

# 20th International Conference Falls and Postural Stability

20th September 2019  
etc. venues Prospero House, London

**This annual event is widely recognised as the leading meeting in the UK for clinicians working in the field of falls and mobility medicine. The day provides a forum for scientific discussion and clinical updates and enables a multidisciplinary audience of over 200 professionals to share their experiences of best clinical practice. The meeting is organised by the Falls and Bone Health Section of the British Geriatrics Society**

## Meeting aims

- Further attendees' overall knowledge and understanding of current research and practice in healthcare of older people in core and difficult areas
- Improve attendees' skills in the treatment and healthcare of older people
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

This programme has applied for 6 CPD credits to the Royal College of Physicians.

## Who should attend

The meeting will be of benefit to all healthcare professionals involved in falls and mobility medicine, geriatric medicine and healthcare of older people.

- Consultants and Professors of Geriatric Medicine
- Specialist Doctors
- Specialist Registrars (StRs) in Geriatric Medicine and related specialties
- Nurse Consultants, Nurse Specialists and Advanced Nurse Practitioners
- GPs, GPs wsi in older people and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Researchers into ageing and age-related conditions
- Core Medical Trainees and Foundation Year Doctors
- Medical Students

The British Geriatrics Society acknowledges with grateful thanks the support given through sponsorship from:



GE Healthcare

Register online at <https://tinyurl.com/BGSFalls19>

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# PROGRAMME

08.30 **Registration**

09.15 **Chair's introduction**

## Session 1

Chair: Dr Celia Gregson

09.20 - 11.00	<b>9.20 20 years of the conference</b> Dr Rob Morris, Consultant geriatrician, Nottingham University Hospitals NHS Trust
	<b>9.30 Lessons learnt from the Fracture Liaison Service Database</b> Dr Rachel Bradley, Consultant geriatrician, University Bristol Hospital NHS Foundation Trust
	<b>10.00 Innovations in technology and IT solutions for cognition in relation to falls</b> Prof Eling de Bruin, Academic physiotherapist, Karolinska Institute, Sweden
	<b>10.30 Falls and the bladder</b> Dr William Gibson, Assistant professor and consultant geriatrician, University of Alberta, Canada

11.00 **Refreshments and posters**

## Session 2 Sarcopenia update

Chair: Prof Tahir Masud

11.30 - 12.30	<b>11.30 Is sarcopenia a useful concept to consider in fallers?</b> Prof Miles Witham, Professor of Trials for Older People, Newcastle University
	<b>12.00 Role of nutrition and exercise as interventions for sarcopenia in fallers</b> Dr Caoileann Murphy, Postdoctoral Research Dietician, University College Dublin

12.30 **Lunch and posters**

## Session 3 Platform presentations

Chairs: Dr Terence Ong and Dr Julie Whitney

13.30 - 14.30	<b>6 selected oral presentations from submitted abstracts</b>
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## Session 4 Parallel workshops

Interactive, small scale sessions to run in parallel

	Workshop 1: Orthogeriatric developments	Workshop 2: Reducing falls in hospital	Workshop 3: Assessment of vertigo and dizziness	Workshop 4: New paradigms in exercise prescriptions in frail older patients
14.30 - 15.30	Dr Madhavi Vindlacheruvu, Consultant orthogeriatrician, Addenbrooke's Hospital and Dr Terence Ong, Consultant orthogeriatrician, Nottingham University Hospitals NHS Trust	Dr Julie Whitney, Academic physiotherapist, Kings College Hospital and Dr Rob Morris, Consultant geriatrician, Nottingham University Hospitals NHS Trust	Dr Mark Perera, Consultant audiovestibular physician, St George's Hospital and Dr Jonathan Trembl, Consultant geriatrician, Queen Elizabeth Hospital	Prof Alvaro Casas Herrero, President of the Spanish Society of Geriatric Medicine; Prof Nicolas Martinez Velilla, Academic Geriatrician, Pamplona, Spain and Prof Dawn Skelton, Professor of ageing and health, Glasgow Caledonian University

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15.30 Refreshments and posters

## Session 5

Chairs: Prof Dawn Skelton and Dr Jane Youde

16.00

### 16.00 Gait disorders and falls

Dr Emily Henderson, Academic geriatrician, University of Bristol

17.00

### 16.30 Can multi-faceted interventions reduce falls in the cognitively impaired

Prof Pip Logan, Academic Occupational therapist, University of Nottingham

17.00 Prize presentations and closing remarks - end of conference

## ABSTRACT SUBMISSION

**Abstracts are encouraged and will be accepted as platforms or posters to be displayed at the meeting.**

Please read the instructions below before preparing your abstract.

Your abstract must include:

- A title
- Names of authors (presenting author to be underlined)
- Provenance (i.e. place of work)
- Contact details (including telephone number and email address) The abstract text should be no longer than 300 words and must be in English. Where possible, please use the four standard sub-headings of:

Introduction;  
Method;  
Results;  
Conclusion(s).

### Submission electronically

Please submit your abstract via the abstract system at <https://bgs.ascensiondesign.co.uk/>

All abstracts are considered by a scientific committee.

The results of adjudication (oral or poster presentation) will be notified to first named authors within two weeks of the closing date.

**Deadline for receipt of abstracts is 5pm on 1st July 2019. Results will be published by 28th July 2019.**

If you have any questions please call the abstracts manager on 0207 608 8574

Registration Form			
Three ways to register 1. Register online at <a href="https://tinyurl.com/BGSFalls19">https://tinyurl.com/BGSFalls19</a> or 2. Email completed form to: <a href="mailto:registrations@bgs.org.uk">registrations@bgs.org.uk</a> or 3. Post to: British Geriatrics Society, Marjory Warren House, 31 St John's Square, London EC1M 4DN			
Delegate First Name:		Surname:	
Email address:		<input type="checkbox"/> Dr	<input type="checkbox"/> Miss
		<input type="checkbox"/> Mr.	<input type="checkbox"/> Ms
		<input type="checkbox"/> Mrs.	<input type="checkbox"/> Other
Mobile phone:			
Post held	BGS Member	Non BGS Member	
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	<input type="checkbox"/> Nurse/Allied Health Care Professionals £130	<input type="checkbox"/> Nurse/Allied Health Care Professionals £150	
	<input type="checkbox"/> Retired/Student £130	<input type="checkbox"/> Retired/Student £150	
Job Title/Position:		Employer:	
Workshop choice:			
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City:		Post Code:	
Dietary or/and access requirements:			
<input type="checkbox"/> Family friendly room access requested			
Payment information			
Please debit my card (tick one) <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard		Valid from:	Valid until:
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<input type="checkbox"/> By ticking this box you consent to having limited information shared on a delegate list with the named sponsors at the meeting and other delegates who may request an attendee list.		Please provide contact details for the person handling invoice payments:	
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By signing below, you are signifying that you have read and agree to the terms and conditions of the conference. View here <a href="http://bit.ly/BGSEventTCs">http://bit.ly/BGSEventTCs</a> . <b>A signature is essential for this form to be processed.</b>			
Signature:		Date:	

The conference organisers will send a confirmation of your selection and issue an invoice and receipt. Payment must be made within 28 days of confirmation from the British Geriatrics Society or your registration will not be completed