

North East Thames Regional BGS Meeting

8th October 2018

Lecture Theatre 2, Education Centre, Queen's Hospital, Rom Valley Way, RM7 0AG

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| 13.30 | Registration |
| 14.00-15.30 | Stroke: Acute Services and Interventional Radiology Dr Devesh Sinha and Dr Shahram Derakhshani |
| 15.30 Coffee break | |
| 15.45-16.15 | Collar and Brace Aftercare Service Ms Jennie Taylor |
| 16.15- 16.45 | Delirium Follow up Dr Khalid Haque |
| 16.45 close of meeting | |

CPD Accreditation: This meeting has applied for 2 CPD credits

Biography of speakers

Dr Devesh Sinha:

Dr Devesh Sinha is a Lead Consultant Stroke Physician at Neuroscience Division at Queens hospital, London and North East London Stroke Network Lead. Dr Sinha gained his postgraduate training at London. He pursued his dedication in Stroke with sub-speciality Stroke at Cambridge and Southend. He is an innovator of HOT-TIA which has been awarded him with Hospital hero, EHI award, HSJ award and NHS Innovation challenge prize of £100,000. He is also the recipient of outstanding clinician award by EMS for the year 2016.

Jennie Taylor Band 7 Physiotherapist and winner of BHRUT AHP of the Year for her work with CBACS:



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The Collar and Brace Aftercare Service (CBACS) was established May 2017 to meet a significant service gap for patients requiring a spinal collar or brace. The service was developed to meet patient's needs through community visits or outpatient clinic appointments. CBACS also works closely with inpatient wards providing spinal orthotic advice and navigation as part of discharge planning. Collar and brace aftercare includes; teaching how to put orthotic devices on, how to change pads, providing skin hygiene, checking skin integrity and checking for changes in symptoms. The role might involve training patients or carers, or by providing scheduled assistance for the duration of spinal orthotic use.

Dr Khalid Haque:

I have been working as a consultant geriatrician since 2009 for BHRUT. I have created and led the dementia team since 2010, in this time we have improved dementia care for the trust including the creation of 10 dementia HCA posts, a band 6 and a band 7 nurse. This has seen improvements in all aspects of dementia care. I have worked in partnership with our local mental health trust (NELFT) and we have created a delirium clinic, one of only a few in the country.

I have also worked with my colleagues to create an Elders Receiving unit to provide a comprehensive geriatric assessment for our frailest patients and I have been the lead for the geriatrics department since 2015.

