

Scottish Branch BGS Autumn Meeting

DoubleTree by Hilton Edinburgh - Queensferry Crossing

1st November 2018

Programme

08.45	Registration and coffee
09.15	Welcome and housekeeping
09.25 - 10.45	Clinical Updates: Biliary disease, heart failure & EBM prize winner Session chair Dr Sue Pound
9.25	Biliary disease in the elderly Dr Hasnain Jafferbhoy – Consultant gastroenterologist NHS Fife
09.55	A practical approach to the management of heart failure in the elderly Dr Mark Francis – Consultant Cardiologist NHS Fife
10.25	EBM prize winner presentation Predicting discharge to Institutional long-term care after Stroke; a Systematic Review and Metaanalysis Dr Eilidh Ferguson – Specialty registrar in Geriatric Medicine, West of Scotland
10.45 – 11.20 Coffee	
11.20 – 13.00	Crystal arthropathy, Cognitive spectrum disorders and trainee presentations Session Chair Dr Vera Cvoró
11.20	Crystal arthropathy Dr Jane Gibson – Consultant Rheumatologist NHS Fife
11.50	Cognitive Spectrum disorders in the acute hospital and their outcomes Prof Emma Reynish – Consultant Geriatrician NHS Lothian and Chair of Dementia Studies, University of Stirling
12.20	Trainee oral presentations (3 x 10 minute slots + 5 min for questions) 1. Frailty, Multimorbidity and the Ageing Surgical Population- A Snapshot Audit Dr Katie Stewart Specialty Registrar Anaesthesia, Ninewells Hospital, Dundee

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	<p>2. Is frailty a static state in older patients with haematological malignancy? Dr Lindsey Burton Specialty Registrar Geriatric Medicine, Western General Hospital, Edinburgh</p> <p>3. Anticipatory care planning: It is about more than just resuscitation Dr Claire Pearson, Clinical Fellow in Geriatric Medicine, Ellen's Glen House, Edinburgh</p>
	13.00 – 14:00 Lunch
14.00 – 15.15	<p>New initiatives in the community Session chair Dr Kirsty Rodger</p> <p>A national overview Prof Graham Ellis, NHS Fife 'Joining Up Care': Creating Community Health and Wellbeing Hubs</p> <p>GP community fellows frailty project Dr Nicola Lewthwaite</p> <p>High health gain initiative with focus on frailty Belinda Morgan</p>
	15.15 – 15.40 Coffee
15.40 – 16.45	<p>Recognising and Managing chronic and deteriorating health Session Chair Dr Marie-Claire Grounds</p> <p>Dr Kim Steel – Consultant in Palliative Medicine NHS Fife Dr Gavin Simpson – Consultant in Intensive Care Medicine NHS Fife</p>
16.45	Close

CPD Accreditation: This meeting has applied for 6 CPD credits

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The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from: Bayer, Bial, Daiichi Sankyo, Ferring, GE, Internis and Kyowa Kirin

Venue Information

[DoubleTree by Hilton Edinburgh - Queensferry Crossing](#)

St Margarets Head, North Queensferry, Inverkeithing KY11 1HP

[Click here to register online](#)

About the speakers

Dr Hasnain Jafferbhoy – Consultant gastroenterologist NHS Fife

Dr Jafferbhoy was appointed as Consultant Gastroenterologist in NHS Fife in 2011. He has a special interest in inflammatory bowel disease, use of biologics and ERCP. He is clinical lead for gastroenterology in NHS Fife and a council member of the Scottish Society of Gastroenterologists.

Dr Mark Francis – Consultant Cardiologist NHS Fife

Dr Francis qualified from Oxford University and went on to complete his cardiology training in Norwich, Edinburgh and Aberdeen. He was appointed Consultant Cardiologist in 1995. He is a general cardiologist with a particular interest in heart failure.

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Dr Eilidh Ferguson – Specialty registrar in Geriatric Medicine, West of Scotland

Dr Ferguson graduated from the University of Manchester in 2011. She returned to Scotland to complete the Foundation Programme and Core Medical Training. She is now undertaking higher speciality training in Geriatric Medicine and General Internal Medicine in the West of Scotland.

Dr Jane Gibson – Consultant Rheumatologist NHS Fife

Dr Gibson graduated in Biological Sciences and then returned to study Medicine after three years of working in industry. She was heavily involved with Olympic Sport and undertook a an MD thesis in Bone Health in Elite Female Athletes. She was appointed as Consultant Rheumatologist in NHS Fife in 1997. She is widely published in bone density in female athletes and has collaborated in a number of multicentre trials. She has presented numerous posters and oral presentations at Scientific meetings. She has written and edited the Chapter on Locomotor examination for Macleod's Guide to Clinical Examination for the 12th, 13th and recently the 14th editions. She has Specialty interests in Inflammatory Spinal Disease, Transition Rheumatology, Osteoporosis, Rheumatological Ultrasound, Cranial Arteritis. She has been on the International Canoe Federation Medical Advisory and Anti-Doping Panel since 2014 and was elected to be the medical Advisor to the European Canoe Association this year. She was medical officer to the London 2015 Canoe Slalom World Championships.

Prof Emma Reynish – Consultant Geriatrician NHS Lothian and Chair of Dementia Studies, University of Stirling

Professor Reynish is a Consultant in Geriatric Medicine at the Royal Infirmary Edinburgh and Professor of Dementia Research at the University of Stirling where she leads the dementia and social gerontology research group. She returned to clinical medicine in the UK in 2007 after training in Geriatric Medicine in the Department of Geriatrics and Gerontology, University of Toulouse, France where she developed a subspeciality interest in the management of cognitive disorders and dementia. During this time she co-ordinated the European Alzheimers Disease Consortium, set up and coordinated the ICTUS project and lead the prevalence group of the CuroCoDe project. Her current research focuses on improving outcomes for people with dementia in the acute hospital. Her role in clinical improvement over the last 10 years resulted in the development of a Standardised Older Persons Routine Assessment (OPRAA). This routine clinical dataset is now used in her research to understand the complexity of the outcomes experienced by people with dementia within the general

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hospital. Alongside this work she is collaborating with ICHOM on the development of a standard set of global outcome measures for people with dementia, and has interests in the management of pain and the benefit of music for people with dementia. She chairs the Scottish Dementia Research Consortium and the British Geriatrics Society Dementia Section.

Prof Graham Ellis

Professor Graham Ellis is a Geriatrician in Lanarkshire in Central Scotland and a clinician with the Hospital at Home service. He has a research interest in the organisation of acute services for older people. He was recently appointed as National Clinical Lead for Older People and Frailty in Healthcare Improvement Scotland and is working with national programmes around improving care for frailty in the community as well as a Frailty at the Front Door break-through series collaborative. He was recently appointed as Honorary Professor at Glasgow Caledonian University within the department of Health and Life Sciences. He has published on Comprehensive Geriatric Assessment and is currently working on an NIHR funded multi-centre randomised controlled trial of Hospital at Home. He has previously worked in medical leadership as an Associate Medical Director for Older Peoples services in Lanarkshire. He has spoken widely at national and international conferences on the subject of older peoples care.

Dr Nicola Lewthwaite

Dr Lewthwaite trained as a GP in South East Scotland and shortly after her CCT was appointed a GP Community Hub Fellow – this was a clinical fellowship which extended her knowledge of frailty and had a role in the service design of new Community Hubs in NHS Fife. She is now a portfolio GP undertaking GP salaried work and out of hours sessions along with working in Community Frailty Clinics and Hub service design. She is also Clinical Lead for Professional Development for the GP Out of Hours Service in NHS Fife.

Belinda Morgan

Belinda Morgan is the Head of the Health Inequalities for the Improving Health Team in Dunfermline and West Fife Community Services. She has an MSc in Health Promotion and Public Health from the University of Edinburgh and has previously worked as a programme manager in NHS Health Scotland.

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Dr Kim Steel – Consultant in Palliative Medicine NHS Fife

Dr Kim Steel is a Consultant in Palliative Medicine within NHS Fife and an Honorary Senior Clinical Lecturer at the University of St Andrew's. She works within the acute palliative care team in Fife. She trained in Palliative Medicine in the North West of England and completed a masters in Ethics at the University of Keele. She is driven to reduce inequalities of provision of palliative care with particular focus on non-malignant disease and education.

Dr Gavin Simpson – Consultant in Intensive Care Medicine NHS Fife

Dr Gavin Simpson is a Consultant in Critical Care and Anaesthetics at NHS Fife. He has a particular interest in improving the recognition and management of deteriorating health. He led the clinical deployment of Patientrack at NHS Fife, a project that has helped achieve an immediate and significant reduction in cardiac arrests in one of the busiest areas of the hospital, by up to two thirds. Moving forward, Patientrack has the potential to address a range of clinical problems faced by hospitals across Scotland.