# **British Geriatrics Society North Thames Section Newsletter Autumn 2022**



October 2022: Issue 1

Welcome to the first British Geriatrics Society North Thames Regional Committee newsletter!

We are very excited to be able to support the national work of the British Geriatric Society, promote regional education and training opportunities, and highlight local issues and initiatives, with the aim of improving older persons' healthcare.

We hope to build and strengthen our regional community and network of like-minded individuals, who have a passion for healthcare for the older person across the multidisciplinary spectrum.

National News: How can BGS support you?

### Did you know that you can be a member of BGS for FREE?

Free membership is open to all undergraduate medical students, student nurses and AHP students at a UK medical school. It is also open to Foundation Year 1 – 2 and Academic Foundation Year 1 – 2 Doctors as well as Nurses and AHPs in their Preceptorship year. Follow this link to sign up! https://www.bgs.org.uk/about-bgs/become-a-member-of-the-bgs

## **British Geriatric Society Annual Conference 2022**

When: 16-18 November 2022

Where: Hybrid - attend virtually or in-person (London Excel Centre)

**Who:** Anyone with an interest older person healthcare

#### Why attend?

- Understand more about the key areas and challenges faced in geriatric medicine
- Hear focused presentations on core areas of geriatric medicine
- Attend small group workshop sessions
- Network and socialise with other healthcare professionals

Find out more here: <a href="https://www.bgs.org.uk/Autumn22">https://www.bgs.org.uk/Autumn22</a>

**Grants available for free places!** You can apply for a free place at the BGS Autumn Meeting 2022 via the new BGS Events Grant scheme. Find out more: https://www.bgs.org.uk/grants

#### Regional Hospital in Focus: Turning the spotlight on our local services

#### **Barnet Hospital, Royal Free NHS Foundation Trust**

Barnet Hospital is a 459-bed district general hospital which provides secondary care services for the second oldest population of all London boroughs.

#### What's happening at Barnet?

- TREAT (Triage and Rapid Elderly Assessment Team) clinic aims to provide a rapid
  access service to avoid an unplanned presentation of the older person (> 80 years) to
  the emergency department or an unplanned admission, through one-stop
  multidisciplinary assessment and diagnostics.
- Launch of Urgent Care Plan: We have recently transitioned from using Coordinate My Care (CMC) to Urgent Care Plan (UCP) electronic platforms to share Advanced Care Planning records with community stakeholders.
   UCP is a platform that serves the entirety of London, with 40+ NHS Trusts using UCP and is part of implementing the OneLondon vision (https://www.onelondon.online/).
   At Barnet, we hope that the accessibility of UCP via the Health Information Exchange (HIE), without the barrier of a further login, will facilitate the viewing, creation and updating of ACP records for our inpatients.

#### Online resource of the month:

#### **Youtube - FrontLine Communication**

Great resource for supporting healthcare professionals who may have to manage challenging communication scenarios, with examples, analysis and role-play demonstrations of difficult conversations.



https://www.youtube.com/channel/UCKQw3lzggv2dbN7KStHjc0g/videos

# Film/Book review: Oma's Applesauce

Hendrika van Genderen, also known as Oma, is a mother and grandmother who lives with Alzheimer's and Vascular Dementia in Australia. She was the subject of several heart-warming videos made by her son, starting with



'supermarket at home' during COVID lockdown, and soon captured a global audience. Whilst she recently passed away, her family have released a full-length documentary about her and her family living and caring for someone with dementia.

Watch Oma's need-for-speed (dementia treatment)

Please forward this email to anyone who may also be interested and contact us to get added to our mailing list:)

With best wishes,
Waki, Tilna, Sophie, Will and Su Ling
British Geriatric Society North Thames Committee

s.yeoh1@nhs.net wakana.teranaka1@nhs.net