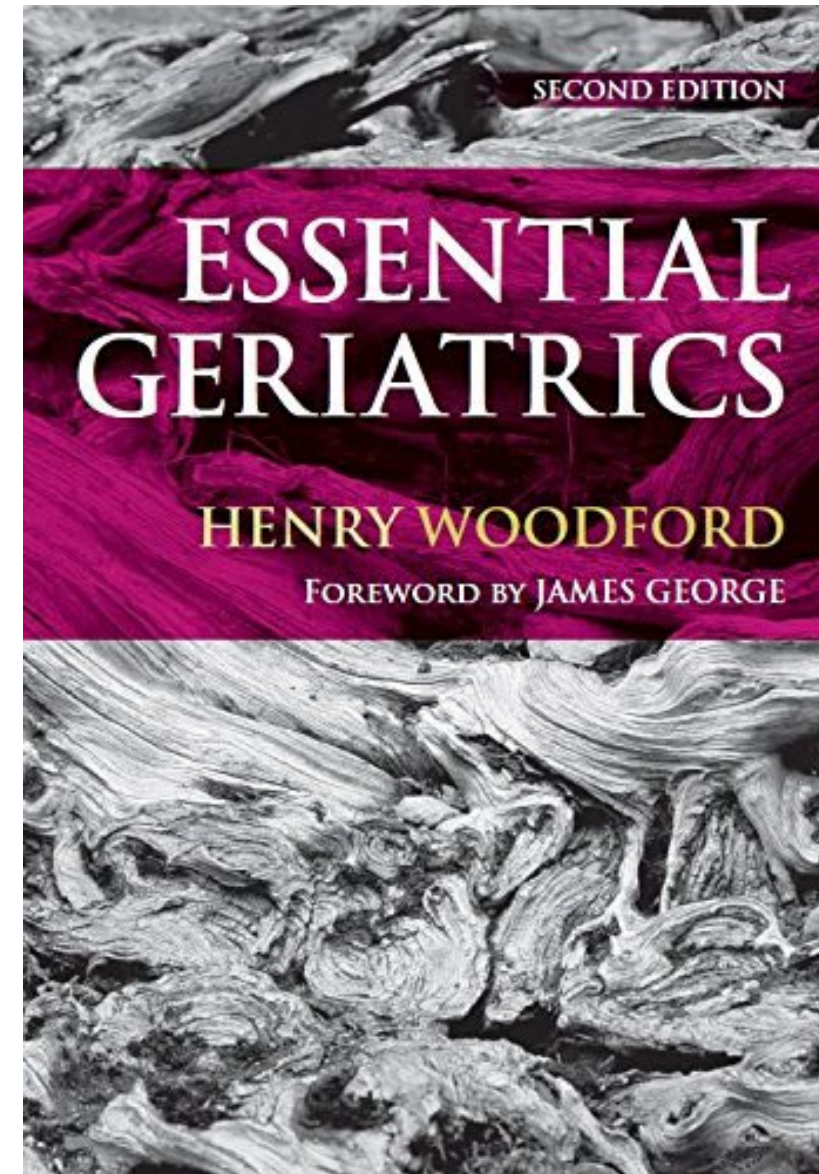
Topic	Number of questions*		
• Acute illness (Diagnosis and Management)		• Chronic disease and disability (Diagnosis and Management)	
Anaemia/Haematology	1	Anaemia/Haematology	1
Cardiovascular medicine	4	Cardiovascular medicine	4
Dermatology	1	Dermatology	1
Endocrine medicine	2	Endocrine medicine	3
Gastroenterology	3	Gastroenterology	3
Infection	4	Infection	4
Musculoskeletal medicine	2	Musculoskeletal medicine	4
Neurology	4	Neurology	4
Renal medicine including fluid/electric imbalance	2	Renal medicine including fluid/electric imbalance	3
Respiratory medicine	4	Respiratory medicine	4
Sensory impairment	2	Sensory impairment	2
• Basic science and gerontology		• Cognitive Impairment (Delirium and Dementia)	
	6	Delirium	8
		Dementia	12
		• Continence	10
		• Falls and poor mobility	16
		• Geriatric assessment	
		Factors affecting health status	5
		Measurement of health status	3
		• Surgical liaison	3
		• Intermediate care and long term care	9
		• Nutrition	4
		• Rehabilitation, transfers of care and	14
		• Subspecialty topics	
		Palliative care	10
		Old age psychiatry	7
		Orthogeriatrics and osteoporosis	10
		Stroke care	15
		Tissue viability	6
		Total	200
		The questions in each category are distributed across both papers.	

Tip 2:

Speak to trainees who have already sat the SCE in your region

Borrow books

Also check your hospital library



Tip 3

Guidelines, guidelines, guidelines!

1. Osteoporosis: <https://cks.nice.org.uk/topics/osteoporosis-prevention-of-fragility-fractures/>
2. Parkinson's: <https://www.nice.org.uk/guidance/ng71>
3. Nutrition: <https://www.nice.org.uk/guidance/qs24>
4. Syncope: <https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Syncope-Guidelines-on-Diagnosis-and-Management-of>
5. Plus many more

Also check Cochrane reviews:

CGA: https://www.cochrane.org/CD006211/EPOC_comprehensive-geriatric-assessment-older-adults-admitted-hospital

Depression in older people: https://www.cochrane.org/CD006727/DEPRESSN_long-term-treatment-depression-older-people

Tip 4

Online resources:

1. <http://www.passgerimed.com/>

Free to register for 6 months – register again if expires
200 questions

2. <https://www.bgs.org.uk/mock-specialist-certificate-exams-sce>

Mock papers on BGS website

Expect your percentage to be lower on these than other resources

3. <https://www.mrcpuk.org/mrcpuk-examinations/specialty-certificate-examinations/specialties/geriatric-medicine/geriatric>

Mock exam on MRCP website – do this at the end to test your knowledge
(doesn't include explanatory notes)

Tip 5

Find other trainees sitting the exam in your region

Set up a WhatsApp group for support