

# BritMODIS 22

10 June 2022

ETC Houndsditch and Online

## Helpful hints

### Attendance

You will receive a CPD certificate for the live days you have joined online only. Record attendance by the attendance button each day you attend or scanning in on arrival to the venue.

Attendance post-event won't be certified but certificates are not required to claim CPD.

[See here for more information](#)

### Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation

### Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in. Join us on Twitter [@GeriSoc](#) using [#BGSconf](#)

### Get Social

The BGS forum is open to all healthcare professionals to join, regardless of membership of the BGS. The Forum enables peer-to-peer support and allows users to share information about the healthcare of older people.

[Visit the BGS forum in advance of the meeting](#)

## Sponsors

Challenge yourself - Please review the symposium information, and consider joining the session live or on demand.

**Sponsored symposium 10 June 13.15 - 13.45**

The British Geriatrics Society acknowledges with grateful thanks the support given through sponsorship from:

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# Partners



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# Pre-conference viewing

## Parkinson's for Palliative Care Specialists

**General Introduction to Parkinson's and Parkinson's symptoms for palliative care specialists**

Professor Richard Walker, Consultant Physician and Honorary Professor of Ageing and International Health, Northumbria Healthcare NHS Foundation Trust

Parkinson's Disease (PD) is a progressive neurological condition for which the diagnosis remains clinical. The 4 cardinal features are tremor, rigidity, bradykinesia (must be present) and postural instability (not usually present at diagnosis). The disease generally presents with unilateral symptoms and the signs and symptoms remain asymmetrical. The tremor is present at rest and improves on action while the rigidity is often cogwheeling in nature. Bradykinesia can be tested for in the clinic with rapid alternating movements such as finger taps which, if abnormal, become slower with decreased amplitude and increased irregularity. Gait is slower and, as disease progresses, becomes shuffling with potential "freezing" episodes.

As well as the progressive motor features there are numerous non-motor problems which can become increasingly problematic as the disease progresses. These include sleep problems such as fractionated sleep and REM sleep behaviour disorder, and also sensory problems including pain. There are increasing autonomic problems which can include urinary symptoms and orthostatic hypotension. There can also be problems with speech and swallowing. However, neuropsychiatric problems often dominate later stage disease with cognitive impairment, which may lead on to dementia, then there are often problems with hallucinations. This is particularly important when considering such aspects as advance care planning. People with Parkinson's may also have problems with anxiety, depression and apathy.

It is important to take into account the non-motor symptoms, as well as the motor symptoms, when managing the condition and in later stage disease a lot of time is spent in balancing the effects of the drugs against the side-effects.

## Drug Prescribing

Dr Richard Genever, Consultant Geriatrician, Chesterfield Royal Hospital

This session will look at Parkinson's management, focussing on prescribing in the complex and palliative phases of the conditions.

We will look at common drug side-effects and strategies to minimise them.

We will also cover prescribing at the end of life, including when oral medication may not be possible.

## Palliative Care for Parkinson's Specialists

### Recognising dying

Dr Jon Tomas, Consultant in Palliative Medicine, UHB/ Coventry and Warwickshire

### What elements of basic palliative care PD clinicians should be doing

Dr Matt Sweeting, Geriatrician and Director of Care, Farleigh Hospice

This session will cover recognition of palliation in PD, including use of available clinical tools. It will explore key strategic guidance to support this approach i.e. Ambitions, ACP, GSF. It will look at Advance Care Planning in the PD arena and linking in with palliative services.

# Spotlight on Session 11.15

Not eligible for external CPD

## The right support at the right time: Parkinson's Connect and the future of Parkinson's support

**Katherine Crawford, Director of Services, Parkinson's UK**

Following several years of development, Parkinson's UK has begun to launch their flagship support programme: Parkinson's Connect, a comprehensive new support service bringing together everything people with Parkinson's and their carers need to live better with Parkinson's. Parkinson's Connect provides access to, and builds on, the trusted advice and information Parkinson's UK has been providing for over 50 years, in one place.

Through this BritMODIS spotlight session, we will highlight the benefits of Parkinson's Connect for patients and their families, as well as healthcare professionals. We will also expand on direct referrals into Parkinson's Connect, from healthcare professionals.

This is a new point of access into Parkinson's Connect for patients and their families, from the time of diagnosis onward, that has been developed with clinical teams across the UK.

Giving patients access to Parkinson's Connect can unlock a whole network of support, and healthcare professionals can build upon a trusted relationship with their patient, proactively connecting them and their family to high quality support as soon as they leave the consulting room.

At Parkinson's UK, we are continually looking to improve our support services and develop them jointly with people living with Parkinson's and healthcare professionals, to ensure we can provide the highest quality support for patients, family, friends and carers.

**PARKINSON'S<sup>UK</sup>**

# THE RIGHT SUPPORT AT THE RIGHT TIME

**BritMODIS 2022 Spotlight Session  
Friday 10 June**

Join Katherine Crawford, Director of Services at Parkinson's UK, to learn more about a free, comprehensive new Parkinson's support service.

Learn more about Parkinson's Connect and register your interest at [parkinsons.org.uk/BGS](https://parkinsons.org.uk/BGS)

**PARKINSON'S CONNECT**

# Sponsored Symposium 13.15

Not eligible for external CPD

This session has been sponsored by Bial Pharma and is intended for UK Healthcare Professionals only

## Management of multimorbidity and complications in the older Parkinson's patient

**Professor Richard Walker, Consultant Physician and Honorary Professor of Ageing and International Health, Northumbria Healthcare NHS Foundation Trust**

Start	End	Session title	Details
08:00	17:30	Platform and poster presentations	Browse our virtual posters, watch the on demand videos
09:00	09:30	Contactless registration	
09:30	09:45	<b>Intro and welcome</b>	Join Dr Rob Skelly, BGS Movement Disorders SIG chair opening the 2022 BritMODIS Meeting with announcements about the meeting, the past 6 months and looking ahead.
09:30	11:00	<b>Session #1 Integrated PD palliative care</b> Moderator: Dr Rob Skelly, Consultant Geriatrician, University Hospitals of Derby and Burton BGS Movement Disorders SIG chair	09.45 <b>Running a PD palliative care service – models of care and lessons from early service development</b> Dr Edward Richfield, Consultant Geriatrician, North Bristol NHS Trust  10.15 <b>Update and outcomes of Delphi study on standards for PD palliative care</b> Dr Alice Rogers, FY2, OUH  10.45 Discussion: Setting standards of palliative care for PD
11:00	11:30	Free time	
11:15	11:30	<b>Sponsored spotlight on Session</b> Not eligible for external CPD	<b>11.15 The right support at the right time: Parkinson's Connect and the future of Parkinson's support services</b> Katherine Crawford, Director of Services, Parkinson's UK
11:30	13:00	<b>Session #2 Parallel sessions</b> Moderators: Dr Ed Richfield Consultant Geriatrician, North Bristol NHS Trust  and  Dr Peter Fletcher, Consultant Physician, Gloucestershire Hospitals NHS Foundation Trust	<b>Breakout 1: General introduction to PD/PD symptoms</b> <b>General Introduction to Parkinson's and Parkinson's symptoms for palliative care specialists</b>  Professor Richard Walker, Consultant Physician and Honorary Professor of Ageing and International Health, Northumbria Healthcare NHS Foundation Trust  <b>Drug Prescribing</b> Dr Richard Genever, Consultant Geriatrician, Chesterfield Royal Hospital  <b>Breakout 2: Palliative Care for Parkinson's Specialists</b> Recognising dying – advanced symptom control and beginning Advance Care Plans Dr Jon Tomas, Consultant in Palliative Medicine, UHB/Coventry and Warwickshire  Introducing Palliative care to PwPD & their families Dr Matt Sweeting, Geriatrician and Director of Care in the Hospice (Farleigh Hospice)
13:00	14:00	Lunch	
13:15	13:45	<b>Sponsored Symposia</b> Not eligible for external CPD	13.00-13.30 Sponsored symposia - Sponsored by Bial Management of multimorbidity and complications in the older Parkinson's patient Professor Richard Walker, Consultant Physician and Honorary Professor of Ageing and International Health, Northumbria Healthcare NHS Foundation Trust This session has been sponsored by Bial Pharma and is intended for UK Healthcare Professionals only
14:00	15:30	<b>Session #3 Keynote Presentations</b> Moderator: Jane Price, Parkinson's Nurse Advanced Practitioner, Chair PDNSA, Powys Teaching Health Board	14.00 <b>Keynote: The emergence of neuropalliative care</b> Professor Benzi Kluger, Julius, Helen, and Robert Fine Distinguished Professor in Neurology Department of Medicine, Palliative Care, University of Rochester Medical Faculty  14.45 <b>The changing tide in the palliative phase of Parkinson's Disease</b> Hannah Martin, Advanced Nurse Practitioner Parkinson's Disease. University Hospitals Coventry & Warwickshire NHS Trust
15:30	15:45	Free time	
15:45	16:45	<b>Session #4 MDT panel</b> Moderator: Dr Ed Richfield Consultant Geriatrician, North Bristol NHS Trust	Vignette based learning MDT panel o Pain and approaches to pain management in PD o Delirium and psychosis o Deprescribing at EOFLLC o Swallowing/Nutrition and PEG o Terminal symptoms

The logo consists of the letters 'BGS' in a large, white, serif font, positioned in the upper left quadrant of the page. The letters are slightly shadowed, giving them a three-dimensional appearance as if they are floating above the page.

**British Geriatrics Society**  
Improving healthcare  
for older people

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