Five top tips for getting the most out of your meeting:

1. Record your attendance

   **Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

   **In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

   You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

   Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

   Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

   All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at @GeriSoc and use the hashtag #BGScconf.

5. Get social

   Chat with attendees, join a socialising event or interact in a group discussion. See the programme for social activities including a Ceilidh, Whisky Tasting and a climb up Arthurs’ Seat.

With grateful thanks to our sponsors:

AstraZeneca, Advanz, Astellas, BlacBial, Daiichi Sankyo, Ethypharm, Kora Healthcare and University Hospitals of Morecambe Bay NHS Foundation Trust.

AstraZeneca have provided a sponsorship grant towards this independent Programme. AstraZeneca have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the AstraZeneca sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.
### STREAM 1: PENTLAND

**Perioperative Care of Older People Undergoing Surgery (POPS)**  
Where are we with perioperative services nationally and internationally?  
**Moderator:** David Shipway

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<tr>
<th>Time</th>
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| 9.00 - 10.30 | 9.05 Inequality and variation in perioperative care for older people  
                      9.25 What have we been doing to address inequality in perioperative care for older people?  
                        Professor Jugdeep Dhesi Consultant Geriatrician Clinical lead, POPS@GSTT, Deputy Director, Centre for Perioperative Care, Hon Professor KCL, Hon Assoc Prof UCL  
                      Case studies from national/international POPS services:  
                        • 09.45 Addressing the funding challenge  
                           Dr Nia Humphry, Consultant Perioperative Geriatrician, University Hospital of Wales, Cardiff  
                        • 09.50 Addressing the primary care/community and secondary care interface  
                           Rachel Barlow, Clinical Lead for Prehabilitation and Enhanced Recovery, Wales  
                        • 09.55 Addressing the workforce challenge  
                           Jason Cross, ANP and Nurse Lead for POPs, Guys and St Thomas’ NHS Foundation Trust  
                        • 10.00 Improving planned care in the frail (IPCF) project  
                           Dr David Burberry, Consultant, Morriston Hospital  
                        • 10.05 Addressing the international healthcare system challenge  
                           Dr Rachel Aitken, Consultant Geriatrician, The Royal Melbourne Hospital |
| 10.30 | Free time |

**Putting medicine into perioperative care**  
**Moderator:** Mark Johnston

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| 11.00 - 13.00 | 11.10 What has SNAP3 told us?  
                           Dr Judith Partridge, Consultant Geriatrician, Guys and St Thomas’ NHS Foundation Trust  
                        11.30 New-ish studies and guidelines in perioperative care that everyone should know about  
                           Dr David Shipway Consultant Physician & Perioperative Geriatrician, Deputy Clinical Director, Division of Medicine, North Bristol NHS Trust  
                        11.50 What’s new in perioperative cardiology?  
                           Dr Kalpa Desilva, Consultant Interventional Cardiologist, Guys and St Thomas’ NHS Foundation Trust  
                        12.10 Panel  
                           Working lunch: Focus group discussion on next steps for POPS, facilitated by Prof Justin Waring |
### President’s Poster Round

**Moderators:** Adam Gordon and Emily Henderson

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<tr>
<th>Time</th>
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<td>12.00-13.00</td>
<td>These are the top 10 submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs</td>
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|        | **Abstract 1485:** The taste and acceptability of a high protein, fortified ice cream compared with hospital milkshake nutritional supplement  
K Marsh; A Avery; O Sahota. |
|        | **Abstract 1519:** Wellbeing of unpaid carers over fifty: an analysis of data from English Longitudinal Study of Ageing  
C Brack; S Makin; M Kynn; P Murchie |
|        | **Abstract 1531:** Multiple modifiable components of hospital service delivery predict hip fracture: a national record-linkage study  
R Patel; P Bajji; J Griffin; S Drew; A Johansen; T Chesser; MK Javaid; XL Griffin; Y Ben-Shlomo; E Marques; A Judge; CL Gregson |
|        | **Abstract 1540:** Yoga for older adults with multimorbidity: Randomised controlled trial with embedded economic and process evaluations  
GA Tew; L Wiley; L Ward; J Hugill-Jones; C Maturana; C Fairhurst; K Bell; L Bissell; A Booth; J Howsam; V Mount; T Rapley; S Ronaldson; F Rose; DJ Torgerson; D Yates; C Hewitt |
|        | **Abstract 1543:** Promoting Activity, Independence and Stability in Early Dementia and MCI: the PrAISED Randomised Controlled Trial  
RH Harwood; A Brand; SE Goldberg; T Masud; V Van Der Wardt; J Gladman; P Logan; Z Hoare; V Booth; L Howe; A Cowley; R Bajwa; C Burgon; C Di Lorito; M Godfrey; M Dunlop; T Welsh; on behalf of the PrAISED Study Group |
|        | **Abstract 1545:** The effects of dietary nitrate supplementation on physical performance in older people: A systematic review  
R Renji; SM Robinson; MD Witham |
|        | **Abstract 1555:** Automated electronic health record frailty assessment for older cardiac patients  
Z X Ho; R A Soon; S Johnston; A MJ MacLullich; S D Shenkin; N L Mills; A Anand |
|        | **Abstract 1564:** Incidence and healthcare cost of fall-related readmissions after discharge among older patients  
Xing Xing Qian; Pui Hing Chau; Daniel YT Fong; Mandy Ho; Jean Woo |
|        | **Abstract 1653:** Thinking outside the box: exploring user and carer perceptions of pharmacy-filled multi-compartment medication compliance aids  
K Chin; A Hegarty; L Thielemans; R Schiff |
|        | **Abstract 1645:** A Small Vessel Disease syndrome? Symptoms associated with cerebral SVD progression and incident infarcts after minor stroke  
U Clancy; C Arteaga; DJ Garcia; W Hewins; R Penman; MC Valdés-Hernández; S Wiseman; M Stringer; MJ Thrippleton; A Kampaite; OKL Hamilton; FM Chappell; S Rudilosso; ACC Jochems; D Liu; J Zhang; R Brown; ME Bastin; S Muñoz Maniega; I Hamilton; DJJob; FN Doubal; JM Wardlaw |
**Thursday 18 May 2023**

**Day 2 Afternoon**

**STREAM 1: PENTLAND**

### Guest Lecture

**Moderator:** Adam Gordon

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| 14.00 | Pitfalls of traditional data analysis approaches in the NHS and the avoidance of spuddling  
Samantha Riley, Director of Making Data Count, National Team for Intensive Support, Chief Operating Officer Directorate, NHS England |
| 15.00 | Free time                                                                                                                                  |

### Perioperative Care of Older People Undergoing Surgery (POPS)

**Decision making and communication in perioperative care:**

**To operate or not to operate?**

**Moderator:** Jugdeep Dhesi

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| 15.30 | The patient perspective – what does this feel like and what should it be like?  
Dr Lawrence Mudford, CPOC Patient Representative |
| 15.45 | The surgeons perspective – the challenges and solutions  
Susan Moug, Consultant Surgeon and Honorary Clinical Associate Professor, Royal Alexandra Hospital (remote) |
| 15.30 - 17.00 | The POPS perspective – putting collaboration into practice  
Dr Catherine Meilak, Perioperative care of Older People undergoing Surgery (POPS Consultant), Kent and Canterbury Hospital |
| 16.15 | The anaesthetic/intensivist perspective - what should we plan for and how?  
Dr Monika Beatty, Consultant in Critical Care, Royal Infirmary of Edinburgh Chair Faculty of Intensive Care Medicine Legal & Ethical Policy Unit |
| 16.30 | Panel                                                                                                                                     |
| 17.00 | Stream close                                                                                                                              |

### Social Programme:

**Walking Tour**

Pre-registration required - meet at registration desk

**Conference dinner and Ceilidh**

The conference dinner returns with a Ceilidh. Pre-registration required.
The Scotsman Hotel