



British Geriatrics Society
Improving healthcare for older people

Cardiovascular SIG Meeting

Fast forward on failure: the MDT roadmap for older hearts

24 September 2026

Horizon, Leeds & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watched online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors and browse our posters

Consider spending 5 minutes to speak to a sponsor. Take the time to browse and comment on our submitted posters on the digital screens.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

Tag us on our socials:

- **Facebook @BGS1947**
- **LinkedIn @British Geriatrics Society**
- **Insta @BGSTrainees**
- **Bluesky @gerisoc.bsky.social**

With grateful thanks to our sponsors

Gold Partner Sanofi

Sanofi is a sponsor for this event but has had no input into the overall agenda or scientific content of the meeting, other than the sponsored promotional symposium.

Stand sponsors: NovoNordisk, Pfizer, Zentiva

Our stand sponsors have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

PROGRAMME

overview and information

	Fast forward on failure: the MDT roadmap for older hearts Programme
8.30	Registration and poster viewing Meet the authors of the presented posters and ask them about their work
9.25	Welcome
9.30 - 11.00	What is the latest in Heart Failure care? Research, Iron and NICE
11.00	Free time
11.30 - 12.45	Pillars or Pill Overload? Guideline directed medical therapy for older people with HF and frailty
12.45	Lunch and posters Join colleagues over lunch to catch up Look out for the signs indicating where to meetup
13.30	Sponsored Symposium
14.00 - 15.30	The Future of Heart Failure Care in Older People Meeting the 10 year plan challenge Keynote presentation
15.30	Free time
16.00 - 16.45	Consider “What to do When....?” Case studies in Heart Failure

Delirium

New elearning course out now



Free for BGS members
£150 for non members
10 CPD credits

Registration and Poster viewing

08.30	Registration and poster viewing
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08.30	Poster viewing - Presenters of posters will be available to discuss their work
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What is the latest in Heart Failure care?

Moderators: Atul Anand and Rebecca Jayasinghe

9.30 - 11.00	09.30 Overview of research results in older people's cardiovascular health: What does this mean for clinical practice Dr Sarah Hudson, Consultant Cardiologist, Wye Valley NHS Trust
	10.00 The role of iron supplementation in heart failure and the latest evidence Professor Abdallah Al-Mohammad, Professor of Cardiology, Sheffield Teaching Hospitals NHS Foundation Trust and the University of Sheffield
	10.30 The latest NICE Heart Failure guidelines Dr Sue Piper, Consultant Cardiologist, King's College Hospital, London
11.00	Poster viewing time and coffee break Visit the sponsored stands and view our submitted posters:

Pillars or Pill Overload?

Guideline directed medical therapy for older people with HF and frailty

Moderators: Jo Taylor and Ambereen Ajaz

11.30 - 12.45	11.30 Guideline Directed Medical Therapy in Heart Failure Dr Fozia Ahmed, Consultant Cardiologist and NIHR CRN GM Cardiovascular Speciality Lead, Manchester University NHS Foundation Trust
	12.00 Pragmatic prescribing for older people with Heart Failure Dr Henry Woodford, Consultant Geriatrician, Northumbria Healthcare NHS Foundation Trust
	12.30 Discussion
12.45	Lunch Visit the sponsored stands and view our submitted posters
13.30	Sponsored symposium: Sanofi From Infection Prevention to Cardio Protection: The True Value of Influenza Vaccination in Older People Chair: Prof. Andrew Ustianowski Presenters: Prof. Amitava Banerjee and Prof. Roy Soiza This is a promotional symposium fully organised, developed and funded by Sanofi

Heart Failure in the community

Latest research and meeting the 10 year plan challenge

Moderators: Atul Anand and Rebecca Jayasinghe

Platform Presentations

14.00 - 15.30	14.00 Platform presentations 14.00-14.15 Abstract 5048 Transforming care for older adults with heart failure and frailty through a co-designed patient-centred MDT pathway Shirley Sze, Sunanthiny Krishnan, Kaushik Guha, Paul Kalra, Louise Clayton, Carolyn Tarrant, Simon Conroy, Iain Squire
	14.15-14.30 Abstract 5038 Prevalence of frailty in patients with heart failure within a 1.1 million sized adult population in Mid & South Essex: S Zaidi; R Thakkar
	14.30-14.45 Abstract 5138 Blood pressure trajectory phenotypes from primary care health records to aid cardiovascular risk stratification in older adults S A Areekal; O O Asibey; X Liang; J Bowden; J C Delgado; J Masoli
	14.45-15.00 Abstract 5117 Deprescribing cardiovascular medications in adults with dementia: evidence from Scottish electronic health records SA Parepalli; L Sherlock; T Caparrotta; B Rioux; A Hosking; M Iveson; M Mukherjee; E Davidson; P Barnahi; R Tobin; H Whalley; C Grover; B Alex; W Whiteley
15.30	15.00 The case for a "Frailty First" approach to drive more successful Heart Failure management in the community Dr Sarah Zaidi, NHS England East Regional Clinical Lead Frailty & Home First, Co-clinical Lead Virtual hospital program (MSECC), Clinical Lead Frailty & Urgent Care, Essex Partnership University Trust (<i>remote</i>)
15.30	Poster viewing time and coffee break

Consider “What to do When....?”

Case Studies in Heart Failure

Moderators: Shuli Levy

16.00 - 16.45	16.00 Case studies: Panel Discussion This MDT panel will consider case studies, discussing the optimal pathway against the real-world factors that can impact management and outcomes. • Dr Sue Piper, Consultant Cardiologist, King's College Hospital, London • Dr Henry Woodford, Consultant Geriatrician, Northumbria Healthcare • Faye Windsor, Heart Failure Specialist Pharmacist – Cardiology, Imperial College Healthcare NHS Trust • Dr Joy Ross, consultant at St Christophers Hospice
	Closing Remarks

Dr Fozia Ahmed

Consultant Cardiologist and NIHR CRN GM Cardiovascular
Speciality Lead, Manchester University NHS Foundation Trust

The future of MDT Heart Failure care

Dr Fozia Ahmed graduated from the University of Manchester in 2003 and undertook specialist training in cardiology in the North-West region.

Dr Fozia Ahmed was appointed as a Consultant Cardiologist at Manchester University Hospitals in 2015, where she specialises in heart failure and cardiac devices. She is recognised as a global expert in her field and is frequently invited to present at international conferences.

She is passionate about improving the lives of people with heart failure. She is actively involved in clinical research, which aims to discover new treatments for those with heart failure as well as individuals with pacemakers and defibrillators.

Guideline Directed Medical Therapy in Heart Failure

Dr Sue Piper

Consultant Cardiologist
King's College Hospital, London

Dr Sue Piper is a Consultant Cardiologist at King's College Hospital, London, specialising in the care of people with heart failure. Dr Piper has extensive experience in diagnosing and treating heart failure and is committed to providing high-quality, compassionate care for patients.

Dr Piper completed specialist training in cardiology and heart failure in South London, working at several leading teaching hospitals, including King's College Hospital, St George's Hospital, Royal Brompton Hospital, and Guy's and St Thomas' Hospital. This broad training has provided experience across a wide range of heart conditions and treatments. As part of her training, Dr Piper also completed a research degree focussing on the use of biomarkers for the monitoring of chronic heart failure.

Alongside clinical work, Dr Piper plays an active role in improving heart failure services locally, nationally, and across Europe. Dr Piper previously served as a Board Member and Treasurer of the British Society for Heart Failure and as a member of the European Society of Cardiology's Committee on Patient Care, contributing to the development of best-practice standards.

In her current role, Dr Piper leads the South London Heart Failure Steering Group, working with NHS organisations to improve care and outcomes for patients across the region. Dr Piper also acted as Topic Advisor for the 2025 update of the NICE guidelines for chronic heart failure, which support doctors nationwide in delivering evidence-based care.

In addition to her clinical duties, Dr Piper is the Deputy Lead for the National Heart Failure Audit and is actively involved in research and education as an Honorary Senior Lecturer at King's College London. Dr Piper's research focuses on advancing understanding of heart failure and improving patient outcomes across the range of heart failure.

Dr Henry Woodford

Pragmatic prescribing for older people with heart failure

Consultant Geriatrician, and Chair BGS Medicine Optimisation SIG, Northumbria Healthcare
NHS Foundation Trust

Dr Woodford is Interested in prescribing/deprescribing, cognition, acute frailty and the (mis)diagnosis of UTI. He is the current chair of the BGS Medicines Optimisation SIG. Henry will talk about why frailty is an important consideration when prescribing. He will also look at the balance of risks and benefits for heart failure therapy for older people with frailty. This talk will argue the role of pragmatic prescribing in those with Heart Failure

Upcoming BGS events

See more at
bgs.org.uk/events



POPS Meeting

(Perioperative Care of Older People Undergoing Surgery)

25 September 2026

NHS Horizon, Leeds & Online

HYBRID - ATTEND IN PERSON OR ONLINE

www.bgs.org.uk/26POPS

With thanks to our sponsors



Autumn Meeting

2026

12-13 November 2026

EMCC, Nottingham & Online

HYBRID - ATTEND IN PERSON OR ONLINE

www.bgs.org.uk/26Autumn

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On Demand BGS events

See more at
bgs.org.uk/events

BGS

Major Trauma in Older People

Broadcast 19 May 2026

Available on demand until
19 October 2026

Catch up

www.bgs.org.uk/26MT

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Spring Meeting 2026

Broadcast live 23-24 April 2026

Available on demand until
24 September 2026

Catch up

www.bgs.org.uk/26Spring