

# 24th International Conference on Falls and Postural Stability 2023

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

### 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at @GeriSoc and use the hashtag #BGSConf.

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

## 29 September

Catalyst, Newcastle & Online  
(Hybrid meeting)

**Hybrid meeting****START****Opening address**

09.45	<b>Opening words from BGS Falls and Bone SIG chair</b>
<b>Falls: Fainting and Balance</b> <b>Moderator:</b> Dr James Frith	
9.45 - 11.00	<p>10.00 <b>Falling for syncope. When is a fall a faint?</b> Dr Steve Parry, Consultant Geriatrician, Newcastle upon Tyne NHS Foundation Trust</p> <p>10.30 <b>Vestibular Systems</b> Dean Metz, Falls and Vestibular Specialist Physiotherapist South Tyneside and Sunderland NHS FT</p>
11.00	<b>Free time</b>
<b>The World Falls Guidelines in practice</b> <b>Moderators:</b> Professor Tahir Masud	
11.30 - 12.30	<p>11.30 <b>Multifactorial falls from the World Falls Guideline (WFG)</b> Professor Nathalie Van Der Velde , Internist-geriatrician, Amsterdam UMC</p> <p>11.50 <b>World Falls Guidelines: Deprescribing</b> Dr Lotta Seppala, Postdoctoral researcher, Amsterdam UMC (remote) and Professor Sirpa Hartikainen, Professor in Geriatric Pharmacotherapy, , University of Eastern Finland</p> <p>12.10 <b>Falls and Parkinson's from the World Falls Guideline (WFG)</b> <i>Speaker tbc</i></p>
13.00	<b>Sponsored Symposium: Molecular advances for the treatment of hypovitaminosis D.</b> <b>Sponsored by Flynn Pharma Ltd</b>
12.30 - 13.30	<b>Lunch</b>

**Hybrid meeting****Workshops**

Delegates will be able to choose 1 of the workshops below

13.30 - 14.30	<p>13.30 Workshops</p> <p><b>Workshop 1: How to assess gait clinically in fallers</b>          Lisa Alcock, Senior Research Associate, Translational and Clinical Research Institute, Newcastle University          Facilitator: Professor Tash Masud, Consultant Geriatrician, Nottingham University Hospitals NHS Trust</p> <p><b>Workshop 2: The NHS Patient Safety Incident Response Framework – how to investigate fall related incidents.</b>          Julie Windsor, Patient Safety Clinical Lead Medical Specialties &amp; Older People, NHS England          Michael Papa, Falls Prevention Charge Nurse, County Durham and Darlington NHS Foundation Trust          Dr Julie Whitney, Academic Physiotherapist, Kings College Hospital NHS Foundation Trust</p> <p><b>Workshop 3: Bedside vestibular tests</b>          Dean Metz, Falls and Vestibular Specialist Physiotherapist South Tyneside and Sunderland NHS FT and Hillary Cox, Physiotherapist, Falls and Syncope Service - Newcastle Upon Tyne Hospitals</p>
14.30	Return to plenary presentation room

**Platform presentations****Moderators:** Julie Whitney and Dawn Skelton

14.30 - 15.30	Presentations from submitted abstracts
15.30	Free time

**Community****Moderator:** Dr James Frith

15:45	<p><b>National and local community-based falls prevention initiatives?</b>          Dr Daniel MacIntyre, Acting Consultant in Public Health, West Sussex County Council</p>
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**Closing address**

16.45	Closing words
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**British Geriatrics Society**  
Improving healthcare for older people

# Join us

in improving healthcare  
for older people

## Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

## This includes

**Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers**

**And more!**

## Join the BGS for FREE as a student!

**BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.**

Simply visit [www.bgs.org.uk/join](http://www.bgs.org.uk/join) to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

**Discounts** on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



# BGS

Become a member today! Join online at [www.bgs.org.uk/join](http://www.bgs.org.uk/join)

# BGS

They say the best  
things in life are

# FREE!

## SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at [www.bgs.org.uk/grants](http://www.bgs.org.uk/grants)

# BGS

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