

# Urgent care for frail older people

15 February 2019

etc. venues Prospero House, London

**This event is intended for clinicians and healthcare professionals working with older people in urgent care settings. The day will include keynote presentations from experts in their field, time for questions, and sessions demonstrating best practice approaches available. We hope you will make contacts and start collaborations which will continue on from this meeting.**

Organised in partnership with the Royal College of Emergency Medicine and the Society of Acute Medicine.



The British Geriatrics Society acknowledges with grateful thanks the support given through major sponsorship from:



## Who should attend

- Consultants and Professors of Geriatric Medicine
- Specialist Doctors
- Specialist Registrars (StRs) in Geriatric Medicine and related specialties
- Nurse Consultants, Nurse Specialists and Advanced Nurse Practitioners
- GPs, GPs wsi in older people and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Researchers into ageing and age-related conditions
- Core Medical Trainees and Foundation Year Doctors
- Medical Students

## Meeting aims

- Further attendees' overall knowledge and understanding of best practice in urgent healthcare for frail older people
- Improve attendees' skills in the urgent treatment and healthcare of older people
- Inspire attendees to achieve personnel excellence in urgent healthcare of older people
- Take away new activities and ideas to progress attendees' workplaces' services

This programme has applied for CPD credits to the Royal College of Physicians.

# PROGRAMME

Friday, 15 February 2019

09.30 **Registration**

## Session 1

**10.00 Current state of frailty**  
Dr Graham Ellis, National clinical lead for older people and frailty and associate medical director, NHS Lanarkshire

**10.45 How to do general medicine in small and medium hospitals**  
Dr Louella Vaughan, Senior clinical fellow, Nuffield Trust

11.30 **Refreshments break**

## Session 2

**12.00 Evidence based approaches to ambulatory care for frail older people**  
Dr Nick Scriven, Consultant acute medicine, Calderdale and Huddersfield FT and President, Society for Acute Medicine

**12.30 Quality improvement methods in urgent care for frail older people**  
Dr David Hunt, Clinical director for medicine for older people and neurosciences department, Western Sussex Hospitals NHS Foundation Trust

13.00 **Lunch and networking**

## Session 3

**14.00 Wirral – Acute frailty and cross boundary care**  
Dr Cindy Chu, Consultant geriatrician, Wirral University Teaching Hospital NHS Foundation Trust

**14.15 The frailty support team in the New Forest- successes and challenges**  
Ms Esther Clift, Consultant practitioner trainee in frailty, Southern Health NHS Foundation Trust

**14.30 Geriatric emergency medicine service (GEMS) at Weston General Hospital, Weston-Super-Mare**  
Dr Rachael Morris-Smith, Frailty doctor and service lead, Weston General Hospital

**14.45 Proactive presence of senior therapists in ED at Chelsea and Westminster Hospital**  
Mr Thomas Edwards, Clinical lead therapist for ED and Frailty, Chelsea and Westminster Hospital NHS Foundation Trust

15.00 **Refreshments break and posters**

## Session 4

**15.30 Open discussion on better approaches to urgent care for frail older people**

16.30 **Close of day**

Register online at <https://tinyurl.com/UCFOP2019>

Follow us on  @GeriSoc #BGSCConf

# SPEAKERS BIOGRAPHIES

## Dr Graham Ellis

Graham is the Clinical Lead for Older People and Frailty with Healthcare Improvement Scotland. He is a geriatrician working in NHS Lanarkshire where he has worked for over 10 years. He has had clinical experience in Acute and Community care. He has ongoing research in the organisation of services for older people and Hospital at Home in particular.

## Dr Louella Vaughan

Dr Louella Vaughan is a consultant acute physician at Royal London Hospital and Senior Clinical Research Fellow at the Nuffield Trust. She is also trained as a historian at the universities of Cambridge and Oxford, specialising in the Early Modern period. She has served on several committees of the Royal College of Physicians, including Future Hospital Commission. Her clinical research interests include models of acute care and the risk of stratification of the unwell patient.

## Dr Nick Scriven

Dr Nick Scriven is a consultant in Acute and General Medicine at Calderdale Royal Hospital (Halifax) where he has been in post for the last 18 years. Over this time the department has grown from a single handed unit to one with 9 consultants over two sites and a full frailty team. He is the current president of the Society for Acute Medicine and deputy chair of the SAC for AIM. His major interests include respiratory failure and BiPAP.

## Dr David Hunt

David has been an NHS consultant for 13 years specialising in Medicine for Older People, Clinical Leadership, and Safeguarding Adults at Risk. David is the Clinical Director for Medicine for Older People & Neurosciences at Western Sussex Hospitals NHS Foundation Trust and has led and developed the department for the last ten years. He currently works as an acute geriatrician and leads the acute frailty unit at Worthing Hospital which opened in December 2008. He was the clinical lead for the redesign of acute frailty services, delivered via the Emergency Floor at Worthing Hospital, an RCP Future Hospitals Commission development site.

In addition to working with the AFN, David is the clinical lead for the Living well for Longer Programme at Kent, Surrey and Sussex Academic Health Science Network having a passion for spreading the evidence based of best practice for older people's services across the region and

nation through bringing together like minded enthusiasts in the quest of outstanding care for older people with frailty.

## Dr Cindy Chu

Dr Cindy Chu is a consultant geriatrician at Wirral University Teaching Hospital NHS Foundation Trust with a special interest in community geriatrics. She is one of the geriatricians within the frailty unit (Older Persons Assessment Unit) and also contribute to sessions in ambulatory care (Older Persons Rapid Assessment / Ambulatory Care). Her role focuses on admission avoidance and anticipatory clinical planning in care home residents and severely frail housebound patients. Her close links with various community teams and GP practices provides an interface between secondary care and the community.

## Ms Esther Clift

Esther Clift is a consultant practitioner in Frailty with Southern Health NHS Foundation Trust, working in the New Forest. She and colleagues are developing a multidisciplinary integrated Frailty Support Team to support older people to remain at home during an episode of decompensating frailty. Her research is around the uptake of exercise in later life.

## Dr Rachael Morris-Smith

Dr Rachael Morris-Smith is Frailty Service clinical lead at Weston General Hospital, Weston-Super-Mare. She has designed and established an acute frailty team known as GEMS (Geriatric Emergency Medicine Service) providing care to older patients living with frailty as soon as they arrive into hospital either in the Emergency Department or the new GEMS Unit. She is the Acute Hospital representative to the CCG established integrated frailty steering group, working with community partners to design a collaborative frailty pathway. Her interests are in acute geriatric medicine, silver trauma, maintaining independence and quality of life for those she and her team cares for.

## Dr Thomas Edwards

Thomas Edwards is a Clinical Lead Therapist at Chelsea and Westminster NHS Foundation Trust, for the Emergency Department and Frailty therapy teams. He has worked as an Occupational Therapist within the Emergency & Acute setting throughout his career and is an active member of the Society for Acute Medicine.

# Spring Meeting

10 - 12 April 2019, RWCMD, Cardiff

**BGS**

British Geriatrics Society  
Improving healthcare for older people



## Sessions on:

- Dementia
- Frailty and Sarcopenia
- Diabetes and Endocrinology
- End of life care
- Surgery in Older People
- Movement Disorders
- Loneliness in older people
- Stroke

## Trainees

Dedicated trainees' sessions will include a workshop on preparing for interviews

# British Geriatrics Society

## Improving healthcare for older people

### Join us

Consultant geriatricians pay only £215 a year, which includes a subscription to *Age and Ageing* worth almost £400. There are exclusive rates for nurses, trainees and students, and a discount for existing members renewing by Direct Debit.

#### Benefits include:

- Discounted attendance at all BGS meetings and conferences: most members recoup their annual subscription if they attend just one biannual conference
- Print and online subscription to *Age and Ageing*, access to

regional and national committees, Special Interest Groups and Sections

- Network and career development opportunities
- Input into the Society's national policy and media voice

Everyone specialising in the healthcare of older people is welcome to join the BGS: doctors, nurses, therapists, AHPs, general practitioners, researchers, scientists, managers, trainees and student membership is free for medical students and foundation year doctors or nurses and AHPs doing a preceptor year.

**Joining the BGS has never been easier: you can sign up online at [my.bgs.org.uk](http://my.bgs.org.uk) or call us on 0207 608 1369.**



The Royal College of  
Emergency Medicine

### RCME membership

The Royal College of Emergency Medicine works to ensure high quality care for patients by setting and monitoring standards of care in emergency departments, as well as providing expert guidance and advice on policy to relevant bodies on matters relating to Emergency Medicine. The College also aims to advance education and research in Emergency Medicine, setting standards of training and administering examinations in Emergency Medicine for the award of Fellowship and Membership of the College.

However, membership can be for EM doctors as well as non-EM doctors or other registered healthcare practitioners that may not wish to take examinations.

One of the key benefits for all members is access to our E-Learning platform (RCEMLearning) which can record CPD whilst taking any E-Learning modules. Other benefits include access to the EMJ either by paper or on-line at a cost reduction and reduced costs to our conferences or study days.

**For more information or to join the college please look at our website: [www.rcem.ac.uk](http://www.rcem.ac.uk) and click on the membership and merchandise area and apply on-line.**

Alternatively if you wish for further information please contact the office by email: [membership@rcem.ac.uk](mailto:membership@rcem.ac.uk) or by telephone on 020 7400 6107 or 020 7067 1270.



With over 1000 members, the Society for Acute Medicine is the recognised specialist society for acute medicine. We represent our members on a number of committees within the Department of Health, the Royal Colleges of Physicians, the NHS Confederation and other healthcare organisations. Our voice is getting louder, and our opinion is in demand. By representing our members and the work of acute medical units, we are raising awareness and positively shaping acute medical care both here in the UK and abroad.

Our research committee produces collaborative, innovative and forward-thinking research to advance the practice of acute medicine.

#### MEMBERSHIP BENEFITS

- Reduced rate registration for SAM meetings
- Access to members' only area on sam website, which includes the unit directory and secure voting system
- Full subscription to the *Journal for Acute Medicine*
- Option to stand for positions on sam Council
- Voting rights
- Newsletter: receive our quarterly newsletter with the latest news from SAM and the acute medical world

**For more information, visit [www.acutemedicine.org.uk](http://www.acutemedicine.org.uk) or scan the QR code:**



Facebook: Society for Acute Medicine  
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<b>Registration Form</b>			
Three ways to register			
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2. Email completed form to: <a href="mailto:registrations@bgs.org.uk">registrations@bgs.org.uk</a> or			
3. Post to: British Geriatrics Society, Marjory Warren House, 31 St John's Square, London EC1M 4DN			
Delegate First Name:		Surname:	<input type="checkbox"/> Dr <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs.
Email address:			<input type="checkbox"/> Miss <input type="checkbox"/> Ms <input type="checkbox"/> Other
Mobile phone:		BGS/RCME/SAM membership #:	
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<input type="checkbox"/> Consultant Physician/ GP £100		<input type="checkbox"/> Consultant Physician/ GP £120	
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Please debit my card (tick one) <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard		Valid from:	Valid until:
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