

BritMODIS 2020

31st January 2020

Birmingham Conference and Events Centre

The BGS MD SIG and PDNSA are pleased to announce details for the forthcoming BritMODIS conference for Neurologists, Geriatricians, Therapists and PD Nurse Specialists. The British Movement Disorders Group (BritMODIS) Conference will provide a forum for education in movement disorders and is organized by the British Geriatrics Society Movement Disorders Section and Parkinson's Disease Nurse Specialist Association.

Meeting aims

- Further attendee's overall knowledge and understanding of current research and practice in healthcare of older people with movement disorders
- Improve attendee's skills in the treatment and care of older people with movement disorders
- Inspire attendees to achieve personal excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services and improve coordination amongst healthcare professionals

Who should attend

The meeting will be of benefit to all healthcare professionals involved with movement disorders, geriatric medicine and care of older people:

- Consultants in neurology and geriatric medicine
- General practitioners and pharmacists
- Junior doctors training in neurology and geriatric medicine
- Nurses, Nurse Consultants and Advanced Nurse Practitioners
- Occupational therapists
- Physiotherapists
- Researchers

Partners



In association with



Sponsors

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:



This meeting has been applied for CPD accreditation from the Royal College of Physicians (RCP).

Register online at www.bgs.org.uk/events

Follow us on @GeriSoc #BGSCConf

08.50 **Registration**

09.20 **Chair's introduction**

Session 1

09.25 Palliative Care in Parkinson's

Dr Ed Richfield, Consultant geriatrician, North Bristol NHS Trust

09.25
11.10

10.00 Drug repurposing in Parkinson's disease: progress, challenges and the future

Dr Kelli Torsney, Academic geriatrician, Addenbrookes Hospital

10.25 Driving in Parkinson's disease

Dr Katie Lloyd, Academic foundation year 2 doctor, North Bristol NHS Trust and University of Bristol

11.00 **Refreshments and posters**

Session 2

11.30 Mortality and institutionalisation after PEG in parkinsonian conditions

Ms Lisa Brown, Parkinson's disease nurse specialist, University Hospitals of Derby and Burton

11.30
13.00

12.00 "My Life My Wishes"- advanced care planning in Parkinson's disease

Jane Price, Parkinsons' nurse, Powys Teaching Health Board

12.30 Developing a sustainable Education Programme for Parkinson's Disease across Sub-Saharan Africa

Louise Ebenezer, Parkinson's Disease Nurse Specialist, Abertawe Bro Morgannwg University Health Board

13.00 **Lunch and poster exhibition**

Poster prizes announced

13.30 **Sponsored symposia - Sponsored by Bial**

Session 3

14.15 Optimisation of medicine in Parkinsons' disease

Dr Sandy Thomson, Consultant geriatrician, Salford Royal Hospital and Mr Kevin Johnson, Senior clinical pharmacist, Salford Royal Hospital

14.15
15.30

15.00 Exercise in Parkinson's; what's the latest evidence and how to motivate patients

Ms Fiona Lindop, Specialist physiotherapist, London Road Community Hospital

15.30 **Refreshments and posters**

Session 4 - Excellence Network progress and plans

15.45 Transforming services together: an introduction to the new Parkinson's UK strategy for 2020-2024

Mr Steve Ford, Chief executive, Parkinson's UK

15.45
17.00

16.00 Building on, and working with, the Excellence Network to deliver the right care, support and opportunities to people affected

Katherine Crawford, Director of Services, Parkinson's UK

16.20 2019 UK Parkinson's Audit - the findings

Dr Anne-Louise Cunningham, Consultant, Glasgow Royal Infirmary

16.40 Quality improvement: effective action planning to use UK Parkinson's Audit data to create positive outcomes

Iain Wilkinson, Orthogeriatrician, Surrey and Sussex Healthcare NHS Trust

17.00 **Close of meeting**

FAMILY-FRIENDLY AND BREASTFEEDING SPACE

We have introduced family-friendly space at BGS conferences that have access to live streams of the main presentations. During registration please indicate your intention to use this space. The space will have access to toilets and catering facilities as normal for delegates. In the space will be some toys, books and games as well as a nappy bin. Please note that the venue might not be able to accommodate warming of food, have dedicated baby changing facilities and some may require you sign a waiver having brought your own food onsite. We know its important to our changing workforce and we ask that you understand we work within the constraints that limit us. We ask where possible that you are accompanied by a partner, family member or carer so you can attend the sessions. We won't charge for partners to be present but we can't guarantee you'll be able to sit in the sessions with your child(ren) all the time. With access to the livestream and slido for questions we hope you can be as engaged as possible. We know this might not be adequate enough in all cases, and do ask for your understanding on this. If you require further details please contact g.collingridge@bgs.org.uk

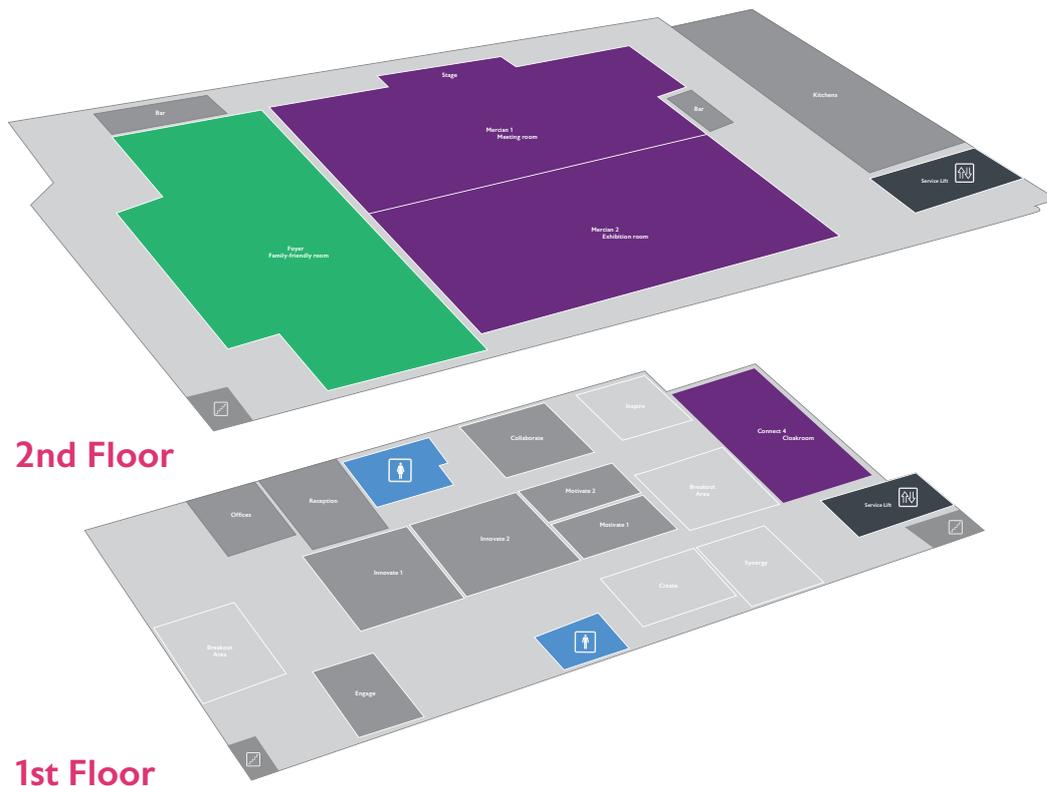
LIVESTREAMING

If you can't make the meeting in person, we will be live streaming the conference. Registrations online will be possible until the day of the meeting. To register please visit www.bgs.org.uk/events and search for the Live Stream

Please log into your BGS online account or create an account to register for the event. Once registered a link to the livestream will be emailed on the day of the meeting. With a good internet connection, watching an event on Livestream can take place in a number of ways.

See <https://help.livestream.com/hc/en-us/articles/360002050888-How-Do-I-Watch-an-Event-on-Livestream> for more details

FLOOR PLAN



1st Floor Key

 Connect 4 - Cloakroom

2nd Floor Key

 Mercian 1 - Main meeting room
 Mercian 2 - Exhibition space
 Mercian foyer - Family-friendly area

 Toilets
 Lifts
 Stairs

Ms Lisa Brown

I have worked as Parkinson's Disease Nurse Specialist at University Hospitals of Derby and Burton since 2005, working across Neurology and Medicine for the Elderly running nurse led clinics, working in a Multidisciplinary Parkinson's clinic, providing a home visit and telephone advice service and supporting Parkinson's patients admitted to hospital. I am an Independent Nurse Prescriber, hold a BSc(Hons) Degree in Specialist Nursing Practice and have developed the scope of my practice to include botulinum toxin injections to treat Cervical Dystonia and Sialorrhoea. I sit on the UK Parkinson's Audit Governance Board and am a committee member of the Parkinson's Disease Nurse Specialist Association.

Speaker abstract

PEG feeding provides a means of getting food, liquid and medication into the stomach in people with Parkinsonian conditions and dysphagia. Information of survival and complications post PEG might inform feeding decisions. We audited 83 patients from 2 institutions over more than a decade. We found 30 day mortality of 6%, median survival of 387 days and rate of institutionalisation of 32%.

Dr Anne-Louise Cunningham

Anne-Louise is a Consultant Geriatrician with an interest in Movement Disorders at Glasgow Royal Infirmary. She is an Honorary Clinical Senior Lecturer at Glasgow University. She has been involved in the Parkinson's National Audit since its inception in 2008, and has been the Clinical Audit Lead since January 2014. She represents audit and clinical effectiveness on the BGS Movement Disorder Subgroup and is the West of Scotland Parkinson's Excellence Network regional lead. She is the chair for the Regional Ethics committee 3 in the West of Scotland. She has published over 40 papers.

Speaker abstract

The 2019 UK Parkinson's Audit provides the largest ever dataset about the quality of evidence based care delivered to people with Parkinson's across the UK. Evidence of good practice as well as areas for improvement will be highlighted from the separate audit components: from doctors and nursing staff, occupational therapists, physiotherapists and speech and language therapists as well as from the Patient Reported Experience Measure (PREM). Key messages will be drawn together and discussed.

Mr Steve Ford

Steve joined Parkinson's UK as chief executive in 2005 after a career as general manager and chief executive in the NHS. Under his leadership, the charity has made significant progress towards its vision to find a cure and improve life for everyone affected by Parkinson's. Steve believes strongly that change is best delivered in partnership. He's bringing together everyone in the Parkinson's community to speed up research, raise standards of care and empower people affected by the condition to take more control of their lives. Putting people living with Parkinson's at the heart of the charity has created passion and urgency. Steve believes that is the key to achieving Parkinson's UK's ambitious goals.

Speaker abstract

Parkinson's UK is launching our next 5 year strategy for the Parkinson's community. Over the last few years we've all made an impact. It's now time to do it Bigger, Better and Faster. I'll set out plans for the Excellence Network and some exciting new initiatives

Mr Kevin Johnson

Senior clinical pharmacist and Lead/Directorate pharmacist at SRFT Emergency Assessment Unit/Emergency department
Non-Medical Prescriber since 2012
Specialist interest in Parkinson's disease
Prescriber of growth hormones for the endocrinology dept at SRFT

Speaker abstract

The aim of this talk will be to explore ways in which medication can be optimized in patients with Parkinson's disease. This will include dopaminergic medication, other pharmacological treatments used in PD, and wider prescribing issues in this patient group. The audience will be encouraged to think about ways in which they approach medicines management in patients that they see, and how this may be improved in their own localities.

Mrs Fiona Lindop

I am a specialist physiotherapist in Parkinson's disease and related conditions, working as part of the Parkinson's Centre of Excellence multidisciplinary team in Derby. I am also the Clinical Therapy Lead for Parkinson's UK Excellence Network. I represented physiotherapy on the review body for the 2017 NICE Guideline for Parkinson's, as well as the NICE Quality Standards for Parkinson's. I sit on the steering committee and governance board for the national audit of NICE guidelines for Parkinson's.

This presentation will cover the latest evidence for the benefits of exercise in Parkinson's, and what types of exercise are indicated. It will also address the barriers to exercise and what we can do to motivate people with Parkinson's to increase their physical activity and exercise. It will include information about initiatives and programmes designed to offer opportunities for people with Parkinson's to participate in exercise.

Dr Katie Lloyd

Katie Lloyd graduated from the University of Bristol in 2018 and is now working as an academic F2 doctor in Bristol. She is an aspiring academic neurologist. Her research interests are in movement disorders and cognition.

Speaker abstract

Background

Patients with Parkinson's disease (PD) who drive, may need to undergo specialist driving assessment. Driving is important in maintaining patient's independence but there is no consensus on what predicts ability to safely drive or a validated battery of tests for use in driving assessments of PD patients.

Objectives

To describe the characteristics of PD patients assessed at a Driving Mobility Centre and investigate factors that predicted driving assessment outcome.

Methods

Retrospective cohort study of PD patients assessed between 2012-2016. Descriptive analyses and logistic models to determine factors predicting a negative outcome.

Results

There were 86 assessments of PD patients. The mean age was 70 years ($\bar{A}\pm 9.2$), 86% were men, median disease duration 7 years (Inter Quartile Range 5-12.5 years) and 59% were referred by the DVLA. 62% had a negative Not Drive outcome. The best predictors were the Rookwood Driving Battery (RDB) (Odds ratio [OR] 1.45, 95% confidence interval [CI] 1.17, 1.80, $p=0.001$), depth of vision deficit (OR 4.95, 95% CI 1.62, 15.1, $p=0.005$) and usual driving frequency (International/National OR 1, Regional OR 7.33, 95% CI 1.47, 36.7, $p=0.015$, Local OR 4.67, 95% CI 1.39, 15.7, $p=0.013$) with age, duration license held and reaction time being weaker predictors in univariable analysis. The RDB score was the best predictor of assessment failure, conditional on other variables in a backward stepwise model (OR 1.29, 95% CI 1.05, 1.60, $p=0.015$).

Conclusions

This is the first study to describe PD patients undergoing driving assessments in the UK. We found current tests of ability are predictive of outcome. Future studies are required to determine which early disease features predict driving ability and develop simpler valid screening tests. "

Ms Jane Price

Jane Price is a Parkinson's Disease Nurse Advanced Practitioner in Powys. She is based in Bronllys Hospital, working across both the primary and secondary care setting. Qualified in 1986, she has been a Parkinson's nurse since 2003 undertaking Independent prescribing, a Post Graduate Certificate in Education and MSc in Care of the Older Person. She is the current Chair of the Parkinson's Disease Nurse Specialist Association (PDNSA), which works in partnership with Parkinson's UK and the Parkinson's Excellence Network to promote and establish high quality exemplary practice and services. She is a committee member of the Parkinson's Information Network (PINK), committed to providing education and self-development for nurses to benefit their own services and ultimately the lives of people living with Parkinson's.

Speaker abstract

The aim of this session is to increase awareness of the importance of starting conversations around advanced care planning (ACP) for people living with Parkinson's disease. It is acknowledged that there can be real and perceived barriers that impact on when and how these conversations take place. This session aims to identify ways that the Parkinson's nurse can introduce and promote ongoing ACP conversations to better support all involved in the care and management of people living with PD

Dr Sandy Thomson

Sandy Thomson is a consultant physician and Geriatrician at Salford Royal Hospital. He looks after a predominately older, frailer group of adults living with Parkinson's disease in both in-patient and out-patient settings.

In recent years he has worked with colleagues to develop front door services for Parkinson's patients admitted to hospital, creating pathways and care bundles to promote safety in this vulnerable patient group.

He has interests in Medical Education, is an established faculty member for the Parkinson's Masterclass with the Neurology Academy, and is a self-confessed delirium obsessive.

Speaker abstract

The aim of this talk will be to explore ways in which medication can be optimized in patients with Parkinson's disease. This will include dopaminergic medication, other pharmacological treatments used in PD, and wider prescribing issues in this patient group. The audience will be encouraged to think about ways in which they approach medicines management in patients that they see, and how this may be improved in their own localities.

Dr Kelli Torsney

Dr Kelli Torsney is currently undertaking a PhD in Clinical Neurosciences at Cambridge University focusing on models of ageing and translation research in Parkinson's disease. Her research interests include non-motor manifestations of Parkinson's disease and representative models for ageing research. Kelli is also actively involved in the British Geriatrics Society and has recently been appointed as the new junior editorial fellow for Age and Ageing.

Speaker abstract

Parkinson's disease is the second most common neurodegenerative disorder after Alzheimer's disease. Despite this there are still no disease modifying treatments to slow or halt disease progression. Given the slowly progressive nature of Parkinson's disease and the number of failures of various novel interventions in disease modifying clinical trials, attention is turning to utilising existing drugs approved for other conditions as novel treatments for Parkinson's disease. This approach is known as drug repurposing. Drug repurposing has become a popular strategy in recent years. It is both efficient and economical with fewer risks. This talk will cover the progress and future outlook of drug repurposing in Parkinson's disease as well as the challenges we face. "

British Geriatrics Society
Improving healthcare for older people

Spring Meeting 2020

1-3 April, Manchester

BGS

Registration now open!

The **BGS Spring Meeting 2020** will be coming to **Manchester on 1-3 April**, covering the latest scientific research and the best clinical practice in care of older people, with featured sessions on:

- Dementia
- Gastrointestinal disorders and nutrition
- Dental and oral health
- Anxiety
- Bladder and bowel health

And much more...

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