

Autumn Meeting 2023

22 -24 November

Vox, Birmingham & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. **Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at @GeriSoc and use the hashtag #BGScnf.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion. See the programme for social activities including a Bear Grylls Adventure, conference dinner and meet ups.

With grateful thanks to our sponsors:

AstraZeneca, Abbott Nutrition, Data4NHS, Kings College NHS Foundation Trust, Gloucestershire NHS Trust, NHS Elect, Dunhill Medical Trust and the COVID 19 Inquiry are also exhibiting.

AstraZeneca have provided a sponsorship grant towards this independent Programme. AstraZeneca have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the AstraZeneca sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Birmingham with you. We hope this Autumn Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights the West Midlands has to offer. Please see the below timetable to help plan your time.

SOCIAL PROGRAMME * This social programme is self funded, independent from our sponsor's support.		
WEDNESDAY 22 November	THURSDAY 23 November	FRIDAY 24 November
<p>13.00 - 14.00 Group meetups Vox 3 and Foyer</p> <p>Join colleagues over lunch to catch up including the Community and Primary Care Group.</p> <p>17.00 - 18.00 NAHP discussion on Joining the Dots: A blueprint for preventing and managing frailty in older people</p> <p>Vox 5</p> <p>This meeting will focus on applying the Blueprint in practice.</p>	<p>17.00 - 18.00 Group meetups Vox 3</p> <p>Join colleagues over a drink after the sessions</p> <p>17.30 Bowling</p> <p>If you're at a loose end on Thursday and would like to join fellow delegates for a team based activity, please sign up during registration. Limited places. Tickets £12.</p> <p>Sign up during registration</p>	<p>08.30 Policy breakfast Vox 5</p> <p>Join BGS Policy Manager to learn more about how and why BGS influences in the lead up to the general election and tell us what you think we should be focused on. Suitable for policy novices and old hands alike – all welcome!</p>
<p>Meet at 17.00 for 17.30 Bear Grylls Adventure Tour</p> <p>The Bear Grylls Adventure brings together eleven epic experiences, all of which offer their own challenges and encourage guests to push their limits and achieve the remarkable. Take part in shooting, archery and escape rooms. Lasts 2 hours with the activities from 17.30 - 20.00 Limited places. Tickets £12.</p> <p>Sign up during registration</p>	<p>19.00 Conference Dinner</p> <p>The conference dinner returns at the Genting Hotel. Sign up for a ticket during registration. Limited places. £35 per ticket.</p> <p>Sign up during registration</p>	

Friday 24 November: OncoGeriatrics Stream

in partnership with

**The Royal College of Radiologists (RCR) and
International Society of Geriatric Oncology (SIOG)**



RCR and SIOG members can register with a discount code that affords them the same registration rate as a BGS Member. Members should check with RCR and SIOG.



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/Autumn23) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk/event/2023-autumn-meeting>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

Registering for in-person attendance provides access to the online platform as well as the on-demand recordings from the whole event. Registering to watch online is a flat fee, meaning you are able to access the whole meeting live as well as watch back on demand. There is a flexible transfer from in-person to online attendance as clinical service and life balance require.

Guest Lecturer

Dr Lade Smith CBE

Clinical Director (Forensic Services), SLaM and President, Royal College of Psychiatrists

Dr Shubulade Smith is a Consultant Psychiatrist at the South London and Maudsley NHS Foundation Trust and a Visiting Senior Lecturer in the Department of Forensic and Neurodevelopmental Sciences (FANS) at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London. Dr Smith was awarded a CBE for services to forensic psychiatric intensive care in the Queen's Birthday Honours 2019.

Dr Smith was voted a BMA pioneering consultant and nominated as a Woman of the Year in 2002 for the development of her 'One Stop Shop', a medication review and physical monitoring clinic for people with mental health problems. She is known nationally and internationally for her work in the hormonal and reproductive effects of antipsychotic medications. Dr Smith is a clinician with a strong academic focus, using the latest evidence to provide her patients with optimal care. She continues to do research at the IoPPN, looking at the effect of Vitamin D in reducing psychosis (D-FEND); sexual health in people with mental health problems (SHRINE) and culturally-adapted family interventions (CAFI).

KEYNOTE: Thursday 23 Nov, 3.30pm



KEYNOTE: Friday 24 Nov, 12.30pm



Trevor Howell Guest Lecturer

Professor Tahir Masud

Consultant Geriatrician

Nottingham University Hospitals NHS Trust

Professor Masud is a past President of the BGS. He has a longstanding clinical and research interest in falls and osteoporosis and was one of the three co-leads in the recently

published World Falls Guidelines in Age Ageing. After his undergraduate training at the University of Oxford and St Bartholomew's Hospital, London, he gained his postgraduate training in London and Newcastle-Upon-Tyne and research training as a Research Fellow in St Thomas' Hospital London.

He has a research and clinical interest in osteoporosis, falls and education and has published widely in these areas. He has previously been a scientific advisor to the National Osteoporosis Society and is the main organiser of the annual International Conference on Falls and Postural Stability, and the co-organiser of the annual Oxford Course in Osteoporosis and Metabolic Bone Disease. He also has Visiting Professorships at the Universities of Derby and Southern Denmark and has also served as the Clinical Sub-Dean at the University of Nottingham Medical School.

He is a Past President of the British Geriatrics Society (BGS), the former President of the European Union of Medical Specialists (UEMS)-Geriatric Medicine Section, the current Secretary of the Clinical Section of the International Association of Geriatrics and Gerontology (IAGG)-European Region, and a member of the executive council of the European Geriatric Medicine Society (EUGMS). Professor Masud is also the President Elect for the European Geriatric Medicine Society.



Accommodation in recent years has increased in costs and this year keeping costs low is important. BGS have secured some good value rates at hotels with access to the VOX centre.

Please visit <https://zannaevents.vbookings.co.uk/b/bgs> for available options and rates

Other sites and booking directly with the hotels may be cheaper - please do shop around. BGS members can also access preferential rates at the Hilton chain and Yotel chains using the details below.

HILTON	
<ul style="list-style-type: none"> • Log on to www.hilton.com • Put in the location and dates • Click on advanced search • Click on 'Add a special rate code' • In the corporate account box, type in 113011292 	

BGS elearning

Updated for 2023

Frailty- Identification and Interventions

Self-paced elearning course
FREE to all Healthcare Professionals

Four modules covering

- Understanding and Communicating Frailty
- Identifying Frailty
- Managing those living with Frailty
- Building Systems Fit for Frailty

10 distance learning CPD Credits

Sign-up for FREE www.bgs.org.uk/2023F-IF

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 VOX 1 & 2	STREAM 2 VOX 4	STREAM 3 VOX 5
8.30	Registration		
9.00	KEYNOTE President's Opening Address		
9.30 - 11.00	Community and Primary Care Virtual Wards/ Hospital at Home	Orthogeriatrics Hip fracture and Neck of Femur Fractures	
11.00	Free time		
11.30 - 13.00	Community and Primary Care Care homes (Technology and prescribing)	Orthogeriatrics Fragility Fracture Network UK	
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to catch up including the Community and Primary Care Group. Vox 3 and Foyer. Look out for the signs		
13.30	Sponsored symposium - Vox 4 Managing Hyperkalaemia in Multimorbidity and Frailty Dr Sanjay Suman, Consultant Geriatrician & Clinical Director, Medway NHS Foundation Trust Kent This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only		
14.00 - 15.00	Community and Primary Care Rehabilitation	Orthogeriatrics Fragility Fracture Network UK	Research Building Research Capacity
15.00	Free time		
15.30- 16.30	Community and Primary Care Town Hall: Care closer to home - Making it work	Orthogeriatrics Fragility Fracture Network UK	Clinical Quality Session
16.30	Sponsored symposium - Vox 4 Chronic Kidney Disease Treatment Beyond Diabetes Professor Vinod Patel & Dr Mujahid Saeed This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only		
16.00- 18.00			NAHP discussion on <i>Joining the dots: A blueprint for preventing and managing frailty in older people</i>
17.30	Social Programme Bear Grylls Adventure Tour <small>*This social programme is self funded, independent from our sponsor's support.</small>		

STREAM 1: VOX 1 & 2

KEYNOTE

President's Opening address

09.00	Opening words from BGS President, Professor Adam Gordon
<p>Community and Primary Care Virtual Wards/ Hospital at Home Moderator: Philly O’Riordan and Bethan Arnold</p>	
9.30 - 11.00	<p>09.30 National Strategy on Virtual Wards in England Dr Shelagh O’Riordan, Consultant Community Geriatrician, Clinical Director for Frailty in East Kent and Professional Advisor to NHSEI on Aging Well Programme, Kent Community Health NHS FT</p> <p>09.45 Panel Discussion; Managing risk in a frailty hospital at home Sarah Mercer, Consultant Practitioner for Frailty, Southern Health NHS Foundation Trust Dr Towhid Imam, Consultant, Croydon University Hospital and Dr Rajiv Sankaranarayanan, Consultant cardiologist and Heart Failure Virtual Ward Lead, Cheshire and Merseyside Integrated Care Board</p> <p>10.30 Is comprehensive geriatric assessment hospital at home a cost-effective alternative to hospital admission for older people? Professor Sasha Shepperd, Professor of Health Services Research, Nuffield Department of Population Health</p>
11.00	Free time
<p>Community and Primary Care Care homes (Technology and prescribing) Moderators: Holly Paris and Bethan Warner</p>	
11.30 - 13.00	<p>11.30 Technology in Care Homes and Remote Monitoring at Home Rachel Binks, Nurse Consultant and Clinical Lead, Digital & Acute Care, Airedale Digital Care Hub, Airedale NHS Foundation Trust</p> <p>12.00 AHSN Polypharmacy Action Learning Sets. Workforce education and training to tackle overprescribing in older people in primary care Clare Howard, Clinical Lead Polypharmacy, Wessex AHSN, AHSN Network and Royal Pharmaceutical Society</p>
13.00	Lunch
13.00	<p>Group Meetups Join colleagues over lunch to catch up including the Community and Primary Care Group. Vox 3 and Foyer. Look out for the signs</p>
13.30 - 14.00	<p><i>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</i> Dr Sanjay Suman, Consultant Geriatrician & Clinical Director, Medway NHS Foundation Trust Kent This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4</p>

STREAM 2: VOX 4

Orthogeriatrics

Hip fracture and Neck of Femur fractures

Moderators: Opinder Sahota and Louise Organista

9.30 - 11.00	<p>09.30 Improving care and outcomes in hip fractures in older adults Professor Cameron Swift, Emeritus Professor of Medical Gerontology, King's College London</p> <p>10.00 Medication Management to reduce Falls Dr Clifford Lisk, Consultant Physician in Acute Medicine and Geriatric Medicine, Barnet hospital, Royal Free hospital NHS Foundation trust, and Honorary Clinical Associate Professor, UCL Medical School</p> <p>10.30 Reducing post operative delirium in fracture neck of femur Dr Adam Harper, Consultant Geriatrician, Princess Royal Hospital, Haywards Heath</p>
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11.00 Free time

Orthogeriatrics

Fragility Fracture Network UK

Moderators: Xavier Griffiths and Opinder Sahota



11.30 - 13.00	<p>11.30 Optimising Anaemia in the preoperative older patient Professor Iain Moppet, Professor of Anaesthesia and Perioperative Medicine, Faculty of Medicine & Health Sciences, University of Nottingham</p> <p>12.00 Zoledronate after hip fracture - defining and defeating the treatment gap Professor Antony Johansen, Orthogeriatrician, University Hospital of Wales</p> <p>12.30 Surgical rib fixation in the older trauma patient Mr. Richard Steyn, Medical Director Corporate and Consultant Thoracic Surgeon, University Hospitals Birmingham</p>
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13.00 Lunch

Group Meetups

13.00 Join colleagues over lunch to catch up including the Community and Primary Care Group. Vox 3 and Foyer. Look out for the signs

13.30 - 14.00 *Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty*
Dr Sanjay Suman, Consultant Geriatrician & Clinical Director, Medway NHS Foundation Trust Kent
This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only
Vox 4

STREAM 3: VOX 5

Workforce

Access to leave: holidays and safe service delivery

Moderator: Amit Arora

<p>11.30 - 13.00</p>	<p>11.30 Panel discussion Geriatrics services are being developed to be front door oriented with a requirement to provide a safe staffing level all throughout the year. This is in comparison to other specialties where a significant proportion of work is elective or clinic based, and where there can be cancellations for short periods.</p> <p>The Geriatrics workforce is increasingly younger, and this is having serious impact on number of people who can take annual leave during particular times such as school holidays. Balancing the need of the workforce to have quality time off whilst still providing safe services is challenging. This discussion will explore how widespread the issue is, what is being done locally to address and mitigate the impact of this and how to support colleagues where inaction is causing detrimental impact.</p> <p>The panel will include</p> <ul style="list-style-type: none"> • Vivian Zinyemba, Consultant Practitioner, NHS@HOME Wiltshire Health and Care, • Dr Tom Downes, Consultant Physician and Geriatrician, Clinical Lead for Quality Improvement, Sheffield Teaching Hospitals NHS Foundation Trust and VP Clinical Quality, BGS
<p>13.00</p>	<p>Lunch</p>
<p>13.00</p>	<p>Group Meetups Join colleagues over lunch to catch up including the Community and Primary Care Group. Vox 3 and Foyer. Look out for the signs</p>
<p>13.30 - 14.00</p>	<p><i>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</i> Dr Sanjay Suman, Consultant Geriatrician & Clinical Director, Medway NHS Foundation Trust Kent This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4</p>

STREAM 1: VOX 1 & 2

<p>Community and Primary Care Rehabilitation Moderators: Alison Cowley and Liz Lawn</p>	
<p>14.00 - 15.00</p>	<p>This session will showcase examples of rehabilitation services for older people from across the UK. 10 minute video summaries are available to delegates on demand before, during and after the meeting. You can watch these here in advance</p> <p>The session will recap the programmes and services before moving into a panel discussion with questions from our audience.</p> <ol style="list-style-type: none"> Early Intervention Programme - Rupinder Chal, NHS Birmingham and Solihull Rehabilitation in the Community; the CAPA (Care About Physical Activity) Team, Elaine Marsh and Elaine Johnstone, East Dunbartonshire HSCP Good Boost, Ben Wilkins Bed disco at Broadgreen Hospital, Liverpool, Katie Linas, Sarah Simmons and The Benefits of Activities in Acute Clinical Gerontology Emma Tarpey, Liverpool University Hospitals NHS Trust The role of the Senior Frailty and Emergency Physiotherapist in rehabilitation Discharge to Assess Services - the D2A Therapies Team, Donna Sterling and Rachael DiCaprio, NELFT Intensive Rehabilitation Services at NELFT NHS Foundation Trust, Gagan Singh Bhogal and Rebecca Copeland, NELFT Breathe Dance for Strength and Balance programme: GSTT, Carrie Ann Woods and Hannah Dye Living Well With Cancer In Older Age Class - Maggie’s & the Beatson, Kerry Craig, Maggie’s and Tracey Downey, GGC Home Visit Rehab Service for older people across Bristol, North Somerset, South Gloucestershire and Taunton, Kelly Steed and Skye Rammel.
<p>15.00</p>	<p>Free time</p>
<p>Community and Primary Care Town Hall with Trustees and Community and Primary Care Group Moderators: Sarah Mistry and Adam Gordon</p>	
<p>15.30 - 16.30</p>	<p>15:30 Panel discussion: Care closer to home – how can we make it work better for older people?</p> <p>This session will be an opportunity to ask BGS Trustees and officers about how the NHS England Long Term Plan, and the devolved Nations’ plans, to provide services for older people in community settings can be achieved.</p> <p>Want to challenge what can BGS do nationally and locally to implement sustainable, efficacious and patient focused change - ask your questions here to Adam Gordon, Jugdeep Dhesi, Shelagh O’Riordan, Esther Clift and Holly Paris.</p>
<p>16.30</p>	<p><i>Sponsored Symposium: Chronic Kidney Disease Treatment Beyond Diabetes</i></p> <p>Professor Vinod Patel, Consultant Physician in Endocrinology and Diabetes and Honorary Senior Lecturer, George Eliot Hospital and University of Warwick & Dr Mujahid Saeed, Consultant Physician in General Medicine and Diabetes, Queen Elizabeth Hospital Birmingham</p> <p>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only</p> <p>Vox 4</p>
<p>18.00</p>	<p>18.00 Bear Grylls Adventure Tour</p> <p>*This social programme is self funded, independent from our sponsor’s support.</p>

STREAM 2: VOX 4

<p>Orthogeriatrics Fragility Fracture Network UK Moderators: Xavier Griffin and Divya Tiwari</p> 	
14.00 - 15.00	<p>14:00 Managing acute vertebral and sacral fractures—a geriatricians guide Professor Opinder Sahota, Consultant Orthogeriatrician, Nottingham Hospital NHS Trust</p> <p>14:30 New era for anabolic treatment in older osteoporotic patients Dr Madhavi Vindlacheruvu, Consultant Orthogeriatrician, Addenbrooke’s Hospital</p>
15.00	Free time
<p>Orthogeriatrics Fragility Fracture Network UK Moderator: David Ahearn and Divya Tiwari</p> 	
15.30 - 16.30	<p>15.30 Education update—facilitating clinical improvement in fragility fracture and orthogeriatric care through inter-disciplinary education Dr Julie Santy-Tomlinson, FFN General Secretary and Nurse Member</p> <p>16.00 Abstract 1895 Three year nationwide analysis of falls risk prescribing for over 65 care home and non-care home patients A Shroufi; M Garbuzov; M McPherson</p> <p>16.15 Abstract 2022 Association between severe mental illness and risk of osteoporosis and fragility fractures: analysis of UK primary care data C Avgerinou; K Walters; JC Bazo-Alvarez; RM West; D Osborn; A Clegg; I Petersen</p>
16.30	<p><i>Sponsored Symposium: Chronic Kidney Disease Treatment Beyond Diabetes</i> Professor Vinod Patel, Consultant Physician in Endocrinology and Diabetes and Honorary Senior Lecturer, George Eliot Hospital and University of Warwick & Dr Mujahid Saeed, Consultant Physician in General Medicine and Diabetes, Queen Elizabeth Hospital Birmingham This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4</p>
17.30	<p>Bear Grylls Adventure Tour *This social programme is self funded, independent from our sponsor’s support.</p>

STREAM 3: VOX 5

Building capacity in ageing-related clinical research:

An introduction to the Joint British Geriatrics Society / Dunhill Medical Trust Doctoral Training Fellowship

Moderators: Oliver Soutar and Sanjay Thakrar

14.00 - 15.00 The Dunhill Medical Trust is committed to supporting academic and clinical research into healthy ageing, the mechanisms of age-related diseases and improving the health and social care of older people. This session will provide an overview of the Trust’s approach to support and capacity building in ageing-related clinical research.

Dr Sanjay Thakrar, Head of Research Policy & Awards, Dunhill Medical Trust
Oliver Soutar, Grants Manager, Dunhill Medical Trust

15.00 Free time

Clinical Quality Session

Moderators: Tom Downes and Ganan Sritharan

15.30 - 16.30 15.30 Abstract 1874 **Developing a pathway direct to elderly medicine clinic for frail patients referred via colorectal fast-track: pilot and outcomes**
A Nixon; T Memery; J Morgan; A Brown ; C Scampion

15.45 Abstract 1962 **Improving end-of-life care in Acute Medicine: A retrospective review**
S Shah; H Hassan

16.00 **Application of Quality Improvement to developing a Frailty VW (H@H)**
Dr Tom Downes, Consultant Physician and Geriatrician, Clinical Lead for Quality Improvement
Sheffield Teaching Hospitals NHS Foundation Trust and VP Clinical Quality, BGS

16.30 *Sponsored Symposium: Chronic Kidney Disease Treatment Beyond Diabetes*
Professor Vinod Patel, Consultant Physician in Endocrinology and Diabetes and Honorary Senior Lecturer, George Eliot Hospital and University of Warwick & Dr Mujahid Saeed, Consultant Physician in General Medicine and Diabetes, Queen Elizabeth Hospital Birmingham
This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4

NAHP Facilitated Discussion

Moderators: Esther Clift and Alison Cowley

17.00 - 18.00 **Joining the Dots: A blueprint for preventing and managing frailty in older people**
A facilitated discussion

17.30 **Bear Grylls Adventure Tour**
* This social programme is self funded, independent from our sponsor’s support.

Use the table below to help plan how you will spend your second day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 VOX 1 & 2	STREAM 2 VOX 4 & Lakeside Foyer	STREAM 3 VOX 5
9.30 - 10.30	Therapeutics and Safe Prescribing Acute settings	DEXA interpretations Overview of DEXA and osteoporosis	Research Association of Academic Geriatric Medicine (AAGM) symposium
10.30	Free time		
11.00 - 12.00	Therapeutics and Safe Prescribing Community Settings		Research Rising Star and platform presentations
12.10	President's poster round - VOX 4		
13.00	Lunch		
13.15	Trainees Meetup - VOX 5 and Zoom		
14.00	Sponsored symposium - VOX 4 Transforming COPD Care: Managing COPD patients: the prevalence and burden of co-morbidities in COPD Dr Nawaid Ahmad - Consultant Respiratory Physician, Shrewsbury and Telford NHS Trust This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only		
14.30 - 15.30	Therapeutics and Safe Prescribing Appropriate prescribing in key disease areas and therapies	Continence Workshop Lakeside Foyer	Clinical Quality & QI Platform presentations
KEYNOTE			
15.30	Guest Lecture: Aging and mental health in an unequal world Dr Shubulade (Lade) Smith CBE, Clinical Director (Forensic Services), SLaM and President, Royal College of Psychiatrists		
16.30	Sponsored symposium - VOX 4 Bundled care for intracerebral haemorrhage: current and emerging evidence Dr Adrian Parry-Jones, Stroke Association Margaret Giffen Reader, University of Manchester & Consultant Neurologist, Northern Care Alliance NHS Foundation Trust This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only		
17.00	Social programme: Drinks and Canapes Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce Vox 3		
17.30	Social programme: Eat, Drink and Bowl, Hollywood Bowl Take part in a bowling game with fellow conference attendees Limited places. Tickets £12.		
19.00	Social programme: Ticketed conference dinner Genting Hotel. Tickets £35 *These social programmes are self funded, independent from our sponsor's support.		

STREAM 1: VOX 1 & 2

Therapeutics and Safe Prescribing

Acute Settings

Moderator: Divya Tiwari and Anne Bentley

<p>9.30 - 10.30</p>	<p>09.30 Abstract 2007 Willingness of older adults and their informal caregivers to deprescribe medication: UK survey study</p> <p>R Garnett; R Barnes; J Buckell; R McManus; J Sheppard</p> <p>09.45 Abstract 2023 Oral nutritional supplement prescribing in care homes: The benefit of dietetic review.</p> <p>K Taylor; S Hope; V Goodwin</p> <p>9.30 Antimicrobial Stewardship and Frailty</p> <p>Dr Andrew Seaton, Consultant in Infectious Diseases and General Medicine Antimicrobial Management Team Lead NHS GGC Honorary Clinical Associate Professor Chair Scottish Antimicrobial Prescribing Group Co-lead BSAC OPAT initiative, Queen Elizabeth University Hospital</p>
<p>10.30</p>	<p>Free time</p>

Therapeutics and Safe Prescribing

Community Settings

Moderator: Divya Tiwari and Eva Kalmus

<p>11.00 - 12.00</p>	<p>11.00 Deprescribing in the community; a case study in patients living with Dementia</p> <p>Kim Ridout, Pain specialist pharmacist, Hampshire and Isle of Wight Integrated Care Board (remote)</p> <p>11.30 Risk and Patient’s Goals when prescribing in community setting</p> <p>Ms Anne Bentley, Airedale Telemedicine Hub Lead Pharmacist, Airedale Telemedicine Hub</p>
<p>12.10</p>	<p>President’s poster round - VOX 4</p>
<p>13.15</p>	<p>Lunch</p> <p>Trainees Meetup - VOX 5 and Zoom</p>
<p>14.00</p>	<p><i>Sponsored Symposium: Transforming COPD Care: Managing COPD patients: the prevalence and burden of co-morbidities in COPD</i></p> <p>Dr Nawaid Ahmad - Consultant Respiratory Physician, Shrewsbury and Telford NHS Trust</p> <p>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4</p>

STREAM 2: VOX 4

DEXA interpretations

Overview of Dexa and osteoporosis

Moderators: Alasdair MacRae and Maya Kessler

<p>9.30 - 10.30</p>	<p>Jill Griffin, reporting DXA radiographer and Head of Engagement, Royal Osteoporosis Society.</p> <p>Dr Nicola Peel, consultant in metabolic bone medicine and clinical lead for the Metabolic Bone service at the Northern General Hospital, Sheffield,</p> <p>Philippa Russell, Patient with Osteoporosis and a Lead Volunteer Advocate , Royal Osteoporosis Society (remote).</p>
<p>10.30</p>	<p>Free time</p>
<p>12.10</p>	<p>President’s poster round - VOX 4</p>
<p>13.15</p>	<p>Lunch Trainees Meetup - VOX 5 Zoom</p>
<p>14.00</p>	<p><i>Sponsored Symposium: Transforming COPD Care: Managing COPD patients: the prevalence and burden of co-morbidities in COPD</i> Dr Nawaid Ahmad - Consultant Respiratory Physician, Shrewsbury and Telford NHS Trust</p> <p>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4</p>

STREAM 3: VOX 5

Association of Academic Geriatric Medicine (AAGM) symposium

Moderators: Lousie Allan and Helen Roberts

9.30 - 10.30	09.30 Introduction to the NIHR Applied Research Collaborations' national programme in Healthy Ageing, Dementia and Frailty Prof Helen Roberts, Professor of Medicine for Older People, University of Southampton
	09.35 Rolling out effective falls prevention: the FLEXI study of FaME implementation Prof Elizabeth Orton, Director of Lifespan and Population Health, University of Nottingham
	09.47 Implementation of evidence-based virtual coaching with digital support for care home staff to improve wellbeing and mental health for care home residents with dementia (the iWHELD study) Prof Clive Ballard, Professor of Age-related diseases, University of Exeter
	09.59 Implementation of the Action Falls prevention programme into UK care homes (the FinCH study) Fran Allen, Research Fellow, University of Nottingham
	10.11 Patient and public involvement across the programme and development of a community of practice Mrs Naomi Morley, University of Exeter, Miss Julia Burton, Mrs Pat Walkington, public contributors
10.30	Free time

Research into Ageing Rising Star and Platform Presentations

Moderators: Adrian Blundell

11.00 - 12.00	11.00 Rising Star award: What does the future hold for Frailty Dr Towhid Imam, Consultant, Croydon University Hospital
	11.15 Late breaking clinical trial: What's next for frailty prevention? Lessons from a national clinical trial. Dr Kate Walters, Professor of Primary Care & Epidemiology Director, Centre for Ageing Population Studies, University College London (UCL)
	11.30 Abstract 1955 Multimodal critical discourse analysis of current representations of hearing loss in the UK news media. Sophie Fawcett-Jones (remote); Eithne Heffernan; Emma Putland ⁴ ; Emma Broome; Clare Burgon; Adithiya Janani; Tom Denning; Jean Straus ⁶ ; Helen Henshaw
	11:45 Abstract 1995 Constructing a Frailty Index using routinely collected measures to study its relationship with adverse health outcomes Kenneth Rockwood; Aditya Nar; Judith Godin; Olga Theou

13.15 Lunch & Trainees Meetup - VOX 5 and Zoom

14.00	<i>Sponsored Symposium: Transforming COPD Care: Managing COPD patients: the prevalence and burden of co-morbidities in COPD</i> Dr Nawaid Ahmad - Consultant Respiratory Physician, Shrewsbury and Telford NHS Trust This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4
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VOX 4

President's Poster Round

Moderators: Adam Gordon and Khalid Ali

These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.

12.10 Abstract 2009

Integrated physical-mental health care models for older people under specialist mental health services: a systematic review

B Hickey; B Desai; T Chithiramohan; T Robinson; E Mukaetova-Ladinska; R Evley; T Denning; A Rajamani; H Subramaniam; A Tako; C Tarrant; L Beishon.

12.15 Abstract 1848

Risk of severe COVID-19 increases with the number of comorbidities in fully vaccinated individuals aged >65: results from INFORM

S Dube; R McNulty; S Arnetorp; R Yokota; L Carty; S Taylor; J Peters; N Justo; Y Lu; K Evans; M Yates; H Nguyen; V Olson; J Quint; R Evans

12.20 Abstract 2027

Protein consumption and determinants in community dwelling older adults: National Diet and Nutrition Survey (NDNS) years 9-11

K Taylor; V Goodwin; S Hope

12.25 Abstract 1867

Efficacy and safety of metformin as a therapy for older people with sarcopenia and frailty- the MET-PREVENT randomised trial

MD Witham; C McDonald; AP Clegg; H Hancock; S Hiu; K Nicholson; B Storey; L Simms; CJ Steves; T von Zglinick; J Wason; N Wilson; AA Sayer; on behalf of the MET-PREVENT study group

12.10-13.00

12.30 Abstract 1724

Age is just a number: Cardiac resynchronisation therapy in older patients has comparable outcomes to those that are younger

NZ Safdar; S Kamalathanan; A Gupta; J Wren; R Bird; D Papp; R Latto; A Ahmed; V Palin; J Gierula; KK Witte; S Straw

12.35 Abstract 1964

Wearable devices to measure gait and balance remotely that could be used in Comprehensive Geriatric Assessment: A scoping review

J Bollen; N Morley; E Arjunaidi Jamaludin; A Hall; A Bethel; A Mahmoud; T Crocker; H Lyndon; S Del Din; J Frost; V Goodwin; J Whitney

12.40 Abstract 1877

Recruitment to a phase 3, RCT in Parkinson's: strategies and association between participant characteristics and PI specialty

EJ Henderson; G Young; D Pendry-Brazier; M Smith; K Lloyd; C Metcalfe; W Hollingworth; Y Ben-Shlomo

12.45 Abstract 1937

The future of research: Participant perspectives on remote trial delivery

W Milczanowska; RCE Bowyer3; MP Garcia; S Wadge; AF Baleanu; A Nessa; A Sheedy; G Akdag; D Hart; K Whelan; CJ Steves; M Ni Lochlainn

14.00

Sponsored Symposium: Transforming COPD Care: Managing COPD patients: the prevalence and burden of co-morbidities in COPD

Dr Nawaid Ahmad - Consultant Respiratory Physician, Shrewsbury and Telford NHS Trust

This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4

STREAM 1: VOX 1 & 2

Therapeutics and Safe Prescribing

Appropriate prescribing in specific conditions

Moderator: Tomoaki Hayakawa and Alexandra McCurdie

14.30 - 15.30	<p>14.30 Identifying Clinically Important Prescribing Cascades Affecting Older People Professor Lisa McCarthy, Associate Professor at University of Toronto, Canada and ThinkCascades (Remote)</p> <p>15.00 Medicines optimisation in Falls Đula Alićehajić-Bečić, Consultant Pharmacist Frailty Wrightington, Wigan and Leigh NHS Foundation Trust and Mrs Heather Smith, Consultant Pharmacist, Leeds Office of NHS West Yorkshire ICB</p>
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KEYNOTE

Guest Lecture: Aging and mental health in an unequal world

Moderator: Adam Gordon

15.30	<p>Guest Lecturer Dr Lade Smith CBE Clinical Director (Forensic Services), SLaM and President, Royal College of Psychiatrists</p>
16.30	<p><i>Sponsored Symposium: Bundled care for intracerebral haemorrhage: current and emerging evidence</i> Dr Adrian Parry-Jones, Stroke Association Margaret Giffen Reader, University of Manchester & Consultant Neurologist, Northern Care Alliance NHS Foundation Trust This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only <i>Vox 4</i></p>
17.00	<p>Social programme: Drinks and canapes This session is an opportunity for individuals working in specific professions or with a particular focus to come together over drinks and food in small group meetups. We encourage all to attend and will signpost meeting points for those wishing to meet others in similar positions. Trainees, Nurses and AHPs, SAS grade doctors, Researchers all welcome. We also welcome those wishing to talk about workforce matters relating to training, recruitment, LTFT and EDI</p>
17.30	<p>Social Programme: Bowling Eat Drink and Bowl, Hollywood Bowl</p>
19.00	<p>Social Programme: Conference dinner at The Genting Hotel The conference dinner returns. Pre-registration required. £35 per ticket. Limited availability.</p>

STREAM 2: Lakeside Foyer

Continence Workshops (In Person Only)

Moderators: Alasdair MacRae and Maya Kessler

<p>14.30 - 15.30</p>	<p>These workshops will not be streamed to the online audience due to the interactive elements and use of physical models/ apparatus.</p> <p>In Person attendees will be able to rotate through each workshop in turn</p> <p>14.30 / 14.50/ 15.10 Pelvic examination station Dr Pallavi Latthe, Urogynaecologist, Birmingham Women’s and Children’s NHS Foundation Trust</p> <p>14.30 / 14.50/ 15.10 Conservative management of incontinence - pelvic floor muscle focused Grete Drewett, Advanced/Principal Pelvic Health Physiotherapist, Birmingham Women’s Hospital</p> <p>14.30 / 14.50 / 15.10 Pessaries and continence devices. Justine Plummer, Highly Specialist Physiotherapist, University Hospitals Birmingham</p>
<p>15.30</p>	<p>Stream close</p>
<p>16.30</p>	<p><i>Sponsored Symposium: Bundled care for intracerebral haemorrhage: current and emerging evidence</i> Dr Adrian Parry-Jones, Stroke Association Margaret Giffen Reader, University of Manchester & Consultant Neurologist, Northern Care Alliance NHS Foundation Trust This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only <i>Vox 4</i></p>
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Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 VOX 1 & 2	STREAM 2 VOX 4	STREAM 3 VOX 5
8.30	Policy session Getting BGS ready for the next general election Vox 5		
9.30 - 11.00	Frailty in Urgent Care Settings The AMU and beyond	OncoGeriatrics Personalising cancer treatments in older people	Workforce CESR training and support to develop SAS Grade
11.00	Free time		
11.30 - 12.30	Frailty in Urgent Care Settings The ED	OncoGeriatrics Service delivery case studies	Workforce COVID Inquiry Engagement
12.30	Presentation of awards		
12.45-13.30	<div style="background-color: #e91e63; color: white; padding: 5px; display: inline-block; border-radius: 10px;">KEYNOTE</div> Trevor Howell Guest Lecture Geriatric Medicine Education - Past, Present and Future Professor Tahir Masud. Consultant Geriatrician at Nottingham University Hospitals NHS Trust		
13.30	Lunch and posters		
14.30 - 16.00	Frailty in Urgent Care Settings Pre - hospital settings	OncoGeriatrics Implementing new guidelines in practice	
16.00	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

STREAM 1: VOX 1 & 2**Frailty in Urgent Care Settings**

The AMU and beyond

Moderators: Mike Azad and Rachel Marsh

9.30 - 11.00	<p>09.30 Mapping the UK front door frailty landscape Dr Amy Armstrong, Consultant in Emergency Medicine and Frailty, Edinburgh Royal Infirmary/NHS Lothian and Dr Ellie Burn, ST6 Geriatric Medicine Registrar, Leicester Royal Infirmary</p> <p>10.00 Frailty in the AMU Dr Nicholas Scriven, Consultant acute medicine, Calderdale and Huddersfield FT</p> <p>10.30 Frailty Education: building skills in the wider team and the Frailty Module development Dr Katharine Bhatt, GP and Clinical Lead, Frailty Virtual Ward, Torbay and South Devon NHS Foundation Trust and Dr William McKeown, ST7 Ulster Hospital</p>
11.00	Free time

Frailty in Urgent Care Settings

The Emergency Department

Moderators: Will McKeown and Amy Armstrong

11.30 - 12.30	<p>11.30 Outcomes in Older Trauma Dr Sarah Ibitoye, Acute and Perioperative Medicine Consultant, AMU Clinical Governance and Audit Lead CLARITY research, North Bristol Trust</p> <p>12.00 The Frail ED: A New approach Dr James Ray, Emergency Medicine Consultant National Clinical Advisor 111 First, Emergency and Elective Care, Hospitals Team (Same Day Emergency Care) Regional Clinical Director UEC London (IUC/Digital), NHS England and NHS Improvement</p>
12.30 - 12.45	<p>Presentations of Award 2023 Marjory Warren Lifetime Achievement Award: Gill Turner 2022 BGS Special Medal: Judith Lund</p>

KEYNOTE**Trevor Howell Guest Lecture****Moderator:** Jugdeep Dhesi

12.45	<p>Geriatric Medicine Education - Past, Present and Future Professor Tahir Masud Consultant Geriatrician, Nottingham University Hospitals NHS Trust</p>
13.30	Lunch and posters

STREAM 2: VOX 4**OncoGeriatrics**

Personalising cancer treatments in older people

Moderators: Cassandra Ng and Anthea Cree

	<p>9.30 Geriatric oncology: Moving the needle towards an evidence-based precision approach for older adults with cancer Dr Nicolò Battisti, Consultant Medical Oncologist, The Royal Marsden NHS Foundation Trust</p> <p>09.45 Breast cancer in older people Professor Richard Simcock, Consultant Clinical Oncologist / Honorary Clinical Professor, University Hospitals Sussex NHS Foundation Trust</p>
9.30 - 11.00	<p>10.00 Advances in the systemic treatment of older patients with lung cancer Dr Fabio Gomes, Consultant Medical Oncologist, The Christie NHS Foundation Trust (remote)</p> <p>10.15 Colorectal cancer in older people Dr Daniel Swinson, Consultant Medical Oncologist, St James Hospital, Leeds Teaching Hospitals NHS Trust</p> <p>10.30 Treatment options for gynaecological cancers in older women Dr Lucy Dumas, Consultant Medical Oncologist, Royal United Hospitals NHS Foundation Trust</p>

11.00 Free time

OncoGeriatrics

Personalising cancer treatments in older people

Moderators: Kirsty Colquhoun and Sally Martin

11.30 - 12.30	<p>11.30 Pre-hab for Cancer Zoe Merchant, Allied Health Professional (AHP) Lead, Greater Manchester Cancer Alliance</p> <p>11.50 One Stop Lung Cancer clinic Dr Cassandra Ng, Consultant Geriatrician, Manchester University NHS Foundation Trust</p> <p>12.20 Building/ Expanding the Acute Oncology Team Dr Juliette Lewis, Consultant OncoGeriatrician & GIM Physician, University Hospitals Wales and Jane Whittingham, Macmillan Advanced Nurse Practitioner in Acute Oncology, Cardiff and Vale University Health Board</p>
12.45	<p>Vox 1&2 Geriatric Medicine Education - Past, Present and Future Professor Tahir Masud Consultant Geriatrician, Nottingham University Hospitals NHS Trust</p>
13.30	Lunch

STREAM 3: VOX 5

08.30	<p>Policy Session Getting ready for the next General Election</p> <p>Join BGS Policy Manager to learn more about how and why BGS influences in the lead up to the general election and tell us what you think we should be focused on. Suitable for policy novices and old hands alike – all welcome!</p>
<p>Workforce CESR training and support to develop SAS Grade workshop Moderators: Jamie Read and Somaditya Bandyopadhyay</p>	
9.30 - 11.00	<p>The Specialist Applications will deliver a presentation and FAQ sessions to prospective CESR applicants and those working alongside CESR applicants.</p> <p>They will provide advice and guidance on CESR. This will cover the CESR process and expectations of applicants as well as an opportunity for those working with CESR applicants to understand the process and how they can support their colleagues on this pathway.</p> <p>Rose Jackson, Specialist Applications Team Co-ordinator, Registration and Revalidation Directorate, General Medical Council (remote)</p>
11.00	Free Time
<p>Workforce Every Story Matters: Sharing your pandemic experience with the UK Covid-19 Inquiry Moderators: Adrian Blundell and Sally Greenbrook</p>	
11.30	<p>Minnie Rinvoluceri, Deputy Head of Engagement, UK Covid-19 Inquiry Akaash Dheer, Engagement Lead, UK Covid-19 Inquiry The UK Covid-19 Inquiry was set up to examine the UK's response to and impact of the Covid-19 pandemic, and learn lessons for the future. Covid-19 affected every one of us, which is why the Inquiry wants to hear about the pandemic experiences of as many people as possible. Every Story Matters is your opportunity to tell the Inquiry about how the pandemic impacted you. As healthcare professionals, you have valuable stories to tell. Join us to find out more about the Inquiry and learn what Every Story Matters is and how you can participate.</p>
12.30	<p>Presentations of Award 2023 Marjory Warren Lifetime Achievement Award: Gill Turner 2022 BGS Special Medal: Judith Lund</p>
12.45	<p>Vox 1&2 Geriatric Medicine Education - Past, Present and Future Professor Tahir Masud Consultant Geriatrician, Nottingham University Hospitals NHS Trust</p>
13.30	Lunch and posters - Vox 3

STREAM 1: VOX 1 & 2**Frailty in Urgent Care Settings**

Pre-hospital

Moderators: Amy Armstrong and Lucy Lewis

14.30 - 16.00	<p>14.30 Roll out and development of BSW Virtual Wards Kerrie Hopson, Clinical Lead for Hospital at Home, Royal United Hospitals NHS Trust Bath and Philippa Nash, (developmental) Consultant Practitioner, Wiltshire Health and Care</p> <p>15.30 Clubbing together to create a Frailty-ACE Dr Anne Whitehouse, Deputy Medical Director, Bris Doc, Dr Rachel Fewkes, Consultant Geriatrician, North Bristol Trust, and Rachael Hosznyak, Advanced Clinical Lead, BNSSG NHS@Home</p>
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Closing address

16.00	Closing words from BGS President, Professor Adam Gordon
16.15	Conference Close

STREAM 2: VOX 4**OncoGeriatrics**

Implementing new guidelines in practice

Moderators: Niccolo Battisti and Nicky Thorp

14.30 - 16.00	<p>14.30 Cardio Oncology Professor Stuart Rosen, Consultant Cardiologist at the Royal Brompton and Ealing Hospitals and Professor of Practice (Cardiology), National Heart and Lung Institute, Imperial College, London (Remote)</p> <p>14.50 Launch of new guidance on implementing frailty assessment and management in oncology services Dr Jess Pearce, NIHR Doctoral Research Fellow and Medical Oncology Registrar, Leeds</p> <p>15.10 Cardio toxicity and radiotherapy Dr Kathryn Banfill, Clinical oncology consultant, The Christie NHS Foundation Trust</p> <p>15.35 Discussion of clinical scenarios Led by Dr Kirsty Colquhoun, Consultant Geriatrician, Glasgow Royal Infirmary</p>
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16.00 Closing words from BGS President, Professor Adam Gordon**16.15 Conference Close**

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



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