

## Programme

12:00-12:45 Lunch

12:45 - 13:00 Welcome

13:00 - 13:30 Dr Robson frailty service developments in North Mid Hosp

13:30- 14:00 Dr Debbie Bertfield Frailty service developments at Barnet Hospital

14:00 - 14:30 Dr Khai Lee Cheah Frailty service developments at Royal Free Hospital

14:30-15:00 Break

15:00 - 15:30 Improvements in Advance care planning in hospital practice

15:30-16:30 Keynote speaker Dr Martin Vernon. National perspective of frailty service developments.

16:30-16:45 Close and feedback

**The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:**

**Amgen, Consilient Health, Daiichi Sankyo and EU Medica**

CPD Accreditation: This meeting has applied for 4 CPD credits





British Geriatrics Society  
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# NE THAMES REGIONAL BGS MEETING

## North Middlesex University Hospital

8 May 2019

### Speaker biographies

#### **Professor Martin Vernon**

Martin qualified in 1988 in Manchester. Following training in the North West he moved to East London to train in Geriatric Medicine where he also acquired an MA in Medical Ethics and Law from King's College. He returned to Manchester in 1999 to take up post as Consultant Geriatrician building community geriatrics services in South Manchester.

Martin was Associate Medical Director for Manchester Primary Care Trust in 2010 and subsequently Clinical Champion for frail older people and integrated care in Greater Manchester. He was the British Geriatrics Society Champion for End of Life Care for 5 years and was a standing member of the NICE Indicators Committee.

In 2015 Martin moved to Central Manchester where he is a Consultant Geriatrician. He also holds an Honorary Academic Post at Salford University and was appointed as Visiting Professor at the University of Chester in 2016.

In 2016 Martin was appointed National Clinical Director for Older People and Person Centred Integrated Care at NHS England. In 2017 he became Chair of the NHS England Hospital to Home Programme Board and is currently leading national work on Integrated Personalised Care for Older People.

#### **Dr Khai Lee Cheah**

Dr Cheah was appointed as a consultant geriatrician at Royal Free Hospital in 2011 having completed her higher specialist training in general internal and geriatric medicine in London. She trained as an undergraduate at St George's Hospital. Her specialist interests include 'front door' and interface geriatrics as well as care home medicine. In 2017, she took on the role as the clinical lead of geriatric medicine (Hampstead site).

#### **Dr Richard Robson**

Dr Robson qualified from Barts & The London in 2003, undertook geriatric medicine training in the North East Thames region and completed an MSc in Ageing, Health & Disease at Cardiff University. Since 2013 Dr Robson has been a Consultant Geriatrician at North Middlesex University Hospital, where he is Clinical Lead for the Care of the Elderly Department and Trust Lead for Dementia.



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### **Dr Debbie Bertfield**

Dr Debbie Bertfield qualified from UCL in 2002. After training jobs in Manchester and London, she gained her substantive Consultant post at Barnet in December 2013. Dr Bertfield is the frailty lead at Barnet and has led the team (working with the Acute Frailty Network) to transform local frailty services. She is passionate about medical education and is the undergraduate lead for medicine at Barnet. She sits on the Royal College of Physicians new consultants' committee and has recently been invited to be a clinical lead for the Specialist Clinical Frailty Network.

### **Dr Anna Steel**

Dr Anna Steel qualified from UCL in 2008. After completion of foundation and core medical training she is currently part way through higher specialist training in general internal medicine and geriatric medicine in London. Her areas of interest include frailty, advance care planning and end of life care within geriatric medicine. She is the NE/NC London trainee representative and the NE Thames



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