

22nd International Conference on Falls and Postural Stability

17 September 2021

Online

Helpful hints:

Attendance

Attendance should be recorded automatically. You will receive a CPD certificate for the live days you have joined online only. Attendance post-event won't be certified but certificates are not required to claim CPD.

Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

Visit our sponsors

Challenge yourself - Please review the symposia and spotlight sessions, and consider spending 5 minutes during the next 3 days to speak to a sponsor.

Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in. For the tweeters @GeriSoc using #BGSconf.

Get Social

Socialise: Arrange 1-to-1 chat with other participants, join a socialising event or interact in a group discussion. See the programme for social activities and watch [this video to discover all the networking features on Swapcard as a participant.](#)

Start	End	Session title	Details
08:00:00	17:30:00	Platform and poster presentations	Browse our exhibition virtual booths, download material and schedule meetings with our exhibitors.
09:00:00	17:30:00	Exhibition opens	View and comment on the posters on-demand All abstracts and posters are published online once the meeting is over.
09:15:00	09:30:00	Intro and welcome	Join BGS Falls and Bone Health SIG chair in this interactive opening session. Learn from the conference moderator about how to make the most out of the event including options to socialise with other attendees and meet our exhibitors. Dr James Frith (chair of BGS Falls and Bone Health SIG)
09:30:00	10:20:00	Plenary session #1 with live Q&As Cardiovascular and Falls Plenary	Moderators Dr James Frith 09.30.00 Vasovagal syncope, carotid sinus syndrome & falls Dr John Davison, Consultant Physician and Geriatrician, Newcastle upon Tyne Hospitals NHS Foundation Trust 09.50 Arrhythmias and falls Professor Michael Norton, Deputy Medical Director and Consultant Community Cardiologist, South Tyneside and Sunderland NHS Foundation Trust 10.10 Discussion/Questions
10:20:00	10:45:00	Spotlight on session	Sponsored by Medtronic Cardiac Syncope in the Elderly – when to refer to cardiology: an update on best practice guidance Dr Sanjiv Petkar, Consultant Cardiologist- Devices, Syncope and Lead Electrophysiologist, New Cross Hospital, London
10:20:00	10:45:00	Free time	Explore the exhibition zone and schedule a discussion with our sponsors. Grab a coffee, do a quick walk or socialise with other participants
10:45:00	11:50:00	Session #2 with live Q&As The Big Debate	Moderators Professor Tash Masud and Mr Grzegorz Drozd “Motion“: Is it time to re-think multi-factorial and exercise fall prevention strategies?” 10.45 Professor Sallie Lamb, Associate Dean for Research & Mireille Gillings Professor of Health Innovation, University of Exeter speaks on behalf of the motion 11.05 Professor Jacqui Close, Consultant, Prince of Wales Hospital, Sydney, Australia speaks against the motion 11.25 Discussion/Questions
11:50:00	12:00:00	Free time	Explore the exhibition zone and schedule a discussion with our sponsors. Grab a coffee, do a quick walk or socialise with other participants

Start	End	Session title	Details
12:00:00	13:00:00	Platform session #3 with live Q&As	<p>Moderators Dr Atef Michael and Dr Jane Youde</p> <p>12.00 Reducing falls in care homes- results from a large multicentre trial Professor Pip Logan, Professor of Rehabilitation Research University of Nottingham</p> <p>12.20 Frailty and Falls-what's new? Professor Roman Romero-Ortuno, Associate Professor in Medical Gerontology/Consultant Physician Trinity College Dublin/Mercer's Institute for Successful Ageing, St James's Hospital, Dublin</p> <p>12.40 Discussion/Questions</p>
13:00:00	14:00:00	Lunch and exhibition	Explore the exhibition zone and schedule a discussion with our sponsors.
14:00:00	15:00:00	Platform presentations	<p>Moderators Dr Rob Morris and Dr Julie Whitney</p> <p>Six platform presentations from submitted abstracts</p> <p>834 Falls-Efficacy? a Unidimensional or Multidimensional Construct? Natalia Adamczewska</p> <p>843 Visual function risk factors for falls in older adults: a case-control study J Mehta</p> <p>849 Decision Tree Modelling with the Syncope-Falls Index: Using machine learning in prediction of falls within the older population Y T Tang</p> <p>823 Protected by worry: A qualitative exploration of worries about falling in older adults Toby Ellmers</p> <p>854 Alternative Measures of Adiposity in Relation to Falls in Older Adults- MELoR Five-year Follow-up Study. Nural Nabilah</p> <p>835 Routine Assessment Of Continence In Patients Admitted With Falls As Per Nice Guidelines S Gupta</p>
15:00:00	15:30:00	Free time - Socialise with colleagues and participants	Take the opportunity to socialise with other participants 1-to-1 or join a group discussion
15:30:00	16:30:00	Plenary session #4 with live Q&As Practical Challenges Plenary	<p>Moderators Professor Dawn Skelton and Dr James Frith</p> <p>15.30 Fear of Falling: An Update Professor Ellen Freiburger, Assoc Professor Institute for Biomedicine of Aging FAU Erlangen-Nuernberg Germany</p> <p>15.50 Successfully implementing falls prevention exercises in the real world Dr Liz Orton, Associate Professor in Public Health, Head of Division of Primary Care, Faculty of Medicine & Health Sciences University of Nottingham</p> <p>16.10 Discussion/Questions</p>
16:30:00	16:45:00	Voting for best platform and posters and Closing Remarks from Chair	<p>#BGSFalls21</p> <p>Vote for the best platform and poster</p> <p>Join chair in this interactive closing session. Prize winners will be announced</p>
16:45:00	17:15:00	Continue the discussion with colleagues and participants	Reflect on the day with other participants 1-to-1 or in a group discussion

About the speakers

Dr John Davison, Consultant Physician and Geriatrician, Newcastle upon Tyne Hospitals NHS Foundation Trust

Consultant Physician and Geriatrician with PhD in multifactorial falls prevention and ongoing clinical practice in the Falls & Syncope Service in Newcastle upon Tyne. Associate Dean at Health Education England (NE & N Cumbria) with interests in trainer and trainee support and developing clinical informatics training programmes.

Professor Michael Norton, Deputy Medical Director and Consultant Community Cardiologist, South Tyneside and Sunderland NHS Foundation Trust

Professor Michael Norton is a Consultant Community Cardiologist and Visiting Professor of Community Cardiology based in the North East of England. Michael runs the Dept. of Community Cardiology in Sunderland. He is also the Deputy Medical Director of the North East Ambulance Service and is clinically active in pre-hospital emergency medicine. Michael has significant experience in syncope and related disorders having worked for over eighteen years (six as head of Department) within the Falls & Syncope Service at Newcastle's Royal Victoria Infirmary. Michael's main clinical and research interests are cardiovascular risk reduction, neuro-cardiovascular syncope and cardiac arrest. He is a director and national council member of the Primary Care Cardiovascular Society. He is also the co-founder of Cardioproof, a community interest company, which aims to improve survival from cardiac arrest by increasing bystander CPR and use of public access defibrillators.

Professor Sallie Lamb, Associate Dean for Research & Mireille Gillings Professor of Health Innovation, University of Exeter

Professor Lamb is the Associate Dean for Research in the College of Medicine and Health and the Mireille Gillings Professor for Health Innovation at the University of Exeter. She is also an Honorary Departmental Professor at the Nuffield Department of Medicine at the University of Oxford. Previously Professor Lamb was Director for Centre for Statistics in Medicine, Foundation Director at the Oxford Clinical Trials Research Unit and Centre for Rehabilitation Research, University of Oxford. She has a long-standing interest in clinical trials, medical statistics and, rehabilitation of musculoskeletal and chronic conditions in older people. She works with clinicians to develop pragmatic clinical trial designs to capture the effectiveness and cost-effectiveness of a variety of health interventions. She is the Chief Investigator for a number of trials of rehabilitation interventions. Professor Lamb has served as Board Chair for the National Institute of Health Research Health Technology Programme. Professor Lamb is a Fellow of the Academy of Medical Sciences, Royal Statistical Society, and Chartered Society of Physiotherapy and has served as a member of the American Geriatric Society/ British Geriatric Society Fall Guideline Panel and the NICE guideline panel of hip fracture management.

Declaration of interests: Sallie Lamb was on the Health Technology Assessment (HTA) Additional Capacity Funding Board, HTA End of Life Care and Add-on Studies Board, HTA Prioritisation Group Board and the HTA Trauma Board.

Professor Jacqui Close, Consultant, Prince of Wales Hospital, Sydney, Australia

Jacqui Close is a Geriatrician at the Prince of Wales Hospital in Sydney and Clinical Director of the Falls, Balance and Injury Research Centre at Neuroscience Research Australia. She has been a practicing orthogeriatrician for the past 20 years and is Co-Chair of the ANZ Hip Fracture Registry. Her research includes developing and evaluating models of care for older people in the surgical setting. She has published over 200 papers in the area of falls, fractures and injury in older people.

Professor Pip Logan, Professor of Rehabilitation Research University of Nottingham

Dr Pip Logan obtained her first degree, an Occupational Therapy BSc, in 1985 from the University of Derby. She then undertook her MPhil at the University of Nottingham in 1994, which was a community-based randomised controlled trial evaluating an outdoor mobility intervention for stroke patients. She has received two NIHR fellowships, and is the Chief Investigator for a £1.8 million National Institute for Health Research (NIHR) HTA research grant which is exploring falls in care homes. She also works clinically for Nottingham City Care Partnership (NHS) in the community rehabilitation team and in the Acute Hospital for the Health Care of the Elderly Directorate

Professor Roman Romero-Ortuno, Associate Professor in Medical Gerontology/Consultant Physician Trinity College Dublin/Mercer's Institute for Successful Ageing, St James's Hospital, Dublin

Roman Romero-Ortuno is Associate Professor in Medical Gerontology at Trinity College Dublin and Consultant Physician in St. James's Hospital, Dublin.

In 2002, he graduated from University of Barcelona with a degree in Medicine, and in 2003 he completed an MSc in European Social Policy at the London School of Economics and Political Science. He has a music degree from the Conservatory of Barcelona. His basic postgraduate medical training took place in Manchester and London and his higher medical training in Geriatric and General (Internal) Medicine was completed in Dublin.

Between 2014 and 2018 he worked as a Consultant Geriatrician in Addenbrooke's Hospital (Cambridge University Hospitals NHS Foundation Trust) and during that time he held an Honorary Visiting Fellowship to the Clinical Gerontology Unit of the Department of Public Health and Primary Care, University of Cambridge.

Prof. Ortuno is Faculty member of the Global Brain Health Institute (GBHI) where he brings clinical and academic expertise in frailty, dementia, delirium and comprehensive geriatric assessment. He co-chairs the Frailty and Resilience working group of The Irish Longitudinal Study on Ageing (TILDA) and the Irish Frailty Network Interest Group (IFN-IG) of the Irish

About the speakers

Gerontological Society.

In December 2020, Prof. Ortuno was appointed as Associate Director of Postgraduate Teaching and Learning (M.D. Studies) in Trinity's School of Medicine.

His research contributions in the area of frailty have been recognised with the 2015 British Geriatrics Society Rising Star Award, the 2017 Count of Cartagena Award from the Royal National Academy of Medicine of Spain and the 2018 President of Ireland Future Research Leaders Award.

Professor Ellen Freiburger, Assoc Professor Institute for Biomedicine of Aging FAU Erlangen-Nuernberg, Germany

Since 2013 working as an associate professor at the Institute of Biomedicine for Ageing (Chair: Cornel Sieber) at the FAU and being responsible for European projects and research in the area of physical activity, physical function, falls and aging.

PI in Falls Research:

- Head of the research project "enhancing balance in community-dwelling older persons" [Standfest im Alter] from 2003 till 2007.
- In cooperation with the TU Munic (Dr. M. Siegrist) research project PreFalls ["falls in the general practitioner setting"]. The aim of the project is to reduce falls in older patient in the general practitioners setting [2009-2012].

Sarcopenia Research:

Co-PI of the German partner in the EU project SPRINTT [<http://www.mysprintt.eu/en>].

Transitional CARE:

Co-PI since 2017 together with Prof. Dr. C. Sieber of the German national Innofond project TIGER (Transsektorales Interventionsprogramm zur Verbesserung der Geriatriischen Versorgung in Regensburg) targeting hospital re-admission rate of older persons.

Dr Liz Orton, Associate Professor in Public Health, Head of Division of Primary Care, Faculty of Medicine & Health Sciences University of Nottingham

Dr Orton began her career in the field of hearing research at the University of Keele where she completed a PhD in 1996 investigating the cellular mechanisms of sensory hair cell degeneration and repair. After a short-term lectureship in neuroscience at the University of Sheffield she moved to the Loeb Research Institute, Canada, as a postdoctoral fellow to study the genetics of inner ear development and then continued this work at the MRC Institute of Hearing Research at the University of Nottingham.

In 2003 she joined the National Newborn Hearing Screening Programme where she established the quality assurance systems for neonatal hearing screening across England.

In 2008 she began public health specialty training in the East Midlands and in 2010 was appointed a part-time lectureship in

public health in the Division of Primary Care at the University of Nottingham, working as part of the Injury Epidemiology and Prevention group. She is now an Associate Professor (University of Nottingham) and Consultant in Public Health (Leicestershire County Council).

Her research interests centre around injury epidemiology and prevention, including intervention studies, systematic reviews, large data analysis and implementation research.



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Improving healthcare
for older people

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