

## BGS Cardiovascular SIG Meeting

# From evidence to practice: Cardiovascular research in the older adult

**2 September 2022**

ETC Venues St Paul's (London) & Online

**This hybrid event is intended for clinicians and healthcare professionals working with older people with cardiovascular disease. The day will include keynote presentations from experts in the field, symposia, and exhibitions from commercial organisations. The event will be demonstrating best practice approaches available. We hope you will make contacts and start collaborations which will continue on from this meeting.**



Register online at [www.bgs.org.uk/events](http://www.bgs.org.uk/events)

## Meeting aims

- Further attendee's overall knowledge and understanding of current research and practice in healthcare of older people with cardiovascular disease
- Improve attendee's skills in the treatment and care of older people with cardiovascular disease
- Inspire attendees to achieve personal excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services and improve coordination amongst healthcare professionals

## BGS Cardiovascular SIG aims and objectives

- To improve the quality of care for people with cardiovascular disease
- To promote the presentation and promotion of high quality research
- To promote links with the British Cardiovascular Society and other medical societies with a cardiac interest
- To attract and channel expertise from non-BGS members
- To provide and coordinate expertise in the field of cardiology among members of the Society
- To facilitate the networking of researchers for large-scale multi-centre studies
- To provide an informal forum to present clinical work and research

This meeting has applied for CPD accreditation from the Royal College of Physicians (RCP).

# Welcome

Dear colleagues,

We are delighted to welcome you to St. Paul's London for the annual BGS Cardiovascular SIG Meeting.

Membership of the BGS cardiovascular special interest group is currently free of charge. Please join up via your online web account, if you would like to join our Society and receive notification of forthcoming meetings.

Visit the membership stand at the event or contact [membership@bgs.org.uk](mailto:membership@bgs.org.uk) if you need help with your account. If you have any suggestions for future meetings or educational research activities you would like the SIG to engage in please tell us in your feedback, individually during the networking session or to the committee by email.



Dr Lara Mitchell

Chair, BGS Cardiovascular Section

[@laramit66043489](#)

[@gerisoc](#)



# PROGRAMME

09.00 **Registration and coffee**

09.20 **Chair's introduction and welcome**

## Session 1: Atrial Fibrillation in older people

**09:30 Top cardiology trials to know in 2022**

Dr Sarah Hudson, Consultant Cardiologist, Hereford County Hospital

9.30  
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11.00

**10.00 The latest evidence on when and how rhythm control in atrial fibrillation**

Professor Richard Schilling, Consultant Cardiologist, The William Harvey Research Institute - Barts and The London and Queen Mary University of London

**10.30 Evidence of anticoagulation in AF and how we balance the risks and benefits in practice.**

Prof Chakravarthi Rajkumar, Chair in Geriatric & Stroke Medicine Brighton & Sussex Medical School, University of Sussex

11.00 **Refreshments and posters**

## Session 2: Heart failure – Increasing prevalence but increasing therapies!

**11.30 The new ESC guidelines, the 4 pillars of patient-centered care**

Gayle Campbell, Lead Heart Failure Pharmacist Guys and St Thomas' NHS Trust

11.30  
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13.00

**12.00 Challenges and opportunities in Heart Failure in the older adult**

Dr Shuli Levy, Geriatrician with subspecialty in HF, Imperial college healthcare Trust

**12.30 Managing increasing prevalence and therapies! Collaborative working!**

Carys Barton, HF Nurse Consultant, Imperial college healthcare Trust

13.00 **Lunch and poster exhibition**

## Sponsored symposium: Sponsored by A. Menarini Farmaceutica Internazionale SRL

13.30  
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14.00

**Managing ischaemic heart disease in older patients**

Dr Bhavik Modi, Consultant Interventional Cardiologist at Glenfield Hospital, Leicester

*Not eligible for external CPD. Intended for a healthcare professional audience.*

## Session 3: Acute coronary syndromes (ischaemic heart disease)

**14.00 Management of older people with acute coronary syndromes**

Professor Vijay Kunadian, Personal Chair, Professor of Interventional Cardiology, Newcastle University

14.00  
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15.30

**14.30 Type 2 myocardial infarction in clinical practice**

Andrew Chapman, Clinical Lecturer in Cardiology, University of Edinburgh

**15.00 Translating research into guidelines**

Dr Nigel Beckett, Consultant in Ageing and Health, Guys and St Thomas' NHS Foundation Trust

## Session 4: Valve failure

**16.00 Aortic stenosis**

Dr Jonathan Afilalo, Tenured Associate Professor - Department of Medicine/Cardiology Director, Geriatric Cardiology Fellowship Program, Lady Davis Institute for Medical Research Jewish General Hospital, Canada

16.00  
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17.00

**16.30 The patient's journey from diagnosis through to TAVI – what does this involve for the frail older adult? Exploring the role of the TAVI coordinator**

Sister Cath Owen

17.00 **Close**

BCS

**British Geriatrics Society**  
Improving healthcare  
for older people