



Is proud to present:

Move and Groove: an intergenerational programme
using the power of music and sport to impact on
connection, physical health and mental wellbeing

Wednesday 16th November 2022, 16.30 – 17.00
Room 3



Charlotte Miller
Director of Intergenerational Music Making,
Clinical Early Intervention Specialist Music Therapist, NHS



Introduced by:
Dr Zoe Wyrko
Wellbeing Director, Riverstone



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