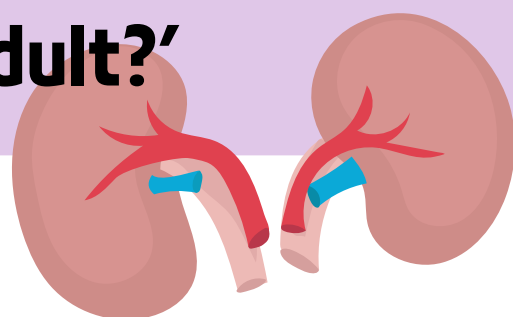




CARDIOVASCULAR MEETING SEPT 2024

Session 1: 'What's hot in the field of cardiovascular care of the older adult?'

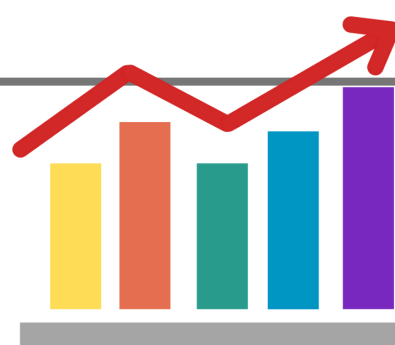


- Treat the patient not the test!
- Some deterioration in renal function is acceptable on RAASi
- Cohesive working is needed between specialties
- Correct iron deficiency with IV iron before discharge, oral iron is ineffective in combined HF and CKD

Session 3: 'What are the ups and downs of OH in hypertension?'

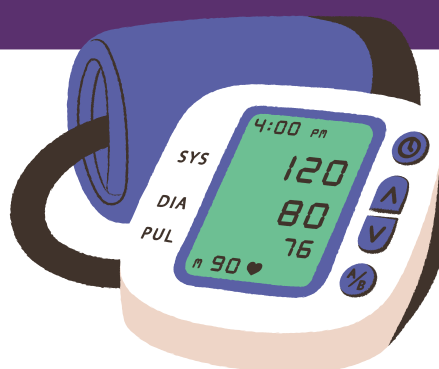


- Timing palliative care in heart failure is challenging, but leads to improved quality of life, better symptom control, and fewer hospital admissions
- It's important to consider treatable arrhythmias as a cause of recurrent falls in older people - balancing risks and benefits when considering pacemaker insertion



- Invasive strategy is safe but an individualised approach is key
- Edoxaban is safe alone compared to combined antiplatelet therapy in AF and stable CAD
- No differences in switching warfarin to DOACs - may actually increase harm

Session 2: CaReMe - Cardioresenal metabolic 'Save the kidney vs save the heart?'



- OH is common in older people with hypertension and may reflect poorly controlled hypertension rather than autonomic dysfunction
- Hypertension is likely to moderate CVD risk
- Intensive blood pressure management may be beneficial for hypertensive-OH and pseudo-OH

Session 4: Combatting the 4Cs - Complex Ethical Challenges

Join our next meeting in London 12th Sept 2025, keep an eye on our upcoming events here: www.bgs.org.uk/events