



British Geriatrics Society
Improving healthcare
for older people

South West Region Meeting

Wednesday 13th march 2019

Holiday Inn, Taunton

Programme

0900 -0915 Arrival and registration

0915 – 0920

Welcome. Dr Tarun Solanki and Dr Anita Goff. Consultant geriatricians, MPH.

0920 – 1000

Voiding problems in older men. Mr Mark Speakman, Consultant Urologist, MPH.

1000 – 1040

Managing faecal incontinence. Miss Louise Hunt. Consultant lower GI surgeon, MPH.

1040 – 1110 Coffee

1110 – 1150

Urinary Incontinence in older adults. Dr Vikky Morris. Consultant geriatrician, MPH

1150 – 1250

BGS Keynote lecture: Treating Osteoporosis in older Patients.

Dr Tahir Masud. BGS President and Consultant geriatrician.

1250 – 1350 Buffet lunch and networking

Trainee platform presentations:



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1350 – 1410 A new era of oncology in the older patient.

Dr Anna O'Brien, Acting Consultant Geriatrician, Bristol Royal Infirmary

1410 – 1430 Case report. Dr Sophie Fenwick. Severn trainee.

1430 – 1450 Comfort Care – What Do We Mean? Dr Ella Shearman. Geriatric Medicine SpR, Musgrove Park Hospital

1450-1500 SW BGS Business meeting. Dr Anita Goff.

1500 – 1520 Coffee

1520 – 1600

Older people and the acute-community interface: Building a bridge over troubled waters... and a few exciting developments to boot.

Dr David Attwood. Dr David Attwood, GPwSI Older People, South Devon

1600 – 1620

Rehabilitation for frail older people: update on the HERO Trial

Prof Vicki Goodwin MBE, Associate professor of ageing and rehabilitation and NIHR CRN Clinical research specialty lead for ageing

1620-1630

Summary, award of trainee platform prize and close of meeting



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The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship
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CPD Accreditation: This meeting has applied for 6 CPD credits

Speakers biographies

David Atwood

David is a GP with a specialist interest in Older People, particularly in change management surrounding their proactive and unplanned care. His experience in working in primary care, secondary care, and intermediate care, has led to a deep appreciation of the need for novel solutions, transcending all health providers, built around the needs of older people. He is particularly interested in the role of a shared IT solution in effecting at scale, evidence-based change. Notable achievements include employing shared IT to create the following new care models in the South Devon locality:

1. A proactive, carehome visiting service
2. A shared IT solution with primary care and intermediate care
3. An ambulatory care pathway for housebound older people with frailty, dementia, and multi-morbidity that commences the moment they contact their doctors surgery with symptoms. It followed the patient in to hospital and back to the community



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He is keen on teaching and is a fairly regular fixture at the Devon Community Education Provider Network (CPEN) teaching sessions on subjects such as frailty, long term conditions, and medications de-prescribing.

Sophie Fenwick

I am an ST5 trainee in Geriatric Medicine currently working at Musgrove Park Hospital. I trained at the University of Bristol and graduated in 2010. I have worked in London and Australia as well as within the Severn Deanery. I have an interest in ethics and law and in 2017 I undertook a Master of Arts in Medical Ethics and Law at King's College London.

Anna O'Brien

I have been in specialty registrar training in the Severn Deanery since 2013 having trained at Bristol University, graduating in 2009. I am due to CCT in June this year and am currently ST6 at the BRI. I have an interest in oncology liaison and am completing an oncology diploma with the university of Birmingham. The title of my talk will be 'The current and future challenges of treating the older oncology patient'

Vicki Goodwin

Vicki is Associate Professor in Ageing and Rehabilitation and Clinical Research Speciality Lead for Ageing with NIHR CRN in the South West. Her clinical background is as a community physiotherapist. She has published widely in the areas of falls, fractures and frailty and has been lead or co-investigator on around £10 million in research grant income. She has been co-chair of the BGS falls SIG. In 2017 was made an MBE for services to physiotherapy.

Louise Hunt

Louise Hunt is a full time NHS Consultant Colorectal Surgeon. Her undergraduate training was at St Bartholomew's Hospital in London. She undertook her surgical training in Wessex and completed a two year



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Research Fellowship at the University of Louisville in Kentucky, USA, looking at the genetics of colorectal cancers and inflammatory bowel disease. She completed her fellowship at St Marks Hospital in London. Her sub-speciality interest is Pelvic Floor disorders including faecal incontinence, constipation and difficulty evacuating.

Mark J Speakman

Mark Speakman is a Consultant Urological Surgeon in Taunton and past President of British Association of Urological Surgeons. He is interested in bladder physiology, benign and malignant prostate disease, erectile dysfunction and urinary incontinence. He has undertaken research and published over 140 research papers and 8 book chapters in his area of expertise and supervised post-graduate students through MD, MS and PhD degrees. He has been Surgical Clinical Director, Director of Research & Development and Associate Medical Director within the Trust.

Prof Tahir Masud

Professor Masud trained at Christ Church, University of Oxford and St Bartholomew's Hospital, London. After postgraduate training in London and Newcastle-Upon-Tyne and a Research Fellow post in St Thomas' Hospital, London he took up a position of Consultant Physician in General and Geriatric Medicine at Nottingham in 1994. He has a research and clinical interest in osteoporosis, falls and syncope and has published widely in these areas. He heads the Clinical Gerontology Research Unit at Nottingham University Hospitals NHS Trust. He has previously been a scientific advisor to the National Osteoporosis Society and is the main organiser of the annual International Conference on Falls and Postural Stability and is the Vice President for Education and Training at the British Geriatrics Society. He has also served as the Clinical SubDean at the University of Nottingham Medical School. He also has Honorary/Visiting Professorships at the Universities of Nottingham, Derby and Southern Denmark. He is the recent Past President of the European Union of Medical Specialists-Geriatric Medicine Section.



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Dr Vikky Morris

Vikky qualified in London in 1999, and began a career in care of older people medicine and acute general medicine. Her training was based in London in both teaching hospitals and district general hospitals allowing a very broad experience in medical care. She developed a special interest in urinary incontinence (urinating unintentionally) and in 2010 had the opportunity to spend a year doing research in the USA. She is particularly interested in patients who have urinary incontinence combined with other medical problems such as Parkinson's disease, dementia, heart failure and stroke. She joined Musgrove Park Hospital as a consultant in 2011 and really enjoy working on Wordsworth ward within the multi-disciplinary team at the hospital as well as the team at Dene Barton community Hospital. In addition to her general clinics, she runs a monthly continence clinic helping older patients which is based at Musgrove. She enjoys the holistic approach of older people care especially regarding acute admissions, falls and rehabilitation.

Dr Ella Sherman

Dr Ella Sherman trained at Brighton and Sussex Medical School, where she then went on to complete both her foundation and core medical training. Ella moved back to the South West to commence her registrar training. She is currently an ST5 geriatric medicine trainee working at Musgrove Park Hospital. Ella has an interest simulation training and a keen passion for teaching.



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